

| 2025-2026 Short Course Meet Schedule |                                   |                  | Meets highlighted in blue are ATOM hosted meets - volunteers will be needed                 |   |
|--------------------------------------|-----------------------------------|------------------|---|---|
| Date                                 | Meet                              | Location         | Eligibility   | Notes   |
| 9/21/2025                            | Battle of the Houses #1           | MCAC             | All Swimmers  | Season Kick Off - Sunday AM; Team social on 9/20  |
| 10/11 - 10/12/2025                   | QCD Invite                        | MCAC             | All swimmers  | ATOMites - Saturday ONLY  |
| 10/18 - 10/19/2025                   | NCAC IMX Meet                     | Chapel Hill, NC  | Black, Blue 1 & 2, Pre Senior 1 & 2, Senior 1 & 2   | White & Purple group swimmers may attend if unable to attend the QCD Fall Invite  |
| 11/14-11/16/2025                     | GAME Nov Invite                   | Columbia, SC     | ALL groups, except ATOMites   | Prelims/Finals Saturday & Sunday for 13 & over swimmers. Optional team travel for 13&O swimmers                               |
| 12/5- 12/7/2025                      | ATOM Winter Invite                | MCAC             | Qualified swimmers  | 13 & Over - AA Times; 12 & Under - BB Times. Please see your coach for eligibility  |
| 12/5- 12/7/2025                      | Swim MAC December Invite          | Latin            | All swimmers not attending ATOM Winter Invite   | Does NOT include ATOMites   |
| 12/10 - 12/13/2025                   | Winter Junior Nationals           | Indianapolis, IN | Qualified Swimmers  |   |
| 12/19/2025                           | Battle of the Houses #2           | MCAC             | All Swimmers  | Team Social to follow   |
| 1/10 - 1/11/2026                     | ATOM Frosty Invitational          | MCAC             | ATOMites, Purple, White, Black, Blue 1 & 2, Pre Senior 2, Senior 2. Senior 1 - one day only | ATOMites SATURDAY ONLY  |
| 1/17 - 1/19/2026                     | SwimMAC Novant Invitational       | Latin            | Blue 1, Pre Senior 1, Senior 1, qualified Senior 2  | 12 & U - Timed Finals, 13 & O - Prelims/Finals  |
| 1/23 - 1/25/2026                     | Western Open                      | MCAC             | Black, Blue 2, Pre Senior 2, Senior 2 not swimming at Novant                                |   |
| 2/6 and 2/8                          | Battle of the Houses #3           | MCAC             | ATOMites, Purple, White. All other groups - Last Chance                                     | Black Group and swimmers 11&O will swim based on coaches discretion   |
| 2/19 - 2/22/2026                     | NCS Senior State Champs           | TAC, Cary NC     | Quaified 15 & over swimmers   | Fully qualified Southern Premier Swimmers will not attend this meet   |
| 2/26-3/1/2026                        | NCS Age Group State Champs        | TAC, Cary NC     | Qualified 14 & under swimmers   |   |
| 3/5-3/8/2026                         | Southern Premier                  | Knoxville, TN    | Qualified swimmers  | Team travel for 11 & over swimmers. Prelims/finals for 11 & over swimmers. 10 & under timed finals. Chaperones will be needed |
| 3/20-3/22/2026                       | BRSL Championships                | MCAC             | All Swimmers  | 12 & under timed finals 13 & over Prelims/Finals. Final Battle of the Houses ATOMites SATURDAY ONLY                           |
| 4/2-4/4/2025                         | Open Water National Championships | Sarasota, FL     | Qualified swimmers  |   |