



2022 SPRING SPEEDO SECTIONALS
AUSTIN, TX
MARCH 24-27, 2022

Co-hosted By
Longhorn Aquatics & Colorado Swimming

Texas Swim Center on the campus of The University of Texas
1900 Red River Street, Austin, TX 78712
Facility Phone: (512) 471-7703

**All entries must be submitted online through USA Swimming's Online Meet Entry system
between February 1, 2022 and 11:59 PM CDT, March 16, 2022.**

Held Under the Sanction of South Texas Swimming and USA Swimming, Inc.

Websites:

www.txlameetresults.com * www.westernzoneswimming.org * www.usaswimming.org

COVID-19 WARNING & ASSUMPTION OF RISK

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND SOUTH TEXAS SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

IMPORTANT: All meet format details contained in this meet announcement are tentative and based on the current COVID-19 guidelines as of the date of sanctioning. Final details will be confirmed after the close of regular entries on March 16, 2022 and will be reviewed at the General Meeting.

Sanction

This meet has been sanctioned by South Texas Swimming, Inc. and current USA Swimming rules and South Texas Swimming Policies & Procedures Manual will apply. All athletes must be currently registered for 2022 with USA Swimming. South Texas Swimming does not allow on-deck USA Swimming registrations. Conduct of the sanctioned event shall conform in every respect to all technical and administrative rules of USA Swimming.

Liability

In granting this sanction and by any person's participation in the meet, it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. It is further understood that South Texas Swimming, Inc., all meet officials, The University of Texas, Lee & Joe Jamail Texas Swim Center, Longhorn Aquatics, Colorado Swimming and Western Region Section shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet. Damage to the facility, when proven, will cause the offending athlete, if unattached, or the offending athlete's team, if attached, to be held accountable for repairs.

Meet Referee

Kathleen Scandary
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Admin Referee

Marc Digby
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Meet Director

Bridgette Laitala
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Facility

The Lee and Joe Jamail Texas Swimming Center has an indoor 8 lane 50-meter competition pool. The pool is considered one of the fastest pools in the world due to its depth, gutter system, high filtration rate and lane width.

Pool Certification

The meet competition course has not been certified in accordance with 104.2.2C(4).

MEET SCHEDULE SUMMARY

Information provided below is ESTIMATED. Additional details will be provided following the close of entries.

MEETING SCHEDULE		
General Meeting	Wednesday, March 23 7:30 pm CDT via Zoom	
Officials Meetings	One hour before the start of each session	
COMPETITION SCHEDULE	PRELIMINARIES	FINALS
Thursday – Sunday March 24 – March 27	Warm-Up: 7:00 AM Competition: 9:00 AM	Warm-Up: 4:00 pm Competition: 5:30 pm

Supervised Warm-Ups

The facility will be available for supervised warm-ups on Wednesday, March 23rd between Noon – 5:00 pm.

Meet Format

- **Meet format** will be SCY Prelims (16 lanes) and SCY Finals (8 lanes). One championship heat and three consolation heats will compete in Finals, except as noted in the Order of Events, p.3 of this Announcement. The “D” Final will be conducted as an 18&U Only heat.
- **Order of seeding** will be Short Course Yards (SCY), Short Course Meters (SCM), Long Course Meters (LCM). **Bonus events** will be seeded after the above, in the same order: BSCY-BSCM-BLCM.
- **Preliminary Heats of Individual Events and Timed Finals Events will be seeded and swum FASTEST to SLOWEST**, except as noted in the Order of Events, p.3 of this Announcement.
- **Circle-Seeding:** Top 3 heats of **preliminary** individual events 200Y or less, and top 2 heats of **preliminary** individual events of 400Y or more, will be circle-seeded, with the **fastest athlete in heat 3** for events 200Y or less, and **in heat 2** for events of 400Y or more, respectively.
- **Finals Heats of Individual Events will be swum SLOWEST to FASTEST:** Bonus D, Bonus C, Consolation, Championship.
- **There will be NO Finals Ready Room** at this event. Athletes will not be paraded to the blocks. Athletes are to report to their lane and will be announced in the water. Championship heat will be announced behind the blocks.
- Athletes may qualify for and enter the 1000 and/or 1650 Freestyles using any of the 1000Y/800M or 1650Y/1500M time standards.
- Relay teams entered in the 400 Freestyle Relay, the 800 Freestyle Relay, and 400 Medley Relay wishing to swim in preliminary heats rather than finals heats need to notify Admin Referee by the stated scratch deadline for that day’s events.
- Swimmers entered in the 1650 Freestyles wishing to swim in preliminary heats rather than the finals heat need to declare this intention by the stated scratch deadline for that day’s events.



