



HOWARD SUAMICO STORM BREAKERS

2024 Summer Meet

Friday May 31st-Saturday June 1st, 2024

Hosted by the **Howard-Suamico Storm Breakers**

1. Approval: **WI2024-536A**, Held under the Sanction of USA Swimming. In granting this approval it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event

2. Location:

Howard-Suamico Community Pool
Lineville Intermediate School 2700
Lineville Road
Green Bay, WI 54313

3. Facility:

Indoor 25-yard pool with 8 lanes, non-turbulent lane markers, and backstroke flags. The pool depth is 12 feet at starting end and 3.5 at turn end. Block height is 30 inches. The 2nd and 4th leg of all 100-yard relays must start in the water from a push-start due to pool depth. The meet host will ensure the required course dimensions.

4. Timing/Judging:

All events will be timed finals. Colorado timing system with touchpads and plunger will be used. There are two manual stopwatches per lane.

5. Official Rules:

This meet is sanctioned by USA Swimming and Wisconsin Swimming, Inc. All USA Swimming and WSI rules apply including safety rules, which will be strictly enforced. The no-recall start rule will be in effect.

6. Meet Schedule:

Friday *

- Warm-ups 5:30 p.m.
- Meet begins 6:15 p.m.

***Note: Swimmers will be required to provide their own timers (two required per swimmer) and lap count assistants**



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Saturday

Morning Session:

- Warm ups 7:00 a.m.
- Timers meeting 7:45 a.m.
- Meet begins 8:05 a.m.

Afternoon session:

- Warm-ups will begin after morning session ends, not before 11:00 a.m.
- Meet will begin 65-minutes after the start of warm-ups.

In an effort to keep the meet running smoothly, we will be using fly-over starts. Please advise your swimmers of this.

7. Warm-ups:

Warm-up lanes and times will be assigned for each team, posted on the HSSB website, and included in coaches' packet prior to meet. Three-point entries from the starting end of the pool during general warm-ups will be enforced for all sanctioned/approved competition.

8. Eligibility:

Swimmers do not need to be registered with USA Swimming, however only registered athletes' times will be loaded into the USA Swimming's SWIMS database. Age is as of May 31, 2024. USA Swimming rules prevail for the meet.

9. Entry Deadline:

All entries must be received no later than Tuesday, 5/21/2024. Please submit entries on HyTek email. Deck entries will be accepted from the coach the day of the meet (provided they do not result in a new heat) up to one half hour prior to the start of each session and will cost \$5 per entry. Please submit meet fees to the meet director at the meet or mail in advance.

Email (or mail) entries to:

Connor Huff

1289 Ponderosa Ave.

Green Bay, WI 54313

hssbmeetdirector@gmail.com

10. Entry Limit:

Swimmers may compete in a maximum of 1 individual event on Friday and 5 individual events on Saturday. Only swimmers that compete in all 5 pentathlon events in the same options and in their age group will be considered eligible for a high point trophy.



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11. Entry Fees:

- LSC Splash Fee \$4.00 per swimmer
- Facility Fee \$3.00 per swimmer
- Admission Fee \$7.00 per swimmer
- Individual Events \$5.00
- Deck Seeds \$5.00/individual

12. Meet Director:

Connor Huff

hssbmeetdirector@gmail.com // (563) 581-2706

13. Final Results:

Final results will be emailed to all participating clubs.

14. Awards:

Top 3 finishers based on total time of all 5 races will receive high point trophies in the following age groups: 8&U, 9-10, 11-12, 13-14, 15&O. Individual race awards will consist of medals for 1st-3rd place and ribbons for 4th-16th place. Heat winners will receive awards.

15. Admission:

Admissions are included in swimmer's entry fees.

Heat sheets will be available for **free** online at www.hssb-wi.org the day before the meet for all attendees to print out.

16. Coaches Note:

Coaches' packets will be available at the meet management table. If a coach is representing a USA registered club, please provide your proof that you are in good standing. If the club is not USA registered, no proof is needed.

17. Concessions:

A comprehensive concessions menu will be available during the meet. Concession items must be consumed in designated areas.

18. Image Authorization:

All participants agree to be filmed and photographed by the official photographer(s) and network(s) of Wisconsin Swimming and the meet host under the conditions authored by Wisconsin and USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in this Wisconsin Swimming competition to promote such competitions.



19. Conduct:

All coaches are responsible for the conduct of their swimmers and will see that their club has proper supervision at all times. Meet Marshals have the authority to remove any swimmer and/or spectator from the meet for any violation such as improper behavior, damage to property, etc. No smoking on the premises. Please encourage your parents and swimmers to clean up after themselves.

In accordance with the Federal Video Voyeurism Prevention Act of 2004 – the Use of audio or visual recording devices, including cell phones, is not permitted in the changing areas, restrooms, or locker rooms.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited. Deck changes are prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas, and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair.

MAAPP POLICY: Pursuant to Wisconsin Swimming, Inc. mandate, all adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition. Times achieved by an athlete member at a sanctioned/approved meet who is over 18 years of age who had not completed the Athlete Protection Training (or whose APT training had expired) by the date of the swim, will not be able to be uploaded to SWIMS. This includes participation as a member of a relay. These athletes will also be considered "not in good standing" and can be subject to fines under Wisconsin Swimming Policy 11.2.1.

19. Disabled Swimmers:

Any para athletes, please fill out the WSI [Para Accommodation Form](#) is encouraged for all accommodation and/or modification requests that must be presented to a meet referee (per USAS Rule 105.1.2)

20. Officials:

- Mark Kohrell – Lead Official mkohrell@gmail.com
- Brenda Roubal – Administrative Official roubalbrenda@gmail.com

21. Seating:

Due to crowding in the pool area we request that all swimmers avoid staying in the bleacher area. Seating for our patrons with mobility concerns will be provided at the pool-deck level.



