



C A R O L I N A

Athlete Code of Conduct

SwimMAC Carolina's mission is to empower young people to be champions in life through excellence in swimming by continually working toward these four objectives:

1. Engage children and families for a lifetime of enjoyment in the sport of swimming.
2. Develop collegiate opportunities for our young athletes.
3. Inspire athletes of all ages to work toward ever-increasing levels of achievement.
4. Lead others in the swimming community by being a model of excellence worth emulating.

To be a part of SwimMAC Carolina, we expect our staff, coaches, swimmers and family members to adhere to the expectations and code of conduct described in this document. Swimmers, parents/guardians (when swimmer is under the age of 21), and chaperones express their agreement to follow all SwimMAC Carolina policies at the time of registration with any SwimMAC program. Coaches and staff must comply with all SwimMAC Carolina policies as part of their employment agreement.

General Code of Conduct

- At all times, swimmers, staff, coaches and family members are expected to display proper respect and sportsmanship toward coaches, officials, meet administrators, volunteers and fellow competitors.
- Swimmers, staff, coaches and family members are to refrain from any immoral, inappropriate or offensive behavior such as abusive, threatening or aggressive action toward another person. This includes bullying of any type as dictated by the USA Swimming Code of Conduct ([USA Swimming Rulebook](#); Article 304.1, page 89)
- Swimmers, staff, coaches and family members are to refrain from any inappropriate or unwanted physical contact with others.
- The use of audio or visual recording devices, including phones and tablets, is not allowed in changing areas, behind the starting blocks, restrooms or locker rooms.
- Swimmers are not allowed to deck change.
- Swimmers, coaches, and parents must respect all facilities (home and away).
- Swimmers, staff, coaches will adhere to all SwimMAC policies – Bullying, Safe Sport, Social Media, illegal use of drugs and alcohol and the USA Swimming Rules and Code of Conduct
- Team Members are reminded that they are a representative of themselves and SwimMAC Carolina. Behavior must positively reflect the high standards of SwimMAC.
- The transporting, possession, or unauthorized use of alcoholic beverages, firearms, illegal drugs, or USA Swimming banned substances is prohibited.

TEAM CODE OF CONDUCT AGREEMENT: ATHLETES

I agree to the following statements:

- I will respect and show courtesy to my teammates and coaches at all times.
- I will demonstrate good sportsmanship at all practices and meets.
- I will set a good example of behavior and work ethic for my younger teammates.
- I will be respectful of my teammates' feelings and personal space. Swimmers who exhibit sexist, racist, homophobic, or otherwise inappropriate behavior will be faced with consequences.
- I will exhibit appropriate behavior when using electronic communications (text, social media, apps, etc.) and refrain from putting anything on these platforms that is offensive, considered bullying, illegal or represents myself or SwimMAC in a negative way.
- I will honor my teammates with my efforts and strive to meet the expectations of my practice group.
- I will show respect for all facilities and other property (including locker rooms) used during practices, competitions, and team activities.
- I will refrain from foul language, violence, behavior deemed dishonest, offensive, or illegal.
- If I disagree with an official's call, I will talk with my coach and not approach the official directly.
- I will obey all of USA Swimming's rules and codes of conduct.

I understand that if I violate this code of conduct, I will be subject to disciplinary action as determined by SwimMAC leadership and/or board of directors. Such disciplinary action may include but may not be limited to:

- A. Suspension from practice
- B. Sent home at parent's expense if on a team trip
- C. Financial penalties
- D. Dismissal from team

Swimmer Signature

Date

Parent Signature

Date