

Columbia Swim Club

Summer Invitational Swim Meet

Mizzou Aquatic Center
June 14th-16th, 2024

MVS SANCTION: Held under the Sanction of Missouri Valley Swimming, Inc. on behalf of USA Swimming, Inc., Sanction Number MV-24-48

TYPE OF MEET: 11 and Over Prelim/Finals and 10 and Under timed finals

LOCATION: Mizzou Aquatic Center at the MU Student Recreation Complex
Corner of Hitt St. and Rollins on MU Campus (Use 1100 Rollins St. for navigation devices)
University of Missouri, Columbia, MO 65211

FACILITY: 50-Meter, 8 lane competition course; 8 lane, 25-yard warm-up, cool-down pool; Colorado Time System throughout facility; 8 lane alphanumeric scoreboard; 2 Full-color digital display boards; 96" touch pads; 2 Stark Movable Bulkheads; pool depth at start end is 8-8.5'; pool depth at turn end is 8-8.5'; 6" Competitor Gold Medal Lane Ropes. Electronic timing system. The competition course has been certified in accordance with 104.2.2C (4). A copy of this certification is on file with USA Swimming. Diving well available for warm-up and warm-down ONLY. Diving boards and Platforms are off limits. **NOTE: Swimmer crashing, coolers, and folding chairs are NOT allowed in the spectator stands - there will be a large parent/swimmer crash zone adjacent to the pool for this purpose. The doors to the MU Student Recreation Complex will open at 6:30 am on Saturday and Sunday.**

ADMISSION & HEAT SHEETS: There will be an admission fee of \$10.00 per day for spectators age 13 and over. Heat sheets will be available on Meet Mobile and CSCTigersharks.org.

PARKING: Information about parking can be found on our website CSCTigersharks.org Parking pass must be purchased if parking before 6pm on Friday.

STARTING TIMES:	FRIDAY MORNING: 1500/ 11- 12 400 Free	Warm Ups: NOT BEFORE 10:00 a.m. Event Starts: NOT BEFORE 11:00 a.m.
	FRIDAY AFTERNOON:	Warm Ups: NOT BEFORE 2:00 p.m. Meet Starts: 3:30 p.m.
	SATURDAY AND SUNDAY MORNINGS PRELIMS:	Warm Ups: NOT BEFORE 6:30 a.m. Meet Starts: NOT BEFORE 8:00 a.m.
	SATURDAY AND SUNDAY 10 AND UNDER:	Warm Ups: NOT BEFORE 1:00 p.m. Meet Starts: NOT BEFORE 2:00 p.m.
	SATURDAY AND SUNDAY FINALS:	Warm Ups: NOT BEFORE 4:00 p.m. Meet Starts: Announced at the meet

OFFICIALS: Meet Referees: Sarah Hansen, drsarahhansen@gmail.com (319) 290-5673
Meet Directors: Monica Miner, meetdirecor@CSCTigersharks.org (660)596-4376
Administrative Referee: Mary Barnes, cscentries.mary@gmail.com (573)999-4958

AVAILABLE MEDICAL RESOURCES: Medical supervision is available to athletes participating in the event in the form of facility lifeguards on duty and EAD device.

ENTRIES: All swimmers must be 2024 athlete members of USA Swimming. The swimmer's age on Friday, June 14, 2024 determines the age for the meet. Registration and validity of all athletes will be verified by the MVS Registration Chair prior to the meet. Those not registered or found to be invalid will not be allowed to swim in the meet. Swimmers competing in any **11 & Over** events may swim a **maximum of 3 individual events per day**. Swimmers competing in any **10 & Under** events may swim a **maximum of 4 individual events per day**. **Swimmers may swim in ONLY 1 age group per day**. Entries should be in Hy-Tek format and be submitted by email. Each entry accepted will be confirmed via a return email receipt. **Fee payment must follow all entries within 7 days**. Columbia Swim Club has the sole discretion to determine which entries to accept. In exercising this discretion, Columbia Swim Club will consider: number of officials provided by team, balance of age groups and gender in entries, level of competition and geographic location. **Any additions/substitutions must be made via email to the entries chair prior to the entry deadline:**

Submit entries to: Mary Barnes, cscentries.mary@gmail.com, 573-999-4958

DEADLINE: **Entries will not be accepted before 8AM CST, Tuesday, May 14, 2024. Entry deadline is 6 p.m. CST, Tuesday June 4, 2024.** Change requests and late entries will be accepted at the discretion of the Meet Committee.

