

Empire KC Swim Club

TEAM RECORDS

Long Course Meters (LCM)

Updated 09/04/2025

10 & Under - LCM

GIRLS	YEAR	TIME	EVENT	TIME	YEAR	BOYS
Avery Karl	2016	32.49	50 Free	33.24	2019	Nash Wiles
Calleigh Turner	2022	1:11.93	100 Free	1:13.91	2017	Caden Bichsel
Calleigh Turner	2022	2:35.45	200 Free	2:38.41	2023	Henry Heise
Calleigh Turner	2022	5:22.75	400 Free	5:37.99	2023	Henry Heise
Abby Sanning	2018	39.62	50 Back	38.36	2019	Lucas Francois
Estelle Leeper	2025	1:24.46	100 Back	1:24.04	2019	Lucas Francois
Shiloh Yeh	2024	41.52	50 Breast	41.64	2025	Guilherme Sposito
Shiloh Yeh	2024	1:34.64	100 Breast	1:29.10	2025	Guilherme Sposito
Madeleine Sifers	2023	35.80	50 Fly	35.96	2019	Lucas Francois
Estelle Leeper	2025	1:24.49	100 Fly	1:26.16	2022	Warwick Kearns
Madeleine Sifers	2023	3:04.21	200 IM	3:01.46	2019	Nash Wiles
Abigail Sanning Emily Glen Castilya Asir Kay Haas	2018	2:49.66	200 Medley Relay	2:43.56	2019	Chase Weatherby Nash Wiles Lucas Francois Charlie Tietjen
Caroline Newell Emma Ruhl Avery Salva Madeleine Sifers	2023	2:26.58	200 Free Relay	2:23.43	2019	Nash Wiles Owen Bland Charlie Tietjen Lucas Francois
Calleigh Turner Ethan Suen Kate Bowerman Warwick Kearns	2022	2:15.33	MIXED 200 Free Relay	2:15.33	2022	Calleigh Turner Ethan Suen Kate Bowerman Warwick Kearns
Warwick Kearns Ethan Suen Calleigh Turner Kate Bowerman	2022	2:42.36	Mixed 200 Medley Relay	2:42.36	2022	Warwick Kearns Ethan Suen Calleigh Turner Kate Bowerman

11-12 Year Olds - LCM

GIRLS	YEAR	TIME	EVENT	TIME	YEAR	BOYS
Katelyn Geren	2025	28.80	50 Free	27.16	2016	Lance Godard
Anna Hess	2018	1:03.92	100 Free	58.91	2016	Lance Godard
Anna Hess	2018	2:22.20	200 Free	2:08.33	2016	Lance Godard
Anna Eshleman	2023	4:55.65	400 Free	4:36.04	2016	Lance Godard
Anna Eshleman	2023	10:23.76	800 Free	10:27.53	2019	Caden Bichsel
Anna Eshleman	2023	19:36.15	1500 Free	18:29.56	2015	Lance Godard
Anna Hess	2018	32.29	50 Back	31.98	2015	Caleb Musser
Anna Hess	2018	1:12.22	100 Back	1:07.33	2016	Lance Godard
Sofia Ellison	2021	2:45.66	200 Back	2:24.07	2016	Lance Godard
Katelyn Geren	2025	35.92	50 Breast	34.74	2016	Dominick Damico
Katelyn Geren	2025	1:20.25	100 Breast	1:17.22	2016	Dominick Damico
Shiloh Yeh	2025	3:06.09	200 Breast	2:49.92	2016	Dominick Damico
Katelyn Geren	2025	30.96	50 Fly	29.95	2015	Lance Godard
Sofia Ellison	2021	1:08.31	100 Fly	1:06.45	2015	Lance Godard
Sofia Ellison	2021	2:41.46	200 Fly	2:27.92	2016	Lance Godard
Anna Eshleman	2023	2:43.35	200 IM	2:24.95	2016	Lance Godard
Anna Eshleman	2023	5:56.79	400IM	5:04.82	2016	Lance Godard
Caroline Newell Shiloh Yeh Katelyn Geren Sophie Wagner	2025	2:18.29	200 Medley Relay	2:17.36	2015	Caleb Musser Daniel Worth Leo Kuruca JT Amrein
Mehania Asir Lanie Tietjen Ella Kurtz Avery Karl	2018	2:04.78	200 Free Relay	1:57.85	2015	Lance Godard JT Amrein Daniel Worth Caleb Musser
Mehania Asir Ella Kurtz Laney Weatherby Avery Karl	2018	4:34.35	400 Free Relay	4:28.00	2015	JT Amrein Daniel Worth Leo Kurucz Caleb Musser