ORDER OF EVENTS

Women's Event #	Thursday * March 24, 2022	Men's Event #
1	200 Medley Relay (A)	2
3	100 Freestyle	4
5	1000 Freestyle (B)	6
7	200 Breaststroke	8
9	200 Butterfly	10
11	200 Freestyle Relay (C)	12
Women's Event #	Friday * March 25, 2022	Men's Event #
13	100 Backstroke	14
15	200 Freestyle	16
17	400 Individual Medley	18
19	400 Freestyle Relay (D)	20
Women's Event #	Saturday * March 26, 2022	Men's Event #
21	200 Backstroke	22
23	500 Freestyle	24
25	100 Breaststroke	26
27	100 Butterfly	28
29	800 Freestyle Relay (D)	30
Women's Event #	Sunday * March 27, 2022	Men's Event #
31	200 Individual Medley	32
33	1650 Freestyle (E)	34
35	50 Freestyle	36
37	400 Medley Relay (D)	38

A: The 200 Medley Relays will be conducted as timed finals, **swum fastest to slowest, ALL heats** in event order at the **beginning of Prelims**. There will be a 10-min break following the conclusion of Event 2, prior to the start of the preliminary heats of Event 3.

B: The 1000 Freestyles will be conducted as timed finals, with the **fastest heat of women and the fastest heat of men swimming in Finals in event order**.

ALL other heats will be swum in prelims, alternating women and men, fastest to slowest.

Athletes may qualify for this event using any of the 1000Y/800M or 1650Y/1500M time standards.

C: The 200 Free Relays will be conducted as timed finals with ALL heats in at the end of finals. There will be a 10-min break following the conclusion of Event 10, prior to the start of Event 11.

The order for the relays shall be the Women's 2nd Fastest Heat, Women's Fastest Heat, Men's 2nd Fastest Heat, Men's Fastest Heat, Women's 3rd Fastest Heat, Men's 3rd Fastest Heat, Women's 4th Fastest Heat, Men's 4th Fastest Heat, Etc.

D: The 400 Free Relay, 800 Free Relay, and 400 Medley Relay will be conducted as timed finals with the fastest two heats of women and the fastest two heats of men swum in event order at the end of Finals. There will be a 10-min break following the conclusion of Finals individual events, prior to the start of these relays.

ALL other heats will be swum in prelims, alternating women and men, fastest to slowest, following the conclusion of the preliminary individual heats.

E: The 1650 Freestyles will be conducted as timed finals, following the National Championship format, with the **fastest heat of women and the fastest heat of men swimming in Finals in event order**.

All other heats will be swum **slowest to fastest**, alternating women and men beginning at a predetermined time, so the second fastest heat of the men's event is concluded 90 minutes before the evening Finals session is scheduled to begin.

Athletes may qualify for this event using any of the 1000Y/800M or 1650Y/1500M time standards.



