

2022 Western Region Summer Speedo Sectional Time Standards

July 14-17, 2022

Women					Men		
Short Course Yards	Short Course Meters	Long Course Meters			Short Course Yards	Short Course Meters	Long Course Meters
24.55	27.30	28.14	50 Fr		22.05	24.35	25.49
53.09	58.20	1:00.69	100 Fr		47.70	52.60	55.29
1:54.86	2:06.54	2:11.55	200 Fr		1:44.33	1:55.49	2:01.00
5:09.03	4:26.82	4:39.11	4/500 Fr		4:45.94	4:07.51	4:20.00
10:46.09	9:22.55	9:42.19	8/1000 Fr		10:03.86	8:48.32	9:12.79
18:09.88	17:58.11	18:44.59	1500/1650		17:03.26	16:44.43	17:36.59
58.99	1:05.55	1:08.94	100 Bk		53.55	59.47	1:03.66
2:07.19	2:21.52	2:28.00	200 Bk		1:56.75	2:10.89	2:19.00
1:07.46	1:14.11	1:19.63	100 Br		59.79	1:05.11	1:12.09
2:27.11	2:41.52	2:53.49	200 Br		2:11.63	2:23.36	2:38.50
58.19	1:03.73	1:06.27	100 Fly		52.61	58:61	1:00.36
2:10.19	2:24.26	2:31.16	200 Fly		1:58.81	2:11.94	2:19.05
2:09.73	2:23.08	2:30.51	200 IM		1:57.77	2:10.12	2:17.70
4:36.50	5:04.87	5:18.84	400 IM		4:13.34	4:40.45	4:57.79
1:44.69	1:56.89	1:59.29	200 FR		1:32.99	1:43.78	1:46.89
3:49.09	4:12.14	4:17.29	400 FR		3:25.49	3:46.85	3:54.59
8:14.49	9:10.46	9:21.69	800 FR		7:38.69	8:26.70	8:43.99
1:56.29	2:10.99	2:13.39	200 MR		1:44.69	1:55.50	1:59.69
4:09.49	4:44.93	4:48.39	400 MR		3:47.49	4:15.75	4:23.39