



2019 MYST Intra Squad YMCA Only Meet
Hosted by Missoula YMCA Swim Team
October 25, 2019

Held under the Sanction of USA Swimming, Inc., issued by Montana Swimming, Inc. Sanction # 2032.

Meet Referee	Meet Co-Director		Meet Registrar
Susan Huckeby	Kirby Beierle	Sarah Flynn	Kirby Beierle
406-491-4698 shuckeby@msn.com	406-721-9226 kbeierle@ymcamissoula.org	406-531-9102 sflynnmt@gmail.com	406-721-9226 kbeierle@ymcamissoula.org

FACILITY

The meet will be held at the Missoula YMCA located at 3000 Russell in Missoula, Montana. The Missoula YMCA pool is a 25-yard, six-lane pool with non-turbulent lane dividers and Xcellerator starting blocks. The start end of the pool is 12 feet deep and the turn end is 4 feet deep. The elevation of the facility is approximately 3,200 feet. **The competition course has not been certified in accordance with 104.2.2C(4).**

A Colorado Time Systems Infinity starting system will be used and timing will be manual with three stopwatches per lane, each operated by a separate timer.

Warm-ups will occur prior to the start of the time trial and cool down will be available at the conclusion of the meet.

This meet is only open to members of the Missoula YMCA Swim Team and is a YMCA only swim meet. This meet is part of the 11th Annual National YMCA Virtual Invitational Swim Meet competition.

This is a partially closed deck meet; only athletes, certified coaches, USA officials, timer and meet management may be behind the blocks and in the timing area. Exception: One (1) parent of an 8 and under swimmer may be at the start area two (2) heats prior and one (1) heat after the swimmer's event.

Directions: From I-90, take the Orange Street exit (#104). Travel south on Orange Street and continue on this road as it becomes Stephens Ave. Turn right onto Brooks Street and travel south past the intersection with South Ave and take the next left onto Livingston Ave. Take the next right onto Russell St and continue south for approximately 0.25 miles (4 blocks) to reach the Missoula YMCA on the left (east) side of the road.

MEET FORMAT

This is an age group, timed finals event.

Individual events will be swum as noted on the event list.

The meet referee reserves the option to add breaks between events.

SAFETY

The Montana Swimming Safety guidelines are in effect for this time trial and will be enforced. For circle swimming during warm-ups and cool downs, swimmers must enter the pool using a three point entry. Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will

be tolerated.

RACING STARTS

Any swimmer entered in the meet, unaccompanied by an USA Swimming member coach, must be certified by an USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. Any swimmers who must start in the water shall be listed in a separate document returned with the entries.

RULES

The meet is sanctioned by Montana Swimming and USA Swimming. 2019 USA Swimming Rules and Montana Swimming Rules will govern the conduct of the meet, except where rules therein are optional and exceptions are stated. The USA Swimming Code of Conduct and athlete protection provisions will be enforced.

All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP is a condition of participation in the conduct of this competition.

All persons acting in any coaching capacity on deck must be currently registered coach members of USA Swimming. Swimmer, official, and coach registration will be confirmed with Montana Swimming Registration Chairperson prior to the start of the meet.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Visual recording devices, including a cell phone, are not permitted behind the starting blocks.

Changing in or out of swimsuits is allowed in locker rooms or other designated areas only. Deck changing is not appropriate and is absolutely prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. No glass containers, tobacco, or alcoholic beverages are allowed in the swimming venue.

Swimmer, official, and coach registration will be confirmed with Montana Swimming Registration Chairperson prior to the start of the meet.

This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

ELIGIBILITY

All swimmers must be registered with USA Swimming, Inc. Swimmers must be registered prior to entry deadline. There will be no on deck USA Swimming registration available at this meet. Teams entering swimmers who are not currently registered USA Swimming athlete members may be fined \$25 per swimmer by the Montana Swimming Registration Chair.

Age as of the first day of the meet shall determine the age group in which the swimmer must compete.

SWIMMERS WITH

The Missoula YMCA Swim Team (MYST) welcomes all swimmers with

DISABILITIES

disabilities as described in the USA Swimming Rules and Regulations, Article 106, to compete at the meet. Disabled swimmers or their coaches are required to provide advance notice in writing to the meet referee and meet director to arrange for any needed accommodations including personal assistants required and/or registered service animals by the meet entry date. It is at the discretion of the meet referee to determine whether the needed accommodations can be met by the meet resources. Failure to provide advance notice may limit the MYST's ability to accommodate all requests.

