

Heartland Aquatics All-Time Top Times

Female 10 & Under Long Course Records

Event	Team Record			1st Runner Up			2nd Runner Up		
50 Freestyle	32.28	Brynlee Adam	2025	32.38	Amy Morton	2001	32.82	Shelby Mullendore	2010
100 Freestyle	1:11.13	Shelby Mullendore	2010	1:12.07	Alexa Goldenstein	2008	1:12.85	Alexis Altmaier	2007
200 Freestyle	2:37.35	Shelby Mullendore	2010	2:38.84	Alexa Goldenstein	2008	2:41.82	Brynlee Adam	2025
400 Freestyle	5:47.14	Alexis Altmaier	2007	5:58.18	Brynlee Adam	2025	6:08.52	Meredith Wekesser	2005
50 Backstroke	37.34	Brynlee Adam	2025	38.21	Shelby Mullendore	2010	38.48	Sydney Schneider	2010
100 Backstroke	1:20.68	Brynlee Adam	2025	1:21.10	Shelby Mullendore	2010	1:22.09	Sydney Schneider	2010
200 Backstroke	3:09.79	Brynlee Adam	2025	3:46.09	Alaina Agnew	2014	3:50.28	Josie Dobson	2014
50 Breaststroke	43.65	Meredith Miller	2018	45.77	Elizabeth Denell	2025	44.52	Alexa Goldenstein	2008
100 Breaststroke	1:36.00	Alexa Goldenstein	2008	1:38.57	Elizabeth Denell	2025	1:39.15	Sydney Schneider	2010
200 Breaststroke	3:34.57	Meredith Wekesser	2005	3:58.60	Alaina Agnew	2014	4:02.96	Josie Dobson	2014
50 Butterfly	35.11	Sydney Schneider	2010	36.35	Alexis Altmaier	2007	36.49	Alexa Goldenstein	2008
100 Butterfly	1:19.17	Sydney Schneider	2010	1:23.13	Alexa Goldenstein	2008	1:23.74	Meredith Wekesser	2005
200 Butterfly	3:19.74	Meredith Wekesser	2005	3:25.79	Brynlee Adam	2025			
200 IM	2:57.95	Alexis Altmaier	2007	2:58.22	Alexa Goldenstein	2008	3:00.29	Sydney Schneider	2010
400 IM	6:43.95	Meredith Wekesser	2005						
200 Free Relay	2:28.12	Alexis Altmaier	2007	2:29.32	Kennedey Biesecker	2018	2:29.96	Shelby Mullendore	2008
		Alexa Goldenstein			Mimi Strong			Skyler Clough	
		Ashley Pales			Meredith Miller			Sydney Schneider	
		Hannah Fox			Coltan Swarts			Alexa Goldenstein	
200 Medley Relay	2:44.71	Sydney Schneider	2009	2:46.87	Shelby Mullendore	2008	2:51.39	Kennedey Biesecker	2018
		Hannah Fox			Skyler Clough			Meredith Miller	
		Alexis Altmaier			Sydney Schneider			Coltan Swarts	
		Alexa Goldenstein			Alexa Goldenstein			Mimi Strong	

