



2022 BAC Last Chance Meet

Hosted by Billings Aquatic Club
PO Box 20413, Billings, MT, 59104
www.bacstingrays.com
February 4-6th 2022

Held under the Sanction of USA Swimming, Inc., issued by Montana Swimming, Inc. Sanction #2213

Meet Referee Dax Rice Daxrice@hotmail.com	Administrative Official Nicole Hale nicole3398@hotmail.com	Meet Director Sean Marshall BACstingrays@gmail.com
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FACILITY **Only meet management, officials, swimmers, and coaches may be on the pool deck. Spectators will be allowed in the stands as well as the upstairs large and spacious seating area behind the basketball court bleachers. The meet will be broadcast LIVE through Facebook live at our Public Facebook Page Titled “BAC Stingrays”.**

The meet will be held at the Montana State University of Billings Athletic Facility located on the MSUB Campus by taking Mountain View Blvd off of N 27th Street. The elevation of the facility is 3,123 ft. The pool is a six lane, 25 yard regulation short course pool with 5 non -turbulent lane lines. There is no separate warmup pool. Timing will be by an automatic Omega Timing System with pads at just the start end of the pool or three manual times. The start end of the pool has a depth of 12 feet and the turn end of the pool has a depth of 4 feet. The competition course has not been certified in accordance with 104.2.2C(4).

DIRECTIONS Directions: Off of North 27th Street take Mountain View Blvd and the pool will be in the Athletic Building on your immediate left. At the far end of the facility there will be an entrance with will allow swimmers and spectators to enter and go right into the pool stands area. Seating for teams and athletes will be upstairs behind the basketball stands in the large open area.

**MEET
FORMAT** This is an Age Group Meet. All events will be timed finals. Events will not be scored. Swimmers will be seeded slowest to fastest according to submitted fastest yard times by age and gender, except as noted. At the Meet Referee’s discretion, events may be combined by age, gender, provided there is at least one empty lane between such combined events. The Referee may waive the empty lane requirement with the concurrence of the coaches of the affected swimmers. 1650 Free, 400 IM, & 500 Free along with the 10 & Under 200 IM will be swum mixed fastest to slowest.

SAFETY **An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.**

USA Swimming Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

By attending or participating in this competition, you voluntarily assume all risks associated with

exposure to COVID-19 and forever release and hold harmless USA Swimming and the Montana Swimming LSC and each of their officers, directors, agents, employees or other representatives from any liability or claims including for personal injuries, death, disease or property losses, or any other loss, including but not limited to claims of negligence and give up any claims you may have to seek damages, whether known or unknown, foreseen or unforeseen, in connection therewith.

We have taken enhanced health and safety measures for your swimmers and officials. All participants and officials must follow our COVID-19 guidelines and stay socially distanced from others as well as always wearing a mask if not competing. Each swimmer entering the pool area will be temperature tested and will have to verbally verify that they do not have any of the symptoms listed on our COVID-19 check in sheet as well as hand sanitizing immediately upon entry into the pool area. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and those with underlying medical conditions are especially vulnerable. Those volunteers, officials, staff, and swimmers who participate in the meet voluntarily assume all risks related to exposure to COVID-19.

The meet will be broadcast LIVE through Facebook live at our Public Facebook Page Titled “BAC Stingrays”.

Billings Aquatic Club agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Montana Swimming, the State of Montana, Yellowstone County, and Montana State University of Billings.

The Montana Swimming Safety guidelines are in effect for this meet and will be enforced. For circle swimming during warmups and cool downs, swimmers must enter the pool using a three point entry. Time to practice Starts will be included in the warmup schedule. Coaches must closely supervise their swimmers at all times. NO running or horseplay will be tolerated. A safety marshal will be on deck.

Operation of a drone, or any flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

RACING STARTS

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement. Any swimmers who must start in the water shall be listed in a separate document returned with the entries.

RULES

This meet will be conducted in accordance with the current USA Swimming and Montana Swimming Rules and Regulations.

- Deck changing is prohibited.
- Use of audio or visual recording devices, including a cell phone, are not permitted behind the starting blocks, in changing areas, rest rooms, or locker rooms.
- No glass containers, tobacco, or alcoholic beverages are allowed in the swimming venue.
- The USA Swimming Code of Conduct and athlete protection provisions will be enforced.
- All persons acting in any coaching capacity on deck must be currently registered coach members of USA Swimming and will display their current credentials at all times during the meet. All swimmers must be under the supervision of a USAS member coach during all warmups, competition, and cool-downs. Swimmers competing at the meet without their regular coach in attendance will be assigned to a coach in attendance at the meet. Swimmers may request being assigned to a specific coach at registration.
- Swimmer, official, and coach registration will be confirmed with Montana Swimming Registration Chairperson prior to the start of the meet.

