



Team Handbook 2023-2024

Blues Aquatics Asheville
360 Asheville School Road
Asheville, NC 28806
www.BluesAquatics.com

TABLE OF CONTENTS

Welcome	3
About Blues Aquatics Asheville	3
Mission, Objectives, and Pillars of Success	3
Coaches and Staff	4
Training Groups	5
Practice Schedule	5
Required Training Equipment	6
Registration Information	6
Membership Policies and Dues	7
Early Termination and Withdrawal	9
Swim Meet Policies and Procedures	10
Team Communication Policy	11
Other Team Policies	12
Athlete and Parent Code of Conduct	13
USA Swimming Safe Sport and the Minor Athlete Abuse Prevention Policy	15
Safe Sport Policy and Bullying Action Plan	21
Drugs and Alcohol Policy	22

WELCOME

Welcome to Blues Aquatics Asheville and the 2023-24 year. By registering with our team, you add to our program in many ways, and we strive to offer you the best environment for your swimmer(s) to learn, grow and achieve as an athlete and a person.

In a very short time, Blues Aquatics has a tradition of excellence at the local, state, and national level and that will continue this year.

The purpose of this handbook is to familiarize you with our inception, mission, objectives, policies and procedures. All members must take the time to read this document carefully.

ABOUT BLUES AQUATICS ASHEVILLE

North Carolina and Asheville have a rich history in swimming success. On November 1st, 2020, Asheville School supported the growth of the sport locally and nationally by founding Blues Aquatics Asheville. The program operates independently of the Asheville School and is funded by the members of Blues Aquatics Asheville. The school supports our program by providing our main training facility, facility upkeep, program administration and staffing.

MISSION

Using the sport of swimming, we seek to empower student-athletes in Western North Carolina and around the globe to become leaders, and champions in and out of the pool for years to come. We seek to do this with clear and straightforward development objectives.

OBJECTIVES & PILLARS OF SUCCESS

- **Athlete Development: Personal and Physical**
 - To provide an opportunity for young people in the Asheville area to engage in a wholesome, lifesaving, lifetime sport and recreational activity while promoting healthy lifestyle habits and physical fitness.
 - To provide opportunities for healthy social, emotional, and educational development.
 - To encourage peer and family participation in athlete and club goals and activities.
 - To assist in the development of high self-esteem and to help cultivate positive self-images.
- **Competitive Development**
 - To create an environment in which the desire for self-improvement and goal achievement motivates the individual to fully develop his or her natural abilities and promotes others to do likewise.
 - To draw out and build upon each child's natural energy and fuel the pursuit of goals and dreams in and out of the pool.
 - To provide opportunities to learn the values of hard work, dedication, self-discipline, and perseverance.
 - To promote the ideals of honesty, integrity, sportsmanship, and team loyalty. o To provide quality instruction, training, and proper competition at all peer and ability levels.
- **Community Involvement**

- To cultivate the support of community-oriented individuals, corporations, and foundations to help fund programs, equipment, and facilities.
- **Administrative Development at the State, Regional, and National Level**
 - To participate in the direction and management of NC Swimming and to further the growth and development of competitive swimming in our state and WNC.
 - To provide leadership in the Southern Region that will allow the southeast to become one of the national centers of competitive swimming.
 - To participate in the administration of USA Swimming, Inc. to represent the interest of NC Swimming and the Southern Region and to establish Blues Aquatics Asheville as a contributor to the National program, Zone teams, Select Camps, and the American Swim Coaches Association.

COACHES & STAFF

Bob Kizer, Head Coach Asheville School Girls and Boys Swimming and Blues Aquatics kizerb@ashevilleschool.org 828-254-6345 x4090

Bob began his coaching career in 1980 with the Beverly Hills Athletic Club in Beverly Hills, MI. He has coached club swimming, high school, and college swimming during his career, placing swimmers on a number of national teams and national junior teams. He has coached over 20 Olympic Trials qualifiers, including athletes who have gone on to represent the USA in the Olympics and World Championships. Bob has long been involved in the Governance of our sport, holding Board positions in multiple LSCs and serving on, and chairing USA Swimming National Committees. Bob is currently a member of the National Board of Review Committee for USA Swimming.

Coach Sarah Harvey, Age Group Coach

(Bio coming soon)

Coach Izzy Mack, Age Group Coach

(Bio coming soon)

Pertinent Staffing Policies

Swimming, in our opinion, is the most rewarding sport of them all. No one loves to see hard work pay off for our athletes more than our coaches. At Blues Aquatics Asheville, we strive to help our coaches maintain a positive work/life balance to ensure that they are always at their best while on the deck. Not every coach will be at every meet or practice. Athletes and Parents are expected to respect and work with all coaches on the Blues Aquatics Asheville Coaching staff.

TRAINING GROUPS

Our program is designed for ages 6 and up and all skill levels. BAQ Training groups are designed to be age and skill appropriate. The program is designed so that each swimmer will be able to progress from one level to the next once the age and skills needed have been achieved. Our practices groups are organized by age first and then ability, with an eye toward the social part of the sport for our athletes.

Red Stripes: This is the introductory group for our 12 & Under swimmers, and the home for most 10 & Under swimmers. This group practices four times a week with a focus on learning proper technique and having fun in a team environment. As with all group, competition is an important part of the Red Stripes experience and swimmers are encouraged to compete in one meet per month. Swimmers in the Red Stripes will learn all four competitive strokes as well as racing starts and turns before they move on to the next level. They will learn to use practice equipment and the pace clock. This group practices four days per week.

White Stripes: The White Stripes is the next level after Red Stripes, as well as the introductory group for new swimmers 13 & Over. Swimmers moving from Red Stripes will be expected to have four legal strokes and competent racing starts and turns. In this group, swimmers will be learning to train and understanding energy systems and training sets. Swimmers will continue to improve their technique and focus on more advanced skills for competition. This group practices five days per week.

Stars Prep: Stars Prep is the portion of the Stars group that is made up of non-high school students. Placement in Stars Prep means the swimmer is ready to train on a consistent basis to achieve their best performance possible. Swimmers are expected to attend all practices possible and are expected to compete in a meet at least once a month including the highest level Championship meet for which they qualify. This group practices six days a week, including one weekday morning practice.

