



2024 Arena BAC Last Chance Invite

Hosted by Billings Aquatic Club
PO Box 20413, Billings, MT, 59104
www.bacstingrays.com
February 2, 3, 4th 2024

Held under the Sanction of USA Swimming, Inc., issued by Montana Swimming, Inc. Sanction #2420

Meet Referee	Administrative Official	Meet Registrar/Director
Dax Rice (406) 694-4049 Daxrice@hotmail.com	Nicole Hale (307) 751-0916 nicole3398@hotmail.com	Sean Marshall (406) 860-9499 BACstingrays@gmail.com

FACILITY **Only meet management, officials, swimmers, and coaches may be on the pool deck. Spectators will be allowed in the stands as well as the upstairs large and spacious seating area behind the basketball court bleachers. The meet potentially will be broadcast LIVE through Facebook live at our Public Facebook Page Titled “Billings Aquatic Club Stingrays” and it will also have a live feed upstairs to those swimmers seated in the balconies.**

The meet will be held at the Montana State University of Billings Athletic Facility located on the MSUB Campus by taking Mountain View Blvd off of N 27th Street. The elevation of the facility is 3,123 ft. The pool is a six lane, 25 yard regulation short course pool with 5 non -turbulent lane lines. There is no separate warmup pool. Timing will be by an automatic Omega Timing System with pads at just the start end of the pool or three manual times. The start end of the pool has a depth of 12 feet and the turn end of the pool has a depth of 4 feet. The competition course has not been certified in accordance with 104.2.2C(4).

DIRECTIONS Directions: Off of North 27th Street take Mountain View Blvd and the pool will be in the Athletic Building on your immediate left. At the far end of the facility there will be an entrance with will allow swimmers and spectators to enter and go right into the pool stands area. Seating for teams and athletes will be upstairs behind the basketball stands in the large open area.

**MEET
FORMAT** This is an Age Group Meet and all events will be timed finals. Events will not be scored. Swimmers will be seeded slowest to fastest according to submitted fastest yard times by age and gender, except as noted. At the Meet Referee’s discretion, events may be combined by age, gender, provided there is at least one empty lane between such combined events. The Referee may waive the empty lane requirement with the concurrence of the coaches of the affected swimmers. 1650 Free, 400 IM, & 500 Free will be swum mixed fastest to slowest.

Time Trials may be offered at the end of each session with approval from the Meet Referee. Each individual Time Trial will be \$4.00.

SAFETY **An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.**

USA Swimming Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to

prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

By attending or participating in this competition, you voluntarily assume all risks associated with exposure to COVID-19 and forever release and hold harmless USA Swimming and the Montana Swimming LSC and each of their officers, directors, agents, employees or other representatives from any liability or claims including for personal injuries, death, disease or property losses, or any other loss, including but not limited to claims of negligence and give up any claims you may have to seek damages, whether known or unknown, foreseen or unforeseen, in connection therewith.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and those with underlying medical conditions are especially vulnerable which is why this meet will be a closed meet with NO SPECTATORS allowed. Those volunteers, officials, staff, and swimmers who participate in the meet voluntarily assume all risks related to exposure to COVID-19.

The meet will be broadcast LIVE through Facebook live at our Public Facebook Page Titled "Billings Aquatic Club Stingrays".

Billings Aquatic Club agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Montana Swimming, the State of Montana, Yellowstone County, and Montana State University of Billings.

The Montana Swimming Safety guidelines are in effect for this meet and will be enforced. For circle swimming during warmups and cool downs, swimmers must enter the pool using a three point entry. Time to practice Starts will be included in the warmup schedule. Coaches must closely supervise their swimmers at all times. NO running or horseplay will be tolerated. A safety marshal will be on deck.

Operation of a drone, or any flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

An AED is available in the Lifeguard Office above the pool deck. Lifeguards will be on duty for the meet. Emergency medical services can be activated by a phone call and are located immediately down the street.

RACING STARTS

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. Any swimmers who must start in the water shall be listed in a separate document returned with the entries.

RULES

This meet will be conducted in accordance with the current USA Swimming and Montana Swimming Rules and Regulations.

-All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

-The Meet Referee & Meet Director reserve the right to change the meet format into a split session meet to comply with the 4-hour rule. Teams will be notified by Monday, January 30th if this option is exercised.

