

Polar Bear Splash

January 9-10, 2021

HELD UNDER SANCTION OF WYOMING SWIMMING, INC. AND USA SWIMMING, INC.
SANCTION #2021-15

In granting this sanction, it is understood and agreed that USA Swimming, Wyoming Swimming Inc., Cody Kountry Aquatics Team, and the Paul Stock Aquatic and Recreation Center shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. Whether submitting entries electronically or on paper, by the action of entering the swimmer in this Wyoming Swimming, Inc. meet/event, the person entering the swimmer, whether a coach, club representative, parent or swimmer, certifies that the swimmer is a registered member of USA Swimming (as provided in Article 302) and further agrees that a penalty of \$50 shall be assessed by Wyoming Swimming, Inc. to anyone entering a swimmer who is not registered with USA Swimming prior to the entry deadline.

COVID-19

Information:

The Cody Kountry Aquatics Team has taken enhanced health and safety measures for all athletes, spectators and those assisting in meet operations. You must follow all posted instructions while attending the meet and adhere to the attached COVID-19 supplemental information.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc. cannot prevent you, your child, or your children from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND WYOMING SWIMMING, INC. AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

In applying for this sanctioned event, the Host, the Cody Kountry Aquatics Team, agrees to comply with and to enforce all health and safety mandates, and guidelines of USA Swimming, Wyoming Swimming Inc., the state of Wyoming, Park County and the Paul Stock Aquatic and Recreation Center.

These guidelines are as follows:

- A. Statement of Local Protocols and Requirements: At the time this document is being submitted (December 6, 2020) current Wyoming Department of Health Guidelines call for swimmers to be limited to 1 per 120 square feet of pool area; overall number of patrons in the facility must not exceed 100 people. The Paul Stock Aquatic and Recreation Center is requiring swimmers to be limited to six people per lane for warmups and each coach is responsible for requiring athletes to distance themselves while in the pool. Locker rooms are available for changing only. Lockers are not available. All belongings must be taken out on deck. In the lobby and on deck, there are water machines available for the refilling of water bottles. Athletes and spectators are asked not to use the bathrooms for refilling water bottles. Bottles of water will be available for purchase. Spectators and volunteers MUST wear masks while in the building. Swimmers must wear masks when they are not competing in an event.
- B. Plan for Spectator ingress and egress- All participants will enter the facility through the main double doors and traffic will stay to the left door for enter and exit through the right door. Spectators will continue directly to the upstairs bleacher seating, while swimmers will continue to the locker room and pool deck. Please form the check-in line outside of the building for adequate space for social distancing. Participating athletes must check in first.
- C. Planned number of individuals gathering in high traffic areas
 - i. Pool: During warm-ups swimmers will be limited to 6 per lane, 48 maximum. During competition, a maximum of 8 lanes will be used, with only 1 swimmer per lane. Fly-over starts will not be used. One-way traffic behind the blocks will occur. All swimmers will enter the pool and starting area from the south side of the pool, after the swimmer finishes their race they will exit the water immediately and exit the starting area along the north side of the pool back to their designated team seating area prior to the next heat entering the area.
 - ii. Deck: The Deck will consist of: 1 Meet/Deck Referee, 1 Admin Official, 1 Computer Operator, 1 Announcer, 2 Meet Marshals, 1 HeadTimer/Runner, 1 Starter, 4 Stroke and Turn Judges, 8 Timers, 1 Clerk of Course, 6 Coaches, 2 Lifeguards, 1 Meet Director and 70 athletes. Masks will be required of all individuals on deck.
 - iii. Spectator Seating: Bleachers will be available upstairs at Paul Stock Aquatic and Recreation Center. All spectators will be in the upstairs bleachers. There will be no spectators allowed on deck. There will be designated team areas.

Each athlete will be allowed 1 spectator. Teams may coordinate the use of their team space so spectators can watch their swimmers.

D. Safe Sport Considerations- By allowing each athlete at least 1 spectator, parents are assured that they will be able to accompany their child, have access to them at all times including the opportunity to observe their child at all times.

Host: Cody Kountry Aquatics Team, P.O. Box 1041, Cody, WY 82414

Location: Paul Stock Aquatics and Recreation Center, 1402 Heart Mountain Street, Cody, Wyoming 82414 Facility Telephone: 307-587-0400

**Meet Times: Session 1-Flight A
Saturday**

Warmups begin at 8:00 a.m.
Officials meeting at 8:45 a.m.
Coaches meeting at 9:00 a.m.
Meet starts at 9:15 a.m.