2022 USA Swimming Speedo Championship Series Four Corners Spring Sectional Time Standards						
March 24-27, 2022 * Austin, TX						
Women				Men		
SCY	SCM	LCM	EVENTS	SCY	SCM	LCM
24.99	27.76	28.44	50 Free	22.41	24.72	25.79
53.71	59.04	1:01.26	100 Free	48.46	53.27	55.89
1:56.22	2:07.92	2:12.75	200 Free	1:45.84	1:56.48	2:02.20
5:13.17	4:29.34	4:43.21	400/500 Free	4:49.98	4:10.18	4:23.21
10:52.09	9:27.35	9:48.19	800/1000 Free	10:10.58	8:53.74	9:19.51
18:19.78	18:07.11	18:54.49	1500/1650 Free	17:13.16	16:53.43	17:45.59
59.50	1:06.33	1:09.54	100 Back	54.42	1:00.66	1:04.26
2:07.80	2:22.78	2:29.20	200 Back	1:58.45	2:12.65	2:20.40
1:08.46	1:15.15	1:20.46	100 Breast	1:01.53	1:07.35	1:13.70
2:29.07	2:43.68	2:54.86	200 Breast	2:15.19	2:27.80	2:40.88
58.86	1:04.55	1:06.87	100 Fly	53.46	59.43	1:00.97
2:12.26	2:26.43	2:32.74	200 Fly	2:00.94	2:14.37	2:20.25
2:11.81	2:25.85	2:32.19	200 Ind. Medley	1:59.85	2:12.30	2:19.28
4:39.34	5:07.75	5:21.68	400 Ind. Medley	4:18.37	4:45.76	5:00.19
1:44.69	1:56.89	1:59.29	200 Free Relay	1:32.99	1:43.78	1:46.89
3:49.09	4:12.14	4:17.29	400 Free Relay	3:25.49	3:46.85	3:54.59
8:14.49	9:10.46	9:21.69	800 Free Relay	7:38.69	8:26.70	8:43.99
1:56.29	2:10.99	2:13.39	200 Medley Relay	1:44.69	1:55.50	1:59.69
4:09.49	4:44.93	4:48.39	400 Medley Relay	3:47.49	4:15.75	4:23.39

Qualifying Time Period: December 1, 2020 through entry deadline, March 16, 2022.



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Rules

- Conduct of the sanctioned event shall conform in every respect to current rules of USA Swimming including technical and administrative rules and the Minor Athlete Abuse Prevention Policy ("MAAPP").
- **The age of the athlete will be his/her age as of March 24, 2022, the first day of competition.**
- All athletes entered in the meet must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. Any athlete without a coach in attendance must report to the Meet Director or Meet Referee who may assist an athlete in making supervision arrangements, but it is the athlete's responsibility to make these arrangements prior to the start of the meet and to so notify the Meet Referee.
- Any athlete entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start, including both a Forward Start and a Backstroke Start, or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement and to bring proof of such certification to the meet.
- It shall be the athletes' and coaches' responsibility to acquaint themselves with all the information in this Meet Announcement and any information and changes announced at the General Meeting.
- Athletes and coaches are responsible for being familiar with this meet's scratch rules.
- Deck changes are prohibited.
- The use of audio or visual recording devices, including a cell phone, is not allowed in changing areas, restrooms, or locker rooms.
- Photography is not allowed behind the blocks during the start of a race or relay exchange.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- All athletes entered in the competition must comply with current USA Swimming rules regarding swimwear.
- **All athletes (or parent/guardian if under 18) are required to complete the following paperwork and email to Meet Host as a condition of meet entry.** These forms will be emailed to the Head Coach listed on the team's OME Summary Entry Form, and will be posted on the websites listed on p.1 of this announcement:
 - USA Swimming Competitor Waiver & Release
 - USA Swimming Covid Waiver of Liability

Restrictions

- **This is a CLOSED-DECK meet. Only athletes, coaches, officials, and assigned meet volunteers will be permitted on the competition deck.**
- Tobacco products of any kind, vaping, alcoholic beverages, and glass containers are not allowed in the swimming venue.
- Shaving is not permitted anywhere in the facility.
- Concealed Carry 30.06: Concealed Carry 30.06: (Campus Carry) Pursuant to Section 30.06, Penal Code (trespass by license holder with a concealed handgun), a person licensed under Subchapter H, Chapter 411, Government Code (handgun licensing law), may **NOT** enter this property with a concealed handgun. For more information visit <http://campuscarry.utexas.edu/>
- Pets/Service Animals: Trained service animals or service animals in training with identifiable vests will be allowed. Service animals must remain on leash or in a harness at all times.