- Use of audio or visual recording devices, including a cell phone, are not permitted behind the starting blocks, in changing areas, rest rooms, or locker rooms.
- No glass containers, tobacco, or alcoholic beverages are allowed in the swimming venue.
- The USA Swimming Code of Conduct and athlete protection provisions will be enforced.
- All persons acting in any coaching capacity on deck must be currently registered coach members of USA Swimming and will display their current credentials at all times during the meet. All swimmers must be under the supervision of a USAS member coach during all warmups, competition, and cool-downs. Swimmers competing at the meet without their regular coach in attendance will be assigned to a coach in attendance at the meet. Swimmers may request being assigned to a specific coach at registration.
- Swimmer, official, and coach registration will be confirmed with Montana Swimming Registration Chairperson prior to the start of the meet.
- This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.
- Deck changes are prohibited.

ELIGIBILITY	All swimmers must be registered with USA Swimming, Inc. in order to compete. Swimmers must be registered prior to entry deadline. On-deck registration will be available as long as the swimmer(s) are USA Swimming registered and can show proof of registration. Age as of the day of competition shall determine the age group in which the swimmer must compete. Meet registration will be checked with the Montana Swimming Registrar prior to the meet to ensure that individuals who are ineligible for participation are unable to participate in this competition. This includes, without limitation, individuals listed on the U.S. Center for SafeSport's Centralized Disciplinary Database, USA Swimming's List of Individuals Permanently Suspended or Ineligible for Membership, USA Swimming's List of Individuals Suspended or Ineligible – as of October 7, 2022, and all adult members (defined by the SafeSport Code for the Olympic and Paralympic Movement as 18 years and Over) of USA Swimming who have not completed athlete protection education as required by the U.S. Center for SafeSport.
SWIMMERS w/ DISABILITIES	The Billings Aquatic Club welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 106, to compete at the meet. Disabled swimmers or their coaches are required to provide advance notice in writing to the meet referee and meet director to arrange for any needed accommodations including personal assistants required and/or registered service animals by the meet entry date. It is at the discretion of the meet referee to determine whether the needed accommodations can be met by the meet resources. Failure to provide advance notice may limit the Billings Aquatic Club's ability to accommodate all requests.
ENTRIES	This is an invitational swim meet. Entries will be submitted in SCY. No Time entries will be accepted. Entry deadline is 5pm on Wednesday, January 24 th .
ENTRY LIMITS	Swimmers may swim 5 individual events per day max and a total of 11 events for the meet.
ENTRY FEES	An entry fee of \$4.00 per event and \$8.00 per relay will be charged for each swimmer competing in the meet along with a \$35 swimmer surcharge. Time Trial fees per individual event are \$4.00.
SEEDING	Swimmers should enter with their fastest officially recorded time in yards. No time (NT) entries will be accepted, however reasonable time estimates are preferred to ensure balanced heats. Times will be seeded in yards.
PRE-SEEDING	All events will be pre-seeded. However, reseeding may happen per the Meet Referee's discretion.
SCRATCHES	Coaches should report scratches on the scratch sheet or to the meet referee prior to the start of the meet both days. There will be no penalty for swimmers who fail to scratch from an event.
SCORING	There will be no scoring.

AWARDS	There will be no awards.
RESULTS	Results will be posted to the Montana Swimming web site at http://www.mtswimming.com as well as Meet Mobile.
WARMUPS	In accordance with USA Swimming guidelines, there will be a published warmup procedure for all swimmers and coaches attending the meet. The Marshal will ensure all teams, coaches, and swimmers follow all warmup procedures. Meet Management reserves the right to change warmup times according to the number of entries. There is no separate warmup pool. Continuous warmup/cool-down lanes are not available. The last ten minutes of each warmup session may be used to practice racing starts in all lanes, with the exception of Lane 6. Coaches must supervise the practice of racing starts. General estimations for warmup start times are listed below on the event list page. Start times for warmups and the session will be finalized after all the entries for that specific age group is seeded. Swimmers must enter the pool using a three point entry for warmups. Warmup times are tentative and subject to change depending upon the number of entries. Coaches & Teams will be notified of any changes by Wednesday, February 1st by email.
OFFICIALS	All officials on deck must be registered and certified with USA Swimming and registrations will be verified by the MT Swimming Registration Chair. Meet Officials will display their current credentials at all times during the meet. E-mail the meet referee prior to the meet if you plan to officiate and sign in at the officials meeting each day. The officials' meetings if held will be in the Lifeguard Room off the pool deck at the beginning of each day's first session of competition.
COACHES	All coaches on deck must be registered and certified with USA Swimming. Coach registration will be verified with the MT Swimming Registration Chair and must display their credentials during the duration of the meet.
PROTESTS:	All protests should be given to the meet referee.
HOSPITALITY	There will be hospitality for this meet located in the back hallway off the pool deck next to the elevator.
CONCESSIONS/ SWIM SHOP	There will be a concession stand at the front of the MSUB athletic facility and there will be a swim shop located outside the pool main entrance.
SPECTATORS	This meet may potentially be broadcasted and there will be spectator seating in the stands above the pool deck.

