

### 2022 HLST Jamie Turner Memorial Swim Meet Hosted by Helena Lions Swim Team October 08-09, 2022

#### Held under the Sanction of USA Swimming, Inc., issued by Montana Swimming, Inc. Sanction # 2301

Meet Referee
Susan Huckeby
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Administrative Official
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Meet Director
Piper Lynch
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Meet Registrar
Jennifer Krattiger
jendtiger@gmail.com
(406) 439-0376

#### **FACILITY**

The meet will be held at the Butte Family YMCA, 2975 Washoe Street, Butte, MT 59701.

The elevation of the facility is 5500'. The pool is an eight lane, 25-yard regulation short course pool with 9 non-turbulent lane lines and Spectrum starting platforms. There is a separate warm-up cool down pool that will be available throughout the meet for coach supervised warm-ups.

Directions: Take the Montana Street exit into Butte then turn south onto Montana Street. Continue south (straight) on Montana Street past the Town Pump on the left and the cemeteries on the right. Veer left at the end of the cemeteries onto Hansen Road. Continue south along Hansen Road to the YMCA (copper and gray building on left). You may also drive to the pool from Harrison Avenue. Take the Harrison Avenue (south) exit. From Harrison Avenue, turn west onto Dewey Boulevard and continue past Rowe Road crossing the railroad tracks until reaching Washoe Street. Turn left onto Washoe Street and continue to the YMCA.

Timing will be by an automatic Colorado Timing System with pads at both ends of the pool or three manual times.

The pool is 8 feet deep at the start end and 4 feet deep at the turn end. The competition course has not been certified in accordance with 104.2.2C(4).

#### **MEET FORMAT**

This is an age group, timed finals meet.

The meet will be pre-seeded. However, the meet referee reserves the right to reseed events, as appropriate, based on scratches, meet timelines and other factors. This is a split session meet.

Please provide a team email contact with your team entries. If only a few swimmers are entered into an event, other events may be combined, seeded and swum as a mixed event at the referee's discretion, but will be

scored and awarded by sex and 2 age group. Relays will be seeded and swum as mixed. Mixed relays must be two (2) girls and two (2) boys.

Swimmers in the 400 IM and 500 Free must provide their own timers. Swimmers in the 500 Free must also provide their own counter. The 400 IM and 500 Free will be seeded and swum mixed fastest to slowest, both will be awarded and scored by age group for both boys and girls.

**SAFETY** 

The Montana Swimming Safety guidelines are in effect for this meet and will be enforced. For circle swimming during warm-ups and cool downs, swimmers must enter the pool using a three-point entry. Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will be tolerated. A safety marshal will be on deck.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND MONTANA SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

We have taken enhanced health and safety measures to ensure the safety of all swimmers, meet personnel, and parents. It is imperative that everyone follows all safety guidelines while they are at the Butte YMCA. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By attending the Swim Meet, hosted by the Helena Lions Swim Team at the Butte YMCA you voluntarily assume all risks related to exposure to COVID-19.

**RACING STARTS** 

Any swimmer entered in the meet, unaccompanied by an USA Swimming member coach, must be certified by an USA Swimming member coach as

being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. Any swimmers who must start in the water shall be listed in a separate document returned with the entries.

#### **RULES**

This meet will be conducted in accordance with the current USA Swimming and Montana Swimming Rules and Regulations, except where rules therein are optional, and exceptions are stated. In granting this approval it is understood and agreed that USA Swimming and Montana Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.

- Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.
- Visual recording devices, including a cell phone, are not permitted behind the starting blocks.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- No glass containers, tobacco, or alcoholic beverages are allowed in the swimming venue.
- The USA Swimming Code of Conduct and athlete protection provisions will be enforced.
- All persons acting in any coaching capacity on deck must be currently registered coach members of USA Swimming.
- Swimmer, official, and coach registration will be confirmed with Montana Swimming Registration Chairperson prior to the start of the meet.
- This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

A quality control system has been implemented to ensure that individuals who are ineligible for participation are unable to participate in this competition. This includes, without limitation, individuals listed on the U.S. Center for SafeSport's Centralized Disciplinary Database, USA Swimming's List of Individuals Permanently Suspended or Ineligible for Membership, USA Swimming's List of Individuals Suspended or Ineligible – as of October

7, 2022, and all adult members (defined by the SafeSport Code for the Olympic and Paralympic Movement as 18 years and over) of USA Swimming who have not completed athlete protection education as required by the U.S. Center for SafeSport.

