



# THE PACK

June 2022  
Vol. 3 | Ed. 3



# COACHES CORNER

## Head Coach Nick Baker



Hello SCSC Families,

Here we are in June and our long course season is basically halfway over. In other words, we would be in January if this were the short course season. Short course runs 8 months, and long course only 4 months. Please be on the lookout for Championship Meets that your swimmer would qualify for-the Championship Challenge Qualifier, the 8 and Under Championships and Midwestern Sectionals, and Futures. All of these upper level meets have stringent deadlines and potentially requirements. Coaches will be in communication with swimmers regarding what they should be attending.



## UPCOMING MEETS & EVENTS

June 3: Ice Cream Social for Swimmers

June 10: No Practice/Distance Triangular

June 10: SCSC Distance Triangular

June 10-11: 2022 CZ Multi-Cultural Meet (Evansville, IN)

June 11-12: SCSC Summer Splash

June 18: SLS Summer Splash (South Sioux City, NE)

June 23-24: No Practice/Meets/Firework Tent Set-up

June 23-26: LSS CCC Meet (Woods Pool - Lincoln, NE)

June 24-26: Flyer Summer Explosion Meet (West Fargo, ND)

June 24-July 4: Firework Tent

July 4: No Practice/Fourth of July

July 13-16: Sectionals (Columbia, MO)

July 21: MW 8 & U Finale

July 22-24: MW FAST/SO Championship Challenge (Fremont)

July 27-30: Futures (Minneapolis, MN)

July 28-31: MW Championships (Woods Pool - Lincoln, NE)

August 2-5: OTC Trip (Colorado Springs, CO)

August 4-6: Zones (Minneapolis, MN)

# Firework Stand Fundraiser

We are less than one month away from our 2022 Firework Stand Fundraiser! Thank you to everyone who has signed up so far!

As a reminder, the tent setup date is June 24, with selling days on June 25 - July 4. The tent is located in the Papillion Walmart parking lot (72nd & Giles). **Please be sure to signup for a shift by June 20. Your account will be billed on June 21 for a buyout fee if you are not signed up by June 20.**

I will be attending the Wild Willy's training & info session this upcoming weekend and will have more information to share following that meeting!

Please contact Aidan Cho with any questions. Email: [ac@aidanscho.com](mailto:ac@aidanscho.com)

Next Board Meeting  
**August 14, 2022**

All members are encourage to attend!

## Swimming Glossary: Word of the Month **Circle Swimming**

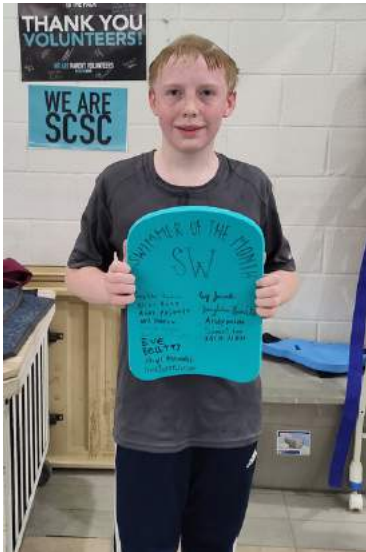
Circle swimming is a way for multiple swimmers to swim laps in a single lane. The main keys to circle swimming are to stay on the right side of the lane and to be mindful of your lane mates.

## 2022 Central Zone Multi-Cultural Meet

Congratulations to Danielle Barrera-Bojanski, Noah Doane, Leah Erlbacher, Juhith Swarna, and Marti Warrior for being selected to attend the 2022 Central Zone Multi-Cultural Meet in Evansville, Indiana, June 11-12! 5 of the 18 Midwestern swimmers selected to attend are Seawolves!!! Coach Nick and Riley have been selected to join the MWS coaching staff for this trip! Congratulations and Good Luck Swimmers and Coaches!



