



LOCKER ROOM MONITORING POLICY

PURPOSE

The following guidelines are designed to maintain personal privacy as well as to reduce the risk of misconduct in locker rooms and changing areas.

FACILITIES

The following is a description of our practice and competition facilities to allow athletes and their families to plan their use:

We practice at: Lawrence Indoor Aquatic Center & the Lawrence Swim School pool

Lawrence Indoor Aquatic Center (LIAC) has: A changing area that is shared with the general public. As such, there are likely to be people who are not associated with Ad Astra Area Aquatics in the changing area around the time of practice. The LIAC has family changing rooms for use as well.

The Lawrence Swim School pool has: One bathroom. Swimmers and families are encouraged to “come in your suit, leave in your suit” since there is only one changing space.

MONITORING

General Policy Considerations

Coaches and staff make every effort to recognize when an athlete goes to the locker room or changing area during practice and competition and, if they do not return in a timely fashion, we will check on the athlete’s whereabouts.

We discourage parents from entering locker rooms and changing areas unless it is truly necessary. In those instances, it should only be a same-sex parent. If this is necessary, parents should let the coach or administrator know about this in advance.

If an athlete needs assistance with his or her uniform or gear (for example, a child under the age of eight), or an athlete’s disability warrants assistance, then we ask that parents let the coach or an administrator know beforehand that he or she will be helping the athlete.

When at the LIAC, family locker rooms may be used in instances where parents must assist an athlete. Our team recommends using these changing areas in these instances.

Policy

Ad Astra Area Aquatics has staggered practices, with different groups arriving and departing throughout the day. It is therefore not practical to constantly monitor locker rooms and changing areas over this extended course of time. While we do not post [staff, coach, parent, other adult] inside or at the doors of the locker rooms and changing areas, we do make occasional sweeps of these areas. [Staff, coach, parent, other adult] conduct





these sweeps, with women checking on female locker rooms, and men checking on male locker rooms.

USE OF CELL PHONES AND OTHER MOBILE RECORDING DEVICES

Cell phones and other mobile devices with recording capabilities, including voice recording, still cameras and video cameras increase the risk for different forms of misconduct in locker rooms and changing areas. The USA Swimming Athlete Protection Policies prohibit the use of such devices in the locker room or other changing area:

305.3 Use of audio or visual recording devices, including a cell phone camera, is not allowed in changing areas, rest rooms or locker rooms.

HOW WE HANDLE MISCONDUCT

If misconduct occurred during team-related activities, we **STOP IT ON THE SPOT** using the following steps:

1. Intervene immediately. It is ok to get another adult to help.
2. Separate the kids involved if necessary OR stop the misconduct.
3. Make sure everyone is safe.
4. Meet any immediate medical or mental health needs.
5. Stay calm. Reassure the kids involved, including bystanders.
6. Model respectful behavior when you intervene.

I understand the above expectations and that my failure to adhere to them may result in disciplinary action.

Swimmer's Name _____

Swimmer's Signature _____

Parent/Guardian Name _____

Parent/Guardian Signature _____

Date _____