The Stars: The Stars is the highest level of training at Blues Aquatics. This group is for swimmers committed to achieve their highest possible level of success in our sport. In this group, swimmers will train for competition and are expected to attend all practices offered to the group. High School age swimmers will be expected to honor their commitment to their high school teams by working with BAQ coaches to determine which practices are required for their high school team and BAQ. Swimmers are expected to compete at all scheduled competitions and required to participate in the highest level Championship meet for which they qualify. This group practices six days per week, including two weekday morning practices.

PRACTICE SCHEDULE

Refer to the website www.BluesAquatics.com to keep up to date practice schedule. Blues Aquatics Asheville follows a seasonal schedule based on pool availability at the Asheville School and Asheville's 50m Rec Park Pool. Specific changes to practice schedules will be announced via email and OnDeck. In the event of a cancellation for an unforeseen event, Parents and Athletes will be notified with the OnDeck app. All families and athletes are required to have the OnDeck App. To receive text updates via OnDeck you must verify you SMS number in your account.

Team Breaks: Between the SCY and LCM seasons and between the LCM and SCY seasons, our team takes a break to restore, refresh, and recharge before beginning a new season. Our team breaks are listed below:

- Team Break: March 29th-April 7th
- Team Break: August 1st - August 25th

Flexibility: We work with the mutual understanding that the more practices that athletes attend, the more opportunities there are to improve. Should you need scheduling flexibility, please speak with the Head Coach.

REQUIRED TRAINING EQUIPMENT

All team gear and training items are available for purchase in a bundle at discounted rates through our team store with SwimOutlet.com. All athletes may purchase their equipment from any vendor but must get the specific team required equipment. Team suits and warmups must be purchased from our preferred vendor at our store on SwimOutlet.com.

- **Practice Suits:** No board shorts or two-piece suits. Athletes may wear rash guards or other items to provide coverage if personally required
- **Team Apparel:** Athletes should have a team shirt (3 provided), a team cap (provided), a team suit, and team warmups.

Required Training Equipment by practice group:

- **The Stars:** TYR Kickboard, TYR Catalyst Paddles-Large, TYR Float Pull Buoy, TYR Ultralite Snorkel, TYR Hydroblade Fins, TYR Mesh Equipment Bag
- **Stars Prep:** TYR Kickboard, TYR Catalyst Paddles-Medium, TYR Float Pull Buoy, TYR Ultralite Snorkel, TYR Hydroblade Fins, TYR Mesh Equipment Bag
- **White Stripes:** TYR Kickboard, TYR Catalyst Paddles-Medium, TYR Float Pull Buoy, TYR Ultralite Snorkel, TYR Hydroblade Fins, TYR Mesh Equipment Bag
- **Red Stripes:** TYR Kickboard, TYR Catalyst Paddles-Small, TYR Float Pull Buoy, TYR Ultralite Snorkel, TYR Hydroblade Fins, TYR Mesh Equipment Bag

EQUIPMENT DEADLINE: All athletes must have all required training equipment by the first day of practice. Athletes that join the team mid-season must have all required training gear within 2 weeks of their first practice.

REGISTRATION INFORMATION

MEMBERSHIP: Online registration is the only way to confirm your swimmer’s placement with Blues Aquatics Asheville. Completion of online registration indicates that you understand and agree to all team policies, team financial policies, and all other policies laid out in the Blues Aquatics Asheville Team Handbook. Make sure that you have read this document in its entirety.

HOW TO REGISTER

- Navigate to www.bluesaquatics.com
- Click “Join Blues Aquatics”
- Read through the Blues Aquatics Asheville Team Handbook and policy and procedures thoroughly.
- Complete the online registration including entering a payment credit card and designating that card for Automatic Payments.
- Please verify all information is up to date if you are re-registering. This includes shirt size as well as all your account information.
 - a. Make sure you have entered the correct shirt size. There are no refunds or exchanges for entering the incorrect size.
- **Full Payment Option for this year:** These will be charged on September 1, 2023. These payments are non-refundable.

Key Dates

- Registration is Open throughout the year for all members

DOCUMENTS REQUIRED FOR MEMBERSHIP

- *New Athletes*
 - Allergies/Medical Condition - let coaches know if your athlete has a specific food allergy or medical condition.
 - Safe Sport Training: Course Completion Certificate for 12 and older athletes
- *Returning Athletes*
 - Required Safe Sport Training: Course Completion Certificate for athletes 12 and older

Membership Policies and Dues

Group	Bulk Payment Calendar Year	Monthly Installments
The Stars	\$2,200	\$220
Asheville School Students: The Stars (AS School Year)	\$0.00	\$220 (June & July only)
Stars Prep	\$2,000	\$200
White Stripes	\$1,650	\$165
Red Stripes	\$1,100	\$115
Registration Fee: All Members	\$150 Annual	Due at registration

By registering with Blues Aquatics Asheville, you are committing to the team and we are committing to you. By signing up for a season, you are agreeing to commit to the team for the duration of the season. Our seasons run from August 23rd – March 28th (SCY) and April 7th - July 30th (LCM).

By joining Blues Aquatics Asheville, you agree to the payment of monthly dues for a period specific for the season, Short Course or Long Course. Monthly installments should be viewed as a payment plan for the season, rather than month to month memberships.

Should you choose to discontinue enrollment with the team during either season, the remaining balance for the season is required to be paid in full, as well as any outstanding meet fees. Accounts with egregious balances will go to the Asheville School's collections department.

Having a credit or debit card on file is required for membership. All accounts must utilize the AutoPay function of the team's TeamUnify website. Once your registration is approved, you will be responsible for making sure the AutoPay portion of your account is established.

Registration fee is due annually. This fee covers the cost of team t-shirts and a team cap, administrative and processing fees. This fee is due at Registration. Make sure you have entered the correct shirt size during registration and keep this size updated as your child grows. There are no refunds or exchanges for entering the incorrect size.

All monthly installments are due on the 1st of each month. These fees are paid through our online payment system. This includes meet fees for athletes that have paid in full for the season. Account balances can be seen on your TeamUnify account at any point. Outstanding balances will be charged to the payment method on file on the first of each month. If a swimmer participates one time during the month, dues are payable for the entire month.

Bulk payments are non-refundable. These payments include a discount on training fees for the calendar year. This amount does not include meet fees.

Any dues not paid by the via automatic payment on the 1st of the month are past due. Past due accounts will be fined \$50 and be required to make full payment before the 15th of the month at 11:59pm or their account and all swimmers will be suspended.

Other Fees: Items including, USA and NC Swimming meet fees, travel, or other items are separate from monthly training fees. These expenses will be added to your account as they occur.

