

Filter statement

FiltersSeason2025

LSC Time Progression Dashboard		
	Select Club	
25	b	npetition Category
		Select Stroke
e Group	irse	oke

View All Clubs

Your LSC vs. National Average

Please use filters above to view by Age group / Competition Category (filters will filter entire dashboard)

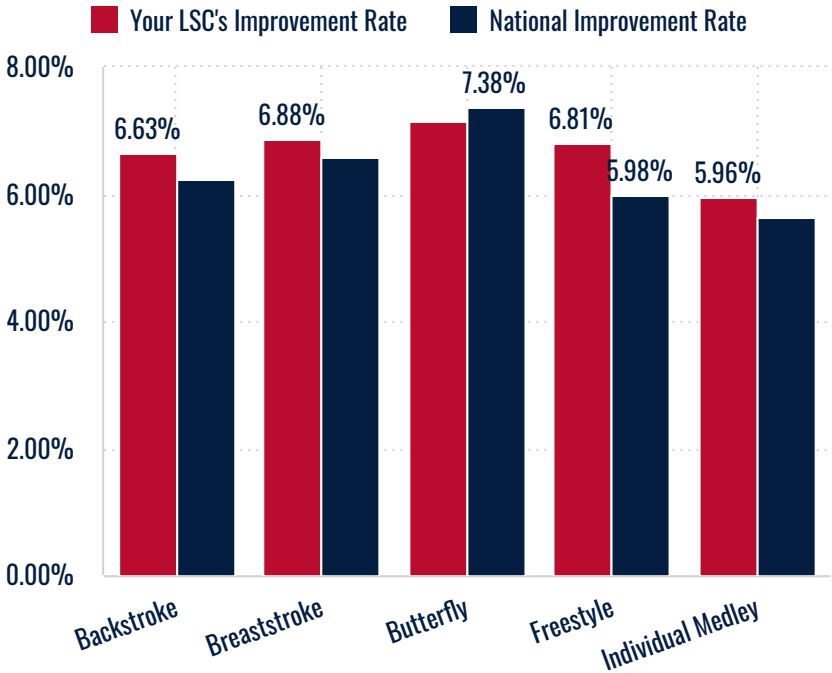
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Stroke Improvement Rates

Stroke	Your LSC's Improvement Rate
Backstroke	6.63%
Breaststroke	6.88%
Butterfly	7.15%
Freestyle	6.81%
Individual Medley	5.96%

Improvement Rates By Stroke



Age Group Improvement Rates

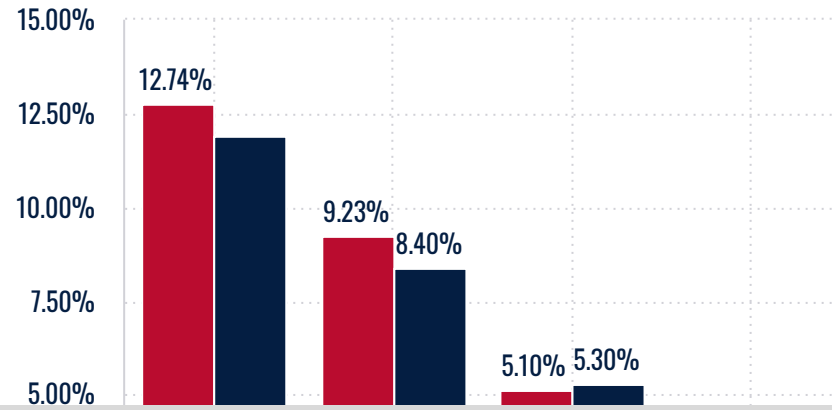
Age Group	Your LSC's Improvement Rate
10 & Under	12.74%
11-12	9.23%

