

Aeri La Sportswoman of the Year Nomination

Montana Swimming,

I would like to nominate Aeri La as the 2024-2025 Sportswoman of the year. Aeri has been a member of Montana Swimming and MYST for the past nine years. In that time she has grown to be a charismatic and influential leader. When Aeri first began swimming she was shy and reserved. Through swimming she found a team, community and support system that has helped her grow into the leader that she is today.

Aeri has reciprocated her love from the swimming community as an Athlete Representative for our LSC and a team captain for MYST for the last 3 years. At any meet, Aeri can be found cheering on and encouraging swimmers of all ages from not only her team, but teams across the states. She has represented Montana Swimming's core values and Mission throughout her career.

most importantly, Aeri has shared her generous heart and spirit of service. She openly cheers for her competitors, her teammates, and swimmers of all ages and abilities. She often greets and thanks coaches, officials, and volunteers during meets. Her bright smile and warm hello lights up any pool deck she is on. We are fortunate that she will be continuing the mission and values of Montana Swimming while continuing her academic and athletic careers at the University of Missouri St. Louis.

Thank you for your consideration,

Kristen Wyatt

Head Coach Billings YMCA Seahawks

An additional sidenote from her team:

Aeri is exceptional at working with younger swimmers, providing support and encouragement at every stage of their development. Her compassion and heartfelt dedication to the spirit of the sport and her fellow swimmers in Montana truly stand out.