# Short Course State Championships – 1st Place Team

# Long Course State Championships – 1<sup>st</sup> Place Team

## Top 3 - Midwestern IMX Awards - 2014-2015

### **Short Course 2014-2015**

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Girls
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9 & U 1st Avery Smith-LSS

10 1st Isabella Morales-LSS

**12** 2<sup>nd</sup> Esme Sipp

**13** 1<sup>st</sup> Berkeley Livingston-LSS 2<sup>nd</sup> Katie Stonehocker-LSS **14** 1<sup>st</sup> Berkeley Livingston-LSS 2<sup>nd</sup> Alana Palmer-LSS

**15** 2<sup>nd</sup> Ashley Pales-LSS

**16** 2<sup>nd</sup> Ashley Pales-LSS 3<sup>rd</sup> Logan Lee-LSS

17 3<sup>rd</sup> Jessica Storer-LSS

#### **Boys**

9 & & 1st lan Paup-LSS

10 1st Ian Paup-LSS

11 2<sup>nd</sup> Bennett Balogh-LSS

12 3<sup>rd</sup> Bennett Balogh-LSS

13 1<sup>st</sup> Alex Petty-LSS
14 1<sup>st</sup> Alex Petty-LSS

17 1st Brennan Balogh-LSS

18 1st Brennan Balogh-LSS

## Long Course 2014-2015

9 & U 1st Avery Smith-LSS 2nd Taylor Silverberg-LSS 3rd Elsie Maxwell-LSS

10 1st Isabella Morales-LSS Avery Ryder-LSS

**12** 1<sup>st</sup> Esme Sipp-LSS

13 1<sup>st</sup> Katie Stonehocker 2<sup>nd</sup> Esme Sipp-LSS 3<sup>rd</sup> Ava Winjum-LSS
14 1<sup>st</sup> Berkeley Livingston 2<sup>nd</sup> Alana Palmer-LSS 3<sup>rd</sup> Anna Heinrich-LSS
15 1<sup>st</sup> Emily Artz-LSS 2<sup>nd</sup> Makenzie Delgado-LSS

16 2<sup>nd</sup> Logan Lee-LSS 17 1<sup>st</sup> Jessica Storer 2<sup>nd</sup> Olivia Appleget-LSS

10 1<sup>st</sup> Ian Paup 2<sup>nd</sup> Samuel Becker-LSS
11 1<sup>st</sup> Bennett Balogh 2<sup>nd</sup> Thomas Palmer-LSS

12 2<sup>nd</sup> Bennett Balogh-LSS

13 2<sup>nd</sup> Charles Roberts-LSS 3<sup>rd</sup> Alex Becker-LSS

14 1st Alex Petty-LSS

15 1st Michael Ayars-LSS

**16** 1<sup>st</sup> Benjamin Morris-LSS 2<sup>nd</sup> Joshua Roh-LSS

17 1st Thomas Graul-LSS

18 1st Brennan Balogh-LSS

#### Midwestern Record Breakers - 2014-2015

#### **Short Course 2014-2015**

8 & U Taylor Silverberg 25 free LSS

8 & U Taylor Silverberg 25 back LSS

11-12 Josh Pales 100 Free LSS

11-12 Josh Pales 50 Breast LSS

13-14 Josh Pales 100 Breast LSS

15-16 Ashley Pales 200 Breast LSS

17-18 Brennan Balogh 100 Back

17-18 Brennan Balogh 200 Back

17-18 Brennan Balogh 200 Fly

17-18 Brennan Balogh 400 IM

Sr Brennan Balogh 100 Back Sr Brennan Balogh 200 Fly LSS

Sr Brennan Balogh 400 IM LSS

## Long Course 2014-2015

10 & U Bella Morales 400 Free LSS

13-14 Josh Pales 100 Breast LSS

13-14 LSS 400 Free R LSS Alana Palmer, Anna Heinrich, Katie Stonehocker, Berkeley Livingston

13-14 LSS 800 Free R LSS Katie Stonehocker, Anna Heinrich, Berkeley Livingston, Alana Palmer

15-16 LSS 200 Free R LSS Ben Morris, Josh Roh, Nolan Reid, Michael Ayars

15-16 LSS 400 Free R LSS Josh Roh, Nolan Reid, Michael Ayars, Ben Morris

15-16 LSS 800 Free R LSS Josh Roh, Michael Ayars, Nolan Reid, Ben Morris

15-16 LSS 200 Med R LSS Nolan Reid, Michael Ayars, Ben Morris, Josh Roh

17-18 Brennan Balogh 200 Back LSS

17-18 Brennan Balogh 200 Fly LSS

17-18 Brennan Balogh 200 IM LSS

17-18 Brennan Balogh 400 IM LSS

Sr Brennan Balogh 200 Back LSS

Sr Brennan Balogh 200 IM LSS

Sr Brennan Balogh 400 IM LSS

## Midwestern Swimming Academic Awards - 2015

The following swimmers have applied and been selected to the Midwestern Academic Team. Swimmers have completed 9th, 10th, 11th or 12th grade and achieved a 3.5 GPA (no grade lower than a B, calculated for current year academic year only). First team members have achieved at least one Winter Junior National time during the competition period (September 1, 2014 – August 31, 2015). Second team members have achieved at least one AAA time during the competition period.

