



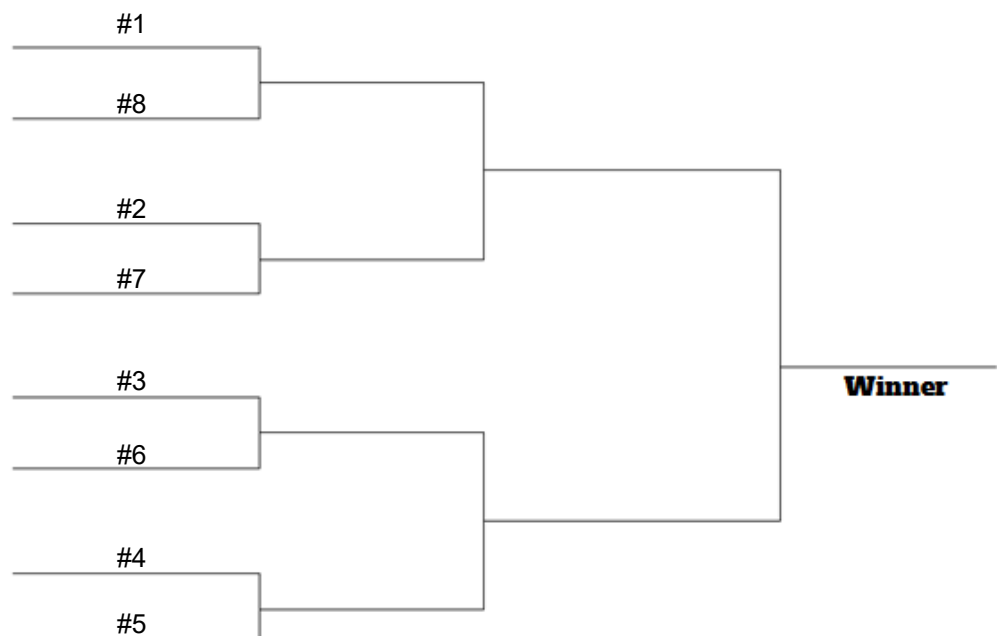
# WOODY MEMORIAL INVITATIONAL

Capitol Federal Natatorium  
November 17-19, 2023

**MVS SANCTION:** Held under the Sanction of Missouri Valley Swimming, Inc. on behalf of USA Swimming, Inc., Sanction number MV-23-76. It is understood and agreed that USA Swimming, Missouri Valley and Empire KC Swim Club shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

**MEET FORMAT:** Prelim/Final format for all age groups. Events will be combined by ages during prelims but separated in finals as follows:  
Top 8 for 10 & under and 11-12.  
Top 16 for 13-14 and 15 and over. With the exception of 13 & over 500 Free, which is Top 8.  
The order of Final events shall be consolation "B" Final and championship "A" Final.

Woody loved the 50 Free Shootout. In honor and remembrance of Woody, the 50 Free will be in shoot out form. All swimmers entered in the 50 free will swim in prelims. Then by gender and age group, the top 8 will move onto Saturday night's quarter-final round, then the top 4 will move onto the Sunday's semi-final round and then finally the top 2 in each gender and age group will compete in Sunday night's finals.



**FACILITY:** Capitol Federal Natatorium  
530 Tuffy Kellogg Drive  
Topeka, KS 66606

Two 25-yard courses separated by a bulkhead, eight lanes each with non-turbulent lane lines. The east-pool depth at the start end is 5.0ft at both ends. The west pool is 5ft. at the start end and 4ft at the turn end. A separate four-lane 25 yard warmup/cooldown pool will be available. Colorado timing system with two (2) 8 lane readouts.

**Pool Certification:** The competition course has been certified in accordance with 104.2.2C(4). A copy of certification is on file with USA Swimming.

**SESSION** FRIDAY EVENING Warm Ups: 3:00 p.m.  
**START TIMES:** Meet Starts: 4:30 p.m.  
SATURDAY AND SUNDAY PRELIMS: Warm Ups: 7:00 a.m.  
Meet Starts: 8:15 a.m.  
SATURDAY AND SUNDAY FINALS: Warm Ups: 4:00 p.m.  
Meet Starts: 5:15 p.m.  
Note: Depending on the entry numbers in each age group, prelims may be split into 12U and 13O.

<b>MEET PERSONEL:</b>	<b>Meet Referee:</b>	Joe Farthing	jfarthing@crititech.com 785-764-2422
	<b>Meet Director:</b>	David Bowerman	david.bowerman@selectquote.com 816-678-6980
	<b>Administrative Referee:</b>	David Carpenter	dccarpenter@cox.net 785-640-9762
	<b>Entries Chair:</b>	Carmen Menges	carmen.menges@yahoo.com 816-918-3773

**ENTRIES:** All swimmers must be 2023 or 2024 athlete members of USA Swimming. Registration and validity of all athletes will be verified by the MVS Registration Chair prior to the meet. Those not registered or found to be invalid will not be allowed to swim in the meet. The swimmer's age on Friday, November 17, 2023 determines the age for the meet. Swimmers may swim up to 3 events per day, 7 max for the meet. Entries should be in Hy-tek format and may be submitted by email. Each entry accepted will be confirmed via a return email receipt.