Improvement Rates By Age Group

13-14

5.10%

■ Your LSC's Improvement Rate ■ National Improvement Rate



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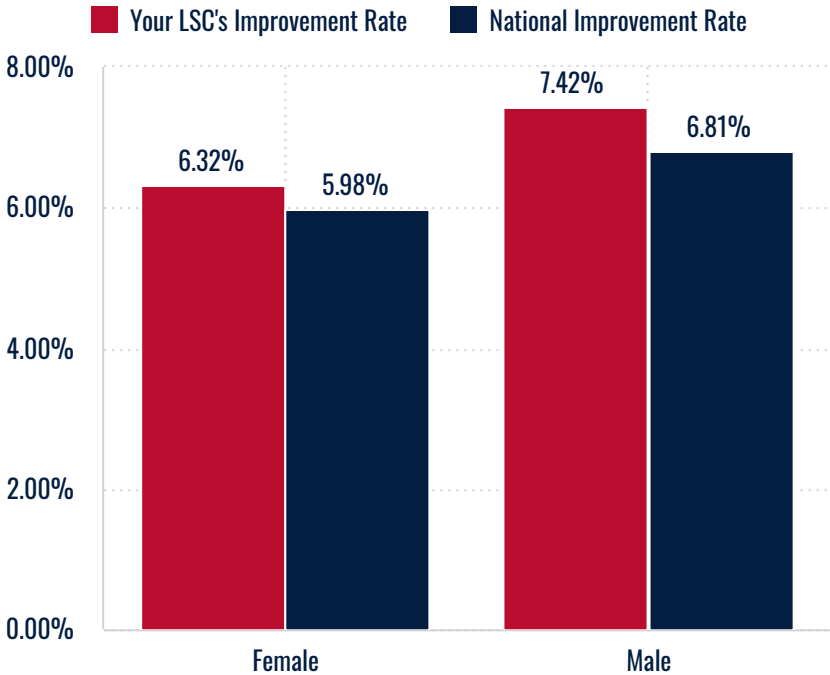
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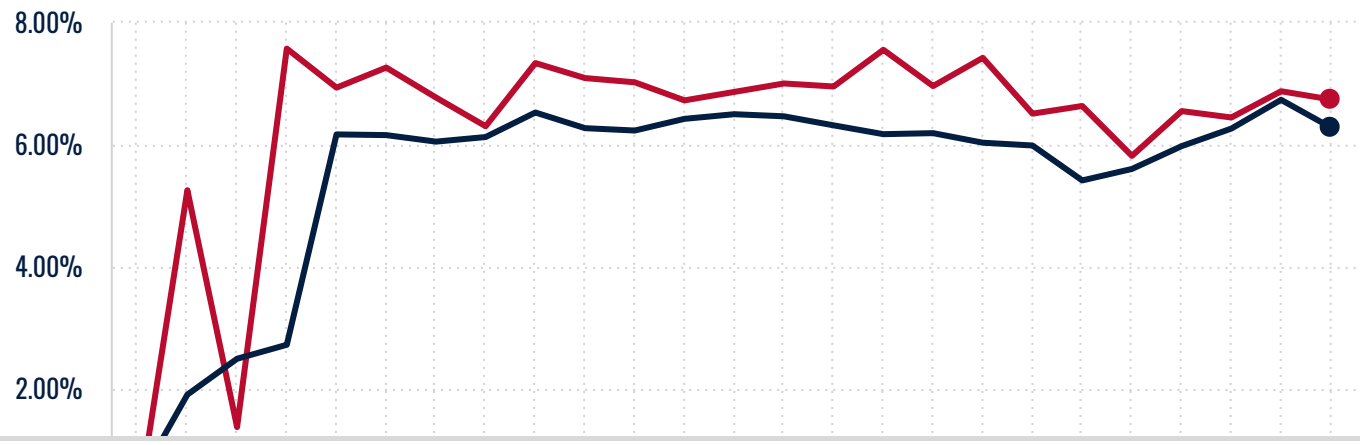
Competition Category Improvement Rates

Competition Category	Your LSC's Improvement Rate
Female	6.32%
Male	7.42%

Improvement Rates By Competition Category



LSC vs National Average Improvement Rates



Filter statement

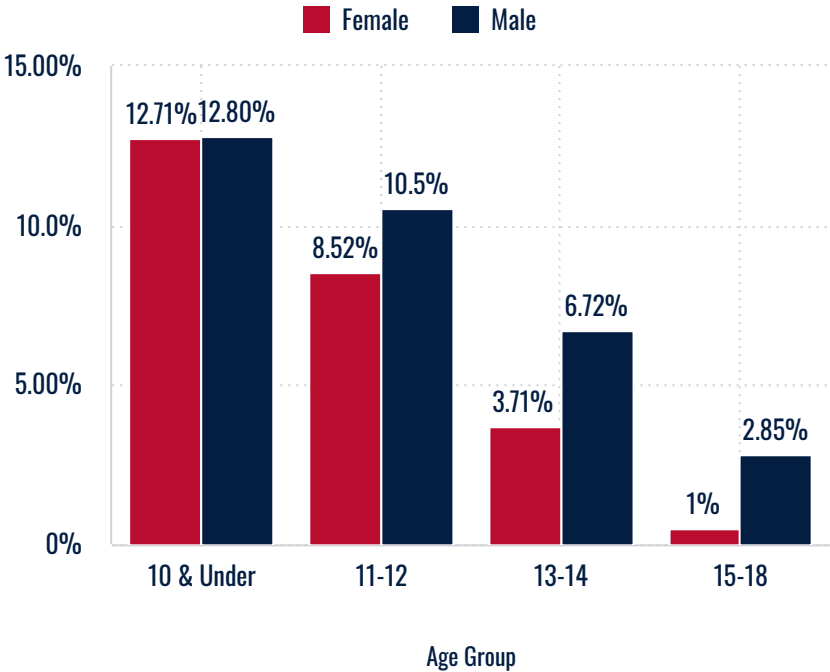
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Your LSC's Advanced Analytics