#### MW 1st Team

Brennan Balogh-Academic Swimmer of the Year Ashley Pales

#### MW 2nd Team

Michael Ayars

**Thomas Graul** 

Alana Palmer

Jackson Pope

Joshua Roh

## **USA Swimming Scholastic All America Team 2015 - Midwestern**

\*Balogh Brennan Lincoln Select Swimming-3 time recipient Pales Ashley Lincoln Select Swimming-2 time recipient Storer Jessica Lincoln Select Swimming

## **Top 10 Awards - 2014**

#### **Short Course 2013-2014**

9th 12 50 Yd Breaststroke Katie Stonehocker – Lincoln Select Swimming
6th 12 100 Yd Breaststroke Katie Stonehocker – Lincoln Select Swimming
3rd 14 100 Yd Breaststroke Olivia Calegan – Lincoln Select Swimming
10th 14 200 Yd Breaststroke Ashley Pales – Lincoln Select Swimming
10th 15 200 Yd Breaststroke Ashley Pales – Lincoln Select Swimming
7th 16 400 Yd Ind Medley Brennan Balogh – Lincoln Select Swimming
6th 17 200 Yd Backstroke Brennan Balogh – Lincoln Select Swimming
6th 11-12 400 Yd Med Relay LSS-Abigail Mitchell, Katie Stonehocker, Berkeley Livingston, Anna Heinrich

### Long Course 2014

5th 12 50 M Freestyle Josh Pales – Lincoln Select Swimming
4th 12 100 M Freestyle Josh Pales – Lincoln Select Swimming
8th 12 200 M Freestyle Josh Pales – Lincoln Select Swimming
2nd 12 50 M Breaststroke Josh Pales – Lincoln Select Swimming
7th 15 100 M Breaststroke Ashley Pales – Lincoln Select Swimming
1st 15 200 M Breaststroke Ashley Pales – Lincoln Select Swimming

## Tentative Top 10 Awards – 2015

Certificates will be presented at the 2015 Awards

#### **Short Course 2014-2015**

6th 12 100 Y Freestyle Josh Pales – Lincoln Select Swimming
10th 13 400 Y Ind Medley Berkeley Livingston – Lincoln Select Swimming
5th 13 100 Y Breaststroke Josh Pales – Lincoln Select Swimming
10th 16 200Y Breaststroke Ashley Pales – Lincoln Select Swimming
4th 17 200 Y Backstroke Brennan Balogh – Lincoln Select Swimming
7th 17 400 Y Ind Medley Brennan Balogh – Lincoln Select Swimming
6th 18 200 Y Backstroke Brennan Balogh – Lincoln Select Swimming
9th 18 400 Y Ind Medley Brennan Balogh – Lincoln Select Swimming

### Long Course 2014-2015

7th 13 50 M Freestyle Josh Pales – Lincoln Select Swimming 4th 13 100 M Breaststroke Josh Pales – Lincoln Select Swimming 8th 18 100 M Backstroke Brennan Balogh – Lincoln Select Swimming 2nd 18 200 M Backstroke Brennan Balogh – Lincoln Select Swimming

## **Swimmer of the Year Awards:**

#### **2014-2015 Short Course**

10 & U Boys - Ian Paup Lincoln Select Swimming

11-12 Girls - Esme Sipp Lincoln Select Swimming

11-12 Boys - Josh Pales Lincoln Select Swimming

13-14 Girls - Berkeley Livingston Lincoln Select Swimming

17-18 Boys - Brennan Balogh Lincoln Select Swimming

## **2014-2015 Long Course**

10 & U Girls - Isabella Morales Lincoln Select Swimming

10 & U Boys - Ian Paup Lincoln Select Swimming

13-14 Girls - Berkeley Livingston Lincoln Select Swimming

13-14 Boys - Josh Pales Lincoln Select Swimming

15-16 Boys - Benjamin Morris Lincoln Select Swimming

17-18 Boys - Brennan Balogh Lincoln Select Swimming