

Empire KC Swim Club

TEAM RECORDS

Short Course Yards (SCY)

Updated 03/18/2025

10 & Under - SCY

GIRLS	YEAR	TIME	EVENT	TIME	YEAR	BOYS
Avery Karl	2017	27.56	50 Free	29.59	2020	Lucas Francois
Calleigh Turner	2023	1:01.03	100 Free	1:06.24	2017	Nathan Butler
Calleigh Turner	2023	2:13.36	200 Free	2:20.05	2023	Henry Heise
Calleigh Turner	2023	5:52.71	500 Free	6:09.16	2023	Henry Heise
Madeleine Sifers	2024	31.83	50 Back	34.14	2022	Trevor Sifers
Madeleine Sifers	2024	1:08.15	100 Back	1:13.49	2023	Henry Heise
Shiloh Yeh	2024	36.25	50 Breast	36.18	2025	Guilherme Sposito
Elodie Cox	2019	1:21.44	100 Breast	1:19.78	2025	Guilherme Sposito
Madeleine Sifers	2024	30.81	50 Fly	31.02	2020	Lucas Francois
Calleigh Turner	2023	1:09.25	100 Fly	1:10.67	2022	Trevor Sifers
Calleigh Turner	2023	1:11.08	100 IM	1:13.64	2023	Henry Heise
Calleigh Turner	2023	2:33.18	200 IM	2:38.72	2023	Henry Heise
Jillian Markley Maggie Hopkins Audrie Hanway Anna Eshleman	2022	2:13.06	200 Medley Relay	2:18.23	2023	Henry Heise Ethan Suen Ryan Reed Khyson Elting
Isabel Yeh Kate Bowerman Myah Martin Calleigh Turner	2023	1:55.86	200 Free Relay	1:54.97	2023	Trevor Sifers Warwick Kearns Jagar Chinbat Walker Newell
Calleigh Turner Caroline Newell Eloise Clune Madeleine Sifers	2023	4:39.82	400 Free Relay	4:38.09	2023	Henry Heise Ethan Suen Ryan Reed Khyson Elting

11-12 Year Olds – SCY

GIRLS	YEAR	TIME	EVENT	TIME	YEAR	BOYS
Abby Karl	2016	25.02	50 Free	24.11	2015	Lance Godard
Abby Karl	2016	55.54	100 Free	50.12	2016	Lance Godard
Elodie Cox	2021	2:05.49	200 Free	1:51.12	2016	Lance Godard
Calleigh Turner	2025	5:33.63	500 Free	5:05.21	2015	Lance Godard
Calleigh Turner	2025	11:39.22	1000 Free	11:31.93	2025	Henry Heise
-	-	-	1650 Free	17:33.07	2016	Lance Godard
Anna Hess	2018	27.40	50 Back	26.92	2016	Lance Godard
Abby Karl	2016	59.63	100 Back	56.11	2016	Lance Godard
Chloe Clapp	2018	2:17.67	200 Back	2:02.00	2016	Lance Godard
Katelyn Geren	2025	32.23	50 Breast	29.79	2017	Dominick Damico
Katelyn Geren	2025	1:10.24	100 Breast	1:03.93	2017	Dominick Damico
Carli Poppen	2019	2:38.97	200 Breast	2:18.83	2017	Dominick Damico
Abby Karl	2016	26.00	50 Fly	25.18	2016	Lance Godard
Abby Karl	2016	59.11	100 Fly	55.51	2016	Lance Godard
Calleigh Turner	2025	2:21.48	200 Fly	2:13.53	2016	Sayf Nabulsi
Carli Poppen	2019	1:02.78	100 IM	58.89	2015	Lance Godard
Carli Poppen	2019	2:15.73	200 IM	2:02.34	2015	Lance Godard
Abigail Sanning	2021	5:04.68	400IM	4:26.47	2016	Lance Godard
Chloe Clapp Carli Poppen Anna Hess Avery Karl	2018	1:56.68	200 Medley Relay	1:52.47	2017	Leo Kurucz Dom Damico Caleb Ellis John Tietjen
Anna Hess Carli Poppen Chloe Clapp Avery Karl	2018	1:46.55	200 Free Relay	1:44.12	2015	Caleb Musser JT Amrein Leo Kurucz Lance Godard
Anna Eshleman Jillian Markley Molly Hartweger Katharine Costello	2023	4:02.14	400 Free Relay	3:46.93	2017	Caleb Ellis John Tietjen Dom Damico Leo Kurucz
Emma Fry Katharine Costello Anna Eshleman Kameryn Ross	2022	4:35.86	400 Medley Relay	4:06.80	2017	Leo Kurucz Dom Damico Caleb Ellis John Tietjen

