



The **Stingrays Spark**

Summer 2017

Metrowest YMCA Swim Team Newsletter

In This Issue

- MWYS Stingrays: Fun Facts
- Save the date: 2017 Summer Picnic
- New MWYS Swimming Officials
- Happy Birthday Stingray swimmers
- Congratulations senior MWYS swimmers



We wish
everyone
Happy
4th of July

Stingrays Long Course Season

Dear Stingrays families-

Here is the summer edition of our team newsletter. The long-course season is at its peak and will culminate soon in the age group championship. With over 80 swimmers on board and a contingent of awesome coaches our long course team is almost the same size as our regular short course team! This reflects how much the MWYS team has grown recently. In this edition, check out a few fun facts about the team's ranking at various levels. It is through the hard work of all our swimmers, coaches, parent volunteers, officials, the Y support staff, and you all that we have been able to grow to this level. Now we just need to keep the momentum and reach for the next level. We are counting on your commitment and continued support.

We have a few more LCM meets coming up before the age group championships. We have 17 swimmers who already qualified for individual championship events. We hope more will make the cut. Good luck to all the swimmers who will be participating.

Our end of season picnic will be held at the Wayland town beach on August 6th. We look forward to seeing everyone there.

In the meantime, we wish you happy summer and a happy July 4th!

Go Stingrays!

Congratulations MWYS Graduating Seniors

Congratulations to our senior most swimmers, **Edwin Gao** (Framingham High) and **Annie Lam** (Natick High) for graduating high school! Both of them will begin college this fall. Edwin is going to the *University of New England* and Annie will attend the *Simmons College*. Our best wishes to Edwin and Annie! The Stingrays will miss you both!



Upcoming Events

- **07-09 JUL 2017**
LCM Qualifier
Meet, Springfield, MA
- **15-16 JULY 2017, 10 & Under AG**
championship,
Harvard Univ,
Cambridge, MA
- **16 JULY 2017**
Kids Triathlon
USA, MIT
Cambridge, MA
- **20-23 JULY 2017, 11-14 AG**
Championship,
Harvard Univ,
Cambridge, MA
- **24 JULY 2017, Tryouts for 2017-18 short course season**
- **29-30 JULY 2017, Beat the Heat**
Championship,
Warwick, RI
- **06 AUG 2017, End of Long Course**
Season team
party, Wayland, MA

Save the Date: End of Long Course Party

As we plan for the successful end of the Stingrays Long Course 2017 season, we are already looking forward to a fun and relaxing afternoon for swimmers and their families!

Wayland Beach on Sunday, August 6th

Noon - 6pm , Pot Luck BBQ

Rain Date, Sunday, August 13th.

Here are some details:

LOCATION: Wayland Town Beach (It is Lake Cochituate, but not the State Park)
26 Parkland Drive Extension
Wayland, MA 01778

WHERE: We need a set up crew to come earlier (11 am) and set up our area in the shaded pine area on the far left of the beach and take over picnic tables for our group.

WHEN: Beach is open from 10-7 pm
Party scheduled to start around noon, but feel free to come before.

ADMISSION: Free and ample parking. When you get to the entrance gate, you must mention that you are part of the "Stingray YMCA Swim Team" and the entrance will be reduced to \$3/person unless you have a Wayland Beach tag (free). You must pay cash at the entrance to enter.

WHAT TO BRING: Hoping for good weather, you will need typical beach gear - bathing suits, sunscreen, and towels. Feel free to bring beach chairs...there are some and there are picnic tables, but chairs are a good idea. There is a swimming dock, volleyball court (bring a ball if you have one), basketball court, playground (great for little kids), beach house with bathrooms and snack bar. You can rent kayaks, canoes and paddleboats for \$15/hour.

