

Swim Your Heart Out 2023 - 2/10/2023 to 2/11/2023**Results****Event 1 Girls 200 Yard Medley Relay**

Team	Relay	Seed Time	Finals Time
1 Blues Aquatics Asheville-NC 1) Hegge, Avery H 14	A	2:10.13	2:07.91
2 Smoky Mountain Aquatic Club-NC 1) Ammons, Susan P 12	A	2:18.37	2:13.89
3 Asheville Jewish Comm. Center-NC 1) Savage, Mary Jane M 8	A	2:42.81	2:47.16
4 Smoky Mountain Aquatic Club-NC 1) Carver, Layla R 10	B	2:57.20	2:58.26
--- Asheville Jewish Comm. Center-NC 1) Lamb, Sophie L 15	B	NT	DQ

Event 2 Boys 200 Yard Medley Relay

Team	Relay	Seed Time	Finals Time
1 Blues Aquatics Asheville-NC 1) Kush, Cannon D 15	A	2:15.86	2:09.12
2 Kirkpatrick, Landon O 16			
3) Anderson, Jack M 16			4) Snyder, Quinn J 13

Event 3 Girls 11-12 200 Yard IM

Name	Age	Team	Seed Time	Finals Time
1 Rozenbroek, DJ J	12	Blues Aquatics Asheville-NC	2:45.02	2:44.59
--- Lott, Anna Ruth R	11	Blues Aquatics Asheville-NC	NT	DQ
Not on back off wall - back				

Event 3 Girls 13-14 200 Yard IM

Name	Age	Team	Seed Time	Finals Time
1 Hegge, Avery H	14	Blues Aquatics Asheville-NC	2:29.63	2:29.19

Event 3 Girls 15 & Over 200 Yard IM

Name	Age	Team	Seed Time	Finals Time
1 Schwab, Delaney C	15	Blues Aquatics Asheville-NC	2:36.44	2:27.32
2 Peltz, Lucy C	16	Blues Aquatics Asheville-NC	NT	2:48.44
3 Wallace, Grace L	15	Asheville Jewish Comm. Center-NC	3:02.86	2:50.62

Event 4 Boys 15 & Over 200 Yard IM

Name	Age	Team	Seed Time	Finals Time
1 Kush, Cannon D	15	Blues Aquatics Asheville-NC	2:27.41	2:23.40
2 Albea, Luke	19	Smoky Mountain Aquatic Club-NC	NT	2:30.27

Event 5 Girls 10 & Under 100 Yard Butterfly

Name	Age	Team	Seed Time	Finals Time
1 Savage, Mary Jane M	8	Asheville Jewish Comm. Center-NC	NT	1:55.92

Event 5 Girls 11-12 100 Yard Butterfly

Name	Age	Team	Seed Time	Finals Time
1 Bonomo, Lucie G	11	Smoky Mountain Aquatic Club-NC	1:23.94	1:21.08

Event 6 Boys 10 & Under 100 Yard Butterfly

Name	Age	Team	Seed Time	Finals Time
1 Braathen, Caleb	10	Asheville Jewish Comm. Center-NC	NT	1:50.26

Event 7 Girls 13-14 100 Yard Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Gibson, Jaden M	14	Smoky Mountain Aquatic Club-NC	56.59	55.49
2 Hegge, Avery H	14	Blues Aquatics Asheville-NC	59.67	58.98
3 Kush, Kendra D	13	Blues Aquatics Asheville-NC	1:00.52	1:00.08

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(Event 7 Girls 13-14 100 Yard Freestyle)

Name	Age	Team	Seed Time	Finals Time
4 Lombardo, Michaele D	13	Smoky Mountain Aquatic Club-NC	1:07.14	1:05.30

Event 7 Girls 15 & Over 100 Yard Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Fiano, Gabrielle L	16	Blues Aquatics Asheville-NC	58.81	59.33
2 Schwab, Delaney C	15	Blues Aquatics Asheville-NC	58.14	59.90
3 Peltz, Lucy C	16	Blues Aquatics Asheville-NC	1:06.63	1:05.14
4 Lamb, Sophie L	15	Asheville Jewish Comm. Center-NC	1:51.53	1:42.43

Event 8 Boys 13-14 100 Yard Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Snyder, Quinn J	13	Blues Aquatics Asheville-NC	1:22.68	1:26.44

Event 8 Boys 15 & Over 100 Yard Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Kirkpatrick, Landon O	16	Blues Aquatics Asheville-NC	55.94	57.26
2 Kush, Cannon D	15	Blues Aquatics Asheville-NC	58.93	59.31
3 Anderson, Jack M	16	Blues Aquatics Asheville-NC	58.12	59.54
4 Albea, Luke	19	Smoky Mountain Aquatic Club-NC	NT	1:00.94

Event 9 Girls 10 & Under 100 Yard Backstroke

Name	Age	Team	Seed Time	Finals Time
1 Hawkins, Hayden G	10	Smoky Mountain Aquatic Club-NC	NT	1:32.11
2 Baley, Ava C	8	Asheville Jewish Comm. Center-NC	1:22.80	1:37.43
3 Jenkins, Charlotte F	9	Asheville Jewish Comm. Center-NC	1:45.68	1:39.03
4 Carver, Isla R	8	Smoky Mountain Aquatic Club-NC	1:49.02	1:45.04
5 Albrecht, Eleanor J	7	Smoky Mountain Aquatic Club-NC	1:56.36	1:51.25
--- Carver, Lily K	10	Smoky Mountain Aquatic Club-NC	1:30.11	DQ

Multiple strokes past vertical at turn

Event 9 Girls 11-12 100 Yard Backstroke

Name	Age	Team	Seed Time	Finals Time
1 Ammons, Susan P	12	Smoky Mountain Aquatic Club-NC	1:19.43	1:21.50
2 Bolter, Sophie G	12	Asheville Jewish Comm. Center-NC	NT	1:37.07
3 Davis, Solie M	11	Smoky Mountain Aquatic Club-NC	1:50.52	1:43.92

