

## 2021 GLACIER AQUATC CLUB JANUARY SPLASH INVITATIONAL MEET

Hosted by Glacier Aquatic Club (KATS)

January 16, 2022



Held under the Sanction of USA Swimming, Inc., issued by Montana Swimming, Inc. Sanction # 2212. Sanctioned by LSMC for USMC Inc. Sanction #.

In applying for this sanctioned event, the Glacier Aquatic Club (KATS) agrees to comply and enforce all health and safety mandates and guidelines of USA Swimming, Montana Swimming, Flathead County and the State of Montana.

Meet Referee	Meet Director	Meet Registrar
Steve Qunell stevequnell@gmail.com	Krystal Gladeau (406) 270-1190 kgladeau@gmail.com	Major Robinson (406) 370-7968 mr.majorrobinson@gmail.com

Glacier Aquatic Club (KATS) katsboard@gmail.com | PO Box 11, Kalispell, MT 59903

#### **FACILITY:**

The meet will be held at the Logan Health Medical Fitness Center (Formerly The Summit Fitness Center) located at 205 Sunnyview Lane off HWY 93 North, near the hospital in Kalispell, Montana. Please use South entrance off Sunnyview Lane near the tennis courts.

The Logan Health Medical Fitness Center (LHMFC) is a state-of-the-art private fitness center. The pool is a regulation 25-yard six-lane pool with non-turbulent lane dividers and six place clock display showing event, heat, lane, place, and time. The Start end is 8'6" deep and the turn end is 3'9" deep. Starting platforms are Spectrum Xcellerator, non-skid, adjustable kick plate starting platforms. The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming. The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 106.2.1.

This is a closed deck meet; only athletes, certified coaches, USA officials, timers and meet management may be behind the blocks and in the timing area.

Timing will be by an automatic Colorado Timing System with touch pads on the start end and manual backup timers. All events will be timed finals.

The adjacent tennis courts will be set up for swimmers and team volunteer seating/camping during the meet.

The Logan Health Medical Fitness Center is a private club with rules for all swimmers to follow. All swimmers are asked to use the boys and girls locker rooms. The adult locker rooms are not to be used for the meet. The hot tub is off limits to meet participants. There will be no eating allowed in the pool area or on

the lower level of the facility. Food will be permitted in the tennis court area. Beverages will be allowed on the pool deck in plastic or paper containers, absolutely no glass will be allowed.

Since this is a private club, only members are allowed to use the facilities. Check with The Logan Health Medical Fitness Center at the front desk for the daily use fee for visiting adults who would like to work out during the meet.

**MEET FORMAT:** 

This is an age group, timed finals swim meet. Swimmers will be seeded according to submitted fastest yard times by age and gender.

Individual events will be swum as noted on the event list. Events will be scored 8&U, 9-10, 11-12, 13-14, 15-16, 17-18, 19 & Over.

The meet referee reserves the option to add breaks between events

**SAFETY:** 

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND MONTANA SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

Glacier Aquatic Club agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Montana Swimming, Flathead County and the State of Montana. Masks are recommended for all swimmers and spectators.

The Montana Swimming Safety guidelines are in effect for this meet and will be enforced. For circle swimming during warm-ups and cool downs, swimmers must enter the pool using a three-point entry. Coaches are advised to closely supervise their swimmers at all times.

NO running or horseplay will be tolerated. Each coach is responsible for informing the swimmers of the provisions of the safety code before attending the meet. No diving in the shallow end of the pool. A safety marshal will be on deck.

Absolutely no glass containers are allowed in the building. No cameras of any type are allowed in the dressing rooms and the restrooms.

No area of the building should be considered secure. Glacier Aquatic Club and the Logan Health Medical Fitness Center are not responsible for loss or damage of any items. Deck changing is prohibited.

Operation of a drone, or any flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

A safety marshal will be on deck.

**RACING STARTS:** 

Any swimmer entered in the meet, unaccompanied by an USA Swimming member coach, must be certified by an USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. Any swimmers who must start in the water shall be listed in a separate document returned with the entries.

**RULES:** 

This meet will be conducted in accordance with the current USA Swimming and Montana Swimming Rules and Regulations, except where rules therein are optional and exceptions are stated.

2021 USMS technical rules will be applied to Masters entrants.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

Visual recording devices, including cell phones, are not permitted behind the starting blocks.

Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited. Operation of a drone, or any flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present."

No glass containers, tobacco, or alcoholic beverages are allowed in the swimming venue.