**Medical Supervision:** A first aid station is available for athletes participating at the meet. An AED is available in the lobby. Lifeguards are on duty during the meet. Emergency medical services can be activated by a phone call

#### **ELIGIBILITY**

All swimmers must be registered with USA Swimming, Inc. Swimmers must be registered prior to entry deadline. There will be no on deck USA Swimming registration available at this meet. Teams entering swimmers who are not currently registered USA Swimming athlete members may be fined \$25 per swimmer by the Montana Swimming Registration Chair.

Age as of the first day of the meet shall determine the age group in which the swimmer must compete.

There are no time standards for this meet. All swimmers can enter a NO TIME (NT) entries will be accepted.

# SWIMMERS WITH DISABILITIES

The Helena Lions Swim Team welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 106, to compete at the meet. Disabled swimmers or their coaches are required to provide advance notice in writing to the meet referee and meet director to arrange for any needed accommodations including personal assistants required and/or registered service animals by the meet entry date. It is at the discretion of the meet referee to determine whether the needed accommodations can be met by the meet resources. Failure to provide advance notice may limit the Helena Lions Swim Team's ability to accommodate all requests.

#### **ENTRIES**

Entries should be submitted as follows:

- 1. Teams should e-mail entries to Jennifer Krattiger, <a href="jendtiger@gmail.com">jendtiger@gmail.com</a> using Hy-Tek or Team Unify software (preferred method) by Saturday, October 1, 2022. Along with your meet entry file, include your team meet entry report (relay and individual entries) and team entry fee report from Team Manager or Team unify (in PDF, word or rich text format). Do not include relay swimmer names with your relay entries. Please e-mail all reports. Completed paperwork, signed waiver, team entry report, and entry fees must be received by October 1, 2022.
- 2. Individuals (not teams) without access to Hy-Tek or Team Unify software may submit your entries on the enclosed master entry sheet to Jennifer Krattiger, <a href="mailto:jendtiger@gmail.com">jendtiger@gmail.com</a>, 406-439-0376. Hy-Tek Lite entry software may be downloaded for free from the Hy-Tek website to enter swimmers. Swimmers may also e-mail the entry data to the registrar by **October 1**, 2022.

#### **ENTRY LIMITS**

Each swimmer may compete in a total of eight (8) individual events with a maximum of four (4) individual events each on Saturday and four (4) on Sunday. Swimmers may compete in one (1) relay per day. Mixed relays must be two (2) girls and two (2) boys.

#### **ENTRY VERIFICATION**

An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.

#### **ENTRY DEADLINES**

The Meet Registrar must receive entries by **October 1, 2022**. Late entries may be accepted at the discretion of the Meet Referee. Deck entries may be accepted at the discretion of the Meet Referee. Entries must be received by: **October 1, 2022**.

Mail fees to: Helena Lions Swim Team, PO Box 936, Helena, MT, 59624.

Phone/e-mail entries for individuals only (not teams) will be accepted until 7:00 PM on October 1, 2022. Send the individual entries to Jennifer Krattiger, <a href="mailto:jendtiger@gmail.com">jendtiger@gmail.com</a>, -. Entry fees for the individual entries must be received prior to the start of the meet. Deck seeding will only be allowed at the discretion of the meet referee if heats and lanes are available, and these swims will be seeded as non-scoring (exhibition) swims and are not eligible for awards. No text messages will be accepted for entries or entry questions.

