

Individual Top Times

Number of Top Times: 8 Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
Girls 11-12 50 Free								
1	29.13 L AAA	F	Ogura, Alice	12	ISWM MW	7/21/2023	2023 MW GOAL Get'em Challenge Me	
2	29.88 L L AAA	F	Foster, Jordan	12	HUSK MW	7/27/2023	2023 MW Midwestern Long Course Ch	
3	30.44 L AA	F	Klappenback, Evelyn	12	LSS MW	7/7/2023	2023 SD SFST Sanford Invitation	
4	30.45 L AA	F	Laws, Aaliyah	12	SLS MW	7/27/2023	2023 MW Midwestern Long Course Ch	
5	30.48 L AA	F	Leach, Whitney	12	SO MW	6/22/2023	2023 MW LSS Capital City Classic	
6	30.52 L AA	F	Venditte, Edisyn	12	GNST MW	4/28/2023	2023 SD Augustana Spring Splash	
7	30.99 L AA	F	Fan, Jessica	12	GOAL MW	5/12/2023	2023 Rose Memorial Invitational	
8	31.03 L AA	F	Rubel, Nola	12	UN MW	7/7/2023	2023 MW App Cornhusker State Game	
Girls 11-12 100 Free								
1	1:05.02 L AAA	F	Ogura, Alice	12	ISWM MW	5/6/2023	2023 MW FAST-GOAL Sprint Cup	
2	1:05.29 L AAA	F	Klappenback, Evelyn	12	LSS MW	4/28/2023	2023 SD Augustana Spring Splash	
3	1:06.77 L AA	P	Foster, Jordan	12	MW MW	8/3/2023	2023 Central Zone 14 & U Championsf	
4	1:07.46 L AA	F	Rubel, Nola	12	ISWM MW	6/9/2023	2023 IA DSMY TRUDY HANCOCK ME	
5	1:08.15 L AA	F	Frederick, Piper	12	LSS MW	6/22/2023	2023 MW LSS Capital City Classic	
6	1:08.37 L AA	F	Venditte, Edisyn	12	GNST MW	4/28/2023	2023 SD Augustana Spring Splash	
7	1:08.45 L AA	F	Zhang, Kaylee	12	BT MW	7/27/2023	2023 MW Midwestern Long Course Ch	
8	1:08.66 L AA	F	Laws, Aaliyah	12	SLS MW	7/7/2023	2023 SD SFST Sanford Invitation	
Girls 11-12 200 Free								
1	2:22.21 L AAA	F	Klappenback, Evelyn	12	MW MW	8/3/2023	2023 Central Zone 14 & U Championsf	
2	2:27.01 L AA	F	Ogura, Alice	12	UN MW	7/7/2023	2023 MW App Cornhusker State Game	
3	2:27.15 L AA	F	Rubel, Nola	12	ISWM MW	6/22/2023	2023 MW LSS Capital City Classic	
4	2:27.24 L AA	F	Standish, Hailey	12	LSS MW	4/28/2023	2023 SD Augustana Spring Splash	
5	2:29.60 L AA	F	Frederick, Piper	12	LSS MW	6/22/2023	2023 MW LSS Capital City Classic	
6	2:30.05 L A	F	Freeman, Aria	11	SCM MW	7/7/2023	2023 SD SFST Sanford Invitation	
7	2:31.21 L A	F	Enenbach, Olivia	12	GOAL MW	7/7/2023	2023 SD SFST Sanford Invitation	
8	2:31.28 L L A	F	Herzberg, Geneveah	12	HUSK MW	7/27/2023	2023 MW Midwestern Long Course Ch	
Girls 11-12 400 Free								
1	5:03.99 L AA	F	Klappenback, Evelyn	12	MW MW	8/3/2023	2023 Central Zone 14 & U Championsf	
2	5:07.68 L AA	F	Standish, Hailey	12	LSS MW	4/28/2023	2023 SD Augustana Spring Splash	
3	5:09.93 L AA	F	Freeman, Aria	11	SCM MW	7/27/2023	2023 MW Midwestern Long Course Ch	
4	5:10.68 L AA	F	Rubel, Nola	12	ISWM MW	5/13/2023	2023 SD SFST Ready for Long Co	
5	5:19.40 L A	F	Frederick, Piper	12	LSS MW	7/7/2023	2023 SD SFST Sanford Invitation	
