

Prescratch Estimated Time Line for Prelim Sessions
2024 - SPEEDO SECTIONALS REGION VIII
COLUMBIA, MO
March 14 - 17, 2024

Event	Heats	Start Time	Event	Heats	Start Time
<u>Thursday, March 14, 2024</u>			<u>Friday, March 15, 2024</u>		
3 W 50 Fly	10	9:00 AM	13 W 200 Free Relay	2	9:00 AM
4 M 50 Fly	8	9:08 AM	14 M 200 Free Relay	3	9:05 AM
5 W 200 Back	8	9:15 AM	RELAY BREAK		9:12 AM
6 M 200 Back	6	9:37 AM	15 W 200 Free	10	9:22 AM
7 W 50 Free	10	9:52 AM	16 M 200 Free	10	9:47 AM
8 M 50 Free	10	10:00 AM	17 W 100 Fly	12	10:10 AM
9 W 200 Breast	7	10:08 AM	18 M 100 Fly	9	10:28 AM
10 M 200 Breast	6	10:30 AM	19 W 400 IM	7	10:40 AM
RELAY BREAK		10:47 AM	20 M 400 IM	6	11:20 AM
11 W 800 Free Relay	1	10:57 AM	RELAY BREAK		11:51 AM
12 M 800 Free Relay	2	11:07 AM	21 W 200 Med Relay	3	12:01 PM
End of Session		11:25 AM	22 M 200 Med Relay	3	12:09 PM
			End of Session		12:17 PM
2 M 1500 Free	3	Aprox 2:10 PM			
1 W 800 Free	2	Alternating			
<u>Saturday, March 16, 2024</u>			<u>Sunday, March 17, 2024</u>		
23 W 100 Back	13	9:00 AM	35 W 50 Back	9	9:00 AM
24 M 100 Back	9	9:19 AM	36 M 50 Back	7	9:07 AM
25 W 400 Free	6	9:31 AM	37 W 200 IM	11	9:13 AM
26 M 400 Free	7	10:01 AM	38 M 200 IM	9	9:44 AM
27 W 100 Breast	9	10:33 AM	39 W 100 Free	10	10:07 AM
28 M 100 Breast	8	10:48 AM	40 M 100 Free	9	10:21 AM
29 W 200 Fly	5	11:00 AM	41 W 50 Breast	7	10:32 AM
30 M 200 Fly	4	11:14 AM	42 M 50 Breast	7	10:39 AM
RELAY BREAK		11:25 AM	RELAY BREAK		10:45 AM
31 W 400 Free Relay	3	11:35 AM	43 W 400 Med Relay	3	10:55 AM
32 M 400 Free Relay	3	11:49 AM	44 M 400 Med Relay	3	11:11 AM
End of Session		12:02 PM	End of Session		11:26 AM
			34 M 800 Free	3	Aprox 2:20 PM
			33 W 1500 Free	2	Alternating