

Aquatic Club of Elkhorn

Athlete Code of Conduct

The purpose of a code of conduct for athletes is to establish a consistent expectation for athletes' behavior.

By signing this code of conduct, I agree to the following statements:

- ☐ I will respect and show courtesy to my teammates and coaches at all times.
- ☐ I understand that under no circumstances will bullying, teasing, horseplay, offensive language, destruction or theft of property or other disrespectful action be tolerated.
- ☐ I will demonstrate good sportsmanship at all practices and meets.
- ☐ I will set a good example of behavior and work ethic for my teammates. Negative attitudes will not be tolerated during practice. Negative speech and complaining hurt the mood of the practice and therefore are not conducive to creating the ideal training environment for those around. If you do not feel you can keep negative thoughts to yourself, the coaches may ask you to leave practice.
- ☐ I will be respectful of my teammates' feelings and personal space. Swimmers who exhibit sexist, racist, homophobic, or otherwise inappropriate behavior will be faced with consequences.
- ☐ I will show respect for all facilities and other property (including locker rooms) used during practices, competitions, and team activities. Any damages to the property may result in financial liability for the swimmer's parents. Any damage may also result in the swimmer being asked to leave the team permanently.
- ☐ I will refrain from foul language, violence, behavior deemed dishonest, offensive, or illegal.
- ☐ I will attend all team meetings and training sessions, unless I am excused by my coach.
- ☐ I understand that I am expected to with best effort enter the water at practice, dry land and meets in a timely manner.
- ☐ If I disagree with an official's call, I will talk with my coach and not approach the official directly.
- ☐ I will obey all USA Swimming's rules and codes of conduct.

I understand that if I violate this code of conduct, I will be subject to disciplinary action determined by my coaches and the swim club's board of directors.

Swimmer's signature

Date

Parent's signature

Date