Accounts more than 15 days past due will be suspended. Swimmers of these accounts will not be allowed to practice or participate in any team related functions until the account is up to date.

Returning athletes must have \$0 account balance before being accepted on the team for the new season.

Meet Fees will be invoiced in each month they occur and will be charged with all other recurring charges. For meets that require coaches travel, there is a \$15 Travel Fee per swimmer.

Multiple athlete discount: For families with multiple swimmers, there will be a 5% discount applied on each additional athlete on training fees.

Late Fees: All accounts with an outstanding balance after the 1st of each month will be automatically charged a \$50 late fee.

Parents that become USA Swimming officials will not have meet fees for BAQ hosted meets in which they officiate. BAQ needs officials to be able to host local competitions. To become a USA Swimming Official, parents must complete all requirements of the USA Swimming Officials Apprenticeship Program.

Asheville School Boarders and Day Students: Blues Aquatics Asheville is a USA Swim Club that operates independently of the Asheville School. Asheville School students train with Blues Aquatics Asheville as part of Asheville School's Exceptional Swimming program. These students train as a part of the Blues Aquatics Asheville at the Ambler Pool and represent BAQ at USA Swimming swim meets. Asheville

School boarders follow all policies laid out in the Blues Aquatics Asheville Team Handbook. Dues for Blues Aquatics Asheville during the school year are part of tuition and fees to Asheville School.

EARLY TERMINATION AND WITHDRAWAL

Athletes register for the team with the expectation that they will compete for the entirety of a season. Early Termination is the withdrawal of the athlete prior to the end of a season.

Early termination can occur without penalty under the following circumstances:	Early termination will occur with penalty including but not limited to the following circumstances:
Moving out of the area	Vacation
Severe injury or illness	Switching sports mid-season that result in withdrawal from team
Family emergencies	Switching teams or stopping for no reason.

Should you choose to discontinue enrollment with the team in the middle of a season Short Course (SCY) or Long Course (LCM), the remaining balance for the season is required to be paid in full, as well as any outstanding meet fees. Requests for early withdrawal must be submitted in writing to Bob Kizer kizerb@ashevilleschool.org, 30 days prior to withdrawal. Verbal notices to coaches or other club officials will NOT be accepted. If needed, these accounts will be sent to the Asheville School’s collections department for collection. **No fees will be refunded in the case of expulsion or suspension.**

ACCOUNT HOLDER PRIVACY POLICY

Financial officers will only discuss the account status and business transactions with the primary account holder. Payments may be accepted toward an account by another individual with the permission of the account holder. Information regarding account status may be discussed with but is not limited to, the primary account holder, Business Manager, Head Coach, Accountants Office. Account status confidentiality will be maintained.

SWIM MEET POLICIES AND PROCEDURES

Swim Meets are a critical part of the Blues Aquatics Asheville experience. All athletes, in all groups, are expected to attend and compete at swim meets. They are our “games” and the place for team members to see their hard work pay off, develop the competitor’s mindset, and enjoy the spirit and energy that comes with being a part of a team. All athletes compete approximately once per month at various locations. Families should plan to keep meet weekends free.

Meet Entry Process: Families will register for meets individually. Meet entry deadlines will be communicated and swimmers must be committed to the meet by the deadline to be included in our team entry. Parents and swimmers will pick the days/sessions they will attend the meet. Coaches will pick all events for the swimmer. Coach’s decisions on event selection are final.

- The meet entry deadlines are approximately a month before each meet. Once the deadline has passed, all entries are submitted, and families are responsible for those entry fees even they do not attend the event.
- Athletes may enter the meet in whole or in part. If you can only attend one day of a meet, please make sure to include that in the Notes Section of a specific event before the Entry Deadline.
- Athletes that are entered in a meet are expected to attend the meet. Athletes that withdraw from a meet AFTER the entry deadline will be billed for the meet as if they were participating.
- Use the OnDeck app or the Team Website to confirm meet details or withdraw your athlete before the entry deadline.
- Please keep swim meet weekends free.
- Make sure to read the meet announcements on the Blues Aquatics Asheville Event page of the website.
- Specific event information will be sent out as soon as it is received from the meet host, typically the week leading up to the meet via email. Specific event information includes showtimes, warm up lane assignments, heat sheets, specific facility rules, uniform, and other information.

Specific Event Registration: Coaches will work with your athlete and enter them in appropriate events for competition. Parents and/or athletes should not select events. Parents should confirm the appropriate sessions that their family will be attending prior to the Entry Deadline.

Preparation: All athletes attending a meet must participate in practices the week leading up to the meet. Parents should not have their athletes “rest” by taking days off leading up to a meet. These practices are vital in the preparation process for BAQ athletes and built into the training plan.

Meet Conduct: Athletes entered in a meet after the registration deadline are expected to participate at the meet in all events in which they are entered.

- In the event of an injury, illness, or family emergency that requires an early departure, parents should communicate with a coach the reason for departure.
- Athletes are to only wear Blues Aquatics Asheville team apparel at meets. Shirts, caps, suits, warm-ups.

Championship Meets and Qualifying Time Standard Meets. Athletes are to participate in the highest-level meet for which they qualify. Our Championship Meets are NCS Age Group Champs, NCS Senior Champs, Age Group Sectionals, Senior Sectionals, Futures, Winter Junior Nationals, U.S. Open, Summer Junior Nationals, Summer Nationals, and the Olympic Trials.

- **Prelims/Finals** - athletes that qualify for finals are expected to participate in finals.
- Senior athletes will work with their coach to determine the appropriate end of season championship meet schedule.

Team Travel: Information about team travel will be issued along with specific meet information.

- **Asheville School Suburbans for Travel:** If needed for team travel, including Asheville School Boarders, Blues Aquatics Asheville will drive a suburban to and from swim meets. Parents will be required to fill out the athlete travel form for each meet in which their athlete needs travel arrangements. Parents must notify Coach Bob kizerb@ashevilleschool.org to coordinate travel arrangements for meets a minimum of three weeks prior to the start of competition.

TEAM COMMUNICATION POLICIES

Blues Aquatics Asheville coaches work to communicate all information you need for you and your swimmer to be in the know, have a good experience, and be excited about the program and all the opportunities we offer. There are several critical paths that coaches can communicate with you, aside from direct face to face communications and interactions:

- You will receive emails from your child’s lead coach that are your primary source of information. Please read them carefully when they arrive.
- You will also receive team emails to help keep you informed on Blues Aquatics Asheville opportunities and items of interest.
- We encourage you to stay engaged with Blues Aquatics Asheville by using our website and the OnDeck App.
- Interact with us on social media. Blues Aquatics Asheville has an active presence on Instagram (@bluesaquaticsasheville) and Facebook.

