

2024 Olympic Trial Time Standards

Women	Event	Men
25.69	50m Freestyle	22.79
55.79	100m Freestyle	49.99
2:00.89	200m Freestyle	1:49.99
4:15.49	400m Freestyle	3:55.59
8:45.79	800m Freestyle	8:09.69
16:45.69	1500m Freestyle	15:39.89
1:01.89	100m Backstroke	55.69
2:13.59	200m Backstroke	2:01.69
1:10.29	100m Breaststroke	1:02.19
2:31.69	200m Breaststroke	2:15.99
1:00.19	100m Butterfly	53.59
2:13.69	200m Butterfly	2:00.49
2:16.09	200m Individual Medley	2:03.49
4:49.89	400m Individual Medley	4:25.19