Broadcast Statement

Photographs, videotape, audio, and/or other visual recordings of the event created by a spectator may be used solely for such spectator's personal non-commercial use and may not be broadcast, published, disseminated, or used for any commercial purpose without the prior consent of USA Swimming.

Photography and Videos

Photographers and/or videographers may be present on deck at this meet. Parents or guardians of swimmers under the age of 18 who do not wish to have photos or videos of their athletes made are required to contact the Meet Director prior to the start of warm-ups on Thursday morning. Photographers and videographers are strongly encouraged to stay out of the area immediately behind the starting blocks, but if present are *specifically prohibited from making shots during the start phase of any race.*



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Eligibility

This meet is open to all athletes who:

1. Are year-round members of USA Swimming. **There will be no on-deck USA Swimming registration.**
2. This is a closed meet and open only to athletes currently registered within the Four Corners and Region 12 LSCs of the Western Zone as of the day entries close, who have previously reserved a space with the meet host.
3. A limited number of athletes outside of the Four Corners and Region 12 LSCs of the Western Zone may be invited, if space permits, at the discretion of the meet host.
4. **On-deck transfer into an eligible LSC is not allowed.**
5. Have met the appropriate 2022 qualifying times in competition between December 1, 2020, and the entry deadline, March 16, 2022.
6. Have qualifying entry times achieved at USA Swimming sanctioned, approved, or observed competitions. Relay only athletes will be permitted.

Entry times not in the SWIMS database must be proven to the Administrative Referee or designated representative prior to the scratch deadline for the event. Failure to provide such proof of time prior to that deadline will result in the athlete being removed from the event. It is the responsibility of the entering club, or individual if entering unattached, to verify that entry times are in SWIMS.

Proof of relay entry times is not required.

7. Athletes with a disability who have achieved Can-Am qualifying time standards during the qualifying period for this meet may enter up to four (4) individual events for which the Can-Am time standard has been achieved. Each athlete has the option of swimming a half distance for any event entered. Athletes with disabilities may also participate in SCY Time Trials on the same basis.

For informational and planning purposes, an initial psych sheet and unofficial preliminary timeline will be sent out ASAP following the close of regular entries.

The psych sheet will contain markings to indicate times requiring proof as noted under #6, above. The initial psych sheet and unofficial preliminary timeline will be posted on the websites listed on p.1 of this Meet Announcement and will be emailed to the primary coach of record listed in the OME entries.

Entries

All entries must be submitted online through USA Swimming's Online Meet Entry system – www.usaswimming.org/ome between February 1, 2022, and 11:59 PM CDT, March 16, 2022.

- **Qualifying Time Period: December 1, 2020 through the entry deadline, March 16, 2022.**
- With the submission of entries, the coach/team representative attests that all athletes entered are registered with USA Swimming.
- **You must choose the OME option to pay by credit card.**
- Once you complete your online entry, you will be sent a confirmation email. Bring it and all communications with you to the meet in case of any entry problems. When entering an individual time not yet in SWIMS, please try to ensure that the missing data is downloaded into SWIMS as soon as possible.
- Please note that OME will not update entry times as new results are entered into SWIMS. You can return to your entry after you have checked out to modify entry times should they improve during the entry period or to add events to your entry, but you cannot delete events after you have paid for them. **All entry modifications must be made before the entry deadline.**
- Check all entries before paying for them! Enter each one with an accurate time achieved in the proper course; converted times will not be accepted.
- If you have **trouble using OME**, please contact **Macie McNichols** at USASwimming: mmcnichols@usaswimming.org

Individual Event Limits

Each entered athlete may participate in up to six (6) individual events total for the meet (not including SCY Time Trials), and up to five (5) relays, but no more than three (3) individual events per day including SCY Time Trials. All athletes are limited to three (3) SCY Time Trials during the course of the meet. See SCY Time Trials, p.9, for additional information.