# SWIMMER OF THE MONTH



## Jacob Miller

### *Seawolves Group*

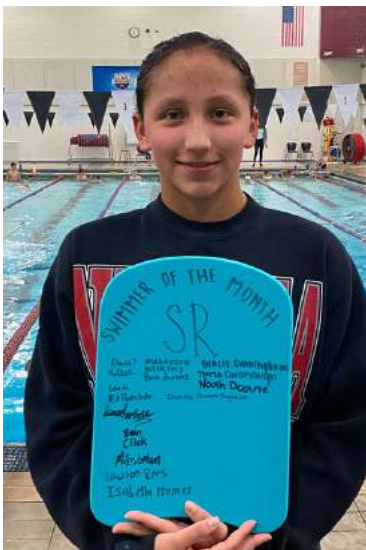
Jacob has been improving and is moving up to the Junior group.



## Liviana Olson

### *Junior Group*

Liviana is improving in her speed and turns.



## Danielle Barrera-Bojanski

### *Senior Group*

Danielle is a fantastic teammate and always supports our club. She is a Junior Coach and works with our Seawolves groups and is a positive influence and role model for our younger swimmers at meets. She is one of the hardest workers in the group and responds extremely well to adversity.

# MEET THE COACH

Coach Maddie, Assistant Coach



## Favorite Food

Mashed Potatoes

## Favorite Animal

Penguins

## Favorite Movie

A Walk to Remember

## Favorite Travel Destination

Universal Studios

## Favorite Swimming Stroke

Butterfly

## Why Do You Coach?

The best feeling I had as a swimmer was correcting my stroke and swimming faster. I have my coaches to thank for helping me and I love doing the same for younger swimmers.

## Annual Registration and Dues Increase Effective Aug 1

At the SCSC Board Meeting on Sunday, May 15, 2022 the SCSC Executive Board unanimously voted to increase the annual SCSC Registration Fee and monthly dues.

In our recent survey we heard from our members and are moving forward with some changes that not only maintain current coaching staff and cover our increasing program costs but provide additional coaches for a smaller coach to swimmer ratio. Effective August 1, 2022, the monthly swimmer dues will increase to the following amounts below. This increase is needed for our team to provide your swimmers the best experience possible and continue to be successful while still being a competitive rate compared to other local swim clubs.

Group	1st Child	2nd-4th Child	5th + Child
Seawolves Bronze	\$90	\$80	No Charge
Seawolves Silver & Gold	\$103	\$93	No Charge
Junior Bronze, Silver & Gold	\$122	\$112	No Charge
Senior Bronze	\$122	\$112	No Charge
Senior Silver & Gold	\$132	\$122	No Charge

Effective August 1, 2022, the annual registration fee will be \$100.

# Olympic Training Center

There are only 61 days left until our summer training trip to the Olympic Training Center in Colorado Springs, CO! We are super excited for this trip and are looking forward to it. Parents & swimmers who are signed up for the trip, we will provide you with updates as we get them from the OTC.



*Happy Birthday!*

June 1- Aubrey Meyer

June 5- Teresa Cavanaugh

Dylan Mulroy

June 9- Cora Rukstalis

June 13- Kenedie Lewis

June 15- Adeline Bigelow

Elianna Calderon

Sofia Ciatti

Evelyn Sykes

June 16- Lawton Rees

June 19- Braxton Rees

June 20- Amber Sievers

Grace Swoboda

June 24- Coach Barb

Nirvan Satyal

## THANK YOU VOLUNTEERS!

Congratulations to **JOSEPH HOESCHEN** on winning June's \$25 volunteer appreciation credit towards practice dues!

### COACHES & STAFF

Nick Baker, Head Coach/Senior Lead Coach

Eric Rees, Associate Head Coach/Juniors

Jeff Daniels, Junior Lead Coach

Barb Anderson, Seawolves Lead Coach

Riley Olson, Senior Group

Emma Daniels, Seawolves Group

Maddie Huebert, Seawolves & Junior Groups

Danielle Barrera-Bojanski, Junior Coach

Janet Cho, Team Administrator

[janet@sarpycountyswimclub.com](mailto:janet@sarpycountyswimclub.com)

### CONNECT WITH US

Website: [www.sarpycountyswimclub.com](http://www.sarpycountyswimclub.com)

Facebook: @SarpyCountySwimClub

Instagram: @SarpyCountySwim

Twitter: @SarpyCountySwim

### OTHER RESOURCES

Midwestern Swimming LSC: [www.mwswim.org](http://www.mwswim.org)

USA Swimming: [www.usaswimming.org](http://www.usaswimming.org)