Guidelines for Communicating with your Coach We encourage you to communicate with your coach. It is important that parents and athletes learn how to ask questions and be engaged in the process to become a better swimmer and develop a relationship with the coaching staff. When you have a specific question or concern regarding your swimmer, go directly to your swimmer’s lead coach. Most questions are answered quickly at this level.

To contact a coach you may email, text or call. Please use the following guidelines for communication:

- **Email:** For questions that are logistical in nature and specific to your swimmer(s) such as missing practices, attending meets, etc. or if you would like to set up a meeting with a coach.
 - Emails will be answered within one business day.
 - Emails received over a meet weekend will be replied to no later than Tuesday after the meet.
- **Phone Call:** If you need to schedule a phone call, please do so via email.
- **Texts:** Texting should be reserved for practice or meet related, urgent matters. You may not receive a text back unless it is a quick question that only needs a short response. Texts must follow all Safe Sport guidelines listed in this handbook.
- **Please remember to respect your coach’s personal time.** Texts or phone calls may not be answered on Sundays, holidays or later at night.

OTHER TEAM POLICIES

In registering and joining Blues Aquatics Asheville, you and your athlete are agreeing to all team policies. Blues Aquatics Asheville and Asheville School reserves the right to deny or revoke any membership if any of the following policies are violated. All details of each policy can be read on the Blues Aquatics Asheville website. www.BluesAquatics.com and are also listed below. In signing up for the team, you are agreeing to all policies laid out in the 2023-2024 Blues Aquatics Asheville Team Handbook.

- Release of Liability
- Media Release
- Athlete Code of Conduct
- Parent Code of Conduct
- Electronic Communication Policy
- USA Minor Athlete Abuse Prevention Policies and Safe Sport Guidelines

- Drugs and Alcohol Policy
- Communication Expectation Policy
- Safe Sport Policy and Bullying Action Plan

Release of Liability

In joining Blues Aquatics Asheville, all parents or guardians hereby releases Blues Aquatics Asheville and Asheville School, its employees, officers, directors and volunteers and any facility used by Blues Aquatics Asheville from any liability arising out of any injury to the swimmer(s) which may occur while the swimmer(s) is/are participating in the Blues Aquatics program, including, but not limited to, practices, meets, travel trips, and other team activities, or while the swimmer(s) is/are using facilities owned, leased or used by Blues Aquatics. Parents or guardians acknowledge that a medical professional has authorized my child(ren)'s participation in Blues Aquatics programs.

Media Release

In joining Blues Aquatics Asheville, I hereby authorize Blues Aquatics Asheville to use photographs and/or video of me, my child(ren), and/or my property and authorize the club and its assignees, licensees, legal representatives and transferees to use and to publish (with or without my name, child/children name(s), company name, or with a fictitious name) photographs, pictures, portraits or images herein described in any and all forms of media and in all manners including composite images or distorted representations and for the purposes of publicity, illustration, commercial art, advertising, publishing (including publishing in electronic form or internet websites), for any product or services, or other lawful uses as may be determined by Blues Aquatics Asheville for as long a time period as Blues Aquatics Asheville determines the usage thereof is necessary. I further waive any and all rights to review or approve any uses of the images, any written copy or finished product.

Medical Release Waiver

In joining Blues Aquatics Asheville, I certify that I am the parent or legal guardian for my child(ren). In joining Blues Aquatics Asheville, I hereby give my permission for any supervisor, coach or other team administrator associated with **Blues Aquatics Asheville** to seek and give appropriate medical attention for our child(ren) in the event of accident, injury, illness. I will be responsible for all costs associated with any necessary medical attention and/or treatment.

In joining Blues Aquatics Asheville, I hereby waive, release and forever discharge **Blues Aquatics Asheville** and associated supervisor, coach or other team administrator from all rights and claims for damages, injury, loss to person or property which may be sustained or occur during participation in **Blues Aquatics Asheville** activities, whether or not damages or loss is due to negligence. In joining Blues Aquatics Asheville, I hereby acknowledge that my children is (are) physically fit and capable of participation in all Swim Team activities.

ATHLETE AND PARENT CODE OF CONDUCT

Athlete Code of Conduct

1. All Blues Aquatics athletes are to treat all teammates, opponents, officials, parents, coaches, timers, and meet representatives with the highest level of respect. Blues Aquatics swimmers are to be known for their sportsmanship, proper meet and practice etiquette, and leadership.
2. All Blues Aquatics athletes are to be encouraging of their peers and teammates, participate in team cheers, and assist their younger/less experienced teammate.
3. Athletes are to be *punctual* and *prepared* for every practice or training session. *Punctual* means that all swimmers should be either in a suit and goggles ready to dive in or wearing appropriate dryland attire when practice begins. *Prepared* swimmers are athletes that are ready to work and have all necessary practice equipment. If at a meet, prepared swimmers have the correct competition uniform - team shirt, team cap, and team suit, all of the correct size and not excessively worn.
4. Swimmers will arrive at meets dressed in the correct team uniform. Athletes not wearing the correct team uniform may be scratched from the meet.
5. Swimmers will attend practices consistently and meet practice attendance requirements. Swimmers will attend all team meetings.
6. All swimmers must arrive 15 minutes before the start of scheduled meet warm-ups and be prepared to swim at the start of warmups. If a swimmer will be late to warm-ups, or not attending a session, the Coach on Duty must be called in advance. Swimmers arriving after the start of warm-up are subject to being scratched from the meet.
7. When wearing any item representing Blues Aquatics, the athlete will remember that their actions and words reflect on the team.
8. When an athlete is representing North Carolina Swimming in any event (i.e., Zones), the swimmer should uphold this Code of Conduct, remembering that their actions and words reflect on the team.
9. Coaches may dismiss a swimmer from Blues Aquatics related activities if he or she disrupts or limits the performance of another swimmer in practice or at meets.
10. Team areas at meets and practice are to be kept neat and all trash should be handled appropriately. Swimmers must clean up after themselves. Coaches and parents will not take on this responsibility.
11. No loud or boisterous behavior will be tolerated in the hallways, public areas, or on pool deck at meets or at our practice facilities.
12. In a preliminary/final competition, swimmers who qualify for finals are expected to participate in the finals session.
13. Questions swimmers have concerning meet results, an officiating call, or the conduct of the meet should be directed to a Blues Aquatics coach. The coach(s) will then pursue the matter through all appropriate channels.
14. No swimmer will physically assault a teammate, opponent, parent, or coach.
15. Verbal violence and/or disrespect will not be tolerated from any swimmer.
16. The consumption or purchase of alcohol, cigarettes, vape pens, chewing tobacco, or use of any illegal drug or substance of any kind will not be allowed. Any team member found or suspected to be in possession of or partaking in any of the above activities will be subject to suspension and/or expulsion from Blues Aquatics.
17. If an incident takes place outside the jurisdiction of Blues Aquatics (practice facilities, swim meets, or other team functions) that poses a detriment to other athletes or causes harm to team

unity on Blues Aquatics premises, any individual or individuals involved in that incident will become subject to consequences laid out in the Blues Aquatics Code of Conduct.