Event 10 Boys 10 & Under 100 Yard Backstroke

Name	Age	Team	Seed Time	Finals Time
1 Wilkinson, Ian J	10	Smoky Mountain Aquatic Club-NC	1:15.14	1:10.14
2 Sherry, August E	10	Asheville Jewish Comm. Center-NC	1:30.18	1:26.07
3 Quinn, Guy R	9	Smoky Mountain Aquatic Club-NC	NT	1:33.16

Event 10 Boys 11-12 100 Yard Backstroke

Name	Age	Team	Seed Time	Finals Time
1 Zhang, Dodo D	12	Smoky Mountain Aquatic Club-NC	1:20.03	1:19.88
2 Lingle, Ollie or Oliver T	11	Smoky Mountain Aquatic Club-NC	NT	1:44.51
--- Davis, Thomas J	11	Smoky Mountain Aquatic Club-NC	NT	DQ

Not on back off wall

Event 11 Girls 10 & Under 200 Yard Breaststroke

Name	Age	Team	Seed Time	Finals Time
1 Carver, Layla R	10	Smoky Mountain Aquatic Club-NC	NT	4:14.91

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Event 12 Boys 13-14 200 Yard Breaststroke

Name	Age	Team	Seed Time	Finals Time
1 Snyder, Quinn J	13	Blues Aquatics Asheville-NC	NT	3:28.97

Event 12 Boys 15 & Over 200 Yard Breaststroke

Name	Age	Team	Seed Time	Finals Time
1 Kush, Cannon D	15	Blues Aquatics Asheville-NC	2:35.16	2:38.65
2 Anderson, Jack M	16	Blues Aquatics Asheville-NC	2:37.01	2:38.90
3 Kirkpatrick, Landon O	16	Blues Aquatics Asheville-NC	2:43.67	2:56.90

Event 13 Girls 10 & Under 50 Yard Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Hawkins, Hayden G	10	Smoky Mountain Aquatic Club-NC	37.97	35.89
2 Carver, Lily K	10	Smoky Mountain Aquatic Club-NC	36.16	36.49
3 Baley, Ava C	8	Asheville Jewish Comm. Center-NC	40.52	37.37
4 DeWine, Addison R	10	Blues Aquatics Asheville-NC	41.45	39.31
5 Jenkins, Charlotte F	9	Asheville Jewish Comm. Center-NC	42.94	39.38
6 Savage, Mary Jane M	8	Asheville Jewish Comm. Center-NC	41.26	39.45
7 Carver, Layla R	10	Smoky Mountain Aquatic Club-NC	41.82	40.71
8 Hawkins, Lennon L	8	Smoky Mountain Aquatic Club-NC	52.42	48.63
9 Mason, Ella M	9	Smoky Mountain Aquatic Club-NC	49.46	51.17
10 Galindo-Gomez, Jayleen A	9	Smoky Mountain Aquatic Club-NC	52.08	53.05
11 Locklear, Faith	8	Asheville Jewish Comm. Center-NC	55.99	54.04

Event 13 Girls 11-12 50 Yard Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Bonomo, Lucie G	11	Smoky Mountain Aquatic Club-NC	31.55	31.70
2 Ammons, Susan P	12	Smoky Mountain Aquatic Club-NC	32.79	32.11
3 Lott, Anna Ruth R	11	Blues Aquatics Asheville-NC	33.92	32.54
4 Tyler, Ren M	11	Asheville Jewish Comm. Center-NC	38.62	35.15

Event 14 Boys 10 & Under 50 Yard Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Wilkinson, Ian J	10	Smoky Mountain Aquatic Club-NC	29.83	29.74
2 Quinn, Guy R	9	Smoky Mountain Aquatic Club-NC	41.36	38.78
3 Braathen, Caleb	10	Asheville Jewish Comm. Center-NC	42.41	40.09
4 Jenkins, Thomas G	6	Asheville Jewish Comm. Center-NC	1:02.20	1:00.48
--- Wilkinson, Braden M	8	Smoky Mountain Aquatic Club-NC	45.87	DQ
Pulling on lane line				

Event 14 Boys 11-12 50 Yard Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Lingle, Ollie or Oliver T	11	Smoky Mountain Aquatic Club-NC	43.36	38.39
2 Davis, Thomas J	11	Smoky Mountain Aquatic Club-NC	47.28	43.51

Event 15 Girls 10 & Under 100 Yard IM

Name	Age	Team	Seed Time	Finals Time
1 Carver, Lily K	10	Smoky Mountain Aquatic Club-NC	1:29.39	1:32.75
2 DeWine, Addison R	10	Blues Aquatics Asheville-NC	2:04.40	1:44.39
3 Carver, Layla R	10	Smoky Mountain Aquatic Club-NC	2:02.36	1:49.53
4 Albrecht, Eleanor J	7	Smoky Mountain Aquatic Club-NC	2:00.85	1:50.61
5 Carver, Isla R	8	Smoky Mountain Aquatic Club-NC	2:12.92	1:58.78
--- Mason, Ella M	9	Smoky Mountain Aquatic Club-NC	2:14.31	DQ
Shoulders past vertical toward breast - back				

Swim Your Heart Out 2023 - 2/10/2023 to 2/11/2023**Results****Event 15 Girls 11-12 100 Yard IM**

Name	Age	Team	Seed Time	Finals Time
1 Rozenbroek, DJ J	12	Blues Aquatics Asheville-NC	1:16.52	1:15.42
2 Bonomo, Lucie G	11	Smoky Mountain Aquatic Club-NC	1:20.44	1:22.37
3 Davis, Solie M	11	Smoky Mountain Aquatic Club-NC	1:50.94	1:57.90

Event 16 Boys 10 & Under 100 Yard IM

Name	Age	Team	Seed Time	Finals Time
1 Wilkinson, Ian J	10	Smoky Mountain Aquatic Club-NC	1:16.45	1:11.66
--- Wilkinson, Braden M	8	Smoky Mountain Aquatic Club-NC	2:13.59	DQ
Alternating Kick - fly				
--- Sherry, August E	10	Asheville Jewish Comm. Center-NC	1:32.90	DQ
Strokes out of sequence - IM				
--- Quinn, Guy R	9	Smoky Mountain Aquatic Club-NC	1:43.70	DQ
One hand touch - breast				