The USA Swimming Code of Conduct and athlete protection provisions will be enforced.

All persons acting in any coaching capacity on deck must be currently registered coach members of USA Swimming or FINA equivalent.

Swimmer, official, and coach registration will be confirmed with Montana Swimming Registration Chairperson prior to the start of the meet.

This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgment and consent to this fact.

**ELIGIBILITY:** 

All swimmers must be currently registered athlete members of USA Swimming, Inc. or the FINA equivalent registration. Swimmers must be registered with USAS/FINA by January 10, 2022. There will be no on deck USA Swimming registration available at this meet. Teams entering swimmers who are not currently registered USA Swimming athlete members may be fined \$25 per swimmer by the Montana Swimming Registration Chair.

Age as of the first day of the meet shall determine the age group in which the swimmer must compete.

SWIMMERS WITH DISABILITIES:

Glacier Aquatic Club welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 106, to compete at the meet. Disabled swimmers or their coaches are required to provide advance notice in writing to the meet referee and meet director to arrange for any needed accommodations including personal assistants required and/or registered service animals by the meet entry date. It is at the discretion of the meet referee to determine whether the needed accommodations can be met by the meet resources.

**ENTRIES:** 

Entries should be submitted as follows:

- 1. **Teams** should e-mail entries to <a href="mr.majorrobinson@gmail.com">mr.majorrobinson@gmail.com</a> and <a href="mr.majorrobinson@gmail.com">katsboard@gmail.com</a> using Hy-Tek software by January 8, 2022. Along with your meet entry file, include your team meet entry report (relay and individual entries) and team entry fee report from Team Manager (in PDF, word or rich text format). Do not include relay swimmer names with your relay entries. Entries may also be submitted using Team Unify software. Please e-mail all reports. Completed paperwork, signed waiver, team entry report and entry fees must be received by no later than January 8, 2022.
- 2. **Individuals (not teams)** without access to Hy-Tek or Team Unify software may use the Hy-Tek Lite entry software to enter or may e-mail the entry data directly to the registrar by no later than January 8, 2022. Hy-Tek Lite entry software may be downloaded for free from the Hy-Tek website. E-mail entries for individuals only will be accepted through 7:00 p.m. January 8, 2022 by emailing <a href="mailto:mr.majorrobinson@gmail.com">mr.majorrobinson@gmail.com</a> and <a href="mailto:katsboard@gmail.com">katsboard@gmail.com</a>.

Entry fees must be received by January 16, 2022.

No text messages accepted for entries or entry questions.

**ENTRY LIMITS:** 

Each swimmer may compete in up to six (6) events for their specified age group per day. Swimmers will be seeded on the basis of their submitted times. Entrants shall submit their fastest officially record times in either yards or converted meters. "No Time" entries will be accepted.

**ENTRY VERIFICATION:** 

An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.

**ENTRY DEADLINES:** 

All entries are due Saturday January 8, 2022. Completed paperwork and entry fees must be received no later than Sunday January 16, 2022. Mail to: Glacier Aquatic Club, PO Box 11, Kalispell, MT 59903.

Late entries, if accepted, will be charged according to the Entry Fee table below. There will be no refunds. Deck entries/changes for swimmers already entered in the meet will only be allowed at the discretion of the meet referee, will be charged double the event fee and may be seeded in available heat positions.

#### **ENTRY FEES:**

Make checks payable to Glacier Aquatic Club in US dollars; All fees are non-refundable			
Individual Event	\$5.00 per event		
Swimmer Surcharge	\$20.00 per swimmer		
Late Entry	\$30.00 per swimmer surcharge; \$6.00 per event		

An entry fee of \$20.00 plus \$5.00 per event will be charged for each swimmer competing in the meet. Entry fees must accompany the entries in US dollars.

Please make checks payable to Glacier Aquatic Club. Entries will not be accepted without payment of entry fees and proper paperwork. Waivers must be signed. There will be no refunds.

Canadian Teams should use US Funds for payment of meet fees for swimmers.

**SEEDING:** 

Conforming time standard for this meet is yards. Swimmers will be seeded and swim from slowest to fastest unless otherwise indicated.

All non-conforming times will be seeded last in rank order. Swimmers should enter with their fastest officially recorded time in yards (or enter with a converted LCM or SCM time). No time (NT) entries will be accepted. Times will be seeded in yards. Swimmers will be seeded slowest to fastest in all events except the 500 freestyle, which will be seeded fastest to slowest. Events will be swum girls and boys unless otherwise indicated.