-This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

ELIGIBILITY	All swimmers must be registered with USA Swimming, Inc in order to compete. Swimmers must be registered prior to entry deadline. There will be no on-deck USA Swimming registration available at this meet. Age as of the day of competition shall determine the age group in which the swimmer must compete.
SWIMMERS w/ DISABILITIES	The Billings Aquatic Club welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 106, to compete at the meet. Disabled swimmers or their coaches are required to provide advance notice in writing to the meet referee and meet director to arrange for any needed accommodations including personal assistants required and/or registered service animals by the meet entry date. It is at the discretion of the meet referee to determine whether the needed accommodations can be met by the meet resources. Failure to provide advance notice may limit the Billings Aquatic Club's ability to accommodate all requests.
ENTRIES	This is an open swim meet and swimmers will be limited to 4 individual events and 1 relay per session for a total of 9 individual events and 2 relays for the meet. Entries will be submitted in SCY. No Time entries will be accepted. Entry deadline is 5pm on Friday, January 28 th .
ENTRY FEES	Entry fees of \$4.00 per individual event and \$8.00 per relay will be charged for each swimmer competing in the meet, along with a \$30 swimmer/facility surcharge.
SEEDING	Swimmers should enter with their fastest officially recorded time in yards. No time (NT) entries will be accepted, however reasonable time estimates are preferred to ensure balanced heats. Times will be seeded in yards.
PRE-SEEDING	All events will be pre-seeded.
SCRATCHES	Coaches should report scratches on the scratch sheet or to the meet referee prior to the start of the meet both days. There will be no penalty for swimmers who fail to scratch from an event.
SCORING	There will be no scoring.
AWARDS	There will be no awards.
RESULTS	Results will be posted to the Montana Swimming web site at http://www.mtswimming.com as well as Meet Mobile.
WARMUPS	In accordance with USA Swimming guidelines, there will be a published warmup procedure for all swimmers and coaches attending the meet. The Marshal will ensure all teams, coaches, and swimmers follow all warmup procedures. Meet Management reserves the right to change warmup times according to the number of entries. There is no separate warmup pool. Continuous warmup/cool-down lanes are not available. The last ten minutes of each warmup session may be used to practice racing starts in all lanes, with the exception of Lane 6. Coaches must supervise the practice of racing starts.

General estimations for warmup start times are listed below on the event list page. Start times for warmups and the session will be finalized after all the entries for that specific age group is seeded. Swimmers must enter the pool using a three point entry for warmups. Warmup times are tentative and subject to change depending upon the number of entries. Coaches & Teams will be notified of any changes by Wednesday, October 6th by email.

- OFFICIALS** All officials on deck must be registered and certified with USA Swimming and registrations will be verified by the MT Swimming Registration Chair. Meet Officials will display their current credentials at all times during the meet. E-mail the meet referee prior to the meet if you plan to officiate and sign in at the officials meeting each day.
- The officials' meetings if held will be in the Lifeguard Room off the pool deck at the beginning of each day's first session of competition.
- COACHES** All coaches on deck must be registered and certified with USA Swimming. Coach registration will be verified with the MT Swimming Registration Chair and must display their credentials during the duration of the meet.
- PROTESTS:** All protests should be given to the meet referee.
- HOSPITALITY** There will be hospitality for this meet located in a classroom outside the pool area.
- CONCESSIONS/
SWIM SHOP** There will be a concession stand and swim shop for this meet located outside on the front lawn off of the pool main entrance.
- SPECTATORS** The meet will be broadcast LIVE through Facebook live at our Public Facebook Page Titled "BAC Stingrays".

BAC Last Chance Meet Order of Events		
Friday, February 4th		
Session 1 - 11 & Over		
Warmups 4-5pm, Meet Starts 5:15pm		
Girls Event #	Event	Boys Event #
1	Mixed Fast to Slow 1650 Free	2

Saturday, February 5th		
Session 2 – 13 & Over		
Warmups 7-8am, Meet Starts 8:15am		
Girls Event #	Event	Boys Event #
3	Mixed 200 Free Relay	4
5	200 IM	6
7	100 Back	8
9	50 Fly	10
11	200 Free	12
13	200 Fly	14
15	50 Free	16
17	100 Breast	18
19	Mixed 500 Free F-S	20

Saturday, February 5 th		
Session 3 – 12 & Under		
Warmups 15 minutes after end of Session 3		
Meet Starts after 1 hour of Warmup		
Girls Event #	Event	Boys Event #
21	Mixed 200 Free Relay	22
23	200 Free	24
25	25 Back 8 & U	26
27	100 Back	28
29	50 Free	30
31	50 Fly	32
33	100 IM	34
35	25 Breast 8 & U	36
37	100 Breast	38
39	200 Fly	40
41	Mixed 500 Free F-S	42

Sunday, February 6th		
Session 4 – 13 & Over		
Warmups 7-8am, Meet Starts 8:15am		
Girls Event #	Event	Boys Event #
43	Mixed 200 Medley Relay	44
45	50 Back	46
47	100 Fly	48
49	200 Breast	50
51	100 Free	52
53	50 Breast	54
55	200 Back	56
57	Mixed 400 IM F-S	58

Sunday, February 6th		
Session 5 – 12 & Under		
Warmups 15 minutes after end of Session 4		
Meet Starts after 1 hour of Warmup		
Girls Event #	Event	Boys Event #
59	Mixed 200 Medley Relay	60
61	200 IM	62
63	25 Free 8 & U	64
65	100 Free	66
67	200 Breast	68
69	50 Back	70
71	25 Fly 8 & U	72
73	100 Fly	74
75	50 Breast	76
77	200 Back	78
79	Mixed 400 IM F-S	80

2022 BAC Last Chance Meet

Entry Fee Summary and Waiver/Release Form

Complete and email or mail this form along with entry fees to (checks payable to BAC):
Sean Marshall, Billings Aquatic Club, PO Box 20413, Billings, MT, 59104 bacstingrays@gmail.com

Team Name	
Club Code	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total Number	Cost per	Total
Meet Entry Fee		\$30.00 per swimmer	
Individual Entries		\$4.00 per event	
Relay Entries		\$8.00 per relay	
Total Fees Due			

Waiver, Acknowledgement and Liability Release:

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. Swimmer and coach registration will be verified. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and Montana Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. BAC, Rocky Mountain College, Montana Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet. This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

We hereby submit our team's entry sheets and fees for your upcoming meet and verify that the above named coaches will be in attendance. These coaches are current in all the requirements set forth by USA Swimming; Red Cross Safety Training for Swim Coaches or Lifeguard Training, First Aid and CPR.

SIGNATURE (Coach or Club Representative)

CLUB

TITLE

DATE