

Short Course State Championships – 2nd Place Team

Long Course State Championships – 3rd Place Team

Midwestern Record Breakers - 2008-2009

Short Course 2009

11-12	1000 Free	Alex Kuszak - Lincoln Select Swimming
11-12	1650 Free	Alex Kuszak - Lincoln Select Swimming
11-12	100 Back	Brennan Balogh - Lincoln Select Swimming
11-12	200 Back	Brennan Balogh - Lincoln Select Swimming
11-12	200 Fly	Brennan Balogh - Lincoln Select Swimming
11-12	200 Free Relay	Jacob Pales, Brennan Balogh, Griffin Day, Alex Kuszak - LSS
11-12	400 Free Relay	Brennan Balogh, Jacob Pales, Griffin Day, Alex Kuszak - LSS
11-12	200 Med Relay	Brennan Balogh, Jacob Pales, Griffin Day, Alex Kuszak - LSS
11-12	400 Med Relay	Brennan Balogh, Jacob Pales, Griffin Day, Alex Kuszak - LSS

Long Course 2009

11-12	50 Free	Jacob Pales - Lincoln Select Swimming
11-12	100 Free	Jacob Pales - Lincoln Select Swimming
11-12	400 Free	Brennan Balogh - Lincoln Select Swimming
11-12	800 Free	Brennan Balogh - Lincoln Select Swimming
11-12	1500 Free	Brennan Balogh - Lincoln Select Swimming
11-12	50 Backstroke	Brennan Balogh - Lincoln Select Swimming
11-12	100 Backstroke	Jacob Pales - Lincoln Select Swimming
11-12	200 Backstroke	Brennan Balogh - Lincoln Select Swimming
11-12	200 Breaststroke	Brennan Balogh - Lincoln Select Swimming
11-12	100 Butterfly	Brennan Balogh - Lincoln Select Swimming
11-12	200 Butterfly	Brennan Balogh - Lincoln Select Swimming
11-12	200 Ind Medley	Brennan Balogh - Lincoln Select Swimming
11-12	400 Ind Medley	Brennan Balogh - Lincoln Select Swimming
11-12	400 Free Relay	Brennan Balogh, John Whittle, Drew Linder, Jacob Pales - LSS
11-12	400 Med Relay	Jacob Pales, John Whittle, Brennan Balogh, Drew Linder - LSS

National Top 10 Awards - 2009

Long Course 2008

10th	Age 11	200 m Butterfly	Brennan Balogh - Lincoln Select
9th	Age 11	400 m Ind Medley	Brennan Balogh - Lincoln Select

Swimmer of the Year Awards:

2008-2009 Short Course

11-12 Boys -	Jacob Molacek	Lincoln Select Swimming
	Brennan Balogh	Lincoln Select Swimming
13-14 Girls -	Meredith Wekesser	Lincoln Select Swimming
13-14 Boys -	Jacob Molacek	Lincoln Select Swimming
15-18 Girls -	Brooke Balogh	Lincoln Select Swimming

2009 Long Course

11-12 Boys -	Brennan Balogh	Lincoln Select Swimming
13-14 Boys -	Jacob Molacek	Lincoln Select Swimming