

2023 GFST Snowflake Warm-Up Schedule

Swimmers should enter the pool using a three point entry for warm-ups.

Saturday General Warm-Up

Lane	1	2	3	4	5	6
8:30-8:50	HLST	HLST	GFST	GFST	GFST	GFST
8:50-9:10	HAV	HAV	MAC	LAKE	MYST	
9:10-9:30	BMA	BMA	HDST	HDST	HDST	HDST
9:30-9:50	BOZ	BOZ	BOZ	BOZ	BYSC	KATS

Event Begins at approximately 10:00am

Saturday 500 Free Warm-Up

Immediately following event 30 for 20 minutes * Swimmers to provide their own timers

Lane	1	2	3	4	5	6
20 minutes	Open	Open	Open	Open	Open	Open

Sunday General Warm-Up

Lane	1	2	3	4	5	6
8:30-8:50	HLST	HLST	GFST	GFST	GFST	GFST
8:50-9:10	HAV	HAV	MAC	LAKE	MYST	
9:10-9:30	BMA	BMA	HDST	HDST	HDST	HDST
9:30-9:50	BOZ	BOZ	BOZ	BOZ	BYSC	KATS

Event Begins at approximately 10:00am

Important Notes:

- Paper programs will NOT be sold. Please purchase your program on Meet Mobile
- Concessions and swim shop available
- SAFE Sport Requirement:
 - Swimmers ONLY will be allowed in the locker rooms. Adult restrooms available upstairs.
- We appreciate you traveling to our meet!

	Team	Relays	Athletes
1	BOZ-MT Bozeman Barracudas Swim Team	0	35
2	BMA-MT Bozeman Brookies	0	18
3	BYSC-MT Butte YMCA Swim Club	0	4
4	KATS-MT Glacier Aquatic Club	0	6
5	GFST-MT Great Falls Swim Team Rapids	0	32
6	HAV-MT Havre Lions Swim Team	0	13
7	HDST-MT Helena Dolphins Swim Team	0	25
8	HLST-MT Helena Lions Swim Team	0	16
9	LAKE-MT Lake Monsters	0	6
10	MAC-MT Missoula Aquatic Club	0	9
11	MYST-MT Missoula YMCA Swim Team	0	11
		0	175