



Speedo Sectionals at Columbia 2025
Mizzou Aquatic Center – Columbia, MO
March 13 - 16, 2025

**** Note: This is an estimated timeline only. Events will begin at their scheduled time or potentially later. ****

Event	Heats	Start Time
<u>Sunday, March 16, 2025</u>		
35 W 50 Back	8	9:00 AM
36 M 50 Back	6	9:06 AM
37 W 200 IM	10	9:11 AM
38 M 200 IM	8	9:36 AM
39 W 100 Free	11	9:55 AM
40 M 100 Free	11	10:08 AM
41 W 50 Breast	6	10:21 AM
42 M 50 Breast	6	10:26 AM
<i>Break</i>		10:31 AM
43 W 400 Medley Relay	4	10:41 AM
44 M 400 Medley Relay	3	10:59 AM
<i>End of Session</i>		11:11 AM

****Relay Cards are due 1 hour prior to the relay event start****