ENTRIES

This is an intra-squad meet for MYST members only and the meet registrar will complete all entries using Team Unify and/or Hytek software by October 23, 2019, including a team meet entry report from Team Unify and/or Hytek. Completed paperwork, signed waiver, team entry report, and entry fees will be completed by October 23, 2019.

Relays should be entered as girls or boys and by age group.

ENTRY LIMITS

Each swimmer may compete in a total of three (3) individual events and 1 relay.

ENTRY DEADLINES

The Meet Registrar must receive entries by October 23, 2019. Late entries may be accepted at the discretion of the Meet Referee.

Fees will be collected by the MYST Parent Advisory Committee (PAC) at the Missoula YMCA.

ENTRY FEES

Make checks payable to: MYST PAC in US dollars; All fees are non-refundable	
Swimmer Surcharge	\$5.00 per swimmer

An entry fee of \$5.00 will be charged for each swimmer. Entry fees must accompany the entries in US dollars with checks made payable to MYST PAC. Entries will not be accepted without payment of entry fees and proper paperwork. Waivers must be signed. There will be no refunds.

SEEDING

The conforming time standard for this meet is yards. Swimmers will be seeded and swim from slowest to fastest unless otherwise indicated.

Swimmers should enter with their fastest officially recorded time in yards (or converted long course meter or converted short course meter times). No time (NT) entries will be accepted.

Events will be swum mixed, unless otherwise indicated.

SCRATCHES

There will be no clerk of course. Heat and lane assignments will appear in the program. Swimmers are responsible for taking their position behind the blocks. Coaches should report scratches on the scratch sheet or to the meet referee prior to the start of the meet. There will be no penalty for swimmers who fail to scratch from an event.

SCORING

Events will be scored 8&U, 9-10, 11-12, 13-14, 15-18, and 19-21.

RESULTS

Results will be posted to the Montana Swimming web site at

<http://www.mtswimming.com> and uploaded to the YMCA Virtual Meet results.

WARM-UPS

In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. Swimmers will use a three point entry to enter the pool during warm-ups except when doing supervised racing starts. The Marshal will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries.

General warm-ups will be held on Friday, October 25 beginning at 4:30 pm, with the first event starting at 5:00 pm.

OFFICIALS/TIMERS/ COUNTERS for 1000 FREE

MYST will provide certified officials for the meet and will request assistance from other certified officials as needed. All officials on deck must be registered and certified with USA Swimming and registrations will be verified by the MT Swimming Registration Chair. Any official's assistance will be greatly appreciated and will help to ensure a great meet for the swimmers.

MYST will provide timers for all lanes. Swimmers in the 1000 free must provide a counter.

The officials' meeting will be Friday, October 25 beginning at 4:45 pm on the pool deck.

COACHES

All coaches on deck must be registered and certified with USA Swimming. Coach registration will be verified with the MT Swimming Registration Chair. There will be a coaches' meeting immediately following the conclusion of the general warm-ups.

PROTESTS: HOSPITALITY SPECTATORS

All protests should be given to the meet referee.

There will not be a hospitality area.

Spectator seating is available in the pool balcony. Limited seating and viewing will be available on deck, outside the starting block area.

ORDER OF EVENTS

Friday, October 25, 2019

Warm-up: 4:30 pm; Meet Start: 5:00 pm

Event Number	Age Group	Event
1	9 -21	Mixed 200 Backstroke
2	8 & U	Mixed 25 Freestyle
3	21&U	Mixed 100 IM
4	21&U	Mixed 50 Backstroke
5	8 & U	Mixed 25 Backstroke
6	21&U	Mixed 50 Freestyle
7	21 & U	Girls 200 Free Relay
8	21 & U	Boys 200 Free Relay
9	9 -21	Mixed 1000 Freestyle

MYST Intra-Squad Entry Fee Summary and Waiver/Release Form

Complete and email or mail this form along with entry fees to (checks payable to MYST PAC):
Kirby Beierle, 3000 Russell Missoula, MT 59801; kbeierle@ymcamissoula.org.

Team Name	
Club Code and LSC Code	
Coach Name	
Coach Phone	
Coach Email	
Team Address	

Item	Total Number	Cost per	Total
Swimmer Surcharge		\$5.00 per swimmer	\$
Total Fees Due			\$

Waiver, Acknowledgement and Liability Release:

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. Swimmer and coach registration will be verified. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and Montana Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. MYST, Montana Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet. This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

We hereby submit our team's entry sheets and fees for your upcoming meet and verify that the above named coaches will be in attendance. These coaches are current in all the requirements set forth by USA Swimming; Red Cross Safety Training for Swim Coaches or Lifeguard Training, First Aid and CPR.

SIGNATURE (Coach or Club Representative)

CLUB

TITLE

DATE