Pentathlon format

There will be two options swimmers 9 and older can choose for their pentathlon. While it is not required that swimmers do all 5 events in a given option, or even do 5 events total, only swimmers that do all 5 events in an option will be eligible for the high point trophies for each age groups (8&U, 9-10, 11-12, 13-14, 15&O). Please see the table below for the options swimmers can choose:

Age Group	Option 1	Option 2
8&U	25 fly, 25 back, 25 breast, 25 free, 100 IM	
9-10	50 fly, 50 back, 50 breast, 50 free, 100 IM	100 fly, 100 back, 100 breast, 100 free, 200 IM
11-12	50 fly, 50 back, 50 breast, 50 free, 100 IM	100 fly, 100 back, 100 breast, 100 free, 200 IM
13-14	50 fly, 50 back, 50 breast, 50 free, 100 IM	100 fly, 100 back, 100 breast, 100 free, 200 IM
15&O	50 fly, 50 back, 50 breast, 50 free, 100 IM	100 fly, 100 back, 100 breast, 100 free, 200 IM

Please note that all 13&O events will be swum together but separated 13-14 and 15&O for awards and scoring. All 9-12 100 and 200 events will be swum together but separated 9-10 and 11-12 for awards and scoring



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Summer Meet 2024 Events

May 31st-June 1st

Friday Night – (Session #1)

Event Number

- | | |
|---|----------------------|
| 1 | Mixed Open 1650 Free |
| 2 | Mixed Open 1000 Free |

Swimmers will be seeded together in the Mixed Open 1650 and 1000 Free events, but awarded by gender/age groups (10&U, 11-12, 13-14, and 15&O)

Saturday Morning – (Session #2)

Girl's Event Number

- | | |
|----|-----------------|
| 3 | 11-12 50 Fly |
| 5 | 9-10 50 Fly |
| 7 | 9-12 100 Fly |
| 9 | 11-12 50 Back |
| 11 | 9-10 50 Back |
| 13 | 9-12 100 Back |
| 15 | 11-12 50 Breast |
| 17 | 9-10 50 Breast |
| 19 | 9-12 100 Breast |
| 21 | 11-12 50 Free |
| 23 | 9-10 50 Free |
| 25 | 9-12 100 Free |
| 27 | 11-12 100 IM |
| 29 | 9-10 100 IM |
| 31 | 9-12 200 IM |

Boy's Event Number

- | |
|----|
| 4 |
| 6 |
| 8 |
| 10 |
| 12 |
| 14 |
| 16 |
| 18 |
| 20 |
| 22 |
| 24 |
| 26 |
| 28 |
| 30 |
| 32 |

All events labeled 9-12 100 and 200 will be swum together but separated 9-10 and 11-12 for awards and scoring

Saturday Afternoon – (Session #3)

- | | | |
|----|-----------------|----|
| 33 | 13&O 50 Fly | 34 |
| 35 | 13&O 100 Fly | 36 |
| 37 | 8&U 25 Fly | 38 |
| 39 | 13&O 50 Back | 40 |
| 41 | 13&O 100 Back | 42 |
| 43 | 8&U 25 Back | 44 |
| 45 | 13&O 50 Breast | 46 |
| 47 | 13&O 100 Breast | 48 |
| 49 | 8&U 25 Breast | 50 |
| 51 | 13&O 50 Free | 52 |
| 53 | 13&O 100 Free | 54 |
| 55 | 8&U 25 Free | 56 |
| 57 | 13&O 100 IM | 58 |
| 59 | 13&O 200 IM | 60 |
| 61 | 8&U 100 IM | 62 |

All events labeled 13&O will be swum together but separated 13-14 and 15&O for awards and scoring



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WAIVER

IN CONSIDERATION OF THE ACCEPTANCE OF THIS ENTRY, INTENDING TO BE LEGALLY BOUND, I/WE HERBY WAIVE, AND RELEASE ANY AND ALL RIGHTS AND CLAIMS FOR DAMAGES WHICH MAY ACCRUE AGAINST USA SWIMMING, INC., WISCONSIN SWIMMING, INC., THE HOWARD SUAMICO STORM BREAKERS AND HOWARD SUAMICO COMMUNITY POOL, AND THEIR REPRESENTATIVES, EMPLOYEES, OR SUCCESSORS, FOR ANY AND ALL INJURIES SUFFERED BY ME OR ANY CONTESTANT OR REPRESENTATIVE IN SAID MEET AS A REPRESENTATIVE OF MY CLUB. IN GRANTING THIS SANCTION IT IS UNDERSTOOD AND AGREED THAT USA SWIMMING SHALL BE FREE FROM ANY LIABILITIES OR CLAIMS FOR DAMAGES ARISING BY REASON OF INJURIES TO ANYONE DURING THE CONDUCT OF THE EVENT.

SIGNATURE OF CLUB OFFICIAL, PARENT OR GUARDIAN:

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POSITION: _____ PHONE# _____

TEAM NAME AND ABBREVIATION: _____

TEAM COACH: _____ PHONE# _____

NAME AND EMAIL FOR SENDING FINAL RESULTS:

NAME: _____

EMAIL: _____

TOTAL# OF SWIMMERS(Splash, Admission, & Facility Fee): _____ X \$14.00 =

INDIVIDUAL EVENTS: _____ X \$5.00 =

TOTAL: _____ =

UNATTACHED SWIMMERS INCLUDED: _____

MAKE CHECKS PAYABLE TO: **HSSB**

Please note any swimmers with disabilities that meet officials should be aware of:

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