Heartland Aquatics All-Time Top Times

Female 11-12 Long Course Records

Event	Team Record			1st Runner Up			2nd Runner Up		
50 Freestyle	29.16	Marti Walstad	2015	29.38	Kera Barber	2007	29.39	Mikayla Freese	2004
100 Freestyle	1:03.68	Shelby Mullendore	2012	1:04.57	Marti Walstad	2015	1:04.90	Alexis Altmaier	2009
200 Freestyle	2:19.85	Alexis Altmaier	2009	2:20.26	Shelby Mullendore	2012	2:20.74	Erin Dolan	2002
400 Freestyle	4:49.33	Alexis Altmaier	2009	4:51.62	Erin Dolan	2002	4:58.50	Shelby Mullendore	2012
800 Freestyle	10:24.19	Alexis Altmaier	2009	10:50.39	Shelby Mullendore	2012	11:08.21	Meredith Wekesser	2007
1500 Freestyle	19:42.28	Alexis Altmaier	2009	20:48.38	Meredith Wekesser	2007	21:41.67	Amsley Sinkbell	2005
50 Backstroke	33.30	Shelby Mullendore	2012	33.98	Mikayla Freese	2004	35.23	Sydney Unzicker	2001
100 Backstroke	1:12.41	Shelby Mullendore	2012	1:15.70L	Sydney Unzicker	2001	1:16.33	Erin Dolan	2002
200 Backstroke	2:35.99	Shelby Mullendore	2012	2:47.92	Meredith Wekesser	2007	2:48.26	Alayna Lewis	2022
50 Breaststroke	38.01	Johanna Schubert	2013	38.80	Meredith Miller	2019	39.38	Marti Walstad	2015
100 Breaststroke	1:26.55	Johanna Schubert	2013	1:26.57	Alexa Goldenstein	2010	1:26.81	Meredith Miller	2019
200 Breaststroke	3:05.15	Alexa Goldenstein	2010	3:07.73	Johanna Schubert	2013	3:09.28	Meredith Miller	2019
50 Butterfly	30.24	Alexis Altmaier	2009	31.76	Marti Walstad	2015	32.50	Alexa Goldenstein	2009
100 Butterfly	1:09.28	Alexis Altmaier	2009	1:11.64	Marti Walstad	2015	1:14.62	Alexa Goldenstein	2010
200 Butterfly	2:39.39	Alexis Altmaier	2009	2:49.60	Meredith Wekesser	2007	3:02.80	Chantel Rosenboom	2008
200 IM	2:35.55	Alexis Altmaier	2009	2:41.37	Alexa Goldenstein	2010	2:41.72	Erin Dolan	2002
400 IM	5:35.26	Alexis Altmaier	2009	5:48.65	Alexa Goldenstein	2010	5:55.02	Meredith Wekesser	2007
200 Free Relay	2:05.52	Kristen Jarvis	2002	2:07.55	Alexis Altmaier	2009	2:08.66	Emma Magsamen	2006
		Erin Dolan			Hannah Fox			Carly Nelson	
		Sydney Unzicker			Ellie Walstad			Amanda Walz	
		Celeste Case-Ruchala			Alexa Goldenstein			Brooke Panzer	
200 Medley Relay	2:23.33	Sydney Unzicker	2001	2:27.46	Alexis Altmaier	2009	2:27.50	Alyson Barr	2015
		Erin Dolan			Hannah Fox			Alaina Agnew	
		Celeste Case-Ruchala			Alexa Goldenstein			Jordanna French	
		Kristen Jarvis			Ellie Walstad			Marti Walstad	
400 Free Relay	4:40.82	Celeste Case-Ruchala	2001	4:43.36	Carolyn Collier	2002	4:49.08	Carly Nelson	2006
		Kristen Jarvis			Ashley Rathjen			Brooke Panzer	
		Erin Dolan			Katherine Steinberger			Logan Raymond	
		Katie Davis			Erin Dolan			Emma Magsamen	
400 Medley Relay	5:17.64	Sydney Unzicker	2001	5:22.88	Alexis Altmaier	2009	5:23.64	Chantel Rosenboom	2007
		Kristen Jarvis			Ellie Walstad			Claire Hempel	
		Celeste Case-Ruchala			Alexa Goldenstein			Meredith Wekesser	
		Erin Dolan			Hannah Fox			Kera Barber	