Event 16 Boys 11-12 100 Yard IM

Name	Age	Team	Seed Time	Finals Time
1 Zhang, Dodo D	12	Smoky Mountain Aquatic Club-NC	1:21.37	1:24.88
2 Lingle, Ollie or Oliver T	11	Smoky Mountain Aquatic Club-NC	1:50.41	1:48.51

Event 17 Girls 13-14 100 Yard Backstroke

Name	Age	Team	Seed Time	Finals Time
1 Hegge, Avery H	14	Blues Aquatics Asheville-NC	1:04.46	1:04.26
2 Gibson, Jaden M	14	Smoky Mountain Aquatic Club-NC	1:05.23	1:04.34
3 Kush, Kendra D	13	Blues Aquatics Asheville-NC	1:10.21	1:10.78
4 Lombardo, Michaele D	13	Smoky Mountain Aquatic Club-NC	1:16.73	1:16.28

Event 17 Girls 15 & Over 100 Yard Backstroke

Name	Age	Team	Seed Time	Finals Time
1 Schwab, Delaney C	15	Blues Aquatics Asheville-NC	1:03.65	1:07.19
2 Fiano, Gabrielle L	16	Blues Aquatics Asheville-NC	1:10.49	1:10.36
3 Peltz, Lucy C	16	Blues Aquatics Asheville-NC	1:14.56	1:12.75
--- Lamb, Sophie L	15	Asheville Jewish Comm. Center-NC	1:56.82	DQ
Shoulders past vertical toward breast				

Event 18 Boys 13-14 100 Yard Backstroke

Name	Age	Team	Seed Time	Finals Time
1 Snyder, Quinn J	13	Blues Aquatics Asheville-NC	1:48.06	1:40.44

Event 18 Boys 15 & Over 100 Yard Backstroke

Name	Age	Team	Seed Time	Finals Time
1 Kirkpatrick, Landon O	16	Blues Aquatics Asheville-NC	1:05.00	1:07.75
2 Anderson, Jack M	16	Blues Aquatics Asheville-NC	1:10.36	1:09.47

Event 19 Girls 10 & Under 50 Yard Breaststroke

Name	Age	Team	Seed Time	Finals Time
1 Hawkins, Hayden G	10	Smoky Mountain Aquatic Club-NC	49.82	47.86
2 Savage, Mary Jane M	8	Asheville Jewish Comm. Center-NC	53.99	57.91
3 Baley, Ava C	8	Asheville Jewish Comm. Center-NC	56.67	1:00.80
4 Carver, Isla R	8	Smoky Mountain Aquatic Club-NC	1:12.19	1:06.23
5 Jenkins, Charlotte F	9	Asheville Jewish Comm. Center-NC	1:02.88	1:08.08
*6 Hawkins, Lennon L	8	Smoky Mountain Aquatic Club-NC	1:07.72	1:09.51
*6 Mason, Ella M	9	Smoky Mountain Aquatic Club-NC	1:10.19	1:09.51
8 Galindo-Gomez, Jayleen A	9	Smoky Mountain Aquatic Club-NC	1:17.30	1:17.31

Swim Your Heart Out 2023 - 2/10/2023 to 2/11/2023**Results****(Event 19 Girls 10 & Under 50 Yard Breaststroke)**

Name	Age	Team	Seed Time	Finals Time
--- Locklear, Faith One hand touch	8	Asheville Jewish Comm. Center-NC	1:07.80	DQ
--- Albrecht, Eleanor J Alternating Kick	7	Smoky Mountain Aquatic Club-NC	57.89	DQ
--- DeWine, Addison R False start	10	Blues Aquatics Asheville-NC	1:08.48	DQ

Event 19 Girls 11-12 50 Yard Breaststroke

Name	Age	Team	Seed Time	Finals Time
1 Rozenbroek, DJ J	12	Blues Aquatics Asheville-NC	38.21	40.15
2 Ammons, Susan P	12	Smoky Mountain Aquatic Club-NC	43.07	41.90
3 Lott, Anna Ruth R	11	Blues Aquatics Asheville-NC	NT	45.68
4 Tyler, Ren M	11	Asheville Jewish Comm. Center-NC	49.53	48.95
5 Davis, Solie M	11	Smoky Mountain Aquatic Club-NC	1:00.39	1:05.14

Event 20 Boys 10 & Under 50 Yard Breaststroke

Name	Age	Team	Seed Time	Finals Time
1 Braathen, Caleb	10	Asheville Jewish Comm. Center-NC	1:17.19	1:08.54
--- Jenkins, Thomas G One hand touch	6	Asheville Jewish Comm. Center-NC	NT	DQ

Event 20 Boys 11-12 50 Yard Breaststroke

Name	Age	Team	Seed Time	Finals Time
1 Zhang, Dodo D	12	Smoky Mountain Aquatic Club-NC	46.74	47.62

Event 21 Girls 15 & Over 200 Yard Butterfly

Name	Age	Team	Seed Time	Finals Time
1 Wallace, Grace L	15	Asheville Jewish Comm. Center-NC	3:05.57	3:11.50

Event 23 Girls 13-14 500 Yard Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Kush, Kendra D	13	Blues Aquatics Asheville-NC	6:08.33	5:55.91

Event 23 Girls 15 & Over 500 Yard Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Fiano, Gabrielle L	16	Blues Aquatics Asheville-NC	5:37.64	5:33.09

Event 25 Girls 10 & Under 200 Yard Freestyle Relay

Team	Relay	Seed Time	Finals Time
1 Asheville Jewish Comm. Center-N 1) Jenkins, Charlotte F 9	A 2) Baley, Ava C 8	NT 3) Whitlock, Leila M 10	2:32.45 4) Savage, Mary Jane M 8
2 Smoky Mountain Aquatic Club-N 1) Hawkins, Hayden G 10	A 2) Carver, Layla R 10	2:41.43 3) Albrecht, Eleanor J 7	2:34.79 4) Carver, Lily K 10
3 Smoky Mountain Aquatic Club-N 1) Mason, Ella M 9	B 2) Galindo-Gomez, Jayleen A 9	3:19.61 3) Hawkins, Lennon L 8	3:14.72 4) Carver, Isla R 8
4 Asheville Jewish Comm. Center-N 1) Webb, Agatha R 10	B 2) Garrett, Ella 8	NT 3) Whitlock, Miriam 7	3:25.62 4) Locklear, Faith 8

