

SARPY COUNTY SWIM CLUB

THE PACK NEWSLETTER

July 2023 • Volume 5 • Edition 4



COACHES CORNER

Head Coach Nick Baker

A big thank you goes out to all the families who generously volunteered their time and support over the past month. Without your invaluable contributions, our home meets would not have been possible.

Moreover, we extend our gratitude for your assistance in operating the firework stand this year. As our primary fundraiser, the success of the stand enables us to maintain lower monthly dues compared to other clubs in the area. We truly value and appreciate the helping hands that keep our club running smoothly.



SWIMMERS OF THE MONTH



ASPEN NEWMAN
Seawolves Group



ADDY HUERTTER
Junior Group



BRYANT BUGARIN SALAZAR
Senior Group

UPCOMING MEETS & EVENTS

July 4: No Practice, 4th of July

July 12-15: Sectionals (Qualifying Time) @ Columbia, MO

July 20: MW BT Midwestern 8 & U Championship @ Brownell Talbot

July 21-23: MW GOAL Get'em Challenge Meet @ Fremont Dillon Aquatic Center

July 26-29: Futures (Qualifying Time) @ West Fargo, ND

July 27-30: MW Midwestern Long Course Championships @ Woods Pool, Lincoln

SWIMMING GLOSSARY: HIGH POINT

An award given to the swimmer scoring the most points in a given age group at a swim meet. All meets do not offer high point awards; check the pre meet information.



MASTERS PRACTICES BEGIN AUGUST 2023!

Whether you're looking to continue your lifelong love for the sport, to stay in shape or meet new people, the SCSC Masters team is the place for you!

SCSC provides workouts and professional coaches to help you reach your goals! Masters swimming is for anyone 18 years and older!

Practice Times

Monday - Thursday, 8:15-9:15pm

Tuesday & Thursday, 5:30-6:30am*

(*Until high school season- HS season dues \$45/\$35)

REGISTRATION BEGINS SOON!

www.sarpycountyswimclub.com/masters



WORDS OF WISDOM: WFF MEET SYNOPSIS

Associate Head Coach Eric Rees

Having had the opportunity to reflect a little on our second opportunity to attend the West Fargo Flyers Meet I wanted to express a few of the thoughts I was struck with after the meet.

First is what a unique opportunity this is. Our swimmers had the opportunity to swim in a pool that was used as an Olympic Trials Pool for Team USA in 2016. Ryan Lochte, Michael Phelps, Katie Ledecky, our friend Anthony Irvin, as well as countless other Team USA swimmers qualified for the Olympics in this same pool. What a tremendous opportunity for our swimmers to share this same environment with these Team USA greats.

Second, is my gratitude to our other coaches, parents, officials, swimmers, and the West Fargo Flyers. Thank you to our other coaches and staff for putting in the countless hours you put in to make sure our kids were prepared for and ready to swim well at this meet, entered properly, and notified of all of the pertinent information. Thank you to the parents that were willing to drive their children six hours one way, stay in a hotel for multiple days, and sit at the pool for hours, all so that the kids would have this wonderful opportunity. Thank you to our officials, for volunteering to help us run meets to prepare our kids for these bigger meets, with a special shout out to my wife, Toby Rees, who volunteered to work at the West Fargo Meet both years our team has attended. Thank you to each and every one of our swimmers that attended this meet for your positive attitudes and enthusiasm this weekend. And thank you to the West Fargo Flyers for allowing us to attend their meet and always graciously working with us.

Third, is what great kids we have on our team and how fortunate I am to get to work with them on such a regular basis. It is hard for me to remember a meet in my swimming or coaching career that the team and I had more fun than we had this past weekend. I enjoyed getting to watch our kids interact together, support each other, and compete like champions. Our team unity and support for other swimmers was incredible this weekend. Every swimmer I spoke with said this was one of their favorite meets ever, if not their overall favorite meet. It truly was a fantastic environment for swimming.

And finally, WE SWAM REALLY WELL AT THIS MEET! The number of best times at this meet was staggering. We had multiple swimmers go best times in prelims and come back and swim even faster in the same event finals. We won two individual events and a relay at this meet and had multiple Top 10 finishes. Every 11&over swimmer was able to final in at least one event. Our three 10&under swimmers all ended with multiple Top 8 finishes and some considerable time drops. It may very well have been the most successful age group meet I have ever been at from a time improvement standpoint!

If you got to attend this year, I certainly hope we see you there again next year. If you were unable to attend this year, I hope it is something that will work out next year for you. It truly is an experience unlike any other I have been around in swimming. Thank you to everyone that made this possible!





THANK YOU TO EVERYONE WHO VOLUNTEERED & SUPPORTED OUR 2023 FIREWORK TENT FUNDRAISER!

DUES & REGISTRATION INCREASE

The SCSC Executive Board voted at their last meeting to increase membership dues by roughly 2.5% beginning August 1, 2023. This increase allows us to be able to continue retaining and recruiting a high-quality coaching staff while providing a competitive salary.

Along with monthly dues increase, the board approved a \$10 increase to the annual registration fee. The \$110 registration (\$100 previous) is also effective August 1, 2023 and will provide all registered swimmers with an annual SCSC t-shirt (different than the black shirt given when joining).

With these dues increases, SCSC still remains one of the most affordable year-round swim teams in the Omaha metro area.



	Current Dues	Short Course 2023
Seawolves Bronze	\$90.00	\$92.00
Seawolves Silver	\$103.00	\$105.00
Seawolves Gold	\$103.00	\$105.00
Junior Bronze	\$122.00	\$125.00
Junior Silver	\$122.00	\$125.00
Junior Gold	\$122.00	\$125.00
Senior Bronze	\$122.00	\$125.00
Senior Silver	\$132.00	\$135.00
Senior Gold	\$132.00	\$135.00



JOIN THE HOWLING PACK!

By joining the Howling Pack you are directly contributing to the growth and success of our swimmers by providing funds for equipment and valuable opportunities in the sport. Your \$25 Howling Pack sponsorship donation includes a SCSC car decal to show your support of the Seawolves anywhere you go!

Join today by clicking [here](#)

Happy Birthday!

July 4- Hunter Barrera-Bojanski

July 9- Tristan Bohlen

July 11- Alexis Allemang

July 11- Liviana Olson

July 26- Marti Warrior

July 31- Lydia Palmer

THANK YOU VOLUNTEERS! Tony Click

Congratulations on winning July's \$25 volunteer appreciation credit towards practice dues!

BECOME A USA SWIMMING CERTIFIED MEET OFFICIAL!

Click [here](#) to learn more!

COACHES & STAFF

Nick Baker, Head Coach/Senior Lead Coach
Janet Cho, Team Administrator
Eric Rees, Associate Head Coach
Jeff Daniels, Junior Group Lead Coach
Barb Anderson, Seawolves Group Lead Coach
Riley Olson, Senior Group Assistant Coach
Paige Knight, Senior Group Assistant Coach
Billy Salber, Seawolves & Junior Assistant Coach
Maddie Huebert, Seawolves & Junior Assistant Coach
Emma Daniels, Seawolves Group Assistant Coach
Danielle Barrera-Bojanski, Junior Coach/Seawolves

CONNECT WITH US!

Web: www.sarpycountyswimclub.com
Facebook: @SarpyCountySwimClub
Instagram: @SarpyCountySwim
Twitter: @SarpyCountySwim

NEXT BOARD MEETING

August 13 @ 7pm

All SCSC members are welcome to attend board meetings. Please arrive at the pool entrance by 6:50pm.