Relay Event Limits

There is no limit to the number of relays a club may enter, but only the top two (2) relay teams per club can score in each event and will appear in the top 24 results in each relay event.



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Bonus Events

Athletes entered in the meet with at least one qualified individual event may enter up to two bonus events, not to exceed six (6) individual events total for the meet (not including SCY Time Trials). **There are no qualifying times for bonus events, but bonus times must appear in SWIMS within the qualifying time period: December 1, 2020 through the entry deadline, March 16, 2022. NT entries will not be accepted.**

Meet Surcharge \$35.00 surcharge per athlete

Meet Entry Fees \$16.00 per individual event entry
 \$36.00 per relay entry

Entry Deadline **Entries for qualifying swims must be received by 11:59 PM CDT, March 16, 2022.**
After March 16, 2022, updating times for existing entries is not permitted.

Late Entries **Late entries for athletes who had qualifying times prior to the entry deadline will ONLY be accepted if space is available, as determined by meet management on a case-by-case basis.** Athletes will be required to pay the regular athlete surcharge. Entry fees for Late Entries will be double that of the regular entries.

Requests for late entries may be submitted via OME until 11:59 PM CDT, Sunday, March 20, 2022, and if accepted, are subject to the late entry fees listed below:

- **Late Entry Surcharge** \$35.00 surcharge per swimmer
- **Late Entry Fees** \$32.00 per individual event - late entry
 \$72.00 per relay - late entry

First-Time Individual Event Qualifiers

Athletes who achieve a **first-time individual qualifying standard** from Thursday, March 17, 2022, through Sunday, March 20, 2022, may enter the meet via OME.

- New qualifying individual entries will be accepted via OME Entry Platform, until 11:59 PM CDT, Sunday, March 20, 2022 and may not be used to improve the seed time of a previously submitted entry.
- Updating bonus swim seed times after the March 16th deadline will not be permitted. However, an athlete who achieves a first-time qualifying time in an event previously entered as a bonus swim may treat the bonus swim as a qualifying swim in order to allow for an additional bonus swim.
- Questions regarding bonus events for new qualifying swims should be directed to the [Meet Director](#).

Registration & Team Check-In

- **All athletes, coaches, and officials participating in this competition must be currently registered for 2022 with USA Swimming.**
- Teams will receive a packet with their athletes and coach credentials in it. Relay cards will also be in the packet.
- Packet pick up will be done at the front desk of the Texas Swim Center (first level lobby), Wednesday, March 23 from noon-5PM.
- All athletes, coaches, and officials will receive a meet-specific credential, which will serve as a deck pass, and is to be displayed in order to access the competition deck and team areas.

General Meeting

A General Meeting will be held via Zoom on Wednesday, March 23, 2023 at 7:30 pm CDT. Link will be sent following close of regular entries.

Teams must have a coach or team representative in attendance. Coaches/representatives not in attendance are responsible for obtaining the information covered in the General Meeting.

Scratch Procedures

The USA Swimming National Championship scratch procedure and no-show rules will be used at this meet. These rules are described in the current USA Swimming Rule 207.11.6 in the current Rulebook.

Scratch Deadline for Thursday's Events: *Scratches will close at 6:00 p.m. on Wednesday night for Thursday's events.*

- All scratches for Thursday's events will be done via email to the [Meet Director](#).
- Seeded 1000 Freestyle heat sheets will be published ASAP following the scratch deadline.
- Athletes are considered checked in for all individual events unless scratched.