#### **ENTRY FEES**

Make checks payable to: Helena Lions Swim Team in US dollars; All fees are non-		
refundable		
Individual Event	\$3.00 per event	
Relays	\$8.00 per relay	
Entry Fee	\$30.00	

An entry fee of \$30.00 will be charged for each swimmer competing in the meet. There will be a charge of \$8.00 per relay team. Entry fees must accompany the entries in US dollars. Please make checks payable to Helena Lions Swim Team. Entries will not be accepted without payment of entry fees and proper paperwork. Waivers must be signed. There will be no refunds.

### **SEEDING**

Swimmers should enter with their fastest officially recorded time in yards (or enter with a converted LCM or SCM time). No time (NT) entries will be accepted. Times will be seeded in yards. Swimmers will be seeded slowest to fastest in all events except as noted. Distance races will be swum as a mixed event.

#### CHECK-IN

A positive check-in (at the timing console, start end of the pool) will be required for the following events:

- 11&O 400 IM
- 11&O 500 Free

Check-in will close 20 minutes prior to the start of the events.

#### **SCRATCHES**

There will be no clerk of course. Heat and lane assignments will appear in the program. Swimmers are responsible for taking their position behind the blocks. Coaches should report scratches on the scratch sheet or to the meet referee prior to the start of the meet both days. There will be no penalty for swimmers who fail to scratch from an event.

#### **SCORING**

Individual events will be scored to sixteen places as follows: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1. Relays will be scored at double the individual event points.

#### **AWARDS**

First through eighth place in each age group (8U, 9-10, 11-12, 13-14, 15-16, and 17+) for males and females in each individual event will be awarded with a ribbon. Each team needs to plan for a responsible adult to remain at the meet to pick up team ribbons after the conclusion of the Sunday events.

#### **RESULTS**

Results will be posted to the Montana Swimming web site at <a href="http://www.mtswimming.com">http://www.mtswimming.com</a>.

#### **WARM-UPS**

In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshal will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries or other appropriate logistical considerations.

Warm-up times will be announced once entries have been received. Following the 400 IM and the 500 Free there will be a general warm-up session before the beginning of the remaining events. The warm-up cool down pool will be open throughout the meet for coach supervised warm-ups. Swimmers should enter the pool using a three-point entry for warm-ups.

Warm-up times are subject to change depending upon the number of entries or other logistical considerations. Teams will be notified of any changes by October 5, 2022. Warm-up schedules will be emailed on October 5, 2022 and will be posted on the Montana Swimming website.

### **OFFICIALS/TIMERS**

To the extent possible, teams are asked to provide timers and other certified meet officials. On deck training time will be available for those wishing to train as an official. E-mail the meet referee prior to the meet if you plan to officiate and sign in at the officials meeting each day in the hospitality room. Trainees should attend the pre-meet officials' meetings daily and sign in. All officials on deck must be registered and certified with

USA Swimming and registrations will be verified by the MT Swimming Registration Chair. Any official's assistance will be greatly appreciated and will help to ensure a great meet for the swimmers.

Each team will be assigned lane timing assignments. A signup sheet will be posted at the meet specifying lane assignments.

The times for the official's meetings will be determined after the entries have been received. There will be an officials meeting prior to each session

#### **COACHES**

All coaches on deck must be registered and certified with USA Swimming. Coach registration will be verified with the MT Swimming Registration Chair.

There will be a coach meeting in the hospitality room immediately after the first session warm-ups have been concluded. Other meetings may be held at the meet referee's discretion. Meet Management requests that at least one coach representative from each team attend all coaches' meetings.

**PROTESTS:** All protests should be given to the meet referee.

**HOSPITALITY** There will be a hospitality area open to all coaches and officials.

CONCESSIONS/ SWIM SHOP The Helena Lions Swim Team parents will be operating a concession stand and swim shop during the meet serving a variety of healthy foods for breakfast, lunch and snacks.

SPECTATORS Spectators must stay on the pool deck and in the main lobby. The weight

room upstairs will <u>not</u> be available for watching the meet.

**MEET PROGRAMS** Meet programs will be available on Meet Mobile.

### **HLST Jamie Turner Memorial Meet Order of Events**

## Session 1 – Saturday, October 8, 2022

Warm-up: ; Meet Start: approx.