Empire KC Swim Club (EKC) has the sole discretion to determine which entries to accept. In exercising this discretion, EKC will consider; number of officials provided by team; balance of age groups and gender in entries; level of competition; and geographic location.

**Submit entries/payments to:**

Empire KC Swim Club  
PO Box 7177  
Lee's Summit MO 64064

carmen.menges@yahoo.com

**Entries will not be accepted before 8am CDT, Thursday, October 26, 2023. Entry deadline is 6pm CST, Thursday, November 9, 2023.** Change requests and late entries after the entry deadline are subject to approval by the entries chair and meet referee.

**FEES:** \$7.00 per individual event  
\$35.00 per individual facility surcharge

Please make checks payable to Empire KC Swim Club.

Admission will be free for this meet

\*\*Heat Sheets will be published free to MeetMobile and on our website at: [ekclions.com](http://ekclions.com).

**DISTANCE  
CHECK-IN:**

Positive check-in is required for: 12&U 500 Free, 400 IM, 12&U 200IM, 1000 Free, 1650 Free. All events during Friday's session will be swum fastest to slowest.

Positive check-in for the 12&U 500 Free, 400IM, 12&U 200IM, 1000 Free and 1650 Free will be due by 4:00pm Friday, November 17, 2023. **Swimmers failing to positive check-in will be scratched from that specific event(s).**

**SWIMMERS MUST PROVIDE THEIR OWN TIMERS AND COUNTERS** for the 1000 and 1650 yard free-style events.

**SEEDING:**

All prelim events will be swum slowest to fastest, with the exception of the 500 free. All timed final events will be swum fastest to slowest.

Deck entries will be accepted if the timeline permits for non-limited events only and at the discretion of the Administrative Referee and Meet Referee.

Fees for deck entries will be: \$14.00 per individual event

**SCRATCH  
RULES:**

Scratch procedures are in accordance with current USA Swimming National Championship rules and regulations (Rule 207.11.6) and this meet announcement. No Show penalties are as listed below:

1. Failure to compete in a preliminary event will result in the swimmer missing their next individual event of the meet.
2. Any swimmer who qualifies for an A, B or C final, who fails to declare intent to scratch or to scratch per USA Swimming Championship procedures and fails to compete in said final race shall be removed from the remainder of the meet.
3. Any swimmer who qualifies for an A or B final, who fails to declare intent to scratch or to scratch per USA Swimming Championship Rules and fails to compete in said final race, which is his/her final race of the Meet, shall be fined one hundred dollars (\$100.00).
4. A swimmer who positively checks in or who does not scratch their last individual event of the meet and fails to compete is penalized \$50.00 in prelims.

100% of all fines go to the Missouri Valley Athlete Travel Fund.

A list will be sent to the LSC immediately following the Meet. The swimmer will have their club contacted by the LSC immediately following receipt of the list. Within thirty days (30) after the postmark of the notification from the LSC, payment must be received or the swimmer is barred from future Missouri Valley Championship Meets.

A list will be sent to the Meet Directors of future Missouri Valley Championship Meets.

If payment is NOT received within the thirty (30) day time period, and is deemed late by the LSC, a penalty of DOUBLE the fine will be incurred by the swimmer.

**Positive Check-in/Scratch Deadlines:**

**Positive check-in for all Friday events are due at 3:30 PM on Friday**

**Scratches for Saturday and Sunday preliminary events are due 30 minutes after the time established for the start of the finals session of the previous day.**

**SCORING:**

This meet will be scored to select high point winners in each age group: 10&U, 11-12, 13-14 and 15&O.

**AWARDS:**

Prizes will be awarded to winners of random "Hot Heats"

The high point winner in each age group will receive Speedo Swag Bags.

**MEET RULES:**

2023 United States Swimming Rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP"), All adult participants participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Policy ("MAAPP"), and that they understand that compliance with MAAPP policy is a condition of participation in the conduct of this competition. 2023 Missouri Valley Swimming Rules will govern the meet. Missouri Valley

Swimming Safety Guidelines and Warm-Up Procedures will be in effect. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. No swimmer will be allowed on deck without a coach member present. If the home club coach is not planning to attend the event, swimmer must be assigned a supervising coach. If a swimmer arrives without a coach, he/she must find a willing coach at the facility to sign supervision form before a credential can be issued. The Safe Sport program is USA Swimming's comprehensive abuse prevention program dedicated to reducing the risk of sexual, emotional, and physical abuse to athletes. Components of the program include, but are not limited to, providing education and training, enforcing policies, rules, and best practice guidelines, promoting healthy boundaries and mandated reporting of violations. The Minor Athlete Abuse Prevention Policy ("MAAPP") prohibits applicable adults from having one-on-one interaction with minor athletes that is not within an observable and interruptible distance from another adult. All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming MAAPP, and that they understand that compliance with the MAAPP Policy is a condition of participation in the conduct of this competition. Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 720-531-0340 or online at [www.uscenterforsafesport.org/report-a-concern](http://www.uscenterforsafesport.org/report-a-concern). Various state laws may also require reporting to law enforcement or to a designated child protection agency. All athletes age 18 and older must complete Athlete Protection Training ("APT") in order to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or before November 17<sup>th</sup>, 2023, who has not completed APT by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed. The requirement to complete Athlete Protection Training is an annual requirement. USA Swimming membership will be affected if a non-athlete member or adult athlete member does not renew Athlete Protection Training annually. Each club is responsible for the conduct of its swimmers. Any person who, in the opinion of the Meet Director or Meet Marshall, is harmful to others or to other's property may be required to leave the competition. Deck changes are prohibited. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

