

SARPY COUNTY SWIM CLUB

THE PACK NEWSLETTER

May 2023 • Volume 5 • Edition 2



COACHES CORNER

Head Coach Nick Baker

SCSC Families,

What a past few days! Sunday we had Anthony Ervin in the pool with our swimmers, and Monday we found out the pool needed repairs. Thank you for your flexibility and understanding while the pool is down. PLHS pool was built in the 1970s and overall is in pretty good shape but with its age there are occasionally unexpected repairs that need to be done from time to time. With any luck, we will be back at PLHS sooner rather than later. As I mentioned at the Ice Cream Social and in my original Alternate Schedule Email, we will not be charging a rental fee to families unless we are out of PLHS beyond May 1. At that point, we would have to charge roughly \$10 per week in order to offset the rental costs of College of Saint Mary and Genesis. Again, thank you for your understanding and flexibility during this time.



SCSC CLASS OF 2023



NOAH DOANE

Son of Megan & Ladd Doane

Years with SCSC: 5

Post High School Plans: Attend and swim at Midland University, majoring in psychology

LEAH ERLBACHER

Daughter of Shawn & KhaTu Erlbacher

Years with SCSC: 6

Post High School Plans: Attend the University of Nebraska-Lincoln to study construction/business management



CHARLOTTE GIFFORD

Daughter of Jennifer Smaha & Jeremiah Gifford

Years with SCSC: 8

Post High School Plans: Study marine biology and research

ADDIE MILLER

Daughter of Lowell & Becky Miller

Years with SCSC: 6

Post High School Plans: Attend and swim at the College of Saint Mary, majoring in elementary education



SWIMMERS OF THE MONTH



OLIVIA MADSON
Seawolves Group



CAILAH CRUZ-ALFARO
Junior Group



BEN ARENS
Senior Group

UPCOMING MEETS & EVENTS

May 1-19: Practice @ CSM & Genesis, Weightlifting @ PLV

May 12-14: SO Summer Classic Meet @ UNO

May 21: SCSC Board Meeting @ PLHS

May 24: No Senior Group Practice, Junior and Seawolves Groups will have Practice

May 29: No Practice, Memorial Day

June 1: Senior Groups Start Tuesday/Thursday Practices @ Papio Bay

June 1: SCSC Summer Distance Meet @ PLHS

June 13: SCSC Summer Meet @ PLHS

June 16-17: SLS Summer Splash @ South Sioux City, NE

June 23-25: ND West Fargo Flyers Summer Explosion @ West Fargo, ND

June 24-July 4: Firework Stand Fundraiser

July 4: No Practice, 4th of July

July 12-15: Sectionals (Qualifying Time) @ Columbia, MO

July 20: MW BT Midwestern 8 & U Championship @ Brownell Talbot

July 26-29: Futures (Qualifying Time) @ West Fargo, ND

July 27-30: MW Midwestern Long Course Championships @ Woods Pool, Lincoln

SWIMMING GLOSSARY: @ :30 REST

The prescribed time in-between intervals or sets. When a coach tells you "30 seconds rest" the coach is saying that you have 30 seconds to rest that starts as soon as your hand touches the wall and ends with you pushing off the wall.

THANK YOU PARENT VOLUNTEERS!



MEET THE BOARD

Lisa Click, Board Secretary



FAVORITE FOOD

Chocolate Cake

FAVORITE ANIMAL

Bernese Mountain Dog

FAVORITE MOVIE

Spaceballs & My Life in Ruins

FAVORITE TRAVEL DESTINATION

Anywhere in the mountains

FAVORITE SWIMMING STROKE

Dog Paddle

FAVORITE PART ABOUT WORKING WITH THE SEAWOLVES

I enjoy helping to make the club the best it can be for our swimmers to not only hone in on their personal skills but to create lasting relationships with their peers. For a person that was not in athletics, it's been an enjoyable experience watching these kids grow up and excel in swimming over the many years I've been with the club.

SHORT COURSE AWARDS





Happy Birthday!

May 1 - Olivia Madson

May 3 - AJ Arens

May 10 - Adelyn Losey

May 10 - Iris Lee

May 13 - Walker Larson

May 14 - Jay Chesley

May 18 - Coach Paige

May 21 - Maddaliene

Prentice

May 22 - Hope Lewis

May 24 - Rylie Horner

May 31 - Zach Decker

THANK YOU VOLUNTEERS! Lynn Sievers

Congratulations on winning May's \$25 volunteer appreciation credit towards practice dues!

BECOME A USA
SWIMMING CERTIFIED
MEET OFFICIAL!

Click [here](#) to learn more!

COACHES & STAFF

Nick Baker, Head Coach/Senior Lead Coach

Janet Cho, Team Administrator

Eric Rees, Associate Head Coach

Jeff Daniels, Junior Group Lead Coach

Barb Anderson, Seawolves Group Lead Coach

Riley Olson, Senior Group Assistant Coach

Paige Knight, Senior Group Assistant Coach

Billy Salber, Seawolves & Junior Assistant Coach

Emma Daniels, Seawolves Group Assistant Coach

Carol Olson, Seawolves Group Assistant Coach

Danielle Barrera-Bojanski, Junior Coach/Seawolves

CONNECT WITH US!

Web: www.sarpycountyswimclub.com

Facebook: @SarpyCountySwimClub

Instagram: @SarpyCountySwim

Twitter: @SarpyCountySwim

NEXT BOARD MEETING

May 21 @ 7pm

All SCSC members are welcome to attend board meetings. Please arrive at the pool entrance by 6:50pm.