Girls/Women	Event	Boys/Men
1	8&U 25 Freestyle	2
3	9-10 50 Free	4
5	8&U 50 Back	6
7	9-10 100 Back	8
9	8&U 100 Free	10
11	8&U 25 Breast	12
13	9-10 100 IM	14
15	9-10 50 Breast	16
17	9-10 200 Free	18
19	8&U 50 Fly	20
21	9-10 100 Fly	22
23	8&U 100 Breast	24
25	10& U Mixed 200 Freestyle	25
	Relay	

## Session 2 – Saturday, October 8, 2022

**Distance Warm-ups:** 

26	Mixed 11&O 400 IM	26
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### Session 3 – Saturday, October 8, 2022

Warm-ups: After conclusion of the 400 IM.

Girls/Women	Event	Boys/Men
27	11&12 50 Free	28
29	13&O 50 Free	30
31	11&12 100 Back	32
33	13&O 100 Back	34
35	11&12 50 Breast	36
37	13&O 50 Breast	38
39	11&12 200 Free	40
41	13&O 200 Free	42
43	11&12 100 Fly	44
45	13&O 100 Fly	46
47	11&12 200 Breast	48
49	13&O 200 Breast	50
51	11&12 100 IM	52
53	13&O 100 IM	54
55	11&O Mixed 200 Freestyle Relay	55

# Session 4 - Sunday, October 9, 2022

Warm-up: ; Meet Start:

Girls/Women	Event	Boys/Men
57	8&U 25 Back	58
59	9-10 50 Back	60
61	8&U 50 Breast	62
63	9-10 100 Breast	64
65	8&U 100 Back	66
67	8&U 25 Fly	68
69	9-10 50 Fly	70
71	9-10 200 Back	72
73	8&U 50 Free	74
75	9-10 100 Free	76
77	8&U 100 Fly	78
79	10&U Mixed 200 Medley Relay	79

Session 5 -Sunday, October 9, 2022

Warm-ups: After conclusion of the 12&U Mixed 200 Medley Relay.

Girls/Women	Event	Boys/Men
80	Mixed 11&O 500 Free	80

### Session 6 - Sunday, October 9, 2022

Warm-ups: After conclusion of the 500 free.

Girls/Women	Event	Boys/Men
81	11&12 50 Back	82
83	13&O 50 Back	84
85	11&12 100 Breast	86
87	13 & Over 100 Breast	88
89	11&12 200 Back	90
91	13&O 200 Back	92
93	11&12 50 Fly	94
95	13&O 50 Fly	96
97	11&12 100 Free	98
99	13&O 100 Free	100
101	11&12 200 Fly	102
103	13&O 200 Fly	104
105	11&12 200 IM	106
107	13&O 200 IM	108
109	11 &O Mixed 200 Medley Relay	109

# Jamie Turner Memorial Entry Fee Summary and Waiver/Release Form

Complete and email or mail this form along with entry fees to (checks payable to Helena Lions Swim Team): Meet Registrar, c/o Jennifer Krattiger PO Box 936, Helena, MT 59624. Email to: jendtiger@gmail.com

Team Name	
Club Code and LSC Code	
Coach Name	
Coach Phone	
Coach Email	
Team Address	

Item	Total Number	Cost per	Total
Individual Entries		\$3.00 per event	\$
Relay Entries		\$8.00 per relay	\$
Swimmer Surcharge		\$30.00 per swimmer	\$
Total Fees Due			\$

### Waiver, Acknowledgement and Liability Release:

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. Swimmer and coach registration will be verified. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and Montana Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. Helena Lions Swim Team, Butte Family YMCA, Montana Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet. This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact. We hereby submit our team's entry sheets and fees for your upcoming meet and verify that the above-named coaches will be in attendance. These coaches are current in all the requirements set forth by USA Swimming; Red Cross Safety Training for Swim Coaches or Lifeguard Training, First Aid and CPR.

SIGNATURE (Coach or Club Representative)	CLUB	
	DATE	
TITLE	DATE	