



2020 BAC Intersquad Meet

Hosted by Billings Aquatic Club
PO Box 20413, Billings, MT, 59104
www.billingsaquaticclub.com
January 31st to February 2nd 2020

Held under the Sanction of USA Swimming, Inc., issued by Montana Swimming, Inc. Sanction #2041

Meet Referee

Rosanne Flann
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Meet Directors

Wyeth Friday
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Meet Registrar

Sean Marshall
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FACILITY

Due to the capacity limit on the facility this meet will be a closed deck meet. Only meet management, officials, and coaches may be in the coach seating area except that athletes may enter to talk briefly with their coaches. Areas for camping will be provided in the Fortin Center upper lobby with video feeds of the competition broadcast live onto 3 large flat screen tv's throughout the meet. Exceptions for spectators on deck will be made at the Meet Referee's discretion. The meet will be held at the Fortin Center on the campus of Rocky Mountain College, 1511 Poly Drive, Billings, Montana, 59102. The elevation of the facility is 3,123 ft. The pool is a six lane, 25 yard regulation short course pool with 5 non -turbulent lane lines. There is no separate warmup pool. Timing will be by an automatic Colorado Timing System with pads at both ends of the pool or three manual times. The start end of the pool has a depth of 12 feet and the turn end of the pool has a depth of 4 feet. The competition course has not been certified in accordance with 104.2.2C(4).

DIRECTIONS

Directions: Off of 17th Street West between Poly Drive and Rimrock Road. Take the 27th Street exit into Billings then turn north onto 27th Street. Continue north (straight) on 27th Street until you reach Poly Drive (approx. 2.5 miles) and turn left onto Poly Drive (traveling west). Continue west along Poly Drive to Rocky Mountain College on the Right (North). Take the second entrance into Rocky Mountain College off Poly Drive and follow the entrance road into the parking lot. Fortin Center is the large blonde brick building to the northwest of the parking lot (directly north of the football field). You may also turn west onto Rimrock Road off 27th Street and follow Rimrock Road to Rocky Mountain College and use the parking lot directly north of Fortin Center off Rimrock Road.

MEET FORMAT

This will be an age group intersquad BAC swim team members only swim meet. All events will be timed finals. Events will be scored 8 & Under, 9-10, 11-12, 13 & 14, and 15 & Over and by gender for all events. Swimmers will be seeded slowest to fastest according to submitted fastest yard times by age and gender, except as noted. At the Meet Referee's discretion, events may be combined by age, gender, provided there is at least one empty lane between such combined events, but will be scored by gender and age group. The Referee may waive the empty lane requirement with the concurrence of the coaches of the affected swimmers.

Swimmers in the 1650 Free and the 400 IM must provide their own timers and counters. The 1650 Free and the 400 IM will be swum mixed fastest to slowest.

Relays will be seeded but not scored.

SAFETY	Due to the capacity limit on the facility this meet will be a closed deck meet. Only meet management, officials, and coaches may be in the coach seating area except that athletes may enter to talk briefly with their coaches. Areas for camping will be provided in the Fortin Center upper lobby with video feeds of the competition broadcast live onto 3 large flat screen tv's throughout the meet. Exceptions for spectators on deck will be made at the Meet Referee's discretion. The Montana Swimming Safety guidelines are in effect for this meet and will be enforced. For circle swimming during warmups and cool downs, swimmers must enter the pool using a three point entry. Time to practice Starts will be included in the warmup schedule. Coaches must closely supervise their swimmers at all times. NO running or horseplay will be tolerated. A safety marshal will be on deck. Operation of a drone, or any flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
RACING STARTS	Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. Any swimmers who must start in the water shall be listed in a separate document returned with the entries.
RULES	This meet will be conducted in accordance with the current USA Swimming and Montana Swimming Rules and Regulations. -Use of audio or visual recording devices, including a cell phone, are not permitted behind the starting blocks, in changing areas, rest rooms, or locker rooms. -Changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited. Violations of this policy will result in the offending swimmer being removed from the meet. -No glass containers, tobacco, or alcoholic beverages are allowed in the swimming venue. -The USA Swimming Code of Conduct and athlete protection provisions will be enforced. -All persons acting in any coaching capacity on deck must be currently registered coach members of USA Swimming and will display their current credentials at all times during the meet. All swimmers must be under the supervision of a USAS member coach during all warmups, competition, and cool-downs. Swimmers competing at the meet without their regular coach in attendance will be assigned to a coach in attendance at the meet. Swimmers may request being assigned to a specific coach at registration. -Swimmer, official, and coach registration will be confirmed with Montana Swimming Registration Chairperson prior to the start of the meet. -This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.
ELIGIBILITY	All swimmers must be registered with USA Swimming, Inc. and must be registered under the Billings Aquatic Club in order to compete. Swimmers must be registered prior to entry deadline. There will be no on-deck USA Swimming registration available at this meet. Age as of the first day of the meet shall determine the age group in which the swimmer must compete.
SWIMMERS w/ DISABILITIES	The Billings Aquatic Club welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 106, to compete at the meet. Disabled swimmers or their coaches are required to provide advance notice in writing to the meet referee and meet director to arrange for any needed accommodations including personal assistants required and/or registered service animals by the meet entry date. It is at the discretion of the meet referee to determine whether the needed

accommodations can be met by the meet resources. Failure to provide advance notice may limit the Billings Aquatic Club's ability to accommodate all requests.

