

Athlete of the Year Points

Athlete: Dylon Flikkema Gender: Female Team: BOZ

Submitted by: Jessica Marshall

Coach :

May 1, 2024 through April 30, 2025

Meet	Event	Course Length (SC or LC)	Time	Hy-Tek Power Points (1-1100)
				List five only
2025 ST TXLA Four Corners Spring Speedo Sectiona	50 Free	SC	24.34	752
2025 ST TXLA Four Corners Spring Speedo Sectiona	100 Free	SC	51.94	783
	200 Free			
	400 Free			
	500 Free			
	800 Free			
	1000 Free			
	1500 Free			
	1650 Free			
	10K			
	50 Back			
2025 ST TXLA Four Corners Spring Speedo Sectiona	100 Back	SC	55.27	893
2025 ST TXLA Four Corners Spring Speedo Sectiona	200 Back	SC	02:03.3	816
	50 Breast			
	100 Breast			
	200 Breast			
	50 Fly			
	100 Fly			
2025 ST TXLA Four Corners Spring Speedo Sectiona	200 Fly			
	200 IM	SC	02:05.5	807
	400 IM			
				4051

Directions: Look up Hy-Tek Power Points for the best times for your swimmer on the USA Swimming web site.

Choose the five highest scoring events, and place the power points for each event in the appropriate cell.

Total the five events to determine the athlete's Montana Swimming Athlete of the Year score.

All five entries must be different events. Indicate either long course or short course, but not both for any given event.

Do not use "traditional" age group power points as defined by USA Swimming.

Attach printouts of the USAS web site Hy-Tek scoring for the five events.