

ACE River Races OCTOBER 5, 2024

Saturday - Session 1

Meet starts 8:15 am

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Warm Up 1 6:50-7:15 AM	ACE	ACE	ACE	ACE	ACE	ACE	ACE	ACE
Warm Up 2 7:15-7:40 AM	GOAL	GOAL	GOAL	GOAL	GOAL	BT	BT	BT
Warm Up 3 7:40-8:05	MAC	MAC	MAC	MAC LIFE/LSS	BSC FAST	CBSC NA	HLA	HLA HYAC

Saturday - Session 2

Meet Starts 1:15 pm

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Warm Up 1 12:00-12:20	ACE	ACE	ACE	ACE	ACE	ACE	BSC	CBSC
Warm Up 2 12:25-12:45	GOAL	GOAL	GOAL	GOAL	FAST LIFE	BT	BT	BT
Warm Up 2 12:45-1:05	HYAC HLA	LSS	SO NA	SO	SO	MAC SWAT	MAC	MAC

ACE River Races OCTOBER 6, 2024

Sunday - Session 3

Meet Starts 8:15 am

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Warm Up 1 6:50-7:15 AM	ACE	ACE	ACE	ACE	ACE	BT	BT	BT
Warm Up 2 7:15-7:40 AM	NA	GOAL	GOAL	GOAL	GOAL	GOAL	GOAL	GOAL
Warm Up 3 7:40-8:05	BSC/CBSC FAST	SO/LSS HYAC	HLA	HLA MAC	MAC	MAC	MAC	MAC

Sunday - Session 4

Meet Starts 1:15

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Warm Up 1 12:00-12:20	ACE	ACE	ACE	ACE	ACE	ACE	MAC	MAC
Warm Up 2 12:25-12:45	BT	BT	BT	GOAL	GOAL	GOAL	GOAL	GOAL
Warm Up 2 12:45-1:05	SO	SO	HLA	BSC/FAST HYAC	LSS	LSS CBSC	CBSC	NA LIFE