Arena BAC Last Chance Invite Order of Events		
Friday, February 2 nd		
Session 1 - Distance Session		
Warmups 4-5pm, Meet Starts 5:15pm		
Girls Event #	Event	Boys Event #
1	Mixed Fast to Slow 10 & Under 500 Free	
2	Mixed Fast to Slow 11 & Over 1650 Free	

Saturday, February 3 rd		
Session 2		
Warmups 8-9am, Meet Starts 9:15am		
Girls Event #	Event	Boys Event #
3	11 & Over 200 Free Relay	4
5	11 & Over 100 IM	6
7	11 & Over 200 Back	8
9	11 & Over 100 Fly	10
11	11 & Over 50 Free	12
13	11 & Over 100 Breast	14
15	11 & Over 50 Back	16
17	11 & Over 200 Breast	18
19	Mixed 11 & Over 400 IM F-S	

Saturday, February 3 rd		
Session 3		
Warmups 15 minutes after end of Session 2		
Meet Starts after 1 hour of Warmup		
Girls Event #	Event	Boys Event #
21	10 & Under 200 Free Relay	22
23	10 & Under 100 IM	24
25	10 & Under 25 Free	26
27	10 & Under 100 Fly	28
29	10 & Under 25 Fly	30
31	10 & Under 50 Free	32
33	10 & Under 100 Breast	34
35	10 & Under 50 Back	36
37	10 & Under 25 Back	38

Sunday, February 4th		
Session 4		
Warmups 8-9am, Meet Starts 9:15am		
Girls Event #	Event	Boys Event #
39	11 & Over 200 IM	40
41	11 & Over 100 Free	42
43	11 & Over 50 Breast	44
45	11 & Over 200 Free	46
47	11 & Over 50 Fly	48
49	11 & Over 100 Back	50
51	11 & Over 200 Fly	52
53	Mixed 11 & Over 500 Free F-S	

Sunday, February 4th		
Session 5		
Warmups 15 minutes after end of Session 4		
Meet Starts after 1 hour of Warmup		
Girls Event #	Event	Boys Event #
55	10 & Under 200 IM	56
57	10 & Under 100 Free	58
59	10 & Under 25 Free	60
61	10 & Under 50 Breast	62
63	10 & Under 200 Free	64
65	10 & Under 50 Fly	66
67	10 & Under 100 Back	68
69	10 & Under 25 Back	70
71	10 & Under 25 Breast	72
73	Mixed 10 & Under 500 Free F-S	

2024 Arena BAC Last Chance Invite
Entry Fee Summary and Waiver/Release Form

Complete and email or mail this form along with entry fees to (checks payable to **BAC**):
Sean Marshall, Billings Aquatic Club, PO Box 20413, Billings, MT, 59104 bacstingrays@gmail.com

Team Name	
Club Code	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total Number	Cost per	Total
Meet Entry Fee		\$35.00 per swimmer	
Individual Entries		\$4.00 per event	
Relays		\$8.00 per relay	
Total Fees Due			

Waiver, Acknowledgement and Liability Release:

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. Swimmer and coach registration will be verified. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and Montana Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. BAC, MSUB, Montana Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet. This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

We hereby submit our team's entry sheets and fees for your upcoming meet and verify that the above named coaches will be in attendance. These coaches are current in all the requirements set forth by USA Swimming; Red Cross Safety Training for Swim Coaches or Lifeguard Training, First Aid and CPR.

SIGNATURE (Coach or Club Representative)

CLUB

TITLE

DATE