Age Ggroup vs. Competition Category

Age Group	Competition Category	Your Impr
10 & Under	Female	
	Male	
11-12	Female	
	Male	
13-14	Female	
	Male	
15-18	Female	
	Male	

Improvement Rates By Age Group / Competition Category



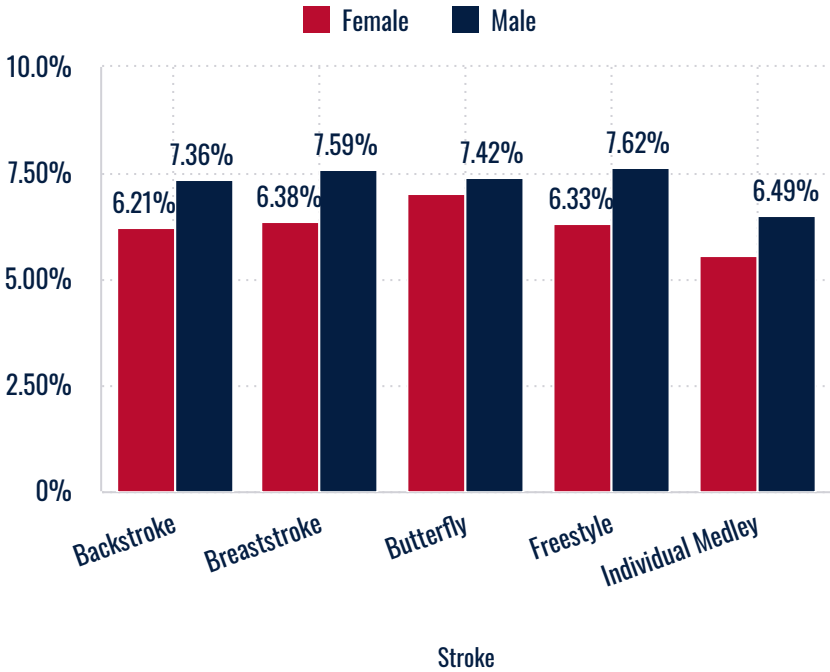
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Stroke vs. Competition Category

Stroke	Competition Category	You Imp
Backstroke	Female	
	Male	
Breaststroke	Female	
	Male	
Butterfly	Female	
	Male	
Freestyle	Female	
	Male	
Individual Medley	Female	
	Male	

Improvement Rates By Stroke / Competition Category



Filter statement

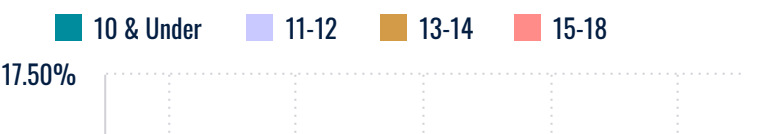
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Stroke vs. Age Group

Stroke	Age Group	Your L Improvement
Backstroke	10 & Under	
	11-12	
	13-14	
	15-18	
Breaststroke	10 & Under	
	11-12	
	13-14	
	15-18	
Butterfly	10 & Under	
	11-12	
	13-14	
	15-18	
Freestyle	10 & Under	
	11-12	
	13-14	
	15-18	
Individual Medley	10 & Under	

Improvement Rates By Stroke / Age Group

11-12	
13-14	
15-18	



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Event Specific Improvement Rate		Improvement Rates By Stroke Category / Age Group	
Stroke Detail	Swim Event	Improvement Rate	Stroke Category / Age Group
Long Backstroke	200 BK LCM		
	200 BK SCY		
Long Breaststroke	200 BR LCM		
	200 BR SCY		
Long Butterfly	200 FL LCM		
	200 FL SCY		
Long Freestyle	1000 FR SCY		
	1500 FR LCM		
	1650 FR SCY		
	400 FR LCM		
	500 FR SCY		
	800 FR LCM		
Long IM	400 IM LCM		
	400 IM SCY		
Sprint Backstroke	100 BK LCM		
	100 BK SCY		
	25 BK SCY		