Event 26 Boys 10 & Under 200 Yard Freestyle Relay

Team	Relay	Seed Time	Finals Time
1 Asheville Jewish Comm. Center-N 1) Fridman, Sam J 8	A 2) Braathen, Caleb 10	NT 3) King, Memphis M 7	3:01.13 4) Archer, Ami F 8

Swim Your Heart Out 2023 - 2/10/2023 to 2/11/2023**Results****Event 27 Girls 10 & Under 50 Yard Butterfly**

Name	Age	Team	Seed Time	Finals Time
1 Baley, Ava C	8	Asheville Jewish Comm. Center-NC	44.47	46.32
2 Savage, Mary Jane M	8	Asheville Jewish Comm. Center-NC	51.33	50.17
3 Jenkins, Charlotte F	9	Asheville Jewish Comm. Center-NC	NT	50.27
4 Webb, Agatha R	10	Asheville Jewish Comm. Center-NC	NT	51.80
5 Hawkins, Hayden G	10	Smoky Mountain Aquatic Club-NC	49.12	51.99
6 Whitlock, Leila M	10	Asheville Jewish Comm. Center-NC	48.81	53.11
7 DeWine, Addison R	10	Blues Aquatics Asheville-NC	NT	54.17
8 Albrecht, Eleanor J	7	Smoky Mountain Aquatic Club-NC	59.09	57.29
--- Carver, Layla R	10	Smoky Mountain Aquatic Club-NC	58.30	DQ

Arms underwater recovery

Event 28 Boys 10 & Under 50 Yard Butterfly

Name	Age	Team	Seed Time	Finals Time
1 Quinn, Guy R	9	Smoky Mountain Aquatic Club-NC	51.58	49.46
--- King, Memphis M	7	Asheville Jewish Comm. Center-NC	1:05.57	DQ

Arms underwater recovery

Event 29 Girls 10 & Under 100 Yard Breaststroke

Name	Age	Team	Seed Time	Finals Time
1 Hawkins, Hayden G	10	Smoky Mountain Aquatic Club-NC	1:46.12	1:51.10
2 DeWine, Addison R	10	Blues Aquatics Asheville-NC	2:03.37	1:59.84
3 Carver, Layla R	10	Smoky Mountain Aquatic Club-NC	2:10.14	2:09.98

Event 30 Boys 10 & Under 100 Yard Breaststroke

Name	Age	Team	Seed Time	Finals Time
1 Wilkinson, Ian J	10	Smoky Mountain Aquatic Club-NC	1:25.93	1:22.03
2 Archer, Ami F	8	Asheville Jewish Comm. Center-NC	1:57.41	1:53.13

Event 31 Girls 10 & Under 25 Yard Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Hawkins, Lennon L	8	Smoky Mountain Aquatic Club-NC	27.47	21.75
2 Garrett, Ella	8	Asheville Jewish Comm. Center-NC	34.11	22.62
3 Locklear, Faith	8	Asheville Jewish Comm. Center-NC	51.02	23.27
4 Whitlock, Miriam	7	Asheville Jewish Comm. Center-NC	27.34	25.54
5 Young, Nelly E	7	Smoky Mountain Aquatic Club-NC	NT	25.59
6 Quinn, Goldie I	5	Smoky Mountain Aquatic Club-NC	NT	57.52
7 Wilkinson, Hallie J	5	Smoky Mountain Aquatic Club-NC	1:11.63	58.18

Event 32 Boys 10 & Under 25 Yard Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Sherry, August E	10	Asheville Jewish Comm. Center-NC	NT	15.18
2 Quinn, Guy R	9	Smoky Mountain Aquatic Club-NC	18.39	16.87
3 Braathen, Caleb	10	Asheville Jewish Comm. Center-NC	44.63	17.56
4 Fridman, Sam J	8	Asheville Jewish Comm. Center-NC	NT	17.58
5 Essig, Oliver B	9	Smoky Mountain Aquatic Club-NC	20.22	20.20
6 Strum, Knox F	8	Smoky Mountain Aquatic Club-NC	21.17	21.13
7 Kostogorov, Aaron	6	Asheville Jewish Comm. Center-NC	NT	22.50
8 Hughes, Levi	8	Asheville Jewish Comm. Center-NC	31.20	23.39
9 Shearer, Solomon P	8	Smoky Mountain Aquatic Club-NC	27.75	23.56
10 Mandle, Ira	7	Asheville Jewish Comm. Center-NC	27.82	24.95
11 Jenkins, Thomas G	6	Asheville Jewish Comm. Center-NC	29.78	27.08
12 Hughes, Flynn	6	Asheville Jewish Comm. Center-NC	27.40	27.72

Swim Your Heart Out 2023 - 2/10/2023 to 2/11/2023**Results****(Event 32 Boys 10 & Under 25 Yard Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
13	King, Preston	5	Asheville Jewish Comm. Center-NC	34.16	29.38
14	Shearer, Armand E	7	Smoky Mountain Aquatic Club-NC	36.43	29.43
15	Ammons, Wiley H	6	Smoky Mountain Aquatic Club-NC	27.41	31.52
16	Joyce, Sully J	6	Smoky Mountain Aquatic Club-NC	NT	35.07
17	Joaquin, Anthony T	5	Smoky Mountain Aquatic Club-NC	NT	35.67
18	Joaquin, Abram J	5	Smoky Mountain Aquatic Club-NC	NT	1:06.65

Event 33 Girls 10 & Under 25 Yard Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Young, Nelly E	7	Smoky Mountain Aquatic Club-NC	NT	26.49
2	Whitlock, Miriam	7	Asheville Jewish Comm. Center-NC	27.78	27.39
3	Wilkinson, Hallie J	5	Smoky Mountain Aquatic Club-NC	49.12	38.94
4	Quinn, Goldie I	5	Smoky Mountain Aquatic Club-NC	NT	41.20