6	5:20.25 L A	F	Leach, Whitney	12	MW MW	8/3/2023	2023 Central Zone 14 & U Championsf	
7	5:22.29 L A	F	Foster, Jordan	12	HUSK MW	7/27/2023	2023 MW Midwestern Long Course Ch	
8	5:26.37 L A	F	Rustwick, Rylee	12	SCM MW	7/27/2023	2023 MW Midwestern Long Course Ch	
Girls 11-12 800 Free								
1	10:27.13 L AAA	F	Rubel, Nola	12	ISWM MW	7/21/2023	2023 MW GOAL Get'em Challenge Me	
2	10:28.75 L AAA	F	Klappenback, Evelyn	12	MW MW	8/3/2023	2023 Central Zone 14 & U Championsf	
3	10:54.19 L AA	F	Leach, Whitney	12	SO MW	6/22/2023	2023 MW LSS Capital City Classic	
4	10:58.11 L AA	F	Standish, Hailey	12	LSS MW	4/28/2023	2023 SD Augustana Spring Splash	
5	11:04.75 L A	F	Frederick, Piper	12	LSS MW	6/22/2023	2023 MW LSS Capital City Classic	
6	11:17.78 L A	F	Rustwick, Rylee	12	SCM MW	7/27/2023	2023 MW Midwestern Long Course Ch	
7	11:24.44 L A	F	Ogura, Alice	12	ISWM MW	7/21/2023	2023 MW GOAL Get'em Challenge Me	
Girls 11-12 1500 Free								
1	19:49.61 L AAA	F	Rubel, Nola	12	ISWM MW	7/21/2023	2023 MW GOAL Get'em Challenge Me	
2	20:35.63 L AA	F	Klappenback, Evelyn	12	LSS MW	6/22/2023	2023 MW LSS Capital City Classic	
3	20:47.62 L AA	F	Leach, Whitney	12	SO MW	6/22/2023	2023 MW LSS Capital City Classic	
4	21:01.44 L AA	F	Fan, Jessica	12	GOAL MW	5/12/2023	2023 Rose Memorial Invitational	
5	21:19.67 L A	F	Ogura, Alice	12	ISWM MW	7/21/2023	2023 MW GOAL Get'em Challenge Me	
6	21:54.08 L A	F	Zhang, Kaylee	12	BT MW	6/23/2023	2023 ND WFF Summer Explosion	
Girls 11-12 50 Back								
1	34.43 L AAA	F	Ogura, Alice	12	ISWM MW	5/6/2023	2023 MW FAST-GOAL Sprint Cup	

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2	34.57	L AA	F Venditte, Edisyn	12	GNST MW	4/28/2023	2023 SD Augustana Spring Splash	
3	34.93	L AA	P Kinsel, Charlotte	11	MW MW	8/3/2023	2023 Central Zone 14 & U Championsf	
4	35.17	L AA	F Frederick, Piper	12	LSS MW	7/7/2023	2023 SD SFST Sanford Invitation	
5	35.67	L AA	F Rubel, Nola	12	ISWM MW	6/9/2023	2023 IA DSMY TRUDY HANCOCK ME	
6	35.93	L AA	P Allam, Shreeya	12	MW MW	8/3/2023	2023 Central Zone 14 & U Championsf	
7	35.95	L AA	F Klappenback, Evelyn	12	LSS MW	7/7/2023	2023 SD SFST Sanford Invitation	
8	36.60	L A	F Mendlick, Mia	11	GOAL MW	7/27/2023	2023 MW Midwestern Long Course Ch	
Girls 11-12 100 Back								
1	1:15.03	L AAA	F Frederick, Piper	12	LSS MW	7/7/2023	2023 SD SFST Sanford Invitation	
2	1:16.39	L AA	F Klappenback, Evelyn	12	LSS MW	4/28/2023	2023 SD Augustana Spring Splash	
3	1:16.57	L AA	F Kinsel, Charlotte	11	MW MW	8/3/2023	2023 Central Zone 14 & U Championsf	
4	1:17.54	L AA	F Venditte, Edisyn	12	GNST MW	4/28/2023	2023 SD Augustana Spring Splash	
5	1:17.80	L AA	F Freeman, Aria	11	SCM MW	7/27/2023	2023 MW Midwestern Long Course Ch	