18. Violations of rules laid out by the code of conduct while on a travel trip will result in the athlete being sent home from the meet at their family's expense.

Parent Code of Conduct

1. All parents must remember that the coaching staff has the final say on all team matters. This includes but is not limited to, training plans, practice group placement, event entries, meet schedule, relay order, discipline, etc.
2. Parents are expected to treat all athletes, fellow parents, officials and meet volunteers with the highest level of respect.
3. Parents are never allowed to speak for the Head Coach, or any other team staff, unless designated to do so.
4. Parents will bring their athlete(s) to the required practices on time and keep track of any practice schedule changes.
5. Parents will pick up their athletes no more than 15 minutes after the end of practice
6. Parents will respond in a timely fashion to requests from the coaches regarding team related activities such as meet commitments, practice group changes, practice schedule changes, swimmer issues, etc.
7. At meets, parents will not attempt to engage the coach(s) in discussion of issues not pertaining to the meet itself.
8. Parents are responsible for keeping track of upcoming meets and their athlete's meet schedule. Changes in meet schedule due to unforeseen family obligations need to be relayed to the coach(s) in a timely fashion.
9. When wearing any item representing the team, parents should remember that their actions and words reflect on the team.
10. Questions swimmers have concerning meet results, an officiating call, or the conduct of the meet should be directed to a coach. The coach(s) will then pursue the matter through all appropriate channels.
11. No parent will physically assault a teammate, opponent, parent or coach.
12. Verbal violence and/or disrespect will never be tolerated from any parent.
13. The consumption or purchase of alcohol, cigarettes, chewing tobacco, or use of any illegal drug or substance of any kind will not be allowed. Any parent member found or suspected to be in possession of or partaking in any of the above activities at any team related event will be subject to suspension and/or expulsion from the team.
14. Any violation of this code will result in a response that could be verbal or written and may result in probation, or temporary/permanent suspension.

Athlete and Parent Code Conduct Violation Policy: In the event of serious code of conduct offenses, the following policy will be in effect:

- a. 1st offense: Sit down meeting with Coach, Parent, and Athlete to discuss the event. Athletes will not be allowed back at practice until the meeting takes place.
- b. 2nd offense: Athlete is suspended from the team for two weeks.
- c. 3rd offense: Athlete is suspended from the team for the remainder of the season.
- d. ***Families are subject to all dues during the suspension period.***

USA Swimming Safe Sport and the Minor Athlete Abuse Prevention Policy

THIS POLICY APPLIES TO:

In-Program Contact: Any contact (including communications, interactions or activities) between an Adult Participant and any Minor Athlete(s) related to participation in sport. Examples include, but are not limited to: competition, practices, camps/clinics, training/instructional sessions, pre/post event meals or outings, team travel, video review, team- or sport-related team building activities, celebrations, award ceremonies, banquets, team- or sport-related fundraising or community services, sport education, competition site visits, conventions and/or summits.

Adult Participants: Any adult 18 years of age or older who is a:

- USA Swimming member, either athlete or non-athlete;
- Participating non-member (e.g., meet marshals, meet computer operators, timers, etc.);
- Authorized, approved or appointed by USA Swimming, Zones, Local Swimming Committees

(“LSCs”) or member clubs to have regular “contact with (e.g., ongoing interactions during a 12-month period wherein the individual is in a role of active engagement) or authority over Minor Athletes; and/or

- Within the governance or disciplinary jurisdiction of USA Swimming, Zones, LSCs or member clubs.

GENERAL REQUIREMENT

USA Swimming Zones, LSCs and member clubs are required to implement this Minor Athlete Abuse Prevention Policy in full. The Minor Athlete Abuse Prevention Policy must be reviewed and agreed to in writing by all athletes, parents/legal guardians, coaches and other non-athlete members of member clubs on an annual basis with such written agreement to be retained by the club or LSC, as applicable.

DEFINITIONS

Athlete: A USA Swimming athlete member.

Authority: When one person’s position over another person is such that, based on the totality of the circumstances, they have the power or right to direct, control, give orders to, or make decisions for that person (e.g., when a power imbalance exists).

Dual Relationship: When an Adult Participant has a relationship with a Minor Athlete that is outside of the sport program. Examples of Dual Relationships include, but are not limited to, family members, mental health professionals, teachers, medical professionals and family friends.

Emergency Circumstances: A serious, unexpected and possibly dangerous situation that requires quick action and cannot be avoided. Emergency circumstances include, but are not limited to: a physical, mental or emotional medical emergency involving the Minor Athlete, relative of the Minor Athlete or relative of an Adult Participant; a Minor Athlete’s suicidal ideations/behavior; a report of abuse; a severe weather event; and last-minute practice changes.

Electronic Communication: Includes, but not limited to, phone calls, emails, videoconferencing, video coaching, text-messaging and social media.

Event or Facility Under Partial or Full Jurisdiction: Includes any USA Swimming sanctioned event (including all travel and lodging in connection with participation in the event) or any facility that USA Swimming, Zones, LSCs or member clubs owns, leases or rents for practice, training or competition.

In-Program: Activities related to participation in sport. Examples include, but are not limited to: competition, practices, meetings, camps/clinics, training/instructional sessions, pre/post event meals or outings, team travel, video review, team- or sport-related team building activities, celebrations, award ceremonies, banquets, team- or sport-related fundraising or community services, sport education, competition site visits, conventions, conferences, summits and/or workshops.

In-Program Contact: Any contact (including communications, interactions or activities) between an Adult Participant and any Minor Athlete(s) related to participation in sport. Examples include, but are not limited to contact occurring at or related to: competition, practices, meetings, camps/clinics, training/instructional sessions, pre/post event meals or outings, team travel, video review, team- or sport-related team building activities, celebrations, award ceremonies, banquets, team- or sport-related fundraising or community services, sport education, competition site visits, conventions, conferences, summits and/or workshops.