Event 34 Boys 10 & Under 25 Yard Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Essig, Oliver B	9	Smoky Mountain Aquatic Club-NC	20.05	21.26
2	Hughes, Levi	8	Asheville Jewish Comm. Center-NC	29.25	26.48
3	Hughes, Flynn	6	Asheville Jewish Comm. Center-NC	28.90	27.23
4	Ammons, Wiley H	6	Smoky Mountain Aquatic Club-NC	27.33	27.82
5	Mandle, Ira	7	Asheville Jewish Comm. Center-NC	NT	29.18
6	Jenkins, Thomas G	6	Asheville Jewish Comm. Center-NC	35.78	29.24
7	King, Preston	5	Asheville Jewish Comm. Center-NC	36.87	32.09
8	Joyce, Sully J	6	Smoky Mountain Aquatic Club-NC	NT	32.45
9	Joaquin, Anthony T	5	Smoky Mountain Aquatic Club-NC	NT	33.91
10	Joaquin, Abram J	5	Smoky Mountain Aquatic Club-NC	NT	45.20
---	Shearer, Solomon P	8	Smoky Mountain Aquatic Club-NC	NT	DQ
	Shoulders past vertical toward breast				
---	Shearer, Armand E	7	Smoky Mountain Aquatic Club-NC	NT	DQ
	Shoulders past vertical toward breast				

Event 35 Girls 10 & Under 200 Yard Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Carver, Lily K	10	Smoky Mountain Aquatic Club-NC	3:01.29	2:48.35
2	Baley, Ava C	8	Asheville Jewish Comm. Center-NC	NT	3:02.77
3	DeWine, Addison R	10	Blues Aquatics Asheville-NC	NT	3:33.27

Event 36 Boys 10 & Under 200 Yard Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Braathen, Caleb	10	Asheville Jewish Comm. Center-NC	NT	3:12.16

Event 37 Girls 10 & Under 50 Yard Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Carver, Lily K	10	Smoky Mountain Aquatic Club-NC	40.18	41.82
2	Hawkins, Hayden G	10	Smoky Mountain Aquatic Club-NC	45.17	42.77
3	Youker, Amber X	8	Blues Aquatics Asheville-NC	43.83	43.12
4	Jenkins, Charlotte F	9	Asheville Jewish Comm. Center-NC	47.48	46.42
5	Savage, Mary Jane M	8	Asheville Jewish Comm. Center-NC	44.56	47.28
6	Webb, Agatha R	10	Asheville Jewish Comm. Center-NC	47.42	48.58
7	Whitlock, Leila M	10	Asheville Jewish Comm. Center-NC	46.10	49.12
8	Carver, Isla R	8	Smoky Mountain Aquatic Club-NC	47.11	49.37
9	Mason, Ella M	9	Smoky Mountain Aquatic Club-NC	52.78	51.66
10	Garrett, Ella	8	Asheville Jewish Comm. Center-NC	1:03.45	55.87

Swim Your Heart Out 2023 - 2/10/2023 to 2/11/2023**Results****(Event 37 Girls 10 & Under 50 Yard Backstroke)**

Name	Age	Team	Seed Time	Finals Time
11 Young, Nelly E	7	Smoky Mountain Aquatic Club-NC	NT	58.80
12 Galindo-Gomez, Jayleen A	9	Smoky Mountain Aquatic Club-NC	1:01.18	1:00.58
13 Hawkins, Lennon L	8	Smoky Mountain Aquatic Club-NC	57.90	1:04.13
--- Locklear, Faith	8	Asheville Jewish Comm. Center-NC	1:00.72	DQ
Delay initiating turn after past vertical				

Event 38 Boys 10 & Under 50 Yard Backstroke

Name	Age	Team	Seed Time	Finals Time
1 Wilkinson, Ian J	10	Smoky Mountain Aquatic Club-NC	34.65	34.62
2 Sherry, August E	10	Asheville Jewish Comm. Center-NC	38.48	37.00
3 Essig, Oliver B	9	Smoky Mountain Aquatic Club-NC	NT	47.35
4 Fridman, Sam J	8	Asheville Jewish Comm. Center-NC	56.22	48.86
5 Swinger, Silas	9	Asheville Jewish Comm. Center-NC	57.84	51.58
6 Archer, Ami F	8	Asheville Jewish Comm. Center-NC	47.61	52.63
7 Kostogorov, Aaron	6	Asheville Jewish Comm. Center-NC	57.22	59.70
8 King, Memphis M	7	Asheville Jewish Comm. Center-NC	55.67	1:01.05
9 Ammons, Wiley H	6	Smoky Mountain Aquatic Club-NC	58.34	1:05.44

Event 39 Girls 10 & Under 25 Yard Breaststroke

Name	Age	Team	Seed Time	Finals Time
1 Baley, Ava C	8	Asheville Jewish Comm. Center-NC	29.47	27.41
2 Mason, Ella M	9	Smoky Mountain Aquatic Club-NC	31.94	29.82

Event 40 Boys 10 & Under 25 Yard Breaststroke

Name	Age	Team	Seed Time	Finals Time
1 Strum, Knox F	8	Smoky Mountain Aquatic Club-NC	33.74	30.56
2 Hughes, Levi	8	Asheville Jewish Comm. Center-NC	NT	32.77
--- Hughes, Flynn	6	Asheville Jewish Comm. Center-NC	NT	DQ
Alternating Kick				
--- King, Preston	5	Asheville Jewish Comm. Center-NC	44.23	DQ
One hand touch				
--- Shearer, Solomon P	8	Smoky Mountain Aquatic Club-NC	NT	DQ
One hand touch				
--- Kostogorov, Aaron	6	Asheville Jewish Comm. Center-NC	35.78	DQ
Alternating Kick				