FEES: \$7.00 per individual event
\$25.00 per individual facility surcharge
Please make checks payable to **Columbia Swim Club**.
Mail to: Mary Barnes
1500 Keegan Ct.
Columbia, MO. 65203

LIMITED EVENTS: The 1500 and the 11-12 400 may be limited to maintain a reasonable timeline. It may be necessary to combine male and female swimmers in the same heats to allow for the most number of competitors to swim these events. The 800 will be swum as 13 & Over timed final, with a maximum of 16 total female and 16 total male swimmers. Entries for the 400 IM will be limited to 13 & Over. Entries for the 200 Breaststroke, 200 Backstroke, 200 Butterfly and 400 Freestyle are limited to 11 & Over. The 11 - 12 age groups in the 200 events may be limited to the Top 16 female and Top 16 male swimmers. CSC reserves the right to limit ANY event, to accommodate the session timeline. The entry contact will be notified by email which swimmers are affected by limits prior to the meet. At that time, the entry contact will be given the option to substitute another available event for those swimmers not making the limited lists provided the swimmer does not exceed entry limits. **Once the limited event deadline passes, any changes will be done at the Clerk of Course desk and will be charged the Deck Entry fee.**

DISTANCE CHECK-IN: The 1500 Free, 800 Free, 400 IM, and 400 Free events require positive check-in at the Clerk of Course. Positive check-in DEADLINE for the 1500 and 11-12 400 Free will be 10:15 Friday morning. Positive check-in DEADLINE for the 13 & Over 400 Free and 400 IM will be 15 minutes after the start of warm ups for that session. Positive check-in DEADLINE for the 800 Free will be 10:15 Sunday morning. Swimmers failing to positive check in will be scratched. The 1500 FR, 800 FR, 400 IM, 400 FR will be swum fastest to slowest, alternating genders.

1500, 11- 12 400 FREE AND 800 FREE SWIMMERS MUST PROVIDE THEIR OWN TIMERS AND COUNTERS.

SEEDING: Meet may be deck-seeded. There will be no penalties for missed Prelim and Timed Final events. All 10 and under events may be swum fastest to slowest, combining age groups. Deck entries will be accepted if the timeline permits for non-limited events only in empty lanes and at the discretion of the Meet Director and Meet Referee. Fees for deck entries will be \$14.00 per individual event.

SCRATCHES: No Show penalties may be enforced as follows:

- Any swimmer who qualifies for a Final in Prelims/Finals events, who fails to scratch and fails to compete in said final race, shall be removed from the remainder of the meet.

In order to accommodate efficient deck seeding, the SCRATCH DEADLINE will be 4:00 p.m. on the previous evening for each day's events.

SCORING: There will be no team awards for this meet

AWARDS: Ribbons will be awarded to 10 & Under top 8 finishers. "Sportsmanship" awards will be presented to two swimmers that demonstrate a high degree of sportsmanship.
Awards will not be mailed.

MEET RULES: 2024 United States Swimming Rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP"), will govern the meet and all adult participants participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. 2024 Missouri Valley Swimming Rules will govern the meet. Missouri Valley Swimming Safety Guidelines and Warm-Up Procedures will be in effect. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. **When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.** No swimmer will be allowed on deck without a coach member present. If the home club coach is not planning to attend the event, swimmer must be assigned a supervising coach. If a swimmer arrives without a coach, he/she must find a willing coach at the facility to be assigned as their coach for while on deck. The Safe Sport program is USA Swimming's comprehensive abuse prevention program dedicated to reducing the risk of sexual, emotional, and physical abuse to athletes. Components of the program include, but are not limited to, providing education and training, enforcing policies, rules, and best practice guidelines, promoting healthy boundaries and mandated reporting of violations. The Minor Athlete Abuse Prevention Policy ("MAAPP") prohibits applicable adults from having one-on-one interaction with minor athletes that is not within an observable and interruptible distance from another adult. All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming MAAPP, and that they understand that compliance with the MAAPP Policy is a condition of participation in the conduct of this competition. Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 720-531-0340 or online at www.uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency. All athletes age

18 and older must complete Athlete Protection Training (“APT”) in order to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or before June 14th, 2024 who has not completed APT by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or before June 14th, 2024, who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay. The requirement to complete Athlete Protection Training is an annual requirement. USA Swimming membership will be affected if a non-athlete member or adult athlete member does not renew Athlete Protection Training annually. Each club is responsible for the conduct of its swimmers. Any person who, in the opinion of the Meet Director or Meet Marshall, is harmful to others or to other’s property may be required to leave the competition. Deck changes are prohibited. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

MEET FORMAT: Friday is Timed Finals for all swimmers. Saturday and Sunday are Prelims/Finals for 11 & Over events (except for 800 Free); 10 & Under events will be timed finals. There will be one heat of 11 -12, two heats of 13-14 and two heats of 15 and Over of the open events swimming in finals. All events will be swimming in event order.

