



# The Stingrays Spark

January 2018

Metrowest YMCA Swim Team Newsletter

## In This Issue

- 2018 championship qualifiers
- Former Stingray swimmer sets new Tufts record
- Off the pool: Team fun events
- Swim-a-thon fundraiser update

## Upcoming Events

- **10-12 Jan 2018:** Winter Carnival YMCA /USA meet, Boston University
- **27-28 Jan and 3-4 Feb 2018:** Eastern MA YMCA District Championships, Kennedy School, Somerville
- **9-11 Feb 2018:** Regionals USA Meet, Keefe Tech, Framingham

## Happy New Year!

*Dear Stingrays families-*

*Hope you had a nice holiday with family and friends and then a great start of the new year 2018. After a short but refreshing break, our team resumed its practice and meet schedule last week. Now the championships are just around the corner. As you may all know many of our swimmers have made the cuts for the Eastern Mass District, NE YMCA, Regional, Silvers, and NE age group championships. Our team will have a good participation at all of these championships as our swimmers have made the cut times for multiple individual events and many will also participate in the relays. We hope that more swimmers will make the championships cut times in upcoming meets. In this edition of the newsletter, catch up on some of the recent team activities and read about some of the upcoming events.*

*It's going to be exciting and busy few weeks ahead for everyone- the swimmers, coaches and parents!*

*Good luck everyone!*

***Go Stingrays!***

*If you have any comments, suggestion or newsworthy items for the newsletter, please contact us via email: [dsbangari@gmail.com](mailto:dsbangari@gmail.com).*

- **24-25 Feb 2018**  
10 & Under Age Group Championships, UNH, Durham, NH

- **2-4 Mar 2018:**  
15-18 USA Championships, WPI, Worcester

- **8-11 Mar 2018:**  
11-14 Age Group Championships, Boston University

- **15-16 Mar 2018: Silvers USA**  
Championships, Univ. Rhode Island

- **10-11 Mar and 17-18 Mar 2018: New England YMCA Championships, MIT, Cambridge**

## 2018 Championship Qualifiers

*Many of our MWYS swimmers will be competing at the various YMCA and USA championships in the coming weeks. Congratulations to the swimmers who have made the cuts for various championships. We wish you all a successful championship season!*

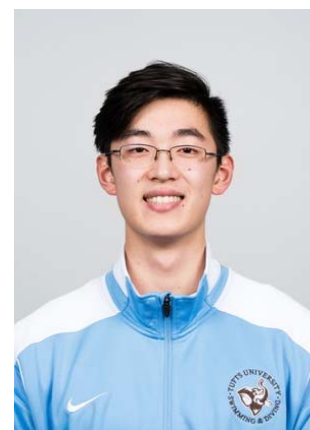
MWYS Swimmers who made cuts (As of 05 Jan 2018)			
Championship	Girls	Boys	Total
Eastern Mass YMCA District	42	47	89
NE YMCA	22	33	55
14& under NE Age group	7	9	16

## Former MWYS Swimmer Sets New Tufts Record

Former MWYS swimmer **Roger Gu**, currently a sophomore at **Tufts University**, made a new university record. Roger clocked 20.26 in 50 Free.

*"I am honored to be able to represent Tufts with this record and extremely appreciative of all the support from everyone back home on the Stingrays."*

- Roger Gu



*Congratulations to Roger and his proud family!*

We are all very proud of Roger's achievement and wish him continued success in his academic and athletic career.

Useful weblinks

**MWYS**  
**Stingrays**  
**home page**

**NE Region**  
**YMCA**  
**Swimming**

**New**  
**England**  
**Swimming**

**USA**  
**Swimming**

## Off The Pool!

*Fun team events bring together swimmers and parents*

**02 December 2017:** The swim team family dinner was held at the Super Buffet in Marlboro. In addition to the huge selection of delicious food, this event also offered a great opportunity for parents, swimmers and coaches to mingle and chitchat in a laid back, friendly setting. Many thanks to **Xiaoren Chen** and **Seta Abrahamian** for coordinating this event.

**16 December 2017:** Stingrays swimmers gathered for a **Holiday Yankee Swap** held at for moderating this fun-filled event. Thank you to coaches **Lavinia**, **Amanda** and **Max** for coordinating the swap. In the end, everyone left with a gift. 😊



**25 November 2017:** Our team held its **second community event of the fall season- leaf raking in Natick**. Over 35 swimmers and parents volunteered to rake leaves at senior homes. The families were extremely appreciative of this help from the swim team volunteers. This really makes us feel so proud of this team! Please be on the lookout for future announcements for similar community events.



**Contact Us**

Comments, suggestion or newsworthy item for the newsletter can be sent to: dsbangari@gmail.com

**Swim-a-thon Fundraiser Update**

At our 2017 Swim-a-thon, we had **75 swimmers** who swam **116.08 Miles** as a team! So far we have collected **\$3000** from our swim-a-thon. If you have not yet turned in your swim-a-thon funds please give to coach *Annette Robertson* at your earliest convenience.

Sincere thanks to all swimmers, their friends and families, coaches and parents who volunteered for their participation in this team activity!

**2018 USA Triathlon at MIT: 15 July 2018**

Sign-ups for the Kids Triathlon at MIT are now live! Last year we had about 20 of our kids compete. There are two groupings: Juniors (6-10 year old) and Seniors (11-15 year old). The swimmers do very well at this fun event.

Go to [www.kidstriathloninc.org](http://www.kidstriathloninc.org) for more information. This event has just over 1000 kids compete. If you decide to sign up, make sure you indicate you are part of a team - **Metrowest YMCA**. We earned \$ 10/kid that competed as a rebate to the team.



This event sells out quickly too. This date has traditionally not been a conflict for any practice or swim meets.

**Save the Date: 07 April 2018****End of Short Course Season Team Party****07 April 2018 (6- 8 PM)****PINZ Bowling, Milford, MA**

Please RSVP on the team unify website.

For questions, please contact

*Seta Abrahamian*

*Stay tuned for more information!*