Event 41 Girls 10 & Under 25 Yard Butterfly

Name	Age	Team	Seed Time	Finals Time
1 Youker, Amber X	8	Blues Aquatics Asheville-NC	21.91	21.24
2 Albrecht, Eleanor J	7	Smoky Mountain Aquatic Club-NC	24.77	22.76
--- Locklear, Faith	8	Asheville Jewish Comm. Center-NC	NT	DQ
Kick breaststroke type				
--- Whitlock, Miriam	7	Asheville Jewish Comm. Center-NC	NT	DQ
Non-simultaneous arms				
--- Hawkins, Lennon L	8	Smoky Mountain Aquatic Club-NC	NT	DQ
Non-simultaneous arms				

Event 42 Boys 10 & Under 25 Yard Butterfly

Name	Age	Team	Seed Time	Finals Time
1 Strum, Knox F	8	Smoky Mountain Aquatic Club-NC	25.77	28.55
--- Swinger, Silas	9	Asheville Jewish Comm. Center-NC	NT	DQ
Non-simultaneous arms				

Swim Your Heart Out 2023 - 2/10/2023 to 2/11/2023**Results****(Event 42 Boys 10 & Under 25 Yard Butterfly)**

Name	Age	Team	Seed Time	Finals Time
--- Mandle, Ira Alternating Kick	7	Asheville Jewish Comm. Center-NC	NT	DQ
--- Jenkins, Thomas G Arms underwater recovery	6	Asheville Jewish Comm. Center-NC	NT	DQ

Event 43 Girls 10 & Under 100 Yard Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Carver, Lily K	10	Smoky Mountain Aquatic Club-NC	1:17.35	1:22.48
2 Youker, Amber X	8	Blues Aquatics Asheville-NC	1:31.06	1:32.38
3 Savage, Mary Jane M	8	Asheville Jewish Comm. Center-NC	1:35.34	1:33.41
4 Jenkins, Charlotte F	9	Asheville Jewish Comm. Center-NC	1:39.01	1:33.50
5 Webb, Agatha R	10	Asheville Jewish Comm. Center-NC	1:47.38	1:35.09
6 Whitlock, Leila M	10	Asheville Jewish Comm. Center-NC	1:33.82	1:37.28
7 Carver, Layla R	10	Smoky Mountain Aquatic Club-NC	1:35.24	1:39.55
8 Carver, Isla R	8	Smoky Mountain Aquatic Club-NC	1:50.18	1:44.78
9 Albrecht, Eleanor J	7	Smoky Mountain Aquatic Club-NC	1:43.31	1:53.71
10 Mason, Ella M	9	Smoky Mountain Aquatic Club-NC	1:52.15	1:54.22
11 Galindo-Gomez, Jayleen A	9	Smoky Mountain Aquatic Club-NC	2:02.18	2:00.09
12 Garrett, Ella	8	Asheville Jewish Comm. Center-NC	2:27.49	2:05.13

Event 44 Boys 10 & Under 100 Yard Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Wilkinson, Ian J	10	Smoky Mountain Aquatic Club-NC	1:06.51	1:06.28
2 Sherry, August E	10	Asheville Jewish Comm. Center-NC	1:19.97	1:19.36
3 Quinn, Guy R	9	Smoky Mountain Aquatic Club-NC	1:35.23	1:27.25
4 Fridman, Sam J	8	Asheville Jewish Comm. Center-NC	1:43.50	1:31.42
5 Braathen, Caleb	10	Asheville Jewish Comm. Center-NC	1:36.88	1:35.07
6 Archer, Ami F	8	Asheville Jewish Comm. Center-NC	1:53.41	1:47.16
7 King, Memphis M	7	Asheville Jewish Comm. Center-NC	1:02.92	1:51.05
--- Swinger, Silas Walking on or springing from bottom	9	Asheville Jewish Comm. Center-NC	NT	DQ

Event 45 Girls 200 Yard Freestyle Relay

Team	Relay	Seed Time	Finals Time
1 Blues Aquatics Asheville-NC	B	1:51.84	1:53.76
1) Hegge, Avery H 14	2) Kush, Kendra D 13	3) Peltz, Lucy C 16	4) Schwab, Delaney C 15
2 Smoky Mountain Aquatic Club-NC	A	1:59.59	2:00.23
1) Lombardo, Michael D 13	2) Bonomo, Lucie G 11	3) Ammons, Susan P 12	4) Gibson, Jaden M 14
3 Blues Aquatics Asheville-NC	A	1:54.82	2:07.02
4 Asheville Jewish Comm. Center-NC	B	NT	2:22.86
1) Volk, Julia E 12	2) Whitlock, Nora J 12	3) Raleigh, Selah V 12	4) Bolter, Sophie G 12
--- Asheville Jewish Comm. Center-NC Early take-off swimmer #2	A	2:07.55	DQ
1) Bunn, Lillian M 12	2) Suydam, Allie 13	3) Volk, Liza J 12	4) Wallace, Grace L 15

Event 46 Boys 200 Yard Freestyle Relay

Team	Relay	Seed Time	Finals Time
1 Blues Aquatics Asheville-NC	A	1:44.05	1:42.22
1) Dudley, Ben B 15	2) Kirkpatrick, Landon O 16	3) Anderson, Jack M 16	4) Kush, Cannon D 15

Event 47 Girls 13-14 100 Yard Butterfly

Name	Age	Team	Seed Time	Finals Time
1 Gibson, Jaden M	14	Smoky Mountain Aquatic Club-NC	1:04.83	1:06.22

Swim Your Heart Out 2023 - 2/10/2023 to 2/11/2023**Results****(Event 47 Girls 13-14 100 Yard Butterfly)**

Name	Age	Team	Seed Time	Finals Time
2 Hegge, Avery H	14	Blues Aquatics Asheville-NC	1:07.77	1:08.51
3 Kush, Kendra D	13	Blues Aquatics Asheville-NC	1:11.91	1:13.67
4 Suydam, Allie	13	Asheville Jewish Comm. Center-NC	NT	1:26.79
5 Lombardo, Michaele D	13	Smoky Mountain Aquatic Club-NC	1:21.19	1:27.90

Event 47 Girls 15 & Over 100 Yard Butterfly

Name	Age	Team	Seed Time	Finals Time
1 Peltz, Lucy C	16	Blues Aquatics Asheville-NC	1:18.44	1:17.67
2 Wallace, Grace L	15	Asheville Jewish Comm. Center-NC	1:22.07	1:23.00