Heartland Aquatics All-Time Top Times

Female 13-14 Long Course Records

Event	Team Record			1st Runner Up			2nd Runner Up		
50 Freestyle	27.77	Avari Wischhof	2021	27.95	Johanna Schubert	2015	27.98	Martha Walstad	2017
100 Freestyle	1:00.55	Avari Wischhof	2021	1:00.85	Martha Walstad	2017	1:01.84	Johanna Schubert	2015
200 Freestyle	2:13.80	Brooke Balogh	2007	2:14.38	Alexis Altmaier	2011	2:14.68	Erin Dolan	2004
400 Freestyle	4:39.24	Erin Dolan	2004	4:41.02	Alexis Altmaier	2010	4:43.00	Brooke Balogh	2007
800 Freestyle	9:43.06	Erin Dolan	2004	9:48.87	Alexis Altmaier	2011	10:01.75	Brooke Balogh	2007
1500 Freestyle	18:34.93	Erin Dolan	2004	18:38.65	Alexis Altmaier	2010	19:59.11	Michelle Kang	2018
50 Backstroke	31.62	Shelby Mullendore	2014	32.10	Avari Wischhof	2021	32.64	Edie Venditte	2024
100 Backstroke	1:08.33	Shelby Mullendore	2014	1:08.39	Avari Wischhof	2021	1:09.09	Johanna Schubert	2015
200 Backstroke	2:28.38	Johanna Schubert	2015	2:28.57	Alexis Altmaier	2011	2:28.62	Shelby Mullendore	2014
50 Breaststroke	37.61	Meredith Miller	2021	37.90	Claire Weibye	2021	39.75	Circe Tallman	2024
100 Breaststroke	1:21.67	Liz Weinmaster	2012	1:22.47	Johanna Schubert	2014	1:22.93	Alaina Agnew	2018
200 Breaststroke	3:00.27	Meredith Miller	2021	3:00.71	Liz Weinmaster	2012	3:01.68	Erin Dolan	2003
50 Butterfly	30.67	Avari Wischhof	2021	32.24	Meredith Miller	2022	32.03	Kayla Wischhof	2024
100 Butterfly	1:06.56	Alexis Altmaier	2011	1:07.87	Brooke Balogh	2007	1:08.65	Maggie Bach	2003
200 Butterfly	2:27.86	Brooke Balogh	2007	2:32.17	Alexis Altmaier	2010	2:37.14	Maggie Bach	2003
200 IM	2:30.58	Alexis Altmaier	2011	2:32.62	Erin Dolan	2004	2:33.18	Avari Wischhof	2021
400 IM	5:15.69	Brooke Balogh	2007	5:17.68	Alexis Altmaier	2011	5:26.53	Erin Dolan	2004
200 Free Relay	2:00.33	Maggie Bach	2003	2:00.39	Coltan Swarts	2021	2:00.78	Blake Balogh	2007
		Celeste Case-Ruchala			Claire Weibye			Brooke Balogh	
		Maggie Dolezal			Meredith Miller			Amanda Walz	
		Erin Dolan			Avari Wischhof			Amsley Sinkbeil	
200 Medley Relay	2:10.90	Avari Wischhof	2021	2:16.93	Hannah Zuercher	2012	2:17.53	Alexis Altmaier	2011
		Meredith Miller			Elizabeth Weinmaster			Alexa Goldenstein	
		Tatum Lewis			Clara Walstad			Elizabeth Weinmaster	
		Coltan Swarts			Skyler Clough			Ellie Walstad	
400 Free Relay	4:28.22	Blake Balogh	2007	4:28.78	Maggie Bach	2003	4:29.90	Kayla Wischhof	2024
		Amanda Walz			Celeste Case-Ruchala			Alyse Bassett	
		Amsley Sinkbeil			Maggie Dolezal			Circe Tallman	
		Brooke Balogh			Erin Dolan			Edie Venditte	
400 Medley Relay	5:01.01	Sydney Unzicker	2003	5:02.41	Avari Wischhof	2021	5:05.04	McKenzie Riese	2018
		Celeste Case-Ruchala			Claire Weibye			Alaina Agnew	
		Maggie Bach			Tatum Lewis			Michelle Kang	
		Erin Dolan			Coltan Swarts			Hattie Vyhldal	
800 Free Relay	9:59.47	Alina Theiler	2018	10:06.50	Shelby Mullendore	2013	10:08.40	Meredith Miller	2021
		Alaina Agnew			Clara Walstad			Claire Weibye	
		Michelle Kang			Sara Meyer			Coltan Swarts	
		McKenzie Riese			Maddy Wagner			Avari Wischhof	