13-14 Year Olds - LCM

GIRLS	YEAR	TIME	EVENT	TIME	YEAR	BOYS
Avery Karl	2019	27.09	50 Free	25.10	2017	Lance Godard
Hayden Benbow	2025	1:00.20	100 Free	55.20	2019	John Tietjen
Clara Seemann	2024	2:10.37	200 Free	2:00.60	2017	Caleb Musser
Clara Seemann	2024	4:33.53	400 Free	4:19.32	2019	John Tietjen
Cayla Prophater	2017	9:32.83	800 Free	9:10.69	2018	Leo Kurucz
Bethany Glen	2018	18:52.42	1500 Free	17:55.23	2016	Harry Tjaden
Karsyn Ward	2025	30.89	50 Back*	36.42	2025	Sawyer Bland
Karsyn Ward	2025	1:05.01	100 Back	1:02.10	2017	Caleb Musser
Karsyn Ward	2025	2:18.23	200 Back	2:16.51	2017	Caleb Musser
Eloise Seemann	2025	42.08	50 Breast*	40.39	2025	Colin Duke
Clara Seemann	2024	1:13.52	100 Breast	1:08.14	2017	Daniel Worth
Clara Seemann	2024	2:40.17	200 Breast	2:27.39	2017	Daniel Worth
Sasha Weiner	2025	29.95	50 Fly*	29.73	2025	Warwick Kearns
Clara Seemann	2024	1:05.24	100 Fly	58.74	2018	Lance Godard
Clara Seemann	2024	2:29.08	200 Fly	2:16.11	2018	Lance Godard
Clara Seemann	2024	2:25.19	200 IM	2:14.72	2017	Lance Godard
Clara Seemann	2024	5:09.75	400 IM	4:47.51	2018	Lance Godard
Hayden Benbow Addison Murray Isabel Yeh Calleigh Turner	2025	2:16.26	200 Medley Relay	2:12.94	2023	Cole Hansen Cameron Hagen Owen Bland Davin Bachtel
Eliza Killough Abby Sanning Elodie Cox Willow Weninger	2022	1:55.31	200 Free Relay	1:43.50	2017	JT Amrein Daniel Worth Caleb Musser Lance Godard
Eliza Killough Addison Woody Willow Weninger Elodie Cox	2022	4:12.42	400 Free Relay	3:50.22	2017	Lance Godard JT Amrein Daniel Worth Caleb Musser
Sofia Ellison Elodie Cox Castiliya Asir Willow Weninger	2022	4:44.24	400 Medley Relay	04:11.99	2017	Caleb Musser Daniel Worth Lance Godard JT Amrein

*addition of events by USA Swimming starting in Oct 2024. Times were achieved following that publication