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Scratch Deadline for all other Preliminary Events: *Scratches will close at 6:00 p.m. on the day prior to the event being swum.*

- All scratches for Friday's, Saturday's, and Sunday's events will be done via email to the [Meet Director](#) or scratch box on deck.
- Athletes are considered checked in for all individual events unless scratched.

ALL RELAYS will follow the same scratch procedures as individual events.

- Scratches for relays are due to the Admin Referee prior to the scratch deadline for that day's events.
- Relay entry forms for the submission of names will be available at Administration Computer. Please list the competing relay swimmers with first and last names and order of swimming for each entered relay.
- Relay forms shall be returned to the Administration Desk no later than one (1) hour prior to the start of the relays. Relay order may be changed up to the time of the start of the event at the Administration Computer.

SCRATCH SCHEDULE

CHECK-IN & SCRATCH SCHEDULE SUMMARY		
EVENTS	ACTION REQUIRED	DEADLINE
Thursday Individual Events	Scratch	6:00 PM Wednesday
Thursday Relays	Scratch	
Thursday 1000 Freestyle	Scratch	
Friday Individual Events	Scratch	6:00 PM Thursday
Friday Relays	Scratch	
Saturday Individual Events	Scratch	6:00 PM Friday
Saturday Relays	Scratch	
Sunday Individual Events	Scratch	6:00 PM Saturday
Sunday Relays	Scratch	
All Relays	Submit relay names and order to Admin Desk	No later than one hour before scheduled start of relays
	Changes to relay order	Up to the time of the start of the event at the Administration Computer.
Announced finalists for championship and console heats	Declaration of intention to scratch to Admin Referee	Within 30 minutes of announcement or scoreboard scroll of qualifiers

Meet Time Line

If the projected length of any session exceeds 4½ hours, the Meet Referee, in consultation with the meet host and the Four Corner Section Officers, reserves the right to adjust. All adjustments will be announced at the General Meeting.

Warm-Ups

South Texas Swimming Safety Guidelines and Warm-Up Procedures will be in effect for this meet. A copy of these guidelines is posted on page 10. The Meet Referee reserves the right to modify warm-ups as determined to be in the best interest of the safety of the athletes and the conduct of the meet.

Scoring

Scoring will be on a twenty-four (24) place basis.

Achieved times swum in Finals/Timed Finals must meet the event's time standard to score.

- **Individual events:** 32-28-27-26-25-24-23-22-20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1.
- **Relays:** 64-56-54-52-50-48-46-44-40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2.

Awards

- Medals: top eight (8) individual and top three (3) relay places.
- Trophies/Plaques for team awards: First through Third places for Women, Men, and Combined. Team scoring will include both individual and relay events to 24 places each. Both women and men must score for a team to be eligible for a combined scoring team award.
- Individual High Point Awards: Top-scoring Woman and Top-scoring Man (individual events only)
- **Individual & relay awards will not be presented at this event.** Team awards and High Point will be presented immediately following the conclusion of Sunday finals.

SCY Time Trials - Summary

Initial details and plans regarding SCY Time Trials during the meet are available in the separate SCY Time Trial Meet Announcement. Confirmed details will be sent out ASAP after the close of regular entries on March 16th.

- SCY Time Trials will be held under a separate sanction of South Texas Swimming.
- SCY Time Trials will be conducted on a time-available basis and are limited to approximately one hour.
- Entries for SCY Time Trials will be conducted only through OME – there will be NO deck entries.
- Athletes must be entered in the meet and have paid the athlete surcharge to swim in Time Trials.
- Each SCY time trial swum will count toward the daily event limit with a combination of time trials and individual meet events not to exceed three (3) per day. Athletes are limited to three (3) time trials total during the course of the meet.
- **SCY Time Trial Entry Fees: \$17.00 per individual event \$39.00 per relay event**

Timers & Counters

Timers will be provided for all regular events, including the distance Freestyle events. Athletes wishing to have a counter for distance events, including the 500 Freestyle, will need to provide a teammate for this purpose. Athletes participating in time trials will need to provide their own timer.

