



2024 Upper Southeast Regional YMCA Short Course Championship Meet QUALIFYING TIMES



USRY REGIONAL MEMBERS QUALIFYING TIMES: Virginia, South Carolina, North Carolina, and Tennessee teams

Open Girls	13-14 Girls	11-12 Girls	10 & un Girls	EVENT	10 & un Boys	11-12 Boys	13-14 Boys	Open Boys
27.89	29.29	31.09	35.69	50 Free	34.99	30.69	27.39	25.09
1:00.19	1:02.89	1:08.09	1:19.79	100 Free	1:19.39	1:06.69	59.49	54.49
2:10.59	2:17.29	2:29.69	2:54.39	200 Free	2:50.19	2:25.99	2:06.59	1:59.39
5:41.49	5:56.19	6:38.59	7:39.49	500 Free	7:32.59	6:32.79	5:39.39	5:15.79
11:51.79	11:51.79			1,000 Free			11:16.69	11:16.69
19:42.39	19:42.39			1,650 Free			18:54.59	18:54.59
		36.09	42.59	50 Back	43.19	36.09		
1:10.19	1:14.19	1:19.29	1:33.29	100 Back	1:30.79	1:17.49	1:10.29	1:03.29
1:26.29	2:32.89	2:46.69		200 Back		2:42.79	2:24.99	2:12.99
		40.29	46.49	50 Breast	47.49	40.29		
1:19.39	1:24.29	1:28.69	1:43.09	100 Breast	1:41.99	1:28.29	1:19.79	1:11.79
2:45.19	2:53.99	3:11.09		200 Breast		3:05.99	2:45.59	2:33.99
		34.59	42.39	50 Fly	41.39	34.69		
1:07.99	1:12.79	1:19.39	1:40.39	100 Fly	1:39.39	1:17.59	1:08.09	1:01.09
2:26.99	2:31.79	2:49.39		200 Fly		2:45.39	2:24.99	2:16.99
		1:17.19	1:31.79	100 IM	1:30.39	1:17.89		
2:26.99	2:33.19	2:49.39	3:17.29	200 IM	3:16.29	2:47.39	2:21.39	2:15.69
5:04.99	5:20.19	6:00.89		400 IM		5:52.99	5:03.39	4:39.39

**Out-of-Region Time Standards are "A" Standards for 12 & under events.
Below are the 13 & over Out-of-Region Qualifying Time Standards**

Open Girls	13-14 Girls	EVENT	13-14 Boys	Open Boys
27.39	28.69	50 Free	26.29	24.59
59.99	1:01.89	100 Free	57.39	53.89
2:09.39	2:13.79	200 Free	2:05.29	1:57.39
5:36.49	5:52.99	500 Free	5:35.19	5:10.79
11:46.79	11:46.79	1,000 Free	11:07.19	11:07.19
19:42.39	19:42.39	1,650 Free	18:54.59	18:47.99
1:06.59	1:08.49	100 Back	1:04.19	1:01.09
2:23.89	2:27.29	200 Back	2:18.19	2:10.99
1:15.69	1:17.59	100 Breast	1:12.09	1:08.89
2:42.79	2:46.79	200 Breast	2:36.29	2:30.09
1:06.29	1:07.79	100 Fly	1:02.89	1:00.09
2:24.19	2:28.59	200 Fly	2:20.29	2:11.19
2:24.99	2:30.49	200 IM	2:19.89	2:14.09
5:00.89	5:12.79	400 IM	4:56.49	4:37.49