



MIDWESTERN SWIMMING

1500 METER FREESTYLE

EVENT _____ HEAT _____

lap	meter	order of touch
2	100	
4	200	
6	300	
8	400	
10	500	
12	600	
14	700	
16	800	
18	900	
20	1000	
22	1100	
24	1200	
26	1300	
1400		
	1500	

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