

Code of Conduct

All team members, team staff, and parents of minors are apprised in writing of this Code of Conduct. A signature on this document constitutes unconditional agreement with its terms.

- a. Team members will display proper respect and sportsmanship toward coaches, officials, administrators, teammates, fellow competitors and the public at all times. This includes team members' public conduct, as well as their use of social media and electronic devices. It also incorporates the terms of the team's anti-bullying policy.
- b. Team members and staff will refrain from any type of illegal or inappropriate behavior that would detract from a positive image of the team or be detrimental to its performance objectives.
- c. The possession or use of alcohol or tobacco products by any athlete is prohibited.
- d. The possession, use, or sale/distribution of any controlled or illegal substance or any form of weapon is strictly forbidden.
- e. No "deck changes" of clothing or swimwear are permitted. Athletes are expected to use available change facilities.
- f. Team members are reminded that when competing in meets, traveling on trips, and attending other team-related functions, they are representing both themselves and the Ad Astra Area Aquatics. Athlete behavior must positively reflect the high standards of the club.
- g. Swimmers are to refrain from inappropriate physical contact at team activities and events.
- h. Swimmers are to refrain from use of inappropriate language.

Failure to comply with the Code of Conduct as set forth in this document may result in disciplinary action (these decisions will be made by the Head Coach and/or the Board of Directors depending on severity of infraction and time constraints). Such discipline may include, but is ~~may~~ not be limited to, the following:

- i. The swimmer may not be allowed to participate in any or all practices, meetings or social events;
- ii. Disqualification from one or more events, or all events of competition;
- iii. Dismissal from the trip and immediate return home at the athlete's expense;
- iv. Disqualification from future team travel meets;
- v. Financial penalties;
- vi. Dismissal from the team; and/or
- vii. Proceedings for a LSC or USA Swimming National Board of Review.

Signature of Athlete: _____

Date: _____

Signature of Parent/Guardian: _____

Date: _____