WARM UPS: Missouri Valley Swimming Safety Guidelines and Warm-Up Procedures will be in effect. Pending the number of athletes and teams, warmups may be open, assigned, or a combination of both. Warm-up assignments will be provided once entries and timelines have been finalized. **Swimmers must enter the pool by stepping in feet first, or sitting and sliding in, in a safe and cautious manner. Entering in any other manner may result in the disqualification from one or more of the swimmer’s events for that session at the discretion of the Meet Referee. Swimmers may dive during a designated sprint warm up.**

FINAL RESULTS: Final Results will be posted on the Missouri Valley website and may include the swimmer’s name, age, and times. Final results will also be posted on the CSC website at CSCTigersharks.org

CONCESSION: Food Concessions will be available at the meet.

OFFICIALS: Columbia Swim Club welcomes any visiting USA officials who would like to officiate. Please use this [Sign Up Genius](#) to sign up. The officials’ meetings are generally 1 hour before the start of each session. Attire is white/blue.

TIMERS Each participating club **may** be requested to provide timers during the various sessions of the meet. Timer lane assignments would be included in the coaches’ packet and would be sent to each entry chair/coach prior to the start of the meet if needed. Swimmers competing in the 1500, 11- 12 400 Free and 800 Freestyle must provide timers and lap counters for their swims.

All updates will be posted on csctigersharks.org.

CSC Summer Invitational Order of Events

Women's Event		Friday Distance	Men's Event
1*		13 & Over 1500 Free	2*
3*!		11 - 12 400 Free	4*!
Women's Event		Friday PM Finals	Men's Event
5*!		13 & Over 400 Free	6*!
7		Open 50 Fly	8
9		Open 50 Breast	10
11!		11 & Over 200 Fly	12!
13		Open 50 Back	14
15*		13 & Over 400 IM	16*
Women's Event		Saturday AM Prelim/Finals	Men's Event
17!		11 & Over 200 Breast	18!
19		11 & Over 100 Back	20
21		11 & Over 100 Free	22
23		11 & Over 200 IM	24
Women's Event		Saturday PM Timed Finals	Men's Event
25		10 & Under 200 IM	26
27		10 & Under 50 Free	28
29		10 & Under 50 Breast	30
31		10 & Under 100 Back	32
33		10 & Under 50 Fly	34
Women's Event		Sunday AM Prelim/Finals	Men's Event
35		11 & Over 200 Free	36
37		11 & Over 100 Fly	38
39		11 & Over 100 Breast	40
41		11 & Over 50 Free	42
43!		11 & Over 200 Back	44!
55*		13 & Over 800 Free (Timed Final Swum in Finals)	56*
Women's Event		Sunday PM Timed Finals	Men's Event
45		10 & Under 200 Free	46
47		10 & Under 50 Back	48
49		10 & Under 100 Breast	50
51		10 & Under 100 Free	52
53		10 & Under 100 Fly	54

*** 1500 FR, 800 FR, 400 FR, 400 IM will swim fastest to slowest, alternating genders. Swimmers in the 1500, 11-12 400 Free and 800 Free must provide their own counters and timers.**

! The 11 - 12 age groups may be limited to the Top 16 female and Top 16 male swimmers.

Mizzou Aquatics Center Statement of Sportsmanship

Coaches and student-athletes of visiting institutions and organizations, as well as Individual's employed by or associated with that institution, including alumni, fans, patrons and boosters, shall conduct themselves with honesty and good sportsmanship. Unacceptable behavior including tampering, vandalism, or destruction of Mizzou Aquatics Center, Mizzou Rec, or University of Missouri property, physical or verbal Abuse, or refusal to follow instructions given by Mizzou Rec staff will result in Disciplinary action, reimbursement for damages, and/or potential suspension from the facilities and programs. Anyone asked to leave by the staff will not be refunded any paid charges.