**CHECK-IN:** 

Positive check-in for the 500 freestyle will be required. All other events will be pre-seeded. The meet referee has the ability to modify events/heats after seeding to benefit the athletes and the safety of all at the meet.

**SCRATCHES:** 

Heat and lane assignments will appear in the program. Swimmers are responsible for taking their position behind the blocks. Coaches should report scratches on the scratch sheet located at the timing console prior to the start of the meet both days. There will be no penalty for swimmers who fail to scratch from an event.

Swimmers and their coaches are responsible for the swimmers being at the starting blocks before the start of their race. There will be no penalty for swimmers who fail to scratch from an event.

**SCORING:** 

Individual scoring will be as follows: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1

**AWARDS:** 

There will be no awards.

**RESULTS:** 

Results will be posted to the Montana Swimming web site at http://www.mtswimming.com.

**WARM-UPS:** 

In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The meet marshal will ensure all teams, coaches, and swimmers follow all warm-up procedures. Swimmers must enter the pool using a three-point entry for warm-ups.

General Warm-ups will be held on Sunday, January 16th, warm-ups beginning at 7:20 a.m., with the first events starting at 9:00 a.m. GAC will have first warm-ups.

We will not have a dedicated warm-up/warm-down lane throughout the meet.

Warm-up times are subject to change depending upon the number of entries. Teams will be notified of any changes by January 14, 2022. Warm-up schedules will be e-mailed by Thursday, January 13, 2022, to teams providing e-mail addresses and posted on the MT Swimming website.

**OFFICIALS:** 

To the extent possible, teams are asked to provide certified meet officials. All officials on deck must be registered and certified with USA Swimming and registrations will be verified by the MT Swimming Registration Chair. Any official's assistance will be greatly appreciated and will help to ensure a great meet for the swimmers. Meet Officials will display their current credentials at all times during the meet.

On deck training time will be available for those wishing to train as an official. E-mail the meet referee prior to the meet if you plan to officiate and sign in at the officials meeting each day in the hospitality room. Trainees should attend the pre-meet officials' meetings daily and sign in. Please email <a href="mailto:katsboard@gmail.com">katsboard@gmail.com</a> and the Meet Referee (<a href="mailto:stevequnell@gmail.com">stevequnell@gmail.com</a>) if your club has officials that are willing to officiate.

The officials' meeting will be Sunday beginning at 7:30 am.

**TIMERS:** 

Glacier Aquatic Club will be providing timers for the event through meet volunteer sign up and use of community supports.

**COACHES:** 

All coaches on deck must be registered and certified with USA Swimming. Coach registration will be verified with the MT Swimming Registration Chair and <u>must</u> display their credentials during the duration of the meet. The coaches meeting will be immediately after the conclusion of general warm-ups on Sunday.

Other meetings may be held at the meet referee's discretion. Meet Management requests that at least one coach representative from each team attend all coaches' meetings.

**PROTESTS:** All protests should be given to the meet referee.

**HOSPITALITY:** There will be a hospitality area open to all coaches and officials.

**CONCESSIONS:** Glacier Aquatic Club will be offering concessions in the tennis court area.

**PROGRAMS:** Printed programs will be available to purchase at the concessions table. A digital

program will be available on Meet Mobile.

**SPECTATORS:** This is a closed deck meet. Only meet volunteers and officials will be allowed on

deck. All spectators will be limited to the tennis court area only. Each team will be allowed a set number of volunteers to assist with the younger swimmers on deck and overall meet operation. Volunteers will be required to sign in with GAC prior to entering the meet area. Camping and seating area (no bleachers) will be provided adjacent to the pool in the tennis court area. As previously stated, meet management requests only timers, officials, coaches, swimmers, and volunteers be behind the blocks. We want all swimmers to have an enjoyable meet, but it can be difficult for athletes to get to their starting block if too many people are on deck.

