

Athlete of the Year Points

Athlete: Daniel Apostol Gender: Male Team: BY

Submitted by: Jessica Marshall

Coach : Kristen Wyatt

May 1, 2024 through April 30, 2025

Meet	Event	Course Length (SC or LC)	Time	Hy-Tek Power Points (1-1100)
				List five only
2025 NC YMCA SC Nationals	50 Free	SC	21.11	782
2025 MN RSC CZ North Section Spring Championshi	100 Free	SC	46.91	736
	200 Free			
	400 Free			
	500 Free			
	800 Free			
	1000 Free			
	1500 Free			
	1650 Free			
	10K			
	50 Back			
	100 Back			
	200 Back			
	50 Breast			
2025 NC YMCA SC Nationals	100 Breast	SC	56.13	851
2025 NC YMCA SC Nationals	200 Breast	SC	02:04.6	811
	50 Fly			
2024 AZ NEP Holiday Swim Festival	100 Fly	SC	51.94	716
	200 Fly			
	200 IM			
	400 IM			
				3896

Directions: Look up Hy-Tek Power Points for the best times for your swimmer on the USA Swimming web site.

Choose the five highest scoring events, and place the power points for each event in the appropriate cell.

Total the five events to determine the athlete's Montana Swimming Athlete of the Year score.

All five entries must be different events. Indicate either long course or short course, but not both for any given event.

Do not use "traditional" age group power points as defined by USA Swimming.

Attach printouts of the USAS web site Hy-Tek scoring for the five events.