Heartland Aquatics All-Time Top Times

Female 15-18 Long Course Records

Event	Team Record			1st Runner Up			2nd Runner Up		
50 Freestyle	26.95	Clara Walstad	2016	27.53	Martha Walstad	2018	27.59	Reanne Reid	2019
100 Freestyle	1:00.02	Avari Wischhof	2023	1:00.29	Clara Walstad	2016	1:00.96	Shelby Mullendore	2015
200 Freestyle	2:13.13	Alexis Altmaier	2012	2:13.84	Shelby Mullendore	2016	2:14.41	Erin Dolan	2005
400 Freestyle	4:40.56	Erin Dolan	2005	4:42.78	Alexis Altmaier	2012	4:45.86	Shelby Mullendore	2016
800 Freestyle	9:31.60	Erin Dolan	2005	9:58.02	Meghan Senne	2012	9:59.63	Bobbi Balogh	2007
1500 Freestyle	18:38.02	Erin Dolan	2005	18:50.05	Alexis Altmaier	2013	18:54.62	Meghan Senne	2012
50 Backstroke	30.98	Shelby Mullendore	2018	31.47	Clara Walstad	2015	32.02	Avari Wischhof	2022
100 Backstroke	1:06.46	Clara Walstad	2016	1:07.68	Shelby Mullendore	2016	1:09.35	Johanna Schubert	2016
200 Backstroke	2:29.04	Johanna Schubert	2016	2:29.13	Alexis Altmaier	2012	2:29.21	Shelby Mullendore	2016
50 Breaststroke	35.9	Meredith Miller	2025	36.18	Alaina Agnew	2019	37.15	Hattie Vyhldal	2021
100 Breaststroke	1:17.05	Ashlea Johnson	2022	1:20.30	Meredith Miller	2025	1:20.64	Alaina Agnew	2019
200 Breaststroke	2:53.71	Ashlea Johnson	2022	2:54.61	Alaina Agnew	2021	3:00.02	Hannah Zuercher	2014
50 Butterfly	29.59	Reanne Reid	2019	30.77	Martha Walstad	2019	31.12	Avari Wischhof	2022
100 Butterfly	1:04.92	Clara Walstad	2016	01:06.3	Alexis Altmaier	2012	1:07.89	Martha Walstad	2018
200 Butterfly	2:33.41	Martha Walstad	2018	2:36.42	Maggie Bach	2004	2:47.49	Bobbi Balogh	2007
200 IM	2:29.80	Alexis Altmaier	2012	2:31.97	Martha Walstad	2019	2:33.81	Erin Dolan	2005
400 IM	5:22.97	Alexis Altmaier	2012	5:28.43	Erin Dolan	2005	5:41.34	Bobbi Balogh	2007
200 Free Relay	1:52.28	Kayla Wischhof	2025	1:52.32	Reanne Reid	2018	1:52.91	Hannah Zuercher	2015
		Alayna Lewis			Martha Walstad			Ellie Walstad	
		Ashlyn Penas			Johanna Schubert			Clara Walstad	
		Avari Wischhof			Shelby Mullendore			Shelby Mullendore	
200 Medley Relay	2:05.71	Avari Wischhof	2025	2:07.19	Shelby Mullendore	2015	2:07.90	Shelby Mullendore	2018
		Meredith Miller			Hannah Zuercher			Reanne Reid	
		Ashlyn Penas			Clara Walstad			Martha Walstad	
		Kayla Wischhof			Ellie Walstad			Johanna Schubert	
400 Free Relay	4:08.75	Martha Walstad	2018	4:10.95	Grace Lienemann	2025	4:10.98	Clara Walstad	2015
		Reanne Reid			Ashlyn Penas			Ellie Walstad	
		Johanna Schubert			Kayla Wischhoff			Hannah Zuercher	
		Shelby Mullendore			Avari Wischhof			Shelby Mullendore	
400 Medley Relay	4:43.20	Shelby Mullendore	2015	4:44.52	Avari Wischhof	2025	4:46.66	Johanna Schubert	2018
		Hannah Zuercher			Meredith Miller			Reanne Reid	
		Clara Walstad			Ashlyn Penas			Martha Walstad	
		Ellie Walstad			Kayla Wischhoff			Shelby Mullendore	
800 Free Relay	9:40.65	Skyler Clough	2014	9:46.93	Abbey Fish	2022			
		Maggie Burmeister			Mia Nielsen				
		Hannah Zuercher			Alaina Agnew				
		Clara Walstad			Claire Weibye				

