



Speedo Sectionals at Columbia 2025
Mizzou Aquatic Center – Columbia, MO
March 13 - 16, 2025



**** Note: This is an estimated timeline only. Events will begin at their scheduled time or potentially later. ****

<u>Event</u>	<u>Heats</u>	<u>Start Time</u>
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Sunday, March 16, 2025

35 W 50 Back	8	9:00 AM
36 M 50 Back	7	9:06 AM
37 W 200 IM	11	9:12 AM
38 M 200 IM	9	9:40 AM
39 W 100 Free	11	10:00 AM
40 M 100 Free	12	10:14 AM
41 W 50 Breast	7	10:27 AM
42 M 50 Breast	6	10:34 AM
Break		10:39 AM
43 W 400 Medley Relay	3	10:49 AM
44 M 400 Medley Relay	3	11:02 AM
End of Session		11:15 AM

**** Distance freestyle events are swum slowest to fastest ****

<u>Event</u>	<u>Heat</u>	<u>Start Time</u>
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Sunday, March 16, 2025

33 W 1650 Free	Heat 1	2:15 PM
34 M 1000 Free	Heat 1	2:33 PM
33 W 1650 Free	Heat 2	2:43 PM
34 M 1000 Free	Heat 2	3:02 PM
34 M 1000 Free	Heat 3	3:12 PM
End of Session		3:23 PM