6	1:18.68	L AA	F Rubel, Nola	12	ISWM MW	5/13/2023	2023 SD SFST Ready for Long Co	
7	1:18.90	L AA	F Allam, Shreeya	12	MAC MW	7/27/2023	2023 MW Midwestern Long Course Ch	
8	1:19.12	L AA	F Ogura, Alice	12	ISWM MW	5/6/2023	2023 MW FAST-GOAL Sprint Cup	
Girls 11-12 200 Back								
1	2:41.63	L AA	F Frederick, Piper	12	LSS MW	7/27/2023	2023 MW Midwestern Long Course Ch	
2	2:45.05	L AA	F Rubel, Nola	12	ISWM MW	5/6/2023	2023 MW FAST-GOAL Sprint Cup	
3	2:50.24	L A	F Kinsel, Charlotte	11	MW MW	8/3/2023	2023 Central Zone 14 & U Championsf	
4	2:51.73	L A	F Rustwick, Rylee	12	SCM MW	7/27/2023	2023 MW Midwestern Long Course Ch	
5	2:51.81	L A	F Freeman, Aria	11	SCM MW	7/7/2023	2023 SD SFST Sanford Invitation	
6	2:52.94	L A	F Klappenback, Evelyn	12	LSS MW	5/12/2023	2023 MW SO Spring Classic	
7	2:53.12	L A	F Monroe, Alaina	12	HUSK MW	7/27/2023	2023 MW Midwestern Long Course Ch	
8	2:54.46	L A	F Rowan, Reese	12	HUSK MW	7/27/2023	2023 MW Midwestern Long Course Ch	
Girls 11-12 50 Breast								
1	37.96	L AAA	F Enenbach, Olivia	12	MW MW	8/3/2023	2023 Central Zone 14 & U Championsf	
2	38.12	L AAA	F Rubel, Nola	12	ISWM MW	7/21/2023	2023 MW GOAL Get'em Challenge Me	
3	39.61	L AA	F Klappenback, Evelyn	12	LSS MW	4/28/2023	2023 SD Augustana Spring Splash	
4	41.81	L A	F Foster, Jordan	12	UN MW	7/7/2023	2023 MW App Cornhusker State Game	
5	41.97	L A	F Spence, Caydence	11	UN-AC MW	7/27/2023	2023 MW Midwestern Long Course Ch	
Girls 11-12 100 Breast								
1	1:23.63	L AAA	F Enenbach, Olivia	12	GOAL MW	7/27/2023	2023 MW Midwestern Long Course Ch	
2	1:24.26	L AAA	F Rubel, Nola	12	ISWM MW	7/27/2023	2023 MW Midwestern Long Course Ch	
3	1:28.25	L AA	F Klappenback, Evelyn	12	LSS MW	4/28/2023	2023 SD Augustana Spring Splash	
4	1:29.89	L A	F Hansen, Kate	11	GNST MW	6/22/2023	2023 MW LSS Capital City Classic	
5	1:30.26	L A	F Leach, Whitney	12	SO MW	7/27/2023	2023 MW Midwestern Long Course Ch	
6	1:31.11	L A	P Ogura, Alice	12	ISWM MW	6/22/2023	2023 MW LSS Capital City Classic	
7	1:32.12	L A	P Frederick, Piper	12	LSS MW	6/22/2023	2023 MW LSS Capital City Classic	
Girls 11-12 200 Breast								
1	3:01.91	L AAA	F Enenbach, Olivia	12	GOAL MW	7/27/2023	2023 MW Midwestern Long Course Ch	
2	3:01.96	L AAA	F Rubel, Nola	12	ISWM MW	7/27/2023	2023 MW Midwestern Long Course Ch	
3	3:15.04	L A	F Leach, Whitney	12	SO MW	7/27/2023	2023 MW Midwestern Long Course Ch	
4	3:17.59	L A	F Ogura, Alice	12	ISWM MW	7/21/2023	2023 MW GOAL Get'em Challenge Me	
5	3:18.88	L A	F Klappenback, Evelyn	12	LSS MW	6/3/2023	2023 MW LSS Lincoln Invite	
Girls 11-12 50 Fly								
1	31.03	L AAA	F Frederick, Piper	12	LSS MW	6/22/2023	2023 MW LSS Capital City Classic	
2	31.73	L AAA	F Foster, Jordan	12	HUSK MW	7/27/2023	2023 MW Midwestern Long Course Ch	
