



2023 SD RST Rushmore Classic Swim Meet
Hosted by Rushmore Swim Team
June 23-25, 2023
Sanction # SD202240

- Sanction:** This meet is held under the sanction of South Dakota Swimming Inc and USA Swimming Inc.
- Rules:** The current USA Swimming and SD Swimming rules will govern the conduct of the meet.
- Liability:** In granting this sanction it is understood and agreed that USA Swimming, South Dakota Swimming, the City of Rapid City and Rushmore Swim Team shall be free of any liability or claims for damages arising by reason of injuries to anyone during the conduct of the event (202.4.10).
- Location:** Roosevelt Swim Center, 125 Waterloo Street, Rapid City, SD.
- Course:** 50-meter outdoor, 10-lane pool with wave-calming dividers; 10 lanes will be used for competition; Colorado Time Systems equipment with manual backup. In the event of a timing console failure, meet will continue with manual timing with three (3) watches per lane, each operated by a separate timer. The competition course has been certified in accordance with Article 104.2.2C(4).
- Audio/Visual Recording:** Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms (202.4.11 H).
- Drones:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. (103.13). Exceptions may be granted with prior written approval by the Program & Events Committee Chair or designee.
- MAAPP:** All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. (202.4.11 M)
- Deck Changing:** Deck Changes are prohibited (202.4.11 I).
- Water Depth:** Starting depth 7 feet; midpoint depth 6 feet 9.5 inches; turn end depth 6 feet 7 inches. Turn end water depth does meet USAS minimum requirement for racing starts per Rule 103.2.3.
- Format:** This will be a Combined Meet. All events will be mixed and swum as Timed Finals.
- Starting Times:** Warm-up and meet starting times each day are listed below. Teams will be notified by noon on Wednesday, June 21, 2023 of warm-up and lane assignments. *Mountain Standard Time (MST) is used for all times below.*

Afternoon warm-up times are approximate and will be determined after the meet is seeded. Friday afternoon warm ups will not start prior to 2:00 pm.

FRIDAY

Session 1 (1500 Freestyle)

Warmup	10:00 a.m. – 10:30 a.m.
Meet Starts	10:45 a.m.

Session 2

Warmup A	2:00 p.m. – 2:30 p.m.
Warmup B	2:30 p.m. – 3:00 p.m.
Warmup C	3:00 p.m. – 3:30 p.m.
Meet Starts	3:45 p.m.



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SATURDAY

Session 3

Warmup A	7:30 a.m. – 8:00 a.m.
Warmup B	8:00 a.m. – 8:30 a.m.
Warmup C	8:30 a.m. – 9:00 a.m.
Meet Starts	9:15 a.m.

SUNDAY

Session 4

Warmup A	7:30 a.m. – 8:00 a.m.
Warmup B	8:00 a.m. – 8:30 a.m.
Warmup C	8:30 a.m. – 9:00 a.m.
Meet Starts	9:15 a.m.

*Depending upon number of swimmers, should three warm-ups not be necessary, Warm-up A may be cancelled at the discretion of the Meet Director.

Meetings: Officials will meet daily 45 minutes prior to the Meet start times in the Hospitality tent. A coaches meeting will be held in the Hospitality tent at the conclusion of the third warm-up on Friday and Saturday (none on Sunday unless critical information needs to be communicated – to be announced). Timers meetings will take place by the Southwest corner of the starting blocks 15 minutes prior to start of each session.

Warm-ups: Warm-ups will be conducted in accordance with the guidelines established by USA Swimming and South Dakota Swimming. South Dakota Swimming Warm-up Procedures attached will be followed.

Swimwear Restrictions: Swimwear worn at SD meets must conform to SD Policy Rules and USA Swimming Rules & Regulations (Art. 102.8 and subsequent revisions thereof), its interpretation and provision for exemptions based on a swimmer's religious beliefs or medical condition.

Supervision: A USA Swimming member coach must supervise swimmers during warm-ups, competition and warm-down. (202.5.3) Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement (202.4.11 D). Only registered coaches, swimmers and officials will be allowed on the pool deck.

Eligibility: All swimmers, coaches, clubs and officials must be currently registered with USA Swimming and in good standing. No coach or official will be permitted to be on deck without proof of current USA Swimming Certification using the USA Swimming app or printed USA Swimming member card and a photo identification.

The age of the swimmer on the first day of the meet determines the age of the swimmer for the entire meet. No Swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302 (202.4.11 E).