Heartland Aquatics All-Time Top Times

Female Open Long Course Records

Event	Team Record			1st Runner Up			2nd Runner Up		
50 Freestyle	26.95	Clara Walstad	2016	27.53	Martha Walstad	2018	27.75	Johanna Schubert	2016
100 Freestyle	1:00.34	Clara Walstad	2016	1:00.85	Marti Walstad	2017	1:00.94	Avari Wischhof	2021
200 Freestyle	2:13.13	Alexis Altmaier	2012	2:13.80	Brooke Balogh	2007	2:13.84	Shelby Mullendore	2016
400 Freestyle	4:39.24	Erin Dolan	2004	4:41.02	Alexis Altmaier	2010	4:43.00	Brooke Balogh	2007
800 Freestyle	9:40.38	Meghan Senne	2014	9:43.06	Erin Dolan	2004	9:48.87	Alexis Altmaier	2011
1500 Freestyle	18:28.71	Meghan Senne	2014	18:34.93	Erin Dolan	2004	18:38.65	Alexis Altmaier	2010
50 Backstroke	30.6	Shelby Mullendore	2019	31.47	Clara Walstad	2015	32.1	Avari Wischhof	2021
100 Backstroke	1:06.46	Clara Walstad	2016	1:06.94	Shelby Mullendore	2019	1:09.35	Johanna Schubert	2016
200 Backstroke	2:28.38	Johanna Schubert	2015	2:28.57	Alexis Altmaier	2011	2:28.62	Shelby Mullendore	2014
50 Breaststroke	35.13	Jillian Altmaier	2021	36.18	Alaina Agnew	2019	37.17	Hattie Vyhldal	2021
100 Breaststroke	01:18.1	Jillian Altmaier	2021	1:20.67	Alaina Agnew	2019	1:21.67	Liz Weinmaster	2012
200 Breaststroke	2:53.52	Jillian Altmaier	2021	2:54.61	Alaina Agnew	2021	02:55.5	Heather Schwab	2004
50 Butterfly	29.59	Reanne Reid	2021	30.67	Avari Wischhof	2021	30.77	Martha Walstad	2019
100 Butterfly	1:04.92	Clara Walstad	2016	1:06.28	Alexis Altmaier	2012	1:07.87	Brooke Balogh	2007
200 Butterfly	2:27.86	Brooke Balogh	2007	2:32.17	Alexis Altmaier	2010	2:33.41	Martha Walstad	2018
200 IM	2:29.80	Alexis Altmaier	2012	2:32.42	Martha Walstad	2018	2:32.62	Erin Dolan	2004
400 IM	5:15.69	Brooke Balogh	2007	5:17.68	Alexis Altmaier	2011	5:26.53	Erin Dolan	2004
200 Free Relay	1:51.83	Johanna Schubert	2016	1:52.32	Reanne Reid	2018	1:52.77	Avari Wischhof	2022
		Marti Walstad			Martha Walstad			Alaina Agnew	
		Clara Walstad			Johanna Schubert			Abbey Fish	
		Shelby Mullendore			Shelby Mullendore			Jillian Altmaier	
200 Medley Relay	2:07.19	Shelby Mullendore	2015	1:54.13	Shelby Mullendore	2017	2:07.28	Shelby Mullendore	2019
		Hannah Zuercher			Hannah Zuercher			Hattie Vyhldal	
		Clara Walstad			Marti Walstad			Martha Walstad	
		Ellie Walstad			Johanna Schubert			Reanne Reid	
400 Free Relay	4:07.86	Marti Walstad	2016	4:08.75	Martha Walstad	2018	4:10.16	Alaina Agnew	2022
		Clara Walstad			Reanne Reid			Emma Heasty	
		Johanna Schubert			Johanna Schubert			Abbey Fish	
		Shelby Mullendore			Shelby Mullendore			Avari Wischhof	
400 Medley Relay	4:39.63	Shelby Mullendore	2016	4:43.20	Shelby Mullendore	2015	4:46.66	Johanna Schubert	2018
		Johanna Schubert			Hannah Zuercher			Reanne Reid	
		Clara Walstad			Clara Walstad			Martha Walstad	
		Marti Walstad			Ellie Walstad			Shelby Mullendore	
800 Free Relay	9:14.06	Clara Walstad	2016	9:15.06	Shelby Mullendore	2017	9:19.80	Alexis Altmaier	2013
		Johanna Schubert			Johanna Schubert			Meghan Senne	
		Marti Walstad			Hannah Zuercher			Skyler Clough	
		Shelby Mullendore			Marti Walstad			Hannah Zuercher	