3	32.46	L AA	F Ogura, Alice	12	ISWM MW	5/6/2023	2023 MW FAST-GOAL Sprint Cup	
4	32.59	L AA	F Fan, Jessica	12	GOAL MW	5/12/2023	2023 Rose Memorial Invitational	
5	33.05	L AA	F Smith, Zaylie	12	GOAL MW	7/27/2023	2023 MW Midwestern Long Course Ch	
6	33.53	L AA	F Venditte, Edisyn	12	GNST MW	4/28/2023	2023 SD Augustana Spring Splash	
7	33.71	L AA	F Knispel, Elise	12	CBSC MW	7/27/2023	2023 MW Midwestern Long Course Ch	
8	33.87	L AA	F Rubel, Nola	12	ISWM MW	6/17/2023	2023 MW SLS Sharks Summer Splash	

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Girls 11-12 100 Fly								
1	1:10.74	L AAA	F Frederick, Piper	12	LSS MW	7/27/2023	2023 MW	Midwestern Long Course Ch
2	1:12.25	L AAA	F Ogura, Alice	12	ISWM MW	5/6/2023	2023 MW	FAST-GOAL Sprint Cup
3	1:12.83	L AAA	F Fan, Jessica	12	UN-GO MW	5/6/2023	2023 MW	FAST-GOAL Sprint Cup
4	1:15.38	L AA	F Foster, Jordan	12	MW MW	8/3/2023	2023 Central Zone 14 & U	Championsf
5	1:18.56	L A	F Knispel, Elise	12	CBSC MW	7/27/2023	2023 MW	Midwestern Long Course Ch
6	1:20.02	L A	F Rubel, Nola	12	UN MW	7/7/2023	2023 MW	App Cornhusker State Game
7	1:20.28	L A	F Smith, Zaylie	12	GOAL MW	7/27/2023	2023 MW	Midwestern Long Course Ch
Girls 11-12 200 Fly								
1	2:41.86	L AA	F Frederick, Piper	12	MW MW	8/3/2023	2023 Central Zone 14 & U	Championsf
2	2:55.23	L A	F Knispel, Elise	12	CBSC MW	7/27/2023	2023 MW	Midwestern Long Course Ch
Girls 11-12 200 IM								
1	2:42.14	L AA	F Frederick, Piper	12	LSS MW	7/27/2023	2023 MW	Midwestern Long Course Ch
2	2:43.76	L AA	F Rubel, Nola	12	ISWM MW	7/27/2023	2023 MW	Midwestern Long Course Ch
3	2:44.23	L AA	F Ogura, Alice	12	UN MW	7/7/2023	2023 MW	App Cornhusker State Game
4	2:45.34	L AA	P Foster, Jordan	12	MW MW	8/3/2023	2023 Central Zone 14 & U	Championsf
5	2:47.57	L AA	P Enenbach, Olivia	12	MW MW	8/3/2023	2023 Central Zone 14 & U	Championsf
6	2:48.02	L AA	F Klappenback, Evelyn	12	LSS MW	5/12/2023	2023 MW	SO Spring Classic
7	2:52.11	L A	F Fan, Jessica	12	UN-GO MW	5/6/2023	2023 MW	FAST-GOAL Sprint Cup
Girls 11-12 400 IM								
1	5:48.45	L AA	F Frederick, Piper	12	LSS MW	7/27/2023	2023 MW	Midwestern Long Course Ch
2	5:48.67	L AA	F Rubel, Nola	12	ISWM MW	6/9/2023	2023 IA	DSMY TRUDY HANCOCK ME
3	5:57.23	L AA	F Enenbach, Olivia	12	MW MW	8/3/2023	2023 Central Zone 14 & U	Championsf
4	6:03.90	L A	F Foster, Jordan	12	HUSK MW	7/27/2023	2023 MW	Midwestern Long Course Ch
5	6:07.23	L A	F Knispel, Elise	12	CBSC MW	7/27/2023	2023 MW	Midwestern Long Course Ch
6	6:11.49	L A	F Standish, Hailey	12	LSS MW	4/28/2023	2023 SD	Augustana Spring Splash
7	6:14.79	L A	F Klappenback, Evelyn	12	LSS MW	6/3/2023	2023 MW	LSS Lincoln Invite
8	6:16.70	L A	F Freeman, Aria	11	SCM MW	7/27/2023	2023 MW	Midwestern Long Course Ch