Deck Registration: On Deck USA Swimming registration will be permitted with appropriate documentation. Swimmers must show verification of their membership to the Meet Referee or be deck registered. A \$10.00 deck registration fee will be charged in addition to the current registration fee. Fines may be imposed if a swimmer participates and is not registered.

Deck Entries: Deck entries will be allowed if space is available and at the discretion of the Meet Referee.



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- Scoring:** There will be no team points or individual points kept in this meet.
- Event Limit:** Swimmers may swim a maximum of 10 individual events for the meet, but no more than 6 per day.
- Meet Length:** USA Swimming Rules require that with the exception of championship and open water meets, events at a meet should be planned to run no longer than 8 hours (102.1) or 4 hours or less per session (prelims, finals, timed finals) for swimmers 12 years and younger. Events for the same 12 and under swimmers shall be limited to one session per day, except for prelim/final meets where events for 12 and under swimmers may be offered in both prelims and finals (205.3.1. F). Entries will be inputted in the order they are received. When the computer-generated timeline indicates time limit has been reached, entries from the team(s) received last will not be entered into the meet. Team coaches will be notified if their entries were not accepted, and fees will be refunded. Fees will also be refunded for events or swims not completed if the Meet Referee stops the meet to comply with time limit rules. Flyover starts may be used at the meet at the discretion of the Meet Referee.
- Seeding:** The 800 and 1500 Freestyle will be seeded fastest to slowest based on LCM times. All other events will be seeded slowest to fastest based on LCM times. Converted times will not be accepted. Swimmers without LCM times will be seeded as a NT. Positive check-in is required for the 800 and 1500 Freestyles. Entries in the 1500 Freestyle will be limited to the first 60 entries.
- Time Trials:** Time trials will not be held at this meet.
- Awards:** Ribbons will be awarded for 1st through 16th place for individual events by gender in the following age groups: 6 & under, 7-8, 9-10, 11-12, 13-14, and 15-19.
- Entries:** Teams are encouraged to submit their entries by e-mail using Hy-Tek Team Manager software. E-mail entries to: Stanton Anker at rstmeetdirector@gmail.com. Mail a printed copy of the entries and a check for entry fees payable to Rushmore Swim Team. Mail to: PO Box 3755, Rapid City, SD, 57709.
- Fees:**
- | | |
|--------------------|---------------------|
| SD Head Tax: | \$5.00 per swimmer |
| Individual Events: | \$5.00 per event |
| Facility Fee | \$30.00 per swimmer |
- There will be **NO REFUNDS** of fees (other than refunds due to the need to comply with the four-hour time limit for swimmers 12 & under).
- Deadline:** All entries must be received no later than Friday, June 16, 2023 at 5:00 p.m.
- Protests:** Protests of any kind must be submitted to the referee in writing and will only be from the team coach. All other protest rules are governed by Article 102.23. Bothering other volunteer personnel with protests could result in disqualification of the swimmer from the event or meet.
- Officials:** Meet Director: Stanton Anker (605-431-1003)
Referee: Kirk Hall
Administrative Official: Stanton Anker
Starter: Lane Johnson
Head Stroke & Turn: Aaron Ude
Marshalls: Khosro Shahbazi and Jennifer Kruger
Head Timer: Tony Nishimura



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All South Dakota teams should abide by the minimum officials expectations as outlined in the SD Policy and Procedure manual 6.7.

Meet Director, Referee, Starters and Stroke & Turn Officials must be registered USA Swimming Members for the current year. Meet Officials will meet the requirement of Article 202.5.5.

All Registered Officials are welcome and needed to volunteer for the meet.

Timers: Each team is responsible for providing timers during the meet. Teams will be notified of timing and lane assignments by Wednesday, June 21, 2023. Swimmers entered in the 1500 and 800 Freestyles must provide their own timers and counters.

Programs: Programs will be sold at the meet for \$10.00.

Concessions: A concession stand will be open during the entire meet.

Clothing: A vendor will be available to sell meet specific gear.

Hospitality: Coaches and Officials Hospitality will be provided.

Notice: Camping is not permitted on the pool deck with the exception of designated areas for coaches and swimmers. Families may camp in surrounding park area. Teams and swimmers will be held responsible for any damage to the facility. NO GLASS WILL BE ALLOWED INSIDE THE POOL AREA. SMOKING OR ALCOHOL IS NOT ALLOWED AT THE MEET. Swimmers may enter the indoor Aquatics Center for use of the locker room through the doors adjoining the outdoor pool. Parents and other guests may only enter the swim center through the main doors and must check in at the Swim Center's Registration Desk.