13-14 Year Olds - SCY

GIRLS	YEAR	TIME	EVENT	TIME	YEAR	BOYS
Avery Karl	2021	22.64	50 Free	21.08	2018	Lance Godard
Avery Karl	2021	51.14	100 Free	47.05	2018	Lance Godard
Clara Seemann	2024	1:52.96	200 Free	1:43.35	2018	Lance Godard
Clara Seemann	2024	4:56.38	500 Free	4:44.44	2017	Caleb Musser
Cayla Prophater	2017	10:25.50	1000 Free	9:53.98	2019	Leo Kurucz
Cayla Prophater	2016	18:08.88	1650 Free	16:41.55	2017	Caleb Musser
Karsyn Ward	2025	56.01	100 Back	53.11	2017 2018	Caleb Musser Lance Godard
Karsyn Ward	2025	1:59.88	200 Back	1:53.37	2018	Lance Godard
Clara Seemann	2024	1:03.11	100 Breast	59.05	2019	Dom Damico
Clara Seemann	2024	2:16.71	200 Breast	2:06.51	2019	Dom Damico
Helena Tietjen	2022	55.48	100 Fly	50.28	2018	Lance Godard
Kinley Baber	2024	2:04.16	200 Fly	1:52.98	2018	Lance Godard
Clara Seemann	2024	2:06.72	200 IM	1:54.53	2018	Lance Godard
Clara Seemann	2024	4:23.72	400 IM	4:06.77	2018	Lance Godard
Karsyn Ward Clara Seemann Kinley Baber Elizabeth McCoy	2024	1:48.41	200 Medley Relay	1:43.05	2023	Andrew Baklanov Khasar Chinbat Jack Munro Noah Reeves
Clara Seemann Elizabeth McCoy Hayden Benbow Kinley Baber	2024	1:38.77	200 Free Relay	1:32.41	2022	Andrew Baklanov Khasar Chinbat Jack Munro Noah Reeves
Elodie Cox Eliza Killough Sofia Ellison Willow Weninger	2023	3:36.64	400 Free Relay	3:17.14	2019	Leo Kurucz Caleb Ellis John Tietjen Caden Francois
Sofia Ellison Elodie Cox Eliza Killough Willow Weninger	2023	3:57.11	400 Medley Relay	3:36.31	2019	Caden Francois Dom Damico Caleb Ellis Leo Kurucz