15-16 Year Olds - LCM

GIRLS	YEAR	TIME	EVENT	TIME	YEAR	BOYS
Avery Karl	2022	25.54	50 Free	23.86	2024	Noah Reeves
Lucy Velte	2025	56.29	100 Free	52.13	2021	Caden Francois
Lucy Velte	2025	2:03.83	200 Free	1:52.60	2016	Liam Bresette
Lucy Velte	2025	4:19.54	400 Free	4:01.19	2016	Liam Bresette
Lucy Velte	2025	9:22.57	800 Free	8:25.07	2015	Liam Bresette
Bethany Glen	2019	18:32.69	1500 Free	16:30.69	2016	Liam Bresette
Abby Karl	2019	1:02.29	100 Back	57.53	2024	Andrew Baklanov
Abby Karl	2019	2:21.27	200 Back	2:02.96	2024	Andrew Baklanov
Clara Seeman	2025	1:12.64	100 Breast	1:04.61	2019	Daniel Worth
Clara Seeman	2025	2:38.28	200 Breast	2:21.41	2018	Daniel Worth
Lucy Velte	2025	1:00.02	100 Fly	56.41	2019	Lance Godard
Kinley Baber	2025	2:23.88	200 Fly	2:06.05	2018	Lance Godard
Lucy Velte	2025	2:18.14	200 IM	2:10.14	2018	Daniel Worth
Kinley Baber	2025	4:59.31	400 IM	4:35.843	2024	Andrew Baklanov
Emma Hagan Kathleen Deedy Analynn Bullock Abby Karl	2018	2:00.39	200 Free Relay	1:38.95	2019	Lance Godard Daniel Worth Caden Francois Caleb Musser
- - - -			200 Medley Relay	1:55.24	2018	Caleb Musser Daniel Worth Harry Tjaden Lance Godard
Emma Hagan Analynn Bullock Anna Glen Kathleen Deedy	2018	4:29.21	400 Free Relay	3:39.64	2019	Lance Godard Caden Francois Daniel Worth Caleb Musser
Analynn Bullock Marie Shmurak Kathleen Deedy Emma Hagan	2018	4:57.59	400 Medley Relay	4:26.77	2019	James Schipfer Connor Bichsel Sayf Nabulsi Zach Gilmore

17-18 Year Olds + OPEN Relays - LCM

GIRLS	YEAR	TIME	EVENT	TIME	YEAR	BOYS
Avery Karl	2024	25.63	50 Free	23.94	2024	Noah Reeves
Helena Tietjen	2024	57.04	100 Free	51.92	2018	Liam Bresette
Helena Tietjen	2024	2:04.71	200 Free	1:51.64	2017	Liam Bresette
Crissie Blomquist	2016	4:21.86	400 Free	3:59.22	2017	Liam Bresette
Crissie Blomquist	2016	9:00.19	800 Free	8:39.30	2017	Liam Bresette
Maddie Hosick	2016	19:16.82	1500 Free	16:24.25	2019	Harry Tjaden
Haley Hynes	2015	1:05.06	100 Back	58.27	2024	Andrew Baklanov
Delany Boulden	2022	2:20.61	200 Back	2:03.97	2024	Andrew Baklanov
Carli Poppen	2023	1:17.58	100 Breast	1:04.10	2020	Daniel Worth
Carli Poppen	2023	2:49.42	200 Breast	2:20.38	2024	Noah Reeves
Ella Hansen	2024	1:01.69	100 Fly	55.26	2022	Jack Ailshire
Ella Hansen	2023	2:20.11	200 Fly	2:07.55	2019	Harry Tjaden
Haley Hynes	2015	2:21.61	200 IM	2:06.27	2017	Liam Bresette
Tess Boyer	2024	5:07.41	400 IM	4:29.04	2024	Andrew Baklanov
Helena Tietjen Ella Hansen Avery Frick Avery Karl	2024	1:45.32	200 Free Relay	1:36.12	2025	Noah Reeves Andrew Baklanov Timothy Harmon Caleb Ellis
Kinley Baber Presley Baber Ashlyn Bolyard Lucy Velte	2025	3:52.53	400 Free Relay	3:33.49	2016	PJ Musser Garrett Spencer AJ Iseman Liam Bresette
Lucy Velte Tess Boyer Clara Seeman Helena Tietjen	2024	8:34.13	800 Free Relay	7:44.43	2025	Caleb Ellis Josh Battison Noah Reeves Andrew Baklanov
Ashlyn Bolyard Clara Seeman Lucy Velte Avery Frick	2025	1:57.32	200 Medley Relay	1:44.26	2025	Andrew Baklanov Noah Reeves Nathan Butler Caleb Ellis
Ashlyn Bolyard Clara Seeman Kinley Baber Lucy Velte	2025	4:17.23	400 Medley Relay	3:51.96	2024	Andrew Baklanov Noah Reeves Jack Ailshire Josh Battison