Weather Policy
Rapid City
Aquatics: Outdoor facilities will use the 30-30 rule where visibility is good and there is nothing obstructing the view of the thunderstorm. When lightning is spotted, the number of seconds until thunder is heard will be counted. If that time is 30 seconds or less, the thunderstorm is within 6 miles and is dangerous. In that event, the pool will be closed and patrons will be advised to seek shelter immediately. The pool will remain closed for 30 minutes after the last clap of thunder. The 30 minute wait time will start over each time thunder is heard.

In the event of severe weather, both indoor/outdoor, lifeguards will monitor the changing conditions of the weather and keep patrons informed. If a tornado or severe weather (involving high winds, hail, etc.) goes into effect for our area the facility may be closed. The pools will be closed at the discretion of RCA Management.

Order of Events: Attach on to next page.



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Order of Events

Session 1

Friday Morning

Event Number	Age Group	Event
1	11 & Over	1500 Freestyle

Session 2

Friday Evening

Event Number	Age Group	Event
2	12 & Under	200 Freestyle
3	13 & Over	200 Freestyle
4	12 & Under	100 Butterfly
5	13 & Over	200 Butterfly
6	12 & Under	50 Breaststroke
7	13 & Over	100 Breaststroke
8	12 & Under	200 IM
9	13 & Over	200 IM

Session 3

Saturday

Event Number	Age Group	Event
10	13 & Over	400 IM
11	12 & Under	50 Freestyle
12	13 & Over	50 Freestyle
13	12 & Under	100 Backstroke
14	13 & Over	200 Backstroke
15	12 & Under	100 Breaststroke
16	13 & Over	200 Breaststroke
17	13 & Over	400 Freestyle

Session 4

Sunday

Event Number	Age Group	Event
18	12 & Under	100 Freestyle
19	13 & Over	100 Freestyle
20	12 & Under	50 Backstroke
21	13 & Over	100 Backstroke
22	12 & Under	50 Butterfly
23	13 & Over	100 Butterfly
24	12 & Under	400 Freestyle
25	13 & Over	800 Freestyle



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South Dakota Swimming Warm-Up Procedures

- 8.1 The Meet Marshall and Meet Referee (or their special designees) shall monitor and enforce warm-up procedures.
- 8.2 No team or unattached swimmer may warm-up unless supervised by a USA swimming member coach. Coaches and supervisors shall maintain verbal and visual contact with their swimmers throughout warm-ups.
- 8.3 Every reasonable effort shall be made to equalize swimmers/lane during warm-ups. Teams must warm up at the assigned time.
- 8.4 General Warm-ups:
- (1) There will be no diving in lanes marked "general warm-up". Any swimmer who dives in during general warm-ups will be scratched automatically from his/her first individual event of the session.
 - (2) Warm-ups should last a minimum of 35 minutes for 13&over or Open Sessions and a minimum of 25 minutes for 12&Under Sessions, unless the Meet Referee determines that a shorter period is necessary to compensate for delays due to weather, equipment/power failure, or emergencies.
 - (3) Feet-first, seated slip-in entries to be used and allowed from either end of the competition pool only, except in designated lanes and times. Lanes will be circle swimming unless designated "starts". Start lanes will be clearly marked by removal of orange cone at start end of pool. No circle swimming will be allowed in lanes marked as "starts".
- 8.5 Starts (Specific Warm-ups):
- (1) Starts will be allowed by the Meet Marshall once the lane has been safely designated a "start" lane.
 - (2) Any swimmer who dives in one of the lanes that is not marked as a "start" lane will be scratched from his/her first individual event of the session.
 - (3) Diving and backstroke starts will be allowed from the starting end of all lanes once the lane has been designated as a "start" lane. In the case of backstroke starts, no swimmer shall be on the starting block until the backstroker has completed his/her start. Swimmers in the inside lanes shall complete one length and walk back to the starting end.
 - (4) Relay take-offs - During the LSC Championship Meets, the Referee may permit a 5minute relay take-off practice period, during which the take-off lanes shall be clearly designated and shall be used for nothing other than relay take-off practice at the starting end of the pool. Coaches shall insure that there are no swimmers in the lane other than those involved in the particular relay take-off practice.
 - (5) There shall be one start end during warm-ups.
- 8.6 Mid-Meet Warm-ups/Cool-downs:
- (1) Swimmers must be supervised by a USA Swimming member Coach.
 - (2) Supervising Lifeguards must agree to enforce warm up rules as instructed by Meet Referee or their designee.
 - (3) There will be no diving
 - (4) Circle Swimming only
 - (5) Coaches will determine which of their swimmers may participate in these sessions regardless of age group.

EXHIBIT #9 (10/27/18)