ENTRIES	This is a Billings Aquatic Club member only meet. There will be no outside teams invited. Entries will be submitted in SCY. No Time entries will be accepted. All relay-only swimmers must be listed and pay the per swimmer surcharge.
ENTRY FEES	A USA entry fee of \$20.00 plus \$2.00 per event will be charged for each swimmer competing in the meet. There will be a charge of \$8.00 per relay team.
SEEDING	Swimmers should enter with their fastest officially recorded time in yards. No time (NT) entries will be accepted, however reasonable time estimates are preferred to ensure balanced heats. Times will be seeded in yards. Swimmers will be seeded slowest to fastest in all events except as noted. The 1650 Free and 400 IM will be swum mixed males and females, fastest to slowest. All other events will be swum slowest to fastest with males and females separated.
CHECK-IN	A positive check-in at the timing console, located at the start end of the pool, will be required for the following events: • 1650 Free • 500 Free • 400 IM Swimmers in the 1650 Free, 500 Free, and 400 IM must positive check-in at the timing console by ½ hour prior to the start of the event. These events may be deck-seeded, if required, after the positive check-in deadline as a mixed age/gender event. Swimmers or teams who fail to check in will be scratched, at the referee's discretion, from the event and not seeded.
CLERK OF COURSE	There will be a clerk of course. Heat and lane assignments will also appear in the program. Swimmers are responsible for reporting to the clerk of course 5 minutes prior to their event.
SCRATCHES	Coaches should report scratches on the scratch sheet or to the meet referee prior to the start of the meet both days. There will be no penalty for swimmers who fail to scratch from an event.
SCORING	Points will be scored by 19-17-16-15-14-13-12-11-10-9-8-7-6-5-4-3-2-1 for individual events. Relay points will not count in individual scoring. Team scores will not be kept.
AWARDS	There will be heat winner prizes for the 12 & Under age groups.
RESULTS	Results will be posted to the Montana Swimming web site at http://www.mtswimming.com as well as Meet Mobile.
WARMUPS	In accordance with USA Swimming guidelines, there will be a published warmup procedure for all swimmers and coaches attending the meet. The Marshal will ensure all teams, coaches, and swimmers follow all warmup procedures. Meet Management reserves the right to change warmup times according to the number of entries. There is no separate warmup pool. Continuous warmup/cool-down lanes are not available. The last ten minutes of each warmup session may be used to practice racing starts in all lanes, with the exception of Lane 6. Coaches must supervise the practice of racing starts. On Friday, warmups will start at 4:30pm with 20-30 minute sessions as necessary based on the number of swimmers and teams attending. Events will begin 10 minutes after the end of the final warmup session, but no earlier than 5:30pm. General warmups for the Saturday & Sunday sessions will start at 8am with 20-30 minute sessions as necessary based on the number of swimmers and teams attending. Events will begin 10 minutes after the end of the final warmup session, but not before 9am. Warmups for the distance and 12 & Under sessions will start immediately after the conclusion of the previous session events with 1 session of 20-30 for the

distance session and 2 sessions of 20-30 minutes for the 12 & Under sessions. Start times for warmups and the session will be finalized after warmups are scheduled. Swimmers must enter the pool using a three point entry for warmups. Warmup times are tentative and subject to change depending upon the number of entries. Swimmers will be notified of any changes by Wednesday, January 29th on the BAC Weekly Newsletter.

OFFICIALS

All officials on deck must be registered and certified with USA Swimming and registrations will be verified by the MT Swimming Registration Chair. Any official's assistance will be greatly appreciated and will help to ensure a great meet for the swimmers. Meet Officials will display their current credentials at all times during the meet. On deck training time will be available for those wishing to train as an official. E-mail the meet referee prior to the meet if you plan to officiate and sign in at the officials meeting each day in the hospitality room. Trainees should attend the pre-meet officials meetings daily and sign in.

The officials' meetings will be held in the Lifeguard Room on Friday beginning at 5:00 p.m., and in the upstairs Hospitality Room on Saturday and Sunday during the warmups of each day's session.

