

2024 WY WY/MT SWIMposium2.0 Pentathlon

Paul Stock Aquatic and Recreation Center

Cody, Wyoming

April 28, 2024

HELD UNDER SANCTION OF WYOMING SWIMMING, INC. AND USA SWIMMING, INC. SANCTION #2024-35

In granting this sanction, it is understood and agreed that USA Swimming, Wyoming Swimming Inc., and the Paul Stock Aquatic and Recreation Center shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. Whether submitting entries electronically or on paper, by the action of entering the swimmer in this Wyoming Swimming, Inc. meet/event, the person entering the swimmer, whether a coach, club representative, parent or swimmer, certifies that the swimmer is a registered member of USA Swimming (as provided in Article 302) and further agrees that a penalty of \$50 shall be assessed by Wyoming Swimming, Inc. to anyone entering a swimmer who is not registered with USA Swimming prior to the entry deadline.

Host: Wyoming Swimming Inc., 551 Santa Fe Trail, Powell, WY 82435.

Location: Paul Stock Aquatics and Recreation Center, 1402 Heart Mountain Street, Cody, Wyoming 82414 Facility Telephone: 307-587-0400

Pool: Regulation Short Course, 25 yard, eight lanes, non-turbulent lane markers, backstroke flags, starting blocks, and horn starting system. Water depth measured at the start end is 5.5 feet for lanes 1 through 4, and 12.0 feet for lanes 5 through 8. Water depth measured at the turn end is 4.0 feet for lanes 1 through 8. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA swimming.

Timing: Daktronics Timing System, with 8 lane scoreboard, semi-automatic backup (1 button), and 2 manual back-up timers per lane. Each LSC will be expected to provide timers proportional to their number of swimmers entered for the event. Timers are expected to arrive on deck 15 minutes prior to the start of the meet.

Meet Referee	Daniel Diver	Daniel_diver@comcast.net	530-370-2002
Meet Director	Mary Sims	simstrio@gmail.com	307-250-3780
Entry Chair	Mary Ellen Tynan	meswimoffice@gmail.com	978-996-9655
Admin Official	James Jacob	Jej13683@gmail.com	307-630-2826

Meet Date & Time (warm-up times may be adjusted based on entries):

Sunday, April 28, 2024

Warmups begin at 8:00 AM

Officials meeting at 8:15 AM

Coaches meeting at 9:00 AM

Meet starts at 9:15 AM

officials and coaches meetings will be held in the hallway behind the scorers area.

Rules:

Current USA Swimming rules will govern the meet, including the Minor Athlete Abuse Prevention Policy (MAAPP). All adult participants in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Protection Policy and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition. As per MAAPP any participating non-members (i.e. timers), or any applicable adult who has regular and direct authority over any minor athletes and any adult athletes are required to read and acknowledge the MAAPP policy. If you fit any of these, please see your club's SafeSport Coordinator to satisfy this requirement before attending. The MAAPP policy and acknowledgement forms will be available at the meet. Locker rooms and bathrooms will be regularly and randomly swept by a female and male meet marshal.

The Meet Referee will be the final authority for the conduct of the competition.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Deck changes are prohibited. 202.4.10(I)

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms, or behind the starting area(s). Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Supervision:

All swimmers will be assigned to a coaching staff of certified USA Coaches.

Eligibility:

No swimmer will be permitted to compete unless the swimmer is a member as provided in USA Swimming Article 302. There will be NO on-deck registrations.

Entries:

All swimmers will select their entries upon event registration. Swimmers will be randomly assigned to a team – white or blue. Coaches will be assigned to lead these teams. All events will be pre-seeded timed finals. Each swimmer may swim a maximum of 5 events total.

Entry Fees:

The meet is included in the SWIMposium weekend cost.

Deadline: Entries must be included with registration.

Swimmers with Disabilities:

Swimmers with disabilities are encouraged to attend. Contact the Meet Referee if you need special considerations. Swimmers with disabilities must be identified at the time entries are submitted. Adaptive swimming: In accordance with USA Swimming rule 202.4.14 & Article 105 the Meet Referee has the authority to accommodate swimmers with disabilities. The team entry representative must notify the Meet Referee of accommodation requests at the time of entry submission.

Technical Suits:

Per USA Swimming rules (102.8.1.F), No Technical Suits shall be worn by any 12 & Under USA Swimming athlete member in competition at any sanctioned, approved or observed meet. (1) Exceptions to the foregoing restriction are only for Junior Nationals, U.S. Open, National Championships, and Olympic Trials. (2) A Technical Suit is one that has the following components: a. Any suit with any bonded or taped seams regardless of its fabric or silhouette; or b. Any suit with woven fabric extending past the hips. (Note: WOVEN FABRIC — A suit with woven fabric and sewn seams that does not extend below the hips is permitted.) (Note: KNIT FABRIC — A suit with knit fabric and sewn seams not extending below the knees is permitted.). The age of the swimmer is determined on the first day of the meet. Guidance on identifying compliant suits can be found at [Tech Suit Restriction for 12-and-Under Swimmers](#).

Warm Ups:

Warm up procedures will comply with USA Swimming and Wyoming Swimming, Inc. Dive Starts will be allowed only during the last five (5) minutes of each warm up. USA Swimmers must be under the supervision of a coach at all times. A schedule of warm-up times and lane assignments will be determined after the entry deadline when the number of contestants has been determined. There will be no warm-up/cool down pool or lane(s) available once the meet commences.

Age Groups:

Swimmers will compete “12 & Under” and “13 & Over”, but results will be 10 & U, 11-12, 13-14, 15 & O.

Awards:

Each swimmer that completes all 5 events legally will be recognized. The members of the winning team will also be awarded.

Scoring:

Place	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Individual	20	17	16	15	14	13	12	11	9	7	6	5	4	3	2	1
Relay	40	34	32	30	28	26	24	22	18	14	12	10	8	6	4	2

Officials:

All officials are welcome. Seasoned officials are needed to mentor the apprentices.
Current officials should wear a white polo, black shorts, skirt or slacks and black shoes.
Apprentice officials are NOT required to adhere to the dress code rules for this meet.

Credentials:

All coaches and officials must be prepared to present their Digital USA Swimming Membership Card upon request. Please make sure all registrations and certificates are current as they will be checked by the Meet Referee or their designee.

Medical Supervision:

A lifeguard will be posted at the turn-end of the pool and another by the start end. An AED is located in the lobby. A backboard is located on the south wall.

Sunday, April 28th 2024
Warm-up 8AM, Start 9:15AM

GIRLS	EVENT	BOYS
1	13 & Over 100 Free	2
3	12 & Under 50 Free	4
5	13 & Over 100 Breaststroke	6
7	12 & Under 50 Breaststroke	8
9	13 & Over 200 IM	10
11	12 & Under 100 IM	12
13	13 & Over 100 Backstroke	14
15	12 & Under 50 Backstroke	16
17	13 & Over 100 Butterfly	18
19	12 & Under 50 Butterfly	20

21	13 & Over Mixed 200 Free Relay	21
22	12 & Mixed Under 200 Free Relay	22

flyover starts will be used