

SAA SCHOLASTIC ALL-AMERICA		2025	PARALLEL STANDARDS	
Women		P1	Men	
SCY	LCM	Event	LCM	SCY
01:10.49	01:10.19	50FR	01:04.09	01:01.69
02:32.49	02:31.19	100FR	02:22.99	02:15.29
05:30.39	05:08.59	200FR	04:41.29	03:59.89
01:16.29	01:15.79	50BK	01:03.29	00:52.39
02:37.09	02:40.09	100BK	02:16.69	01:52.29
01:14.09	01:24.69	50BR	01:08.99	00:59.29
03:36.39	04:08.69	100BR	02:41.59	02:45.49
01:26.59	01:18.69	50FL	01:29.99	01:26.59
05:01.19	05:16.79	150IM	04:57.99	04:36.89
06:31.59	07:11.59	200IM	06:37.99	05:33.29
Women		P2	Men	
SCY	LCM	Event	LCM	SCY
00:37.89	00:40.49	50FR	00:35.69	00:32.89
01:20.59	01:28.49	100FR	01:15.49	01:11.69
02:45.99	03:01.79	200FR	02:44.19	02:33.49
06:45.59	05:47.59	400/500FR	05:34.59	06:38.19
15:07.19	13:21.99	800/1000FR	12:16.49	13:45.79
27:25.79	28:06.39	1500/1650FR	24:14.09	23:33.09
00:43.79	00:45.39	50BK	00:39.19	00:36.79
01:41.29	01:58.79	100BK	01:51.89	01:40.59
03:30.89	04:06.69	200BK	03:16.29	03:00.19
00:51.99	00:59.39	50BR	00:49.29	00:42.39
01:45.89	02:01.69	100BR	01:45.79	01:35.59
04:28.09	05:04.99	200BR	04:21.79	03:44.49
00:43.89	00:47.89	50FL	00:35.69	00:33.69
01:53.59	02:07.79	100FL	01:50.69	01:44.49
03:27.89	03:44.89	200IM	03:19.29	03:08.59
Women		P3	Men	
SCY	LCM	Event	LCM	SCY
00:29.69	00:33.29	50FR	00:29.69	00:26.19
01:04.09	01:13.09	100FR	01:03.79	00:55.69
02:31.29	02:52.49	200FR	02:26.29	02:07.79
06:10.99	05:30.69	400/500FR	04:56.79	05:30.09
15:09.89	13:24.39	800/1000FR	10:54.29	12:50.39
23:53.19	24:28.49	1500/1650FR	21:00.59	22:27.59
00:35.69	00:41.69	50BK	00:34.89	00:29.49
01:13.19	01:25.89	100BK	01:13.89	01:02.09
03:12.19	03:44.89	200BK	02:52.99	02:27.19
00:39.79	00:45.59	50BR	00:40.69	00:34.99
01:26.99	01:39.89	100BR	01:27.49	01:15.29
03:33.69	04:02.99	200BR	03:44.49	03:12.59
00:35.19	00:39.89	50FL	00:31.19	00:27.39
01:15.59	01:25.89	100FL	01:09.19	01:00.69
03:03.69	03:28.19	200FL	03:24.39	02:59.09
02:33.59	02:57.79	200IM	02:38.39	02:15.89
07:08.99	08:09.89	400IM	06:23.19	05:30.79