Session 2 Flights A & B

1650 Free warm-ups will begin
@ the conclusion of Session 1.
Officials and Coaches meetings will
Begin 15 & 25 min after the conclusion
conclusion of Session 1

**Session 3 Flight B
Saturday**

Warmups begin at 1:30 p.m.
Officials meeting at 2:15 p.m.
Coaches meeting at 2:30 p.m.
Meet starts at 2:45 p.m.

**Session 4-Flight A
Sunday Flight A (Session 2)**

Warmups begin at 8:00 a.m.
Officials meeting at 8:45 a.m.
Coaches meeting 9:00 a.m.
Meet starts at 9:15 a.m.

Session 5 Flights A & B

500 Free warm-ups will begin
@ the conclusion of Session 4.
Officials and Coaches meetings will
Begin 15 & 25 min after the
conclusion of Session 4

**Session 6 Flight B
Sunday**

Warmups begin at 1:30 p.m.
Officials meeting at 2:15 p.m.
Coaches meeting 2:30 p.m.
Meet starts at 2:45 p.m.

The Meet Referee may decide to hold official and coach meetings by email or virtually. He will notify everyone 5 days prior to the meet of his decision.

The start times for session 3 and session 6 are only estimates. Once time lines are developed, teams in Flight B will be notified no less than 5 days prior to the meet.

Pool: Regulation Short Course, 25 yard, eight lanes, non-turbulent lane markers, backstroke flags, starting blocks, and horn starting system. Water depth measured at the start end is 5.5 feet for lanes 1 through 4, and 12.0 feet for lanes 5 through 8. Water depth measured at the turn end is 4.0 feet for lanes 1 through 8.

The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA swimming.

Timing: Daktronics Timing System, with 8 lane scoreboard, semi-automatic backup, and 1 manual back-up timers per lane. Every team will be expected to provide timers proportional to their number of swimmers entered for both days of the event.

Meet Director:

Mary Simms
P.O Box 1041
Cody, WY 82414
codykountryaquaticteam@gmail.com
307- 250-3780

Meet Referee:

Daniel Diver
551 Santa Fe Trail
Powell, Wyoming 82435
daniel_diver@comcast.net
530-370-2002

Administrative Official:

Brandi Wright
335 N. Division
Powell, WY 82435
brandisse@gmail.com
(307)899-2656

Rules: Current USA Swimming rules will govern the meet, including the Minor Athlete Abuse Prevention Policy. The Meet Referee will be the final authority for the conduct of the competition.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Deck changes are prohibited. 202.4.10(I)

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms, or behind the starting area(s).

Operation of a drone, or any other flying apparatus, is prohibited over the venue any time athletes, coaches, officials and/or spectators are present.

All swimmers must use the Clerk of Course and line up on the bench. Failure to do so may result in a delay of meet disqualification. NO CONREGATING BEHIND THE BLOCKS

The Minor Athlete Abuse Protection Policy (MAAPP) will be enforced. As per MAAPP any participating non-members (i.e. timers), or any applicable adult who has regular and direct authority over any minor athletes and any adult athletes are required to read and acknowledge the MAAPP policy. If you fit any of these, please see your club's SafeSport Coordinator to satisfy this requirement before attending. The MAAPP policy and acknowledgement forms will be available at the meet. Locker rooms and bathrooms will be regularly and randomly swept by a female and male meet marshal.

Eligibility: No swimmer will be permitted to compete unless the swimmer is a member as provided in USA Swimming Article 302.

There will be NO on-deck registrations.

Age Groups: Age as of January 9, 2021 shall determine the swimmer's age group for the meet. Swimmers will earn points in individual events for their respective age groups. Age groups will be 8 & Under, 10 & Under, 11-12, 13-14, and 15 & Over. Open events are described in the Order of Events. 8 & Under is not a recognized USA Swimming Age Group. 102.1.2

Awards: Individual Events: 1st – 3rd Medals, 4th – 6th Ribbons There will be no high point awards or team awards.

Entries: All events will be pre-seeded timed finals.

Each swimmer may swim a maximum of 5 individual events on Saturday and 5 individual events on Sunday. There will be no relays.

Please submit entry times in yards.

There will be NO on-deck entries.

Swimmers in the 500 & 1650 must provide their own counters and timer. These heats will be seeded slowest to fastest.