In-Program Massage: Any Massage involving an Adult Participant and any Minor Athlete(s) related to participation in sport. Examples include, but are not limited to Massage occurring at or related to: competition, practices, meetings, camps/clinics, training/instructional sessions, pre/post event meals or outings, team travel, video review, team- or sport-related team building activities, celebrations, award ceremonies, banquets, team- or sport-related fundraising or community services, sport education, competition site visits, conventions, conferences, summits and/or workshops.

In-Program Travel: Any transportation or travel involving an Adult Participant and any Minor Athlete(s) related to participation in sport authorized or funded by the Organization. Examples include, but are not limited to transportation or travel to or related to: competition, practices, meetings, camps/clinics, training/instructional sessions, pre/post event meals or outings, team travel, video review, team- or sport- related team building activities, celebrations, award ceremonies, banquets, team- or sport-related fundraising or community services, sport education, competition site visits, conventions, conferences, summits and/or workshops.

Massage: Any massage, rubdown, athletic training modality including physical modalities (e.g., stretching, physical manipulation, injury rehabilitation, etc.) and electronic or instrument assisted modalities (e.g., stim treatment, dry needling, cupping, etc.).

Minor Athlete: An athlete under 18 years of age who is a USA Swimming member or was a USA Swimming member within the previous 12 months.

Organization: Blues Aquatics

[Note: Exceptions apply only where specified]

Close-In-Age Exception: In-Program Contact between an Adult Participant and a Minor Athlete is permitted if:

1. The Adult Participant has no authority over the Minor Athlete; and
2. The Adult Participant is not more than four years older than the Minor Athlete.

Dual Relationship Exception: An Adult Participant has a dual role or relationship with a Minor Athlete. This exception requires written consent of the Minor Athlete's parent/legal guardian at least annually.

EXCEPTIONS

ONE-ON-ONE INTERACTIONS

I. Observable and Interruptible

All one-on-one In-Program Contact interactions between a Minor Athlete and an Adult Participant must occur at an observable and interruptible distance from another adult, except:

1. In emergency circumstances;
2. When a Dual Relationship exists; and/or
3. When the Close-In-Age Exception applies.

MEETINGS AND INDIVIDUAL TRAINING SESSIONS

I. Meetings

1. Meetings between a Minor Athlete and an Adult Participant may only occur if another adult is present and where interactions can be easily observed and at an interruptible distance from another adult.
2. If a one-on-one meeting takes place, the door to the room must remain unlocked and open. If available, it must occur in a room that has windows, with the windows, blinds, and/or curtains remaining open during the meeting.
3. Meetings must not be conducted in an Adult Participant or Athlete's hotel room or other overnight lodging location during In-Program Travel.

II. Meetings with Licensed Mental Health Care Professionals and/or Health Care Providers

If a licensed mental health care professional and/or health care provider meets one-on-one with a Minor Athlete at an Event or Facility Under Partial or Full Jurisdiction of the Organization in conjunction with participation, the meeting must be observable and interruptible by another adult, except if:

1. The door remains unlocked;
2. Another adult is present at the facility;
3. The other adult is advised that a closed-door meeting is occurring although the Minor Athlete's identity does not need to be disclosed;
4. The Organization is notified that the licensed mental health care professional and or health care provider will be meeting with a Minor Athlete; and
5. The licensed mental health care professional and/or health care provider obtains consent consistent with applicable laws and ethical standards, which can be withdrawn at any time.

III. Individual Training Sessions

1. In-Program one-on-one individual training sessions outside of the regular course of training and practice between Adult Participants and Minor Athletes must be observable and interruptible by another adult, except:
 - i. When a Dual Relationship exists; and/or
 - ii. When the Close-In-Age Exception applies.
2. The Adult Participant providing the individual training session must receive advance, written consent from the Minor Athlete's parent/legal guardian at least annually, with a copy provided to Blues Aquatics, which can be withdrawn at any time.
3. Parents/legal guardians must be allowed to observe the individual training session.

ELECTRONIC COMMUNICATIONS

I. Content

All Electronic Communication from Adult Participants to Minor Athletes must be professional in nature.

II. Open and Transparent

1. If an Adult Participant communicates one-on-one with a Minor Athlete via Electronic Communications, the Minor Athlete's parent/legal guardian must be copied or included. If

a Minor Athlete communicates to the Adult Participant privately first, said Adult Participant must copy or include the Minor Athlete’s parent/legal guardian on any Electronic Communication response to the Minor Athlete. Adult Participants must only use Electronic Communication platforms that allow for Open and Transparent communication.

2. The following exceptions apply to Section II(a):
 - i. In emergency circumstances;
 - ii. When a Dual Relationship exists; and/or
 - iii. When the Close-In-Age Exception applies.
 3. When an Adult Participant communicates electronically to the entire team or any number of Minor Athletes on the team, said Adult Participant must copy another Adult Participant.
- III. Requests to Discontinue
Parents/legal guardians may request in writing that their Minor Athlete not be contacted through any form of electronic communication by the Organization or by an Adult Participant subject to this Policy. The Organization must abide by any such request that the Minor Athlete not be contacted via electronic communication, or included in any social media post, absent emergency circumstances.
- IV. Hours
Electronic communications must only be sent between the hours of 5:00 a.m. and 9:00 p.m. local time for the location of the Minor Athlete, unless emergency circumstances exist, or during competition travel.
- V. Prohibited Electronic Communication
1. Adult Participants are not permitted to maintain private social media connections with Minor Athletes and such Adult Participants are not permitted to accept new personal page requests on social media platforms from Minor Athletes, unless the Adult Participant has a fan page, or the contact is deemed as celebrity contact as opposed to regular contact. Existing social media connections with Minor Athletes must be discontinued. Minor Athletes may “friend”, “like” or “follow” the Organization’s official page.
 2. Adult Participants must not send private, instant or direct messages to a Minor Athlete through social media platforms.
 3. The following exceptions apply to Section V:
 - i. When a Dual Relationship exists; and/or
 - ii. When the Close-In-Age Exception applies.