Travel Fund

A portion of the meet entry fees from this meet are used to fund a travel reimbursement to eligible swimmers and coaches. Athletes who participate in this meet and also participated in the 2021 Toyota U.S. Open or the 2021 Speedo Winter Junior National Championships are eligible for a travel reimbursement. The amount of the reimbursement will be determined based upon total entry fees for this meet and the number of swimmers who qualify and attend. Application for reimbursement must be made by submitting fifteen (15) days following the conclusion of this meet; **April 11, 2022**

Officials

Officials Meetings will be one hour before each day's sessions. If you will be attending this meet, please complete the online Officials Application (link below).

Online Application link: [Western Zone Swimming: Applications](#)

This meet has been designated as a training meet for N2 and N3 Officials Certification. **OQM # PENDING**

Officials wishing to renew this level of certification must apply on the attached application form and notify the Meet Referee upon arrival at the meet. Instructions for certification will be provided during Officials Meetings.

The uniform for officials for the meet will be a white polo shirt and Black shorts, skirt, or pants. Shorts may be worn only during Preliminary sessions; long pants or skirts for Finals, please. Black, closed toe shoes and Black socks complete the uniform.

Hospitality

A Hospitality Room will be provided by for coaches and officials only; athletes are not permitted in the Hospitality room.

Concessions

Concessions will be available at O's Café on the 2nd floor of the Texas Swim Center. Neither the host team, the host LSC, nor the Western Region Section receive any benefit.

Heat Sheets

Heat sheets will be available on deck for coaches only.

Electronic heat sheets will be emailed to coaches, will be available through Meet Mobile, and will be posted on the host website.

Meet Information & Results

Meet Information and post-meet results will be posted to the websites listed on p.1 of this Announcement.

Parking at the Facility

There is NO RV or Motor Home parking available anywhere on The University of Texas campus.

Additional information on parking will be posted to the host website ASAP.

MARRIOTT IS A PROUD SPONSOR OF USA SWIMMING

**SOUTH TEXAS SWIMMING, Inc.
Safety Guidelines and Warm-up Procedures**

A. WARM-UP PROCEDURES

- I. Assigned Warm-up Procedures
 - a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
 - b. All warm-up activities will be coordinated by the coach(es) supervising that lane.
 - c. Dive sprints shall occur from only the designated end of the pool, swimmers must exit on the opposite end of the pool, and may be done only under the direct supervision of the coach.
- II. Open Warm-up Procedures

LANE USE

POOL	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first half of the assigned warm-up time shall be general warm-up for all lanes.
- b. Push/Pace lanes will push off one or two lengths from starting end.
- c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times and from the designated end. Swimmers must exit the pool on the opposite end.
- d. There will be no diving in the general warm-up lanes—circle swimming only.
- e. No kickboards, pull buoys, or hand paddles may be used.

III. Safety Guidelines

- a. Coaches are responsible for the following:
 - 1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
 - 2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
 - 3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.
- b. The host team will be responsible for the following:
 - 1. A minimum of four marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
 - 2. Marshals will have the authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these procedures.
 - 3. The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
 - 4. Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area and the following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
 - 5. An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
 - 6. Hazards in locker rooms, on deck, or in areas used by coaches, swimmers, or officials will be either removed or clearly marked.

B. MISCELLANEOUS NOTES

- I. Backstrokers will ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroke waiting to start.
- II. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- III. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- IV. Warm-up procedures will be enforced for any breaks scheduled during the competition.
- V. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warm-ups unless approved by the Meet Referee.

NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.

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