TIMERS

A sign-up sheet will be posted at the pool specifying lane assignments for timers. As necessary, attendees may be requested to volunteer to fulfill empty timing positions. Any and all assistance is greatly appreciated.

COACHES

All coaches on deck must be registered and certified with USA Swimming. Coach registration will be verified with the MT Swimming Registration Chair and must display their credentials during the duration of the meet.

PROTESTS:

All protests should be given to the meet referee.

HOSPITALITY

There will be a hospitality area open to all coaches and officials.

CONCESSIONS/ SWIM SHOP

BAC parents will be operating a concession stand during the meet serving a variety of nutritious foods for breakfast, lunch, and snacks. The concession stand will be located in the Fortin Center large gym and will open beginning on Saturday morning. BAC parents will be operating a swim shop offering a variety of personal swimwear and equipment, as well as other souvenir merchandise. The Swim Shop will be located near the concession stand.

SPECTATORS

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Friday, January 31 st Warmups 4:30pm and Meet begins after final warmup, but not before 5:30pm		
<u>Girls Event #</u>	<u>Event & Age Group</u>	<u>Boys Event #</u>
1	Mixed 1650 Free	2
Saturday, February 1 st Warmups 8am and Meet begins after final warmup, but not before 9am		
3	13 & Over Mixed 200 Free Relay	4
5	13 & Over 200 IM	6
7	13 & Over 100 Back	8
9	13 & Over 50 Fly	10
11	13 & Over 200 Free	12
13	13 & Over 200 Fly	14
15	13 & Over 50 Free	16
17	13 & Over 100 Breast	18
Saturday, February 1 st Warmups will start immediately after the conclusion of event 18 with a 20-30 minute warmup session. Start times for warmups and the session will be finalized after warmups are scheduled.		
19	9 & Over Mixed 400 IM	20
Saturday, February 1 st Warmups will start immediately after the conclusion of event 20 with 2 sessions of 20-30 minutes. Start times for warmups and the session will be finalized after warmups are scheduled.		
21	12 & Under Mixed 200 Free Relay	22
23	12 & Under 200 Free`	24
25	8 & Under 25 Back	26
27	12 & Under 100 Back	28
29	12 & Under 50 Free	30
31	12 & Under 50 Fly	32
33	12 & Under 100 IM	34
35	8 & Under 25 Breast	36
37	12 & Under 100 Breast	38
39	12 & Under 200 Fly	40

Sunday, February 2nd
Warmups 8am and Meet begins after final warmup, but not before 9am.

<u>Girls Event #</u>	<u>Event & Age Group</u>	<u>Boys Event #</u>
41	13 & Over Mixed 200 Medley Relay	42
43	13 & Over 50 Back	44
45	13 & Over 100 Fly	46
47	13 & Over 200 Breast	48
49	13 & Over 100 Free	50
51	13 & Over 50 Breast	52
53	13 & Over 200 Back	54

Sunday, February 2nd
Warmups will start immediately after the conclusion of event 54 with 20-30 minute warmup session. Start times for warmup and the session will be finalized after warmups are scheduled.

55	9 & Over Mixed 500 Free	56
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Sunday, February 2nd
Warmups will start immediately after the conclusion of event 56 with 2 sessions of 20-30 minutes. Start times for warmups and the session will be finalized after warmups are scheduled.

57	12 & Under Mixed 200 Medley Relay	58
59	12 & Under 200 IM	60
61	8 & Under 25 Free	62
63	12 & Under 100 Free	64
65	12 & Under 200 Breast	66
67	12 & Under 50 Back	68
69	8 & Under 25 Fly	70
71	12 & Under 100 Fly	72
73	12 & Under 50 Breast	74
75	12 & Under 200 Back	76

2020 BAC Intersquad Meet
Entry Fee Summary and Waiver/Release Form

Complete and email or mail this form along with entry fees to (checks payable to **BAC**):
Meet Registrar, Billings Aquatic Club, PO Box 20413, Billings, MT, 59104 bacstingrays@gmail.com

Team Name	
Club Code	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total Number	Cost per	Total
Meet Entry Fee		\$20.00 per swimmer	
Individual Entries		\$2.00 per event	
Relay Entries		\$8.00 per relay	
Total Fees Due			

Waiver, Acknowledgement and Liability Release:

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. Swimmer and coach registration will be verified. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and Montana Swimming, Inc. regarding warmup procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. BAC, Rocky Mountain College, Montana Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet. This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

We hereby submit our team's entry sheets and fees for your upcoming meet and verify that the above named coaches will be in attendance. These coaches are current in all the requirements set forth by USA Swimming; Red Cross Safety Training for Swim Coaches or Lifeguard Training, First Aid and CPR.

SIGNATURE (Coach or Club Representative)

CLUB

TITLE

DATE