

SARPY COUNTY SWIM CLUB

THE PACK NEWSLETTER

June 2023 • Volume 5 • Edition 3



COACHES CORNER

Head Coach Nick Baker

First off, I would like to thank everyone for their flexibility regarding our schedule over the past few weeks - it feels good to finally be back home at PLHS! On Tuesday May 30, a parent meeting was held and I wanted to include a summary of the topics discussed in the Coaches Corner:

-Bylaws Update: SCSC regularly reviews and revises bylaws based on the current and future needs of the team. The bylaws will be amended to alter the size of the Board to 3 appointed members, as well as fixing some wording that was missed in the previous edit. You will receive a survey regarding the bylaw changes soon.

-North Dakota Meet and Midwestern Championships: As we have been communicating for the past several months, our team's focus meet this summer is the Fargo Meet. As coaches, we feel that this meet gives our swimmers the best opportunity to perform at a high level. Our season plan includes peaking at that time, however we are still in support of any swimmers who choose to attend Midwestern Championships in July and we will continue to make sure swimmers competing at Midwestern Championships perform well.

-Dues Increase: The SCSC Board reviews our due structure annually. Through COVID, we had not regularly increased dues and at that time we did have to make a somewhat substantial increase. In an effort to avoid having a large increase in dues a few years down the road, it was decided to increase swimmer dues by ~2.5%, which is no more than \$3. In addition, our annual registration fee will increase by \$10, and that increase will provide each swimmer with an annual SCSC team t-shirt for the year.

-Master's Swimming and Howling Pack: We plan to begin a Master's Swimming program in August to serve parents of our swimmers as well as adults in our community. The Howling Pack program was recently launched, and is an additional way for families and the community to support SCSC. Information regarding both of these programs can be found on the team website.

SWIMMERS OF THE MONTH



MAR REDDISH
Seawolves Group



CORBYN CURRY
Junior Group



ADDIE MILLER
Senior Group

UPCOMING MEETS & EVENTS

June 1: SCSC Summer Distance Meet @ PLHS

June 1: No Practice, Home Meet

June 13: SCSC Summer Meet @ PLHS

June 13: No Practice, Home Meet

June 17: SLS Summer Splash @ South Sioux City, NE

June 23-25: ND West Fargo Flyers Summer Explosion @ West Fargo, ND

June 24-July 4: Firework Stand Fundraiser

June 24: Firework Stand Set-up

July 4: No Practice, 4th of July

July 12-15: Sectionals (Qualifying Time) @ Columbia, MO

July 20: MW BT Midwestern 8 & U Championship @ Brownell Talbot

July 21-23: MW GOAL Get'em Challenge Meet @ Fremont Dillon Aquatic Center

July 26-29: Futures (Qualifying Time) @ West Fargo, ND

July 27-30: MW Midwestern Long Course Championships @ Woods Pool, Lincoln

SWIMMING GLOSSARY: UNATTACHED

An athlete member who competes, but does not represent a club or team. (abbr. UN) or has recently transferred teams and must be unattached for 60 days before attaching to their new team.

SCSC MASTERS SWIM TEAM



PRACTICES BEGIN AUGUST 2023!

Whether you're looking to continue your lifelong love for the sport, to stay in shape or meet new people, the SCSC Masters team is the place for you!

SCSC provides workouts and professional coaches to help you reach your goals! Masters swimming is for anyone 18 years and older!

Practice Times

Monday - Thursday, 8:15-9:15pm

Tuesday & Thursday, 5:30-6:30am*

(*Until high school season- HS season dues \$45/\$35)

Dues & Fees

-\$55 Monthly Dues

-\$45 Monthly Dues for SCSC Parents & Teachers

-\$70 Annual US Masters Registration Fee

-\$30 Annual SCSC Fee (Includes SCSC Masters shirt & cap)

-Kickboards, pull buoys, fins, etc. are provided. Personal equipment such as swimsuit, goggles, snorkels, towels must be provided by the swimmer. Swim meets are optional- additional cost.

LEARN MORE AND JOIN THE MAILING LIST

www.sarpycountyswimclub.com/masters

QUESTIONS?

Contact Aidan Cho

aidan@sarpycountyswimclub.com

MEET THE BOARD

Aidan Cho, Treasurer



FAVORITE FOOD

HuHot

FAVORITE ANIMAL

Alaskan Malamute

FAVORITE MOVIE

Footloose

FAVORITE TRAVEL DESTINATION

Las Vegas

FAVORITE SWIMMING STROKE

Breaststroke

FAVORITE PART ABOUT WORKING WITH THE SEAWOLVES

I enjoy being able to give back to the team that was a big part of my life for many years, while also helping to create an even better experience than when I was an athlete. I also enjoy getting to watch our swimmers improve from the time they're in Seawolves Bronze to the time they get to the senior group, and everything in between.