Entries will be accepted from the Big Horn Basin Conference teams listed below with entries due Monday, January 4th. Due to COVID restrictions, visiting teams must swim on their assigned flights. Flights will be determined once entries are received to best determine how to stay under 100 people on deck.

CKATS, Lander, Powell, Worland, Riverton & Unattached

Entries from other teams will be accepted IF the number of BHBC swimmers does not exceed 140 (70 in each flight). These entries will be entered on a first come first serve basis.

Entry Fees: \$5 per individual event, \$7 WYSI participation fee and \$10 facility charge per swimmer

Deadline: Entries must be postmarked or emailed by January 4, 2021. Late entries will not be accepted.

Please submit a check for entry fees payable to "Cody Kountry Aquatic Team", hard copies of the entries, and the USA Registration compliance form.

Clubs must pay with one check. There will be no refunds.

Mail Entries To:
Mary Simms
P.O. Box 1041
Cody, WY 82414

Preferred Method:
email via HY-TEK w/ printable PDF copy to
codykountryaquaticteam@gmail.com

Officials: Each WYSI (Wyoming Swimming, Inc.) club shall provide official(s) to work the meet based on the number of swimmers entered into the meet: 1-9 Swimmers – No official required, 10-17 Swimmers – One official, 18-25 Swimmers – Two officials, 26 or more Swimmers – Three officials.

When submitting their entries to the host club, each WYSI club shall also provide to the host club the names of the official(s) who will be representing their club at the meet.

In our attempt to limit the number of people on deck, the deck will be set prior to the meet. Please submit the names of your officials, who are firm commitments to Dan Diver within 5 days of the entry deadline along with your anticipated number of swimmers; he will provide this information to the WYSI Official Chairs as required by WYSI policy and procedures.

Coaches: Each team will be limited to 2 Coaches on Deck

Warm Ups: Warm up procedures will comply with USA Swimming and Wyoming Swimming, Inc. Dive Starts will be allowed only during the last five (5) minutes of each warm up. USA Swimmers must be under the supervision of a coach at all times. A schedule of Warm-up times and Lane Assignments will be determined after the entry deadline when the number of contestants has been determined. The Warm-up Schedule will be emailed to all coaches no later than 7 days prior to the meet.

USA Cards: All coaches and officials must wear their USA Swimming card in plain view at all times or have available via Deck Pass. Please make sure all registrations and certificates are current as they will be checked by the Meet Ref and or Meet Director.

Swimmers with

Disabilities: Swimmers with disabilities are encouraged to attend. Contact the Meet Referee if you need special considerations. Swimmers with disabilities must be identified at the time entries are submitted. Adaptive swimming: In accordance with USA Swimming rule 202.4.14 & Article 105 the Meet Referee has the authority to accommodate swimmers with disabilities. The team entry representative must notify the Meet Referee of accommodation requests at the time of entry submission.

Events

Session 1 &3 Saturday, January 9, 2021

Event #	Event
1	Mixed 8 & under 25 Free
2	Mixed 12 & under 100 IM
3	Mixed 13 & over 200 IM
4	Mixed 8& under 25 Fly
5	Mixed 9-12 50 Fly
6	Mixed 13 & over 100 Fly
7	Mixed 8 & under 25 Back
8	Mixed 12 & under 50 Back
9	Mixed 13 & over 100 Back
10	Mixed Open 50 Free
11	Mixed 8 & under 25 Breast
12	Mixed 12 & under 100 Breast
13	Mixed 13 & over 200 Breast
	Session 2
14**	Mixed 12 & over 1650 Free

Session 4 &6 Sunday, January 10, 2021

Event #	Event
15	Mixed 8 & under 50 Fly
16	Mixed 9-12 100 Fly
17	Mixed 13& over 200 Fly
18	Mixed 8 & under 50 Back
19	Mixed 9-12 100 Back
20	Mixed 13 & over 200 Back
21	Mixed 12 & under 200 IM
22	Mixed 13 & over 400 IM
23	Mixed Open 100 Free
24	Mixed 12 & under 50 Breast
25	Mixed 13& over 100 Breast
26	Mixed 9 & over 200 Free
	Session 5
27**	Mixed 11 & over 500 Free

Combined events will be scored by gender and age group.

If a swimmer is in back-to-back events it is the responsibility of the coach or athlete to notify the deck referee so accommodations may be considered.