Event 48 Boys 15 & Over 100 Yard Butterfly

Name	Age	Team	Seed Time	Finals Time
1 Dudley, Ben B	15	Blues Aquatics Asheville-NC	57.09	58.12
2 Kirkpatrick, Landon O	16	Blues Aquatics Asheville-NC	1:06.07	1:04.72
3 Anderson, Jack M	16	Blues Aquatics Asheville-NC	1:03.80	1:08.00
4 Kush, Cannon D	15	Blues Aquatics Asheville-NC	1:08.74	1:09.33

Event 49 Girls 11-12 200 Yard Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Bunn, Lillian M	12	Asheville Jewish Comm. Center-NC	2:36.07	2:35.84
2 Bolter, Sophie G	12	Asheville Jewish Comm. Center-NC	2:58.05	2:55.14
3 Volk, Julia E	12	Asheville Jewish Comm. Center-NC	3:11.95	3:10.42
4 Raleigh, Selah V	12	Asheville Jewish Comm. Center-NC	NT	3:24.67

Event 49 Girls 15 & Over 200 Yard Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Schwab, Delaney C	15	Blues Aquatics Asheville-NC	2:03.95	2:01.87
2 Fiano, Gabrielle L	16	Blues Aquatics Asheville-NC	2:04.36	2:03.82

Event 50 Boys 11-12 200 Yard Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Zhang, Dodo D	12	Smoky Mountain Aquatic Club-NC	NT	2:50.92
2 Menne, Jude F	11	Asheville Jewish Comm. Center-NC	NT	2:52.06
3 Lingle, Ollie or Oliver T	11	Smoky Mountain Aquatic Club-NC	NT	3:16.96

Event 50 Boys 13-14 200 Yard Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Youker, Brian C	13	Blues Aquatics Asheville-NC	2:19.71	2:23.91

Event 50 Boys 15 & Over 200 Yard Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Dudley, Ben B	15	Blues Aquatics Asheville-NC	1:52.30	1:57.16

Event 51 Girls 11-12 100 Yard Breaststroke

Name	Age	Team	Seed Time	Finals Time
1 Bonomo, Lucie G	11	Smoky Mountain Aquatic Club-NC	1:32.76	1:29.00
2 Ammons, Susan P	12	Smoky Mountain Aquatic Club-NC	1:33.17	1:29.54
3 Whitlock, Nora J	12	Asheville Jewish Comm. Center-NC	1:32.66	1:30.30
4 Volk, Liza J	12	Asheville Jewish Comm. Center-NC	1:45.20	1:42.59
5 Raleigh, Selah V	12	Asheville Jewish Comm. Center-NC	NT	1:59.87
6 Davis, Solie M	11	Smoky Mountain Aquatic Club-NC	2:01.38	2:11.11
--- Rozenbroek, DJ J	12	Blues Aquatics Asheville-NC	1:22.23	DQ
One hand touch				

Swim Your Heart Out 2023 - 2/10/2023 to 2/11/2023**Results****(Event 51 Girls 11-12 100 Yard Breaststroke)**

Name	Age	Team	Seed Time	Finals Time
--- Himle, Elise S One hand touch	12	Blues Aquatics Asheville-NC	NT	DQ
--- Lott, Anna Ruth R One hand touch	11	Blues Aquatics Asheville-NC	1:44.05	DQ

Event 52 Boys 11-12 100 Yard Breaststroke

Name	Age	Team	Seed Time	Finals Time
1 Dudley, Max M	12	Blues Aquatics Asheville-NC	1:41.78	1:30.28
2 Lingle, Ollie or Oliver T	11	Smoky Mountain Aquatic Club-NC	2:05.80	2:02.46

Event 53 Girls 11-12 50 Yard Backstroke

Name	Age	Team	Seed Time	Finals Time
1 Bunn, Lillian M	12	Asheville Jewish Comm. Center-NC	36.57	36.11
2 Brown, Caroline M	11	Smoky Mountain Aquatic Club-NC	48.70	46.84
3 Himle, Elise S	12	Blues Aquatics Asheville-NC	58.97	50.27

Event 54 Boys 11-12 50 Yard Backstroke

Name	Age	Team	Seed Time	Finals Time
1 Zhang, Dodo D	12	Smoky Mountain Aquatic Club-NC	36.76	36.17
2 Davis, Thomas J	11	Smoky Mountain Aquatic Club-NC	56.28	55.22

Event 55 Girls 13-14 100 Yard Breaststroke

Name	Age	Team	Seed Time	Finals Time
1 Kush, Kendra D	13	Blues Aquatics Asheville-NC	1:27.48	1:27.69
2 Suydam, Allie	13	Asheville Jewish Comm. Center-NC	1:43.48	1:37.20
3 Lombardo, Michaele D	13	Smoky Mountain Aquatic Club-NC	1:39.12	1:39.66
--- Hegge, Avery H Downward butterfly kick	14	Blues Aquatics Asheville-NC	1:20.03	DQ

Event 56 Boys 15 & Over 100 Yard Breaststroke

Name	Age	Team	Seed Time	Finals Time
1 Kush, Cannon D	15	Blues Aquatics Asheville-NC	1:12.15	1:11.39
2 Kirkpatrick, Landon O	16	Blues Aquatics Asheville-NC	1:12.81	1:11.47
--- Anderson, Jack M Scissors kick	16	Blues Aquatics Asheville-NC	1:11.86	DQ