IN-PROGRAM TRAVEL AND LODGING

I. Transportation

1. During In-Program Travel, observable and interruptible environments must be maintained.
2. An Adult Participant must not transport a Minor Athlete one-on-one during In-Program Travel and must always transport at least two Minor Athletes or another Adult Participant, except:
 1. In emergency circumstances;
 2. When a Dual Relationship exists;
 3. When the Close-In-Age Exception applies; and/or
 4. The Minor Athlete’s parent/legal guardian has provided, at least annually, written consent for the Adult Participant to transport the Minor Athlete one-on-one, which can be withdrawn at any time.
3. Adult Participants, including team managers and chaperones, who travel with the Organization must be USA Swimming non-athlete members of USA Swimming.

II. Lodging

1. An Adult Participant must not share hotel room, sleeping arrangement or overnight lodging location with an Athlete.
2. During In-Program Travel, all In-Program Contact in a hotel room, sleeping arrangement or overnight lodging location between an Adult Participant and a Minor Athlete must be observable and interruptible.

3. During In-Program Travel, when doing room checks, two-deep leadership (two Adult Participants should be present) and observable and interruptible environments must be maintained.
 4. The following exceptions apply to II(a), (b) and (c):
 - i. When a Dual Relationship exists, the Adult Participant is not a coach, and the Minor Athlete's parent/legal guardian has provided advance, written consent for the lodging arrangement; and/or
 - ii. When the Close-In-Age Exception applies and the Minor Athlete's parent/legal guardian has provided advance, written consent for the lodging arrangement.
 5. Minor Athletes should be paired to share a hotel room, sleeping arrangement or overnight lodging location with other Minor Athletes of the same competition category and of similar age.
- III. Written Consent
A Minor Athlete's parent/legal guardian must provide written consent, at least annually, for all In-Program Travel and lodging during In-Program Travel, which can be withdrawn at any time.
- IV. Meetings
1. Meetings during In-Program Travel must be conducted consistent with the One-on-One Interactions section of this Policy (e.g., any such meeting must be observable and interruptible).
 2. Meetings must not be conducted in an Adult Participant or athlete's hotel room or other overnight lodging location during In-Program Travel.

LOCKER ROOMS AND CHANGING AREAS

- I. Requirement to Use Locker Room or Changing Area
The designated locker room or changing area must be used when an athlete or Adult Participant changes, in whole or in part, into or out of a swimsuit when wearing just one suit (e.g., deck changing is prohibited).
- II. Observable and Interruptible
All In-Program Contact between Adult Participants and Minor Athletes in a locker room, changing area or similar space must be observable and interruptible, except:
 1. In emergency circumstances;
 2. A Dual Relationship exists; and/or
 3. The Close-In-Age exception applies.
- III. Private or Semi-Private Space for Minor Athletes
The Organization must provide a private or semi-private place for Minor Athletes that need to change clothes or undress at Events or Facilities Under Partial or Full Jurisdiction of the Organization.
- IV. Use of Recording Devices
Use of any device's (including a cell phone's) recording capabilities, including voice recording, still cameras and video cameras in locker rooms, changing areas, or similar spaces by a Minor Athlete or an Adult Participant is prohibited.
- V. Undress
Adult Participants must not change clothes or behave in a manner that intentionally or recklessly exposes his or her breasts, buttocks, groin or genitals to a Minor Athlete under any circumstance. An Adult Participant must not request a Minor Athlete to expose the Minor Athlete's breasts, buttocks, groin or genitals to the Adult Participant under any circumstance. Nothing in this section shall be construed to apply to areas of the body exposed while wearing swimwear which conforms to the current concept of the appropriate for the individual's competition category.
- VI. Showers
 1. Adult Participants must not shower with Minor Athletes unless:
 - i. The Adult Participant meets the Close-in-Age Exception; and/or
 - ii. The shower is part of a pre- or post-activity rinse while wearing swimwear.
 2. Parents/legal guardians may request in writing that their Minor Athlete(s) not change or shower with Adult Participants during In-Program Contact. The Organization must abide by such a request.

VII. Monitoring

The Organization must regularly and randomly monitor the use of locker rooms and changing areas to ensure compliance with this Policy. Locker rooms and changing areas may be monitored by use of the following methods:

1. Conducting a sweep of the locker room or changing area before athletes arrive;
2. Posting staff directly outside the locker room or changing area during periods of use;
3. Leaving the doors open when adequate privacy is still possible; and/or
4. Making occasional sweeps of the locker rooms or changing areas with women checking on female locker rooms and men checking on male locker rooms.

Every effort must be made to recognize when a Minor Athlete goes to the locker room or changing area during practice and competition, and, if the Minor Athlete does not return in a timely fashion, to check on the Minor Athlete's whereabouts.

VIII. Parents/legal guardians in Locker Rooms or Changing Areas

If a parent/legal guardian enters a locker room or changing area, it must only be a parent/legal guardian of the same competition category and the parent/legal guardian should notify a coach or administrator in advance.

MASSAGES, RUBDOWNS AND ATHLETIC TRAINING MODALITIES

I. General Requirement

Any In-Program Massage performed on an athlete must be conducted in an observable and interruptible location and must be performed by a licensed massage therapist or other certified professional. However, even if a coach is a licensed massage therapist, the coach must not perform a rubdown or massage of an athlete under any circumstance.

II. Additional Minor Athlete Requirements

1. Written consent by a parent/legal guardian must be obtained in advance at least annually by the licensed massage therapist or other certified professional which can be withdrawn at any time.
2. Parent/legal guardians must be allowed to observe the Massage, except for competition or training venues that limit credentialing.
3. Any Massage of a Minor Athlete must be done with at least one other Adult Participant physically present and must never be done with only the Minor Athlete and the person performing the Massage in the room.
4. Any Massage of a Minor Athlete must be performed with the Minor Athlete fully or partially clothed, ensuring that the breasts, buttocks, groin or genitals are always covered. Nothing in this section shall be construed to apply to areas of the body exposed while wearing swimwear which conforms to the current concept of the appropriate for the individual's competition category.

Safe Sport Policy and Bullying Action Plan

Bullying is prohibited. For the purposes of the Code of Conduct, the term "Bullying" shall mean, regardless of when or where it may occur, the severe or repeated use by one or more team members ("Members") of an oral, written, electronic or other technological expression, image, sound, data or intelligence of any nature (regardless of the method of transmission), or a physical act or gesture, or any combination thereof, directed at any other Member that to a reasonably objective person has the effect of: (i) causing physical or emotional harm to the other Member or damage to the other Member's property; (ii) placing the other Member in reasonable fear of harm to himself/herself or of damage to his/her property; (iii) creating a hostile environment for the other Member at any swimming activity; (iv) infringing on the rights of the other Member at any USA Swimming activity; or (v) materially and substantially disrupting the training process or the orderly operation of any USA Swimming activity

(which for the purposes of this section shall include, without limitation, practices, workouts and other events of a member club or LSC).