**MEDICAL  
SUPERVISION:**

Certified lifeguards will be on deck to administer first-aid if needed.

**WARM UPS:**

Warm up will be OPEN for Friday's session and all 13&O prelim/finals sessions. Designated pace/start lanes will be assigned the last 15 minutes of the warmup session. There will be reserved lanes during Friday's warmup for 12 & under.

Saturday and Sunday's 12&U session warmups will be assigned. Warm-ups will be split if necessary and teams will be advised of their warmup times.

Swimmers may not dive into the pool during general warm-up. Swimmers must enter the pool by stepping in feet first, or sitting and sliding in, in a safe and cautious manner. Entering in any other manner may result in the disqualification from one or more of the swimmer's events for that session at the discretion of the Meet Referee.

**OFFICIALS:**

Empire KC Swim Club welcomes any visiting USA Swimming officials who would like to officiate at this meet. If you can officiate, please contact Leesa Bichsel ([lcbichsel@gmail.com](mailto:lcbichsel@gmail.com)).

This meet has been designated as a National Qualifying Meet for officials seeking N2 / N3 certifications or recertifications. Application to officiate or for evaluation can be found at the following link. Application to Officiate Applications for an assigned position must be received by November 1, 2023. Deck officials are always welcome, simply fill-out the online application or if the week of the event, please contact the Meet Referee ([jfarthing@crititech.com](mailto:jfarthing@crititech.com)) directly.

[LINK TO APPLICATION](#)

**Officials' meetings are 60 minutes before the start of each session.**

**FINAL  
RESULTS:**

Results will be posted on the Missouri Valley website and may include the swimmer's name, age, and times.

Women's Event	Session 1 - Friday Evening Timed Finals	Men's Event
WARMUPS 3:00PM / MEET START 4:30PM		
1	12&U 500 Free*	2
3	13&O 400 IM*	4
5	12&U 200 IM*	6
7	Open 1000 Free*	8
9	Open 1650 Free*	10

Women's Prelim Event	Session 2 Saturday Morning	Men's Prelim Event
WARMUPS 7:00AM / MEET START 8:15AM		
11	12&U 50 Free	12
13	13&O 50 Free	14
15	12&U 50 Back	16
17	13&O 100 Back	18
19	12&U 100 Fly	20
21	13&O 200 Fly	22
23	12&U 50 Breast	24
25	13&O 100 Breast	26
27	12&U 200 Free	28
29	13&O 200 Free	30
31	13&O 500 Free	32

Women's Prelim Event	Session 5 Sunday Morning	Men's Prelim Event
WARMUPS 7:00AM / MEET START 8:15AM		
11	12&U 50 Free – Semi Finals (Top 4)	12
13	15&O 50 Free – Semi Finals (Top 4)	14
33	12&U 100 Back	34
35	13&O 200 Back	36
37	12&U 50 Fly	38
39	13&O 100 Fly	40
41	12&U 100 Breast	42
43	13&O 200 Breast	44
45	12&U 100 Free	46
47	13&O 100 Free	48
49	12&U 100 IM	50
51	13&O 200 IM	52

Women's Final Event	Session 4 Saturday Evening	Men's Final Event
WARMUPS 4:00PM / MEET START 5:15PM		
11	12&U 50 Free – Quarter Finals (Top 8)	12
13	13&O 50 Free – Quarter Finals (Top 8)	14
15	12&U 50 Back	16
17	13&O 100 Back	18
19	12&U 100 Fly	20
21	13&O 200 Fly	22
23	12&U 50 Breast	24
25	13&O 100 Breast	26
27	12&U 200 Free	28
29	15&O 200 Free	30
31	13&O 500 Free – Girls	32

Women's Final Event	Session 7 Sunday Evening	Men's Final Event
WARMUPS 4:00PM / MEET START 5:15PM		
11	12&U 50 Free – Finals (Top 2)	12
13	13&O 50 Free – Finals (Top 2)	14
33	12&U 100 Back	34
35	13&O 200 Back	36
37	12&U 50 Fly	38
39	13&O 100 Fly	40
41	12&U 100 Breast	42
43	13&O 200 Breast	44
45	12&U 100 Free	46
47	13&O 100 Free	48
49	12&U 100 IM	50
51	13&O 200 IM	52

\* Time Final Events