FIREWORK TENT FUNDRAISER

DON'T FORGET: THE SCSC FIREWORK TENT FUNDRAISER IS HAPPENING SOON!

Saturday, June 24- Setup

Sunday, June 25 - July 4- Selling

July 4 (night)- Takedown

Location: Papillion Walmart Parking Lot

8525 S 71st Plz
Papillion, NE 68133

Questions?

Contact Aidan Cho at
aidan@sarpycountyswimclub.com

THANK YOU TO EVERYONE WHO HAS SIGNED UP SO FAR!

Don't forget to sign-up if you haven't. The signup deadline is June 21. SCSC requires: two (2) day shifts (setup, selling, or takedown); or one (1) overnight shift that includes a \$150 credit towards dues.

Buyout options are available and further information + FAQs are posted on the SCSC TeamUnify site or by clicking [here](#).

DUES & REGISTRATION INCREASE

The SCSC Executive Board voted at their last meeting to increase membership dues by roughly 2.5% beginning August 1, 2023. This increase allows us to be able to continue retaining and recruiting a high-quality coaching staff while providing a competitive salary.

Along with monthly dues increase, the board approved a \$10 increase to the annual registration fee. The \$110 registration (\$100 previous) is also effective August 1, 2023 and will provide all registered swimmers with an annual SCSC t-shirt (different than the black shirt given when joining).

With these dues increases, SCSC still remains one of the most affordable year-round swim teams in the Omaha metro area.

	Current Dues	Short Course 2023
Seawolves Bronze	\$90.00	\$92.00
Seawolves Silver	\$103.00	\$105.00
Seawolves Gold	\$103.00	\$105.00
Junior Bronze	\$122.00	\$125.00
Junior Silver	\$122.00	\$125.00
Junior Gold	\$122.00	\$125.00
Senior Bronze	\$122.00	\$125.00
Senior Silver	\$132.00	\$135.00
Senior Gold	\$132.00	\$135.00



JOIN THE HOWLING PACK!

By joining the Howling Pack you are directly contributing to the growth and success of our swimmers by providing funds for equipment and valuable opportunities in the sport. Your \$25 Howling Pack sponsorship donation includes a SCSC car decal to show your support of the Seawolves anywhere you go!

Join today by clicking [here](#)

WELCOME BACK COACH MADDIE!

SCSC is excited to welcome back Coach Maddie! Maddie is back from college and will be helping us this summer with the Seawolves and Junior groups!

Happy Birthday!

- | | | |
|---------------------------|--------------------------|------------------------|
| June 1- Aubrey Meyer | June 15- Evelyn Sykes | June 24- Coach Barb |
| June 5- Teresa Cavanaugh | June 16- Lawton Rees | June 24- Nirvan Satyal |
| June 5- Dylan Mulroy | June 18- Liam Van Rooyen | June 30- Jack Tomic |
| June 15- Addie Bigelow | June 19- Braxton Rees | |
| June 15- Elianna Calderon | June 20- Amber Sievers | |

THANK YOU VOLUNTEERS!

Whitney Robertson

Congratulations on winning June's \$25 volunteer appreciation credit towards practice dues!

**BECOME A USA
SWIMMING CERTIFIED
MEET OFFICIAL!**

Click [here](#) to learn more!

COACHES & STAFF

- Nick Baker, Head Coach/Senior Lead Coach
- Janet Cho, Team Administrator
- Eric Rees, Associate Head Coach
- Jeff Daniels, Junior Group Lead Coach
- Barb Anderson, Seawolves Group Lead Coach
- Riley Olson, Senior Group Assistant Coach
- Paige Knight, Senior Group Assistant Coach
- Billy Salber, Seawolves & Junior Assistant Coach
- Maddie Huebert, Seawolves & Junior Assistant Coach
- Emma Daniels, Seawolves Group Assistant Coach
- Danielle Barrera-Bojanski, Junior Coach/Seawolves

CONNECT WITH US!

- Web: www.sarpycountyswimclub.com
- Facebook: @SarpyCountySwimClub
- Instagram: @SarpyCountySwim
- Twitter: @SarpyCountySwim

NEXT BOARD MEETING

August 13 @ 7pm
All SCSC members are welcome to attend board meetings. Please arrive at the pool entrance by 6:50pm.