Event 57 Girls 11-12 100 Yard Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Rozenbroek, DJ J	12	Blues Aquatics Asheville-NC	1:05.27	1:03.70
2 Bonomo, Lucie G	11	Smoky Mountain Aquatic Club-NC	1:14.11	1:11.45
3 Lott, Anna Ruth R	11	Blues Aquatics Asheville-NC	1:17.11	1:13.10
4 Ammons, Susan P	12	Smoky Mountain Aquatic Club-NC	1:15.59	1:18.61
5 Volk, Liza J	12	Asheville Jewish Comm. Center-NC	1:15.59	1:19.21
6 Bolter, Sophie G	12	Asheville Jewish Comm. Center-NC	1:24.47	1:19.75
7 Whitlock, Nora J	12	Asheville Jewish Comm. Center-NC	1:22.62	1:22.80
8 Himle, Elise S	12	Blues Aquatics Asheville-NC	1:31.12	1:25.45
9 Volk, Julia E	12	Asheville Jewish Comm. Center-NC	1:19.94	1:28.77
10 Davis, Solie M	11	Smoky Mountain Aquatic Club-NC	1:38.72	1:40.51
11 Brown, Caroline M	11	Smoky Mountain Aquatic Club-NC	2:14.52	1:52.59

Event 58 Boys 11-12 100 Yard Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Dudley, Max M	12	Blues Aquatics Asheville-NC	1:12.13	1:09.55
2 Menne, Jude F	11	Asheville Jewish Comm. Center-NC	1:43.01	1:18.95

Swim Your Heart Out 2023 - 2/10/2023 to 2/11/2023**Results****(Event 58 Boys 11-12 100 Yard Freestyle)**

Name	Age	Team	Seed Time	Finals Time
3 Davis, Thomas J	11	Smoky Mountain Aquatic Club-NC	1:46.15	1:44.21

Event 59 Girls 13-14 50 Yard Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Gibson, Jaden M	14	Smoky Mountain Aquatic Club-NC	25.78	25.40
2 Lombardo, Michaele D	13	Smoky Mountain Aquatic Club-NC	29.47	30.60
3 Suydam, Allie	13	Asheville Jewish Comm. Center-NC	30.89	30.61

Event 59 Girls 15 & Over 50 Yard Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Schwab, Delaney C	15	Blues Aquatics Asheville-NC	26.71	28.24
2 Fiano, Gabrielle L	16	Blues Aquatics Asheville-NC	27.77	28.70
3 Peltz, Lucy C	16	Blues Aquatics Asheville-NC	29.60	29.96

Event 60 Boys 13-14 50 Yard Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Youker, Brian C	13	Blues Aquatics Asheville-NC	28.45	28.58

Event 60 Boys 15 & Over 50 Yard Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Callihan, Jackson H	15	Asheville Jewish Comm. Center-NC	23.34	23.83
2 Dudley, Ben B	15	Blues Aquatics Asheville-NC	24.62	24.06
3 Kirkpatrick, Landon O	16	Blues Aquatics Asheville-NC	25.18	26.13

Event 61 Girls 13-14 200 Yard Backstroke

Name	Age	Team	Seed Time	Finals Time
1 Gibson, Jaden M	14	Smoky Mountain Aquatic Club-NC	2:27.06	2:22.73
2 Hegge, Avery H	14	Blues Aquatics Asheville-NC	2:21.54	2:23.71
3 Kush, Kendra D	13	Blues Aquatics Asheville-NC	2:38.64	2:37.62

Event 61 Girls 15 & Over 200 Yard Backstroke

Name	Age	Team	Seed Time	Finals Time
1 Schwab, Delaney C	15	Blues Aquatics Asheville-NC	2:21.23	2:22.77
2 Peltz, Lucy C	16	Blues Aquatics Asheville-NC	2:44.79	2:42.06

Event 62 Boys 13-14 200 Yard Backstroke

Name	Age	Team	Seed Time	Finals Time
1 Youker, Brian C	13	Blues Aquatics Asheville-NC	2:43.43	2:45.20

Event 62 Boys 15 & Over 200 Yard Backstroke

Name	Age	Team	Seed Time	Finals Time
1 Anderson, Jack M	16	Blues Aquatics Asheville-NC	2:31.24	2:29.32

Event 63 Girls 11-12 50 Yard Butterfly

Name	Age	Team	Seed Time	Finals Time
1 Bonomo, Lucie G	11	Smoky Mountain Aquatic Club-NC	35.80	35.76
2 Bunn, Lillian M	12	Asheville Jewish Comm. Center-NC	53.22	36.36
3 Rozenbroek, DJ J	12	Blues Aquatics Asheville-NC	37.54	36.87
4 Lott, Anna Ruth R	11	Blues Aquatics Asheville-NC	39.20	38.03
5 Ammons, Susan P	12	Smoky Mountain Aquatic Club-NC	40.83	40.50
6 Volk, Julia E	12	Asheville Jewish Comm. Center-NC	39.42	42.06
7 Bolter, Sophie G	12	Asheville Jewish Comm. Center-NC	NT	44.71
8 Whitlock, Nora J	12	Asheville Jewish Comm. Center-NC	1:00.04	45.84
9 Raleigh, Selah V	12	Asheville Jewish Comm. Center-NC	NT	46.06

Swim Your Heart Out 2023 - 2/10/2023 to 2/11/2023**Results****(Event 63 Girls 11-12 50 Yard Butterfly)**

	Name	Age	Team	Seed Time	Finals Time
10	Brown, Caroline M	11	Smoky Mountain Aquatic Club-NC	NT	55.94
11	Davis, Solie M	11	Smoky Mountain Aquatic Club-NC	55.32	1:02.97
---	Volk, Liza J	12	Asheville Jewish Comm. Center-NC	49.23	DQ
	Non-simultaneous arms				

Event 64 Boys 11-12 50 Yard Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Dudley, Max M	12	Blues Aquatics Asheville-NC	35.26	33.39
2	Zhang, Dodo D	12	Smoky Mountain Aquatic Club-NC	39.15	36.64
3	Lingle, Ollie or Oliver T	11	Smoky Mountain Aquatic Club-NC	1:07.90	50.23
---	Menne, Jude F	11	Asheville Jewish Comm. Center-NC	NT	DQ
	Alternating Kick				

Event 65 Girls 15 & Over 400 Yard IM

	Name	Age	Team	Seed Time	Finals Time
1	Wallace, Grace L	15	Asheville Jewish Comm. Center-NC	NT	6:00.86

Event 66 Boys 15 & Over 400 Yard IM

	Name	Age	Team	Seed Time	Finals Time
1	Callihan, Jackson H	15	Asheville Jewish Comm. Center-NC	NT	5:11.91