



## 2024 Western Zone Age Group Championship Time Standards

Qualifying Time Period: August 2, 2023 through the entry deadline, July 31, 2024



The Western Zone Age Group Championship Time Standards will be the 2021-24 USA Swimming National Age Group Motivational Time Standards - "AAA" combined Age Group Standards: 10&U \* 11-12 \* 13-14 for both genders

**There are NO De-qualification Rules or Standards for this meet.**

Girls			10 & Under	Boys		
LCM	SCM	SCY	Event	LCM	SCM	SCY
32.79	31.89	28.89	50 Free	32.79	31.59	28.59
1:13.09	1:10.89	1:04.19	100 Free	1:12.89	1:10.29	1:03.69
2:39.79	2:35.79	2:20.89	200 Free	2:36.59	2:31.29	2:16.89
38.89	36.79	33.29	50 Back	38.89	37.09	33.49
1:23.89	1:19.29	1:11.79	100 Back	1:22.89	1:19.79	1:11.89
43.09	41.89	37.89	50 Breast	42.69	41.19	37.29
1:34.89	1:31.89	1:23.09	100 Breast	1:33.79	1:30.99	1:22.19
36.59	35.89	32.49	50 Fly	36.29	35.29	31.99
1:24.59	1:21.99	1:14.19	100 Fly	1:23.59	1:21.69	1:13.19
2:59.59	2:53.99	2:37.39	200 IM	2:58.39	2:52.49	2:36.19

### 11-12

LCM	SCM	SCY	Event	LCM	SCM	SCY
30.39	29.59	26.59	50 Free	29.29	28.29	25.59
1:06.09	1:03.89	57.79	100 Free	1:03.89	1:01.69	55.79
2:23.19	2:19.99	2:05.99	200 Free	2:19.49	2:15.19	2:01.39
5:01.69	4:55.09	5:36.89	400/500 Free	4:55.09	4:46.89	5:27.89
34.49	33.29	29.99	50 Back	33.69	32.49	29.29
1:15.39	1:11.89	1:04.69	100 Back	1:12.99	1:09.39	1:02.79
2:40.69	2:33.39	2:18.79	200 Back	2:36.69	2:29.89	2:15.19
38.49	37.39	33.79	50 Breast	37.49	36.19	32.69
1:24.79	1:21.19	1:13.19	100 Breast	1:22.19	1:18.79	1:10.49
3:02.79	2:56.39	2:37.89	200 Breast	2:56.59	2:49.29	2:32.49
32.39	31.89	28.69	50 Fly	31.89	31.19	28.19
1:13.09	1:11.49	1:04.19	100 Fly	1:10.89	1:09.39	1:02.39
2:40.99	2:36.99	2:21.39	200 Fly	2:37.49	2:33.29	2:16.09
2:41.89	2:36.89	2:21.59	200 IM	2:37.79	2:31.99	2:17.29
5:45.49	5:33.59	5:01.89	400 IM	5:37.79	5:23.89	4:53.19

### 13-14

LCM	SCM	SCY	Event	LCM	SCM	SCY
29.19	28.39	25.59	50 Free	27.09	26.09	23.49
1:03.29	1:01.49	55.49	100 Free	9:36.00	45:36.00	51.59
2:16.89	2:12.99	1:59.49	200 Free	2:08.89	2:04.19	1:52.39
4:48.19	4:41.49	5:20.39	400/500 Free	4:34.29	4:25.89	5:03.79
9:53.99	9:38.99	11:01.59	800/1000 Free	9:30.29	9:10.89	10:29.49
18:56.49	18:16.29	18:22.79	1500/1650 Free	18:09.39	17:25.89	17:31.99
1:10.69	1:06.99	1:00.19	100 Back	1:05.89	1:02.59	56.19
2:31.19	2:25.29	2:11.09	200 Back	2:23.09	2:16.39	2:02.79
1:20.19	1:16.99	1:09.09	100 Breast	1:14.59	1:10.69	1:03.89
2:52.59	2:46.69	2:29.99	200 Breast	2:41.39	2:34.89	2:18.79
1:08.09	1:06.79	59.99	100 Fly	1:03.89	1:01.99	55.89
2:31.69	2:27.69	2:12.79	200 Fly	2:22.19	2:17.49	2:04.29
2:33.89	2:28.89	2:13.39	200 IM	2:25.09	2:18.89	2:05.69
5:26.49	5:17.59	4:45.69	400 IM	5:08.59	4:56.79	4:28.29