

2025 - SPEEDO SECTIONALS REGION VIII
COLUMBIA, MO
Saturday, July 12, 2025
Preliminaries Time Line

		<u>NO. OF HEATS</u>	
Event #35	Women's 50 Back	7	9:00 AM
Event #36	Men's 50 Back	7	9:08 AM
	Timer Transition		9:17 AM
Event #37	Women's 200 IM	12	9:20 AM
Event #38	Men's 200 IM	8	9:56 AM
Event #39	Women's 100 Free	11	10:18 AM
Event #40	Men's 100 Free	10	10:35 AM
	Timer Transition		10:49 AM
Event #41	Women's 50 Breast	8	10:52 AM
Event #42	Men's 50 Breast	6	11:01 AM
	RELAY BREAK		11:07 AM
Event #43	Women's 400 Med Relay	3	11:17 AM
Event #44	Men's 400 Med Relay	3	11:34 AM
	End of Session		11:49 AM
	Distance Events will start		2:10 AM

**** Time Trial Signup deadline is 9:30 AM ****