FOOD & DRINKS: Please sign up on our site for items you can bring for the group. We are expecting most families to join and we need set up, BBQ and cleanup crews. *Please bring your food and drinks in containers that will keep them cool..anyone who has extra coolers, feel free to bring them. We should make sure we keep the meats cool as well until the BBQ is ready. Also please bring any serving utensils for items that you are bringing if needed (salads etc).*



Contact: Seta Abrahamian (seta@abrahamian.info)

Useful Weblinks

MWYS
Stingrays
home page

NE Region
YMCA
Swimming

New
England
Swimming

USA
Swimming

Contact Us

Comments,
suggestion or
newsworthy item for
the newsletter can
be sent to:

Dinesh Bangari
dsbangari@gmail.com

MWYS Swimming Officials Update

Congratulations to our newest officials to the team! Those that have just completed their certification are:

- **Bin Jia**
- **Yimin Shen**
- **Sue Hur**
- **Haruru Lee**

This is a big commitment to the team and the coaches and swimmers appreciate your efforts. Our next official in training is **Ramesh Ganesen**. Thank you all for your contributions to the team.

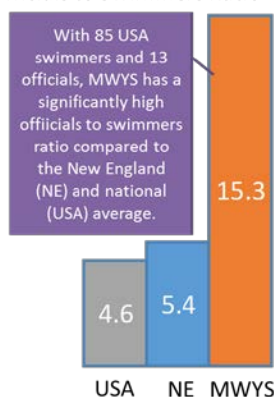
We will be having another **Officials Clinic** in September for those who want to move up to Starter and any new folks who want to become a Stroke & Turn official. You can never have enough officials as our new officials have already found out. Our team is now recognized as one that brings officials to the meets and supports the host team well.

*For further information on becoming an official, please contact **Dan Dube** (dpdube10@gmail.com).*

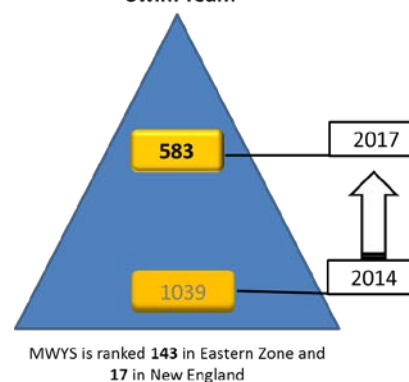
MWYS Fun Facts

Metrowest YMCA USA Swim team membership is 85, a 9 % increase over last year. We have 13 officials in the team - a ratio of 15.3 % of officials to swimmers. To put this information in national and regional perspective, USA Swimming has 350,521 swimmers, (a 4.3 % increase over last year) and 16,163 officials - a ratio of 4.6% of officials to swimmers. New England Swimming has 9789 swimmers (a 7% increase over last year) and 524 Officials - a ratio of 5.4 % of officials to swimmers.

Officials to Swimmers Ratio



USA Rank of the Stingrays Swim Team



Metrowest YMCA team is now ranked **583rd** in the USA, **143rd** in the Eastern Zone and **17th** in New England swimming. In 2014 our team was ranked **1039th**. Huge improvement over a few years!! Let's keep the momentum.

Data compiled by: Dan Dube

Happy Birthday Stingrays!

The following Stingray swimmers celebrate their birthday in *May, June and July*. We wish them happy birthday on behalf of the entire Stingrays swim team.

Keila Jalinous
Ashwina Bangari
Alex Gu
Derek Qi
Marcel Liu
Alexandra Loo
Jonathan Pat
Jacob Pierson
Olivia Nelson
Evie Gao
Rex Li
Daniel Xue
David Hynh

Anthony Xue
Liliya Shayan
Zack Zhang
Ava Wong
Yonathan Kimyagarov
Valeria Ledesma
Sicheng Wang
Keion Jalinous
Laura Dube
Kevin Jia
Phoebe Nelson
Caroline Ting
Caroline Ho

USA Kids Triathlon 2017

Several of our MWYS swimmers will be participating in the upcoming USA Kids triathlon at the MIT campus in Cambridge on **Sunday, July 16, 2017**. For some it will be their second or third time. It's a fun-filled event with over 1000 kids participating. Check out below for more information:

<https://www.kidstriathloninc.org/new-england-kids-triathlon.html>



Good luck to our Stingrays triathletes!