



2025 TIME STANDARDS

TYR PRO SWIM SERIES - WESTMONT, IL

** Qualifying period is 24 months prior to the entry deadline*

WOMEN

SCY	LCM
23.29	26.89
50.39	58.19
1:49.09	2:04.99
4:53.59	4:26.69
10:11.49	9:06.79
17:02.19	17:26.79
55.09	1:04.79
1:59.39	2:19.59
1:03.09	1:13.79
2:17.19	2:38.59
54.69	1:02.69
2:01.69	2:18.39
2:02.19	2:22.09
4:21.69	5:00.29

MEN

LCM	SCY
24.09	20.59
52.59	44.99
1:55.29	1:38.59
4:05.29	4:29.29
8:28.19	9:24.29
16:14.79	15:40.39
58.79	49.29
2:08.29	1:47.99
1:05.99	55.69
2:24.39	2:01.89
56.59	48.79
2:06.39	1:49.29
2:09.49	1:49.79
4:35.89	3:56.99



2025 TIME STANDARDS

TYR PRO SWIM SERIES - SACRAMENTO, CA

** Qualifying period is 24 months prior to the entry deadline*

WOMEN

SCY	LCM
23.29	26.89
50.39	58.19
1:49.09	2:04.99
4:53.59	4:26.69
10:11.49	9:06.79
17:02.19	17:26.79
55.09	1:04.79
1:59.39	2:19.59
1:03.09	1:13.79
2:17.19	2:38.59
54.69	1:02.69
2:01.69	2:18.39
2:02.19	2:22.09
4:21.69	5:00.29

EVENT

50 FR
100 FR
200 FR
400/500 FR
800/1000 FR
1500/1650 FR
100 BK
200 BK
100 BR
200 BR
100 FL
200 FL
200 IM
400 IM

MEN

LCM	SCY
24.09	20.59
52.59	44.99
1:55.29	1:38.59
4:05.29	4:29.29
8:28.19	9:24.29
16:14.79	15:40.39
58.79	49.29
2:08.29	1:47.99
1:05.99	55.69
2:24.39	2:01.89
56.59	48.79
2:06.39	1:49.29
2:09.49	1:49.79
4:35.89	3:56.99



2025 TIME STANDARDS

TYR PRO SWIM SERIES - FORT LAUDERDALE, FL

** Qualifying period is 24 months prior to the entry deadline*

WOMEN

SCY	LCM
23.29	26.89
50.39	58.19
1:49.09	2:04.99
4:53.59	4:26.69
10:11.49	9:06.79
17:02.19	17:26.79
55.09	1:04.79
1:59.39	2:19.59
1:03.09	1:13.79
2:17.19	2:38.59
54.69	1:02.69
2:01.69	2:18.39
2:02.19	2:22.09
4:21.69	5:00.29

MEN

LCM	SCY
24.09	20.59
52.59	44.99
1:55.29	1:38.59
4:05.29	4:29.29
8:28.19	9:24.29
16:14.79	15:40.39
58.79	49.29
2:08.29	1:47.99
1:05.99	55.69
2:24.39	2:01.89
56.59	48.79
2:06.39	1:49.29
2:09.49	1:49.79
4:35.89	3:56.99