



2024 Long Course Schedule
All meets are tentative

Date	Event	Location	Attendance	Info	Deadline
April 7th	GKY Single-Day Splash	Greensboro, NC	Sectional Qualifiers	Signup & Info	TBD
April 20-21	TAC Spring Fling Invite	Cary, NC	All Swimmers	Signup & Info	TBD
May 2-5	****USAS Spring Cup****	Ft. Lauderdale	Qualified	Signup & Info	TBD
May 17-19	ECA Beach Invitational	Morehead City, NC	All Swimmers	Signup & Info	TBD
May 23-26	****USAS Sectionals****	Ocala, FL	Qualified	Signup & Info	TBD
June 1-2	NCS Open Water State Championships	Seven Lakes, NC	500 FR must be under 8:00	Signup & Info	TBD
May 31- June 2	Star Invitationals	Greensboro, NC	JNAT Qualifiers	Signup & Info	TBD
June 15	ECA Fun in the Sun	Morehead City, NC	All Swimmers	Signup & Info	TBD
June 15-20	ECA Senior Training Trip	TBD	Selected Swimmers 13+	Signup & Info	TBD
June 15-23	USA Olympic Trials	Indianapolis, IN	Qualified	Signup & Info	TBD
June 22-23	2024 GOLD Summer Splash Spectacular	Goldsboro, NC	All Swimmers	Signup & Info	TBD
July 11 - 14	NCS 14&U State Champs	Cary, NC	Qualified	Signup & Info	July 9th
July 18 - 21	NCS Senior State Champs	Greensboro, NC	Qualified	Signup & Info	July 10th
July 26 - 29	Senior Zone Championships	Morgantown, WV	Qualified	Signup & Info	TBD
July 27-28th	TAC Closeout Meet	Cary, NC	All Swimmers	Signup & Info	TBD

All highlighted in yellow have required times and/or age restrictions.
Qualifying times can be found here or on each meet's info page once they have been established.
Some qualifying times are not available yet.

**** Meets denoted with asterisks, we will only be attending one of the two.