# 2021 Glacier Aquatic Club Drive and Dive Invitational Event List

# MIXED GIRLS & BOYS

#	Age Groups	Event
1	Open	200 Medley Relay
2	8 & Under	25 Free
3	Open	200 Free
4	8 & Under	25 Back
5	Open	200 IM
6	Open	50 Free
7	Open	100 Fly
8	Open	200 Fly
9	8 & Under	25 Breast
10	Open	100 Free
11	Open	100 Back
12	Open	200 Back
13	8 & Under	25 Fly
14	Open	100 Breast
15	Open	200 Breast
16	13 & Over	500 Free
17	Open	200 Free Relay

### 2021 Glacier Aquatic Club Drive and Dive Invitational Swim Meet Entry Fee Summary and Waiver/Release Form

Complete and email or mail this form along with entry fees to (checks payable to Glacier Aquatic Club): Mail this form and your entries to Glacier Aquatic Club, PO Box 11, Kalispell, MT 59903 or e-mail to

Katsboard(a)gn	<u>1a1l.com.</u>		
Team Name			
Club Code			
Coach			
Coach Phone			
Coach Email			
Team Address			
Item:		Cost: Swimmer/Event	Total: Team
Individual Entries	s	\$5.00/event	
Swimmer Surcha	rge	\$20.00/swimmer	
Total Meet Fees:			\$
U	and Liability Releated	ase: ative, verify that all of the swimmers and coa	ches listed on the enclosed entry
	-	and coach registration will be verified. I ack	· ·
=	_	ontana Swimming, Inc. regarding warm-up p	
nd that I shall be res	ponsible for the comp	liance of my swimmers with those rules duri	ng this meet. Glacier Aquatic

### A

I, y are h the r S ines, Club (KATS), The Logan Health Medical Fitness Center, Montana Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet. This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgment and consent to this fact.

We hereby submit our team's entry sheets and fees for your upcoming meet and verify that the above-named coaches will be in attendance. These coaches are current in all the requirements set forth by USA Swimming; Red Cross Safety Training for Swim Coaches or Lifeguard Training, First Aid and CPR.

CI LIB TITLE	DATE
SIGNATURE (Coach or Club Representative)	

# Master Swimmer Entry Form 2022 Glacier Aquatic Club January Splash Meet

Held under the Sanction of USA Swimming, Inc., issued by Montana Swimming, Inc. Sanction #. This meet is dual Sanctioned by the Montana LMSC for USMS Inc. Sanction #

Master swimmers, please include full payment with this completed form.

Make checks pa	ayable to Glacier .	Aquatic Club.				
All entries must	be <b>received</b> by 0	Blacier Aquatic Club no l	ater than <mark>January 8, 2022.</mark>			
Email entries to:	: katsboard@gma	ail.com; kgladeau@gma	<u>il.com; mr.majorrobinson@gmail.co</u> i	<u>m</u>		
OR						
Mail payments:	Glacier Aquatic Club Attn: Meet Manager					
	P.O. Box 11	iager				
	Kalispell, MT 5	9903				
	erred for entries	due to USPS potential	delays. If you do mail your entrie	s, please call or text us so		
we can watch f	or them. Krysta	l Gladeau – (406) 270-	1190			
Please see e	vent listing in t	he meet contract.				
0400 000 0	rom noung m					
Swimmer's Ful	l Namo		USMS Club C	ode:		
Swiiiiiiei S i di	i italiic		OSING Club C	oue		
Events (max	of 6 per day)	Seed Times	Date of Birth:			
1.			Masters #:			
2			Phone:			
3			Email:			
J						
4						
			Fees:			
5						
6			Swimmer surcharge:	\$ <u>20.00</u>		
O			\$5.00 per Individual Event	. ¢		
7			\$5.00 per individual Event	- Ψ		
8			TOTAL:	\$		
			. •	Ψ		



#### PARTICIPANT WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT

For and in consideration of United States Masters Swimming, Inc. ("USMS") allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); and related activities ("Event" or "Events"); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

- 1. I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.
- I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.
- 3. I agree to be familiar with and to abide by the Rules and Regulations established by USMS, including any safety regulations. I accept sole responsibility for my own conduct and actions while participating in the Events.
- 4. I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that I may be exposed to or infected by COVID-19, or other viral or bacterial infection, while participating in any of the Events, and that such exposure or infection may result in personal injury, illness, permanent disability, and death. I agree that if I have a fever, cough, feel short of breath, have any other symptoms, have knowingly been exposed to a communicable disease such as COVID-19 or have traveled to or from a highly impacted area, I will not attend an Event for at least two weeks after exposure or symptoms have subsided or I have returned from a highly impacted area. In addition, if I discover I have been exposed to a suspected or positive case of COVID-19 or have tested positive for COVID-19, I will notify the USMS coach or club administrator immediately.
- 5. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USMS Swimming Saves Lives Foundation; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively, the "Released Parties"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.
- 6. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

Last Name	First Name	MI	Sex (cir	cle) F	Date of Birth (mm/dd/yy)
Street Address, City, State, Zip					
Signature of Participant				Date	e Signed