Bullying Remedies:

- **1st Instance** – Immediate meeting with the athlete. A Subsequent meeting with parent(s) of athlete, and discussion on how to stop this from occurring in the future; written documentation from all parties as to the nature of the bullying.
- **2nd Instance** – Immediate 2-week suspension from ALL team activities. Written report of incident from all parties, along with the report being placed in the athlete’s personal file.
- **3rd Instance** – Immediate permanent removal from ALL team activities. Athlete and parents will be notified via email, phone, and/or postal mail of the removal. A formal hearing will be set to discuss the reinstatement of the athlete. The hearing will be held with the parents, athlete, executive board members and the Head Coach.

This policy shall be in effect immediately and will remain in effect until the Asheville School deems unnecessary.

This policy is in addition to the Code of Conduct policies already established by Blues Aquatics Asheville.

Drugs and Alcohol Policy

Blues Aquatics Asheville recognizes that parents are the first and most important teachers of their children about the use of alcohol, drugs, and tobacco / vaping products and that parents are primarily responsible for their children’s behavior in these matters. However, it is Blues Aquatics’ organizational policy that any behavior that could bring discredit to the club is a legitimate cause of concern and falls within the purview of club review.

Blues Aquatics is a competitive swimming organization committed to excellence at all levels. The club expects that all its swimmers abstain from the illegal use of drugs and alcoholic beverages and the use of tobacco (including vape) products. The club will maintain a wholesome and safe environment in which swimmers can develop their athletic potential and grow into mature young adults.

To these ends, the club has adopted the following policies:

1. A swimmer shall not engage in any behavior involving the illegal use of alcoholic beverages, tobacco, vaping, illegal drugs, or controlled substances, which tend to bring discredit to the swimmer or Blues Aquatics or knowingly remain in the presence of those engaged in such behavior(s). This prohibition shall always apply.
2. A swimmer shall not possess, use, or be under the influence of an alcoholic beverage while on the club premises or during a team event.
3. A swimmer shall not possess or use a controlled substance on the club premises unless it has been prescribed for the swimmer by a physician and is in the original container with the prescription label attached. A “controlled substance” is any drug for which a prescription is required.

4. A swimmer shall not use, possess, be under the influence of, or distribute to another person any drug paraphernalia or any illegal drug. “Drug paraphernalia” means any device designed or used for the purpose of introducing a drug into the body, including, for example, rolling papers, bongos, and crack pipes. “Illegal” drug means any drug which is illegal under the laws of the State of North Carolina and any drug or substance which is banned by USA Swimming, the United States Anti-Doping Agency, the International Olympic Committee, or the World Anti-Doping Agency. Illegal drugs include, for example, marijuana, cocaine, and steroids. This prohibition shall always apply.
5. If it is discovered that a swimmer is in possession of, using, or distributing illegal drugs, drug paraphernalia, alcoholic beverages, or tobacco / vaping, a parent or the legal guardian of the swimmer will be notified.
6. A “team event” includes any swim meet, travel trip, event, or activity in which the swimmer participates as a member of Blues Aquatics. “Blues Aquatics premises” includes any facility owned, leased, or used by Blues Aquatics for a meet, practice, or any other club-sponsored event or activity.

Penalties/Consequences for Violations

Registered Blues Aquatics members acknowledge receipt of and commitment to the Drug, Alcohol and Tobacco Policy. Adherence to the policy and the penalties below are necessary to maintain membership at Blues Aquatics.

1. If the head coach determines that a swimmer has or may have violated the policies listed above, the head coach will determine the penalty/consequences for the violation after consultation with the swimmer’s coach and parent or legal guardian. The penalty or consequences for a violation of team policies will be at the discretion of the head coach. The penalties or consequences may include, but are not limited to one or more of the following:
 - a. Counseling by the coach or designee
 - b. Community Service
 - c. Restriction from team trips and/or swim meets
 - d. Loss of privileges
 - e. Probation
 - f. Suspension
 - g. Dismissal from the club
2. In addition to any penalty imposed, a swimmer who is found to have violated a team policy relating to the use or possession of drugs or alcoholic beverages may be required to have an assessment to determine their risk for chemical dependency as a condition for remaining in the club. Upon request, Blues Aquatics will provide a list of assessing agencies from which the swimmer may choose. If a substance abuse problem is identified by an assessing agency, the swimmer must successfully complete the treatment program recommended by the agency as a condition of remaining in the club. Any costs associated with the requirements outlined in this paragraph will be borne by the swimmer and his/her parent(s) or legal guardian.
3. When the head coach determines a swimmer has violated a team policy that requires a penalty/consequence beyond counseling by the coach or designee, the head coach shall report such violation and the penalty/consequence as soon as possible to the Team Directors. In those situations that call for a penalty/consequence beyond counseling by the coach or designee, the head coach shall also create and maintain a written record of the violation and penalty/consequence in each case.

4. In the event of suspension or dismissal, a swimmer, his parents, or legal guardian may appeal the decision with the Blues Aquatics Advisory Board. The swimmer and his parents or legal guardian shall have the right to appear before the Team Directors to argue against the suspension or dismissal and may have, at their election, an additional person appear with them to represent their interests. The Team Directors may affirm, modify, or reverse the action of the head coach. While appeal is pending, the suspension or dismissal will be stayed.
5. If a swimmer is suspended from the club, there will be no refund or abatement of dues for the period of suspension. If the swimmer is dismissed from the club, the contract between Blues Aquatics and the swimmer's parent or legal guardian will terminate on the date the dismissal becomes effective. However, the parent or guardian will be liable for the dues and fees incurred up to the effective date of the dismissal and for the remainder of the season.

Helping Swimmers Is Our First Priority

If a swimmer is concerned about his/her own involvement in drugs or alcohol or that of another swimmer, the swimmer is encouraged to talk confidently with a coach. A swimmer who voluntarily discloses to a coach his/her involvement with drugs and alcohol will not be charged with a violation of the team policy because of such disclosure. The swimmer will be referred to substance abuse counseling or treatment at his/her own cost. Blues Aquatics recognizes the need for sensitivity in dealing with these matters and will make every effort to ensure that confidentiality is upheld and that the privacy of those involved will be maintained and respected.