15-16 Year Olds - SCY

GIRLS	YEAR	TIME	EVENT	TIME	YEAR	BOYS
Avery Karl	2022	22.22	50 Free	20.90	2019	Caleb Musser
Avery Karl	2022	49.92	100 Free	45.27	2020	Caleb Ellis
Helena Tietjen	2023	1:47.73	200 Free	1:38.15	2015	Liam Bresette
Clara Seemann	2025	4:55.08	500 Free	4:26.46	2015	Liam Bresette
Bethany Glen	2019	10:17.64	1000 Free	9:40.06	2020	Leo Kurucz
Bethany Glen	2019	17:50.54	1650 Free	15:40.30	2015	Liam Bresette
Lucy Velte	2025	53.93	100 Back	48.97	2023	Andrew Baklanov
Ashlyn Bolyard	2025	2:00.67	200 Back	1:46.54	2023	Andrew Baklanov
Clara Seemann	2025	1:02.24	100 Breast	54.45	2018	Daniel Worth
Clara Seemann	2025	2:14.74	200 Breast	1:59.21	2019	Daniel Worth
Lucy Velte	2025	54.05	100 Fly	48.10	2020	Caleb Ellis
Kinley Baber	2025	2:05.99	200 Fly	1:47.07	2020	Caleb Ellis
Lucy Velte	2024	2:01.60	200 IM	1:48.50	2020	Caleb Ellis
Clara Seemann	2025	4:21.66	400 IM	3:54.93	2018	Daniel Worth
Kariss Johnson Ella Kurtz Erin Davis Ella Johnson	2022	1:49.70	200 Free Relay	-	-	-
-	-	-	200 Medley Relay	1:55.80	2022	Caden Bichsel Quinton Cross Grayden Peoples Grant Tabler
Delaney Boulden Emma Hagan Anika Lam Abby Karl	2019	3:36.67	400 Free Relay	-	-	-
-	-	-	400 Medley Relay	3:45.84	2020	Leo Kurucz George Bahr Caleb Ellis John Tietjen

17-18 Year Olds + OPEN Relays - SCY

GIRLS	YEAR	TIME	EVENT	TIME	YEAR	BOYS
Avery Karl	2023	22.11	50 Free	20.05	2025	Noah Reeves
Avery Karl	2023	49.16	100 Free	44.26	2017	Liam Bresette
Helena Tietjen	2024	1:48.38	200 Free	1:36.27	2018	Liam Bresette
Crissie Blomquist	2017	4:54.21	500 Free	4:23.52	2016	Liam Bresette
Crissie Blomquist	2017	10:14.51	1000 Free	9:10.80	2023	John Tietjen
Rebecca Pickert	2024	17:21.57	1650 Free	15:28.62	2023	John Tietjen
Avery Karl	2023	54.95	100 Back	47.84	2023	Caden Francois
Avery Karl	2023	2:02.44	200 Back	1:47.21	2022	Keaton Kristoff
Helena Tietjen	2025	1:01.90	100 Breast	53.07	2020	Daniel Worth
Anne Deedy	2022	2:14.92	200 Breast	1:57.63	2020	Daniel Worth
Avery Karl	2023	53.63	100 Fly	47.88	2022	Caleb Ellis
Anne Deedy	2022	2:01.19	200 Fly	1:46.94	2022	Caleb Ellis
Helena Tietjen	2025	2:01.20	200 IM	1:47.34	2017	Liam Bresette
Anne Deedy	2022	4:19.89	400 IM	3:51.95	2025	Andrew Baklanov
Lucy Velte Avery Frick Ashlyn Bolyard Helena Tietjen	2025	1:33.14	200 Free Relay	1:22.90	2023	Lance Godard Carter McIntosh Jack Ailshire Caden Francois
Lucy Velte Angela Kim Ashlyn Bolyard Helena Tietjen	2025	3:23.34	400 Free Relay	3:01.91	2023	Lance Godard Blake Francois Jack Ailshire Caden Francois
Lucy Velte Rebecca Pickert Clara Seemann Helena Tietjen	2025	7:28.52	800 Free Relay	6:47.57	2023	Caden Francois John Tietjen Jack Ailshire Marat Usov
Lucy Velte Clara Seemann Sophia Boshart Helena Tietjen	2025	1:41.96	200 Medley Relay	1:30.48	2022	Caden Francois Connor Bichsel Micah Leslie Caleb Ellis
Ashlyn Bolyard Clara Seemann Lucy Velte Helena Tietjen	2025	3:42.32	400 Medley Relay	3:20.99	2022	Caden Francois